

ON THE WAY TO PARIS 2024 OLYMPICS

Asian Championships Jinju (KOR) - May 5-13, 2023

Bahrain, China and young Korean shine at Asian Championships

Gor Minasyan was in record-breaking form to claim the super-heavyweight title and another two continental records on the final day of the Asian Championships in Jinju.

Minasyan has made 14 good lifts in 18 attempts for Bahrain and has set Asian records with nine of them. This was also the first sweep of golds in his career.

He was not alone in making his mark – Alireza Yousefi from Iran claimed junior world records in clean and jerk and total.

“Gor is the ultimate professional, so dedicated to his sport, so hard-working – if anybody deserves this it’s him,” said Eshaq Ebrahim Eshaq, President of the Bahrain Weightlifting Federation. *“And what a great way to end a great Championships – with the Bahrain national anthem playing,”* Mr Eshaq added.

Read more [here](#)

[Results](#)



African Championships Tunis (TUN) - May 14-18, 2023



Egypt's Elsayed signs off with record at African Championships

Egypt won three titles at the African Championships in Tunis, including both the men's and women's super-heavyweights, to round off a week when their top athletes boosted their standings in Olympic qualifying.

There was a surprise in the men's event, a battle between the Olympians Walid Bidani from Algeria and Abdelrahman Elsayed from Egypt.

Bidani, going for his seventh senior African title, made a good start with a first snatch of 192 kilograms but then bombed out with five straight no-lifts.

Elsayed, who competed at Beijing 2008 and took a long, doping-related break from the sport in 2011, broke his own continental record in clean and jerk as he made 185-243-428 to become African champion for the first time. He failed with a final attempt at 245kg.

Read more [here](#)

[Results](#)

Following the IWF World Championships in Bogota (COL) last December, the Pan-American Championships at the end of March in Bariloche (ARG), the European Championships in Yerevan (ARM) in April, the Asian (Jinju, KOR) and African (Tunis, TUN) Championships, both organised in May, the provisional list of the best lifters for the Paris 2024 Olympic Games is updated on the IWF website.

TOP-3 – Olympic Qualification Ranking

Men

61kg

- 1.LI Fabin (CHN) - Jinju - 314
- 2.IRAWAN Eko Yuli (INA) - Bogota - 300
- 3.SILACHAI Theerapong (THA) - Jinju - 299

73kg

- 1.ABDULLAH Rahmat Erwin (INA) - Bogota - 352
- 2.MIYAMOTO Masanori (JPN) - Jinju - 344
- 3.CHURKIN Alexey (KAZ) - Bogota - 343

89kg

- 1.LI Dayin (CHN) - Jinju - 396
- 2.NASAR Karlos May Hasan (BUL) - Yerevan - 395
- 3.VALLENILLA SANCHEZ Keydomar (VEN) - Bogota - 385

102kg

- 1.ADILETULY Nurgissa (KAZ) - Jinju - 400
- 2.JIN Yunseong (KOR) - Jinju - 398
- 3.PAREDES MONTANO Lesman (BRN) - Bogota - 397

+102kg

- 1.TALAKHADZE Lasha (GEO) - Yerevan - 474
- 2.MINASYAN Gor (BRN) - Jinju - 464
- 3.LALAYAN Varazdat (ARM) - Yerevan - 462

Women

49kg

- 1.JIANG Huihua (CHN) - Jinju - 207
- 2.MIRABAI Chanu Saikhom (IND) - Bogota - 200
- 3.SUKCHAROEN Thanyathon (THA) - Jinju - 200

59kg

- 1.LUO Shifang (CHN) - Jinju - 238
- 2.KONOTOP Kamila (UKR) - Yerevan - 235
- 3.ALVAREZ CAICEDO Yenny (COL) - Bogota - 234

71kg

- 1.LIAO Guifang (CHN) - Jinju - 268
- 2.TOMA Loredana-Elena (ROU) - Bogota - 256
- 3.PALACIOS DAJOMES Angie Paola (ECU) - Bogota - 252

81kg

- 1.LIANG Xiaomei (CHN) - Jinju - 275
- 2.AHMED Sara Samir Elsayed Mohamed (EGY) - Tunis - 268
- 3.SALAZAR ARCE Tamara Yajaira (ECU) - Bogota - 262

+81kg

- 1.LI Wenwen (CHN) - Jinju - 315
- 2.PARK Hyejeong (KOR) - Jinju - 295
- 3.CAMPBELL Emily Jade (GBR) - Bogota - 287

[Olympic Qualification Ranking](#)
[Olympic Qualification System](#)
[Qualification System explanation](#)

IWF President Mohammed Jalood meets with the Bulgarian Minister of Sports

The IWF President Mohamed Jalood was recently on an official visit to Bulgaria at the invitation of Aref Majed, the new president of the Bulgarian Weightlifting Federation. During his visit, the IWF President met Vesela Lecheva, the Bulgarian Minister of Youth and Sports. The IWF delegation in Bulgaria also includes Antonio Conflitti, president of the European Weightlifting Federation, Milan Mihajlovic, general secretary of the European Weightlifting Federation, David Kipshidze, vice-president of the European Weightlifting Federation, and Alexandru-Christian Padure, president of the Romanian Weightlifting Federation and executive board member of European Weightlifting Federation.

"It is very important for us that the problems in the Bulgarian Weightlifting Federation are solved, because it is one of IWF's most valued members. Your country's success in our sport is an inalienable part of its history, present and future," said IWF President Mohammed Jalood.

Read more [here](#)



2024 IWF World Cup is in Phuket (THA)

The IWF and the Thai Amateur Weightlifting Federation recently signed the Hosting Agreement of the 2024 IWF World Cup, to be held in Phuket, from April 2-11. In accordance with the IWF Qualification Rules for the 2024 Paris Games, this is the last event in the selection pathway for the Olympic celebration in the French capital. Moreover, it is one of the two compulsory competitions for all lifters aiming at taking part in the next edition of the Games, together with the IWF World Championships, to be staged in Riyadh (KSA), from September 2-17, 2023.

Read more [here](#)

IWF PRESS RELEASES

May 12, 2023

Establishment of an IWF Policy concerning the participation of AIN athletes at IWF events

Following an online meeting of its Executive Board (EB), the IWF decided to endorse and apply the IOC's "Recommendations for International Federations and international sports event organisers on the participation of athletes with a Russian or Belarusian passport in international competitions."

These conditions relate to the eligibility criteria which athletes with a Russian or Belarusian passport must adhere to in order to take part in IWF competitions, as well as the observance of their strict neutrality status during their participation in those events.

As part of this process, individual checks will be performed by independent agencies on all athletes and respective support personnel with Russian or Belarusian passports, who are aiming to take part in IWF competitions.

The IWF would like to highlight that this decision, also strongly supported by the IWF Athletes Commission, represents the best possible balance between, maintaining the IWF's ongoing position of solidarity with Ukraine and the need to preserve as much as possible the opportunity for all individual neutral athletes to practice sport irrespective of their nationalities.

From the beginning of this profound crisis, which deeply affects the conduct of international sport, the IWF has been mindful to observe the recommendations issued by the International Olympic Committee.

May 20, 2023

Confirmation of AIN athletes

Following its meeting on May 12, 2023 and the implementation of the IWF Policy related to the participation of athletes and support personnel with Russian and Belarussian passports at IWF events, the IWF Executive Board gathered today to officially validate the status of the following eligible AIN athletes and support personnel: Petr ASAYONAK (Athlete), Andrei FRALOU (Athlete), Pavel KHADASEVICH (Athlete), Darya KHEIDZER (Athlete), Henadz LAPTSEU (Athlete), Ryna LITOSHYK (Athlete), Ihar LOZKA (Athlete), Dzyana MAISEYEVICH (Athlete), Siarhei SHARANKOU (Athlete), Alina SHCHAPANAVA (Athlete), Yauheni TSIKHANTSOU (Athlete), Siuzanna VALODZKA (Athlete), Eduard ZIAZIULIN (Athlete), Ihar BIRSKI (Doctor), Aliaksei FILIPENIA (Therapist), Vitaliy KREIDICH (Official), Aleh LOBAN (Coach), Natallia RADUKHOUSKAYA (Team Leader), Valery SIZIANOK (Coach). All the individuals in this list have a Belarussian passport.

No signed declarations were received from athletes or support personnel with a Russian passport by the end of the established deadline (May 15, 2023). Therefore, AIN lifters and related staff with Russian passports lost the opportunity to enter the upcoming IWF event in Cuba.

The IWF gave an equal and fair opportunity to the athletes and support personnel from both concerned countries to participate at the IWF Grand Prix in La Havana (CUB). These recommendations follow the IOC guidelines.

The IWF opted for a non-exclusion policy, as it deeply believes that sport is one of the most powerful tools for international unity and solidarity. Within this spirit of tolerance, and while reiterating its unconditional support for the athletes and sport authorities in Ukraine, the IWF established eligibility criteria and conditions of participation at the upcoming IWF event for individual neutral athletes.

May 24, 2023

Participation of PRK athletes at the upcoming IWF Grand Prix

The IWF is aware of comments made by members of the weightlifting community regarding the return to competition of athletes representing the People's Republic of Korea (PRK). As an International Federation determined to eradicate doping and deliver a fair and clean sport, we fully understand the strength of feeling on this matter and recognise the legitimate concerns of those speaking out.

We would like to remind people of the steps the IWF has taken after receiving entries for PRK athletes to compete in the IWF Grand Prix in Cuba. We immediately consulted ITA (the International Testing Agency and IWF's partner, independently responsible for all the federation's anti-doping activities) and our legal team on this matter, and were made aware that the current rules do not allow the IWF to suspend athletes for the failure of their national authorities and their National Anti-Doping Organisation (NADO) to implement proper framework allowing independent unannounced testing on their territory. Moreover, the establishment of a compliant anti-doping programme in PRK, including granting access to international Doping Control Officers (DCOs) is not within the realm of the IWF's control.

That is why the IWF had no legal grounds to not accept entries of PRK athletes to its upcoming event. It must be noted that, as per IWF rules, the PRK Weightlifting Federation provided the necessary whereabouts information on its athletes three months before the start of the concerned competition.

Read more [here](#)

COMING NEXT

422 lifters ready to shine in Havana (CUB)

409 athletes from 72 nations (plus 13 Individual Neutral Athletes) are expected to compete in Havana, the Cuban capital, from June 8-18, in the first 2023 IWF Grand Prix. This important competition is a qualification event for the 2024 Paris Games, and follows the 2023 editions of four continental championships (Americas, Europe, Asia and Africa), also opportunities for the best lifters in the world to get their “ticket” for the Olympic celebration.

The final entry list for the Cuban rendezvous is now available on the IWF website ([link here](#)). In accordance with this list, the top-5 ranking of the most represented nations includes USA (24), Canada and Cuba (both with 21), Egypt (20), Guatemala and Kazakhstan (19 lifters each).

After the 2022 IWF World Championships in December, the four above-mentioned continental championships and the Grand Prix in Cuba, the remaining events qualifying for next year’s Games include the Oceania Championships in November, the second IWF Grand Prix of the year in Doha (QAT) in December, the 2024 continental showcases (January/February 2024) and the IWF World Cup in April 2024 in Phuket (THA).



Countdown for the IWF Worlds in Riyadh is launched!



The IWF recently sent to its National Member Federations a circular with the milestones for the upcoming IWF World Championships, taking place in Riyadh (KSA) from September 4-17, 2023. In accordance with the applicable deadlines, Preliminary entries are to be sent by no later than June 4, while Final entries must be confirmed until July 4. The verification of the Final entries will be done on August 21, two weeks before the start of the IWF showcase.

At the preliminary entry phase, National Federations may register up to 20 athletes per gender, while the final entry stage is limited to a maximum of 10 athletes (plus two reserves) per gender.

The Saudi competition is the most important IWF rendezvous of the year and will naturally be a qualification event for the 2024 Olympic Games in Paris (FRA). Other IWF opportunities providing the possibility of getting an Olympic “ticket” include the 2022 World Championships, the two 2023 Grand Prix and the 2024 World Cup. Continental Championships in 2023 and 2024 complete the list of occasions where the best lifters at global scale can ensure their presence in the Games.

NF Elections

BDI - Burundi

President - Vincent Ntibarikure

Vice-President - Calixte Nshimirimana

Secretary General/Treasurer - Rebecca Nkorukwishaka

BIH - Bosnia and Herzegovina

President - Marinko Ilijasevic

Vice-President - Miro Ruzicic

Secretary General - Nedim Masic