



African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships

Olympic qualification Event For Paris 2024

Tunis Tunisia La Goulette Hall

14/05/2023 to 19/05/2023



START BOOK





African Senior 33 Men and 22Women Weightlifting Championships

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 Olympic qualification Event For Paris 2024
 Tunis Tunisia La Goulette Hall
 14/05/2023 to 19/05/2023



TIME TABLE

	GENDER	CATEGORY	TIME	COMPETITOR	JURY	REFEREE	C.MARSHAL	TIME KEEPER	TECHN.	SECRETARY	DOCTOR
14.05.2023											
1	W	45 kg A , 49 kg A	12:00	10	1	1	1	1	1	1	1
2	M	55 kg A , 61 kg A	18:00	6	2	2	2	2	2	2	1
15.05.2023											
3	W	55 kg A , 59 kg A	11:00	12	1	1	1	1	1	1	1
4	W	64 kg A	14:00	7	1	2	1	1	1	1	1
5	M	67 kg A	17:00	12	2	1	2	2	2	2	1
16.05.2023											
6	W	71 kg A	11:00	11	2	2	2	2	2	2	1
7	M	73 kg A	14:00	12	2	1	2	2	2	2	1
8	M	81 kg A	17:00	9	1	2	1	1	1	1	1
17.05.2023											
9	W	76 kg A , 81 kg A	11:00	9	1	1	1	1	1	1	1
10	M	89 kg A	14:00	10	1	2	1	1	1	1	1
11	M	96 kg A , 102 kg A	17:00	12	2	1	2	2	2	2	1
18.05.2023											
12	W	87 kg A , +87 kg A	11:00	8	1	1	1	1	1	1	1
13	M	109 kg A , +109 kg A	14:00	8	2	2	2	2	2	2	1



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GROUP OF JURIES AND REFEREES

JURY Member Group 1 :

HORST SAYLER [SWE] *President of Jury
KEVIN DU PLOOY [RSA]
HASSAN BEN ALI [TUN]
SALIM MUSOKE [UGA]

JURY Member Group 2 :

MAHMOUD MAHGOUB [EGY] *President of Jury
ABDELLAZIZ BRAHIMI [ALG]
AHMED CHAHNAOUI [MAR]
LAWRENCE IQUAIBOM [NGR]

REFEREE Group 1 :

SAIFODDIN ELFAITOURI [LBA]
GARDENCIA DU PLOOY [RSA]
LOUBABA BEN CHOBBA [TUN]
ATEF KHER [EGY]

REFEREE Group 2 :

ABDELRAHMAN HAMDANI [ALG]
MOHAMED FARIH [MAR]
HANENE WERFELLI [TUN]
JANET MUSOKE NAMWANGE [UGA]



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GROUP OF OTHER COMPETITION OFFICIALS

CHIEF MARSHAL Group 1 :

JOHN OGOLLA [KEN]

ABDULLAH AMYN [LBA]

CHIEF MARSHAL Group 2 :

ADEL RIAHI [TUN]

POORUN BHOLLAH [MRI]

TIMEKEEPER Group 1 :

ABDELKADER RAKEB [ALG]

TIMEKEEPER Group 2 :

AHMED TAHORI [MAR]

TECHNICAL CONTROLLER Group 1 :

FRANK ACCOUCHE [SEY]

HARINELINA JEAN ALES RANDRIAMANARIVO [MAD]

TECHNICAL CONTROLLER Group 2 :

EMAD GOUDA [EGY]

SLIM AMIRA [TUN]

SECRETARY Group 1 :

PIUS OCHIENG [KEN]

SECRETARY Group 2 :

FAYCEL FEKI [TUN]

COMPETITION DOCTOR Group 1 :

MOHAMED ELYES LATRACHE [TUN]



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STATISTICS MEN

No	TEAM	55 kg	61 kg	67 kg	73 kg	81 kg	89 kg	96 kg	102 kg	109 kg	+109 kg	TOTAL
1	ALG : ALGERIA			1	2	2	1	1	1		1	9
2	AZE : AZERBAIJAN			1	1							2
3	BOT : BOTSWANA										1	1
4	CMR : CAMEROON				1	2	1	1	1			6
5	COD : DR CONGO		1									1
6	EGY : EGYPT						2	1	2		1	6
7	LBA : LIBYAN			1	1	1			1			4
8	MAD : MADAGASCAR	1	1	1								3
9	MAR : MOROCCO			2	1		1				1	5
10	MRI : MAURITIUS							1	1			2
11	NGR : NIGERIA				1		1					2
12	RSA : SOUTH AFRICA				1	1	2		1	2		7
13	SUD : SUDAN					1						1
14	TUN : TUNISIA		1	2	1	2	1	1		1	1	10
15	UGA : UGANDA	1		2	1		1					5
16	ZAM : ZAMBIA	1		2	2							5
	Grand Total	3	3	12	12	9	10	5	7	3	5	69



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STATISTICS WOMEN

No	TEAM	45 kg	49 kg	55 kg	59 kg	64 kg	71 kg	76 kg	81 kg	87 kg	+87 kg	TOTAL
1	ALG : ALGERIA	1				1	1	1			1	5
2	AZE : AZERBAIJAN	1										1
3	BOT : BOTSWANA						1					1
4	CMR : CAMEROON				1		1	1	1	1	1	6
5	COD : DR CONGO						1					1
6	EGY : EGYPT						1		1	2	1	5
7	GHA : GHANA		1		1						1	3
8	MAD : MADAGASCAR	2	2									4
9	MAR : MOROCCO		1		1		1					3
10	MRI : MAURITIUS						1			1		2
11	NGR : NIGERIA				2		1					3
12	RSA : SOUTH AFRICA				2	2	1	1				6
13	SEY : SEYCHELLES					1		1				2
14	TUN : TUNISIA	1	1	2	2	2	1	1				10
15	UGA : UGANDA				1	1	1	1				4
16	ZAM : ZAMBIA							1				1
	Grand Total	5	5	2	10	7	11	7	2	4	4	57



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COMBINED STATISTICS

No	TEAM	MEN	WOMEN	TOTAL
1	ALG : ALGERIA	9	5	14
2	AZE : AZERBAIJAN	2	1	3
3	BOT : BOTSWANA	1	1	2
4	CMR : CAMEROON	6	6	12
5	COD : DR CONGO	1	1	2
6	EGY : EGYPT	6	5	11
7	GHA : GHANA	0	3	3
8	LBA : LIBYAN	4	0	4
9	MAD : MADAGASCAR	3	4	7
10	MAR : MOROCCO	5	3	8
11	MRI : MAURITIUS	2	2	4
12	NGR : NIGERIA	2	3	5
13	RSA : SOUTH AFRICA	7	6	13
14	SEY : SEYCHELLES	0	2	2
15	SUD : SUDAN	1	0	1
16	TUN : TUNISIA	10	10	20
17	UGA : UGANDA	5	4	9
18	ZAM : ZAMBIA	5	1	6
Grand Total		69	57	126



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SENIOR WOMEN'S AFRICAN RECORDS

CAT.	Lift	Result	Name	Born	Team	Date	Place
45 kg	SNATCH	71Kg.	Rosina Randafiarison		MAD	08.11.2019	Antananarivo
	CLEAN&JERK	92Kg.	African Standard			01.11.2018	African Standard
	TOTAL	156Kg.	Rosina Randafiarison		MAD	08.11.2019	Antananarivo
49 kg	SNATCH	79Kg.	Noura Mohamed		EGY	05.12.2022	Bogota
	CLEAN&JERK	99Kg.	African Standard			01.11.2018	African Standard
	TOTAL	173Kg.	Marie RANAIVOSOA		MRI	02.11.2018	Ashgabat
55 kg	SNATCH	97Kg.	Nouha LANDOULSI		TUN	03.11.2018	Ashgabat
	CLEAN&JERK	116Kg.	Adjijat Adenike Olarinoye		NGR	25.08.2019	Rabat
	TOTAL	211Kg.	Nouha LANDOULSI		TUN	03.11.2018	Ashgabat
59 kg	SNATCH	93Kg.	Ghofrane BELKHIR		TUN	10.12.2018	Cairo
	CLEAN&JERK	125Kg.	Chineye FEDELIS		NGR	03.11.2018	Ashgabat
	TOTAL	215Kg.	Chineye FEDELIS		NGR	03.11.2018	Ashgabat
64 kg	SNATCH	106Kg.	Neama Said Fahmi		EGY	12.12.2021	Tashkent
	CLEAN&JERK	127Kg.	Neama Said Fahmi		EGY	12.12.2021	Tashkent
	TOTAL	233Kg.	Neama Said Fahmi		EGY	12.12.2021	Tashkent
71 kg	SNATCH	111Kg.	Sara Samir AHMED		EGY	06.11.2018	Ashgabat
	CLEAN&JERK	141Kg.	Sara Samir AHMED		EGY	06.11.2018	Ashgabat
	TOTAL	252Kg.	Sara Samir AHMED		EGY	06.11.2018	Ashgabat
76 kg	SNATCH	113Kg.	Sara Samir AHMED		EGY	13.12.2022	Bogota
	CLEAN&JERK	148Kg.	Sara Samir AHMED		EGY	13.12.2022	Bogota
	TOTAL	261Kg.	Sara Samir AHMED		EGY	13.12.2022	Bogota
81 kg	SNATCH	116Kg.	Sara Samir AHMED		EGY	30.10.2022	Cairo
	CLEAN&JERK	145Kg.	Sara Samir AHMED		EGY	30.10.2022	Cairo
	TOTAL	261Kg.	Sara Samir AHMED		EGY	30.10.2022	Cairo
87 kg	SNATCH	118Kg.	African Standard			01.11.2018	African Standard
	CLEAN&JERK	146Kg.	African Standard			01.11.2018	African Standard
	TOTAL	261Kg.	African Standard			01.11.2018	African Standard
+87 kg	SNATCH	124Kg.	Halima Abbass		EGY	31.10.2022	Cairo
	CLEAN&JERK	153Kg.	Halima Abbass		EGY	15.12.2022	Bogota
	TOTAL	275Kg.	Halima Abbass		EGY	15.12.2022	Bogota



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SENIOR MEN'S AFRICAN RECORDS

CAT.	Lift	Result	Name	Born	Team	Date	Place
55 kg	SNATCH	125Kg.	African Standard			01.11.2018	African Standard
	CLEAN&JERK	144Kg.	African Standard			01.11.2018	African Standard
	TOTAL	262Kg.	African Standard			01.11.2018	African Standard
61 kg	SNATCH	132Kg.	African Standard			01.11.2018	African Standard
	CLEAN&JERK	155Kg.	African Standard			01.11.2018	African Standard
	TOTAL	283Kg.	African Standard			01.11.2018	African Standard
67 kg	SNATCH	140Kg.	African Standard			01.11.2018	African Standard
	CLEAN&JERK	168Kg.	Ahmed Saad AHMED		EGY	26.04.2019	Cairo
	TOTAL	303Kg.	TOJONIRINA ALAIN		MAD	28.05.2021	Nairobi
73 kg	SNATCH	153Kg.	Karem BEN HNIA		TUN	27.08.2019	Rabat
	CLEAN&JERK	186Kg.	Karem BEN HNIA		TUN	04.11.2018	Ashgabat
	TOTAL	338Kg.	Karem BEN HNIA		TUN	26.04.2019	Rabat
81 kg	SNATCH	173Kg.	Mohamed Ihab MAHAMOUD		EGY	05.11.2018	Ashgabat
	CLEAN&JERK	200Kg.	Mohamed Ihab MAHAMOUD		EGY	05.11.2018	Ashgabat
	TOTAL	373Kg.	Mohamed Ihab MAHAMOUD		EGY	05.11.2018	Ashgabat
89 kg	SNATCH	171Kg.	Karim Abokahla		EGY	03.07.2022	Oran
	CLEAN&JERK	212Kg.	Karim Abokahla		EGY	03.07.2022	Oran
	TOTAL	383Kg.	Karim Abokahla		EGY	03.07.2022	Oran
96 kg	SNATCH	170Kg.	Mohamed Salim		EGY	28.04.2019	Cairo
	CLEAN&JERK	212Kg.	Ahmed Elsayed Ashour		EGY	14.12.2021	Tashkent
	TOTAL	377Kg.	Ahmed Elsayed Ashour		EGY	14.12.2021	Tashkent
102 kg	SNATCH	174Kg.	Aymen Bacha		TUN	04.07.2022	Oran
	CLEAN&JERK	213Kg.	African Standard			01.11.2018	African Standard
	TOTAL	387Kg.	African Standard			01.11.2018	African Standard
109 kg	SNATCH	177Kg.	African Standard			01.11.2018	African Standard
	CLEAN&JERK	219Kg.	African Standard			01.11.2018	African Standard
	TOTAL	398Kg.	African Standard			01.11.2018	African Standard
+109 kg	SNATCH	202Kg.	Walid BIDANI		ALG	04.07.2022	Oran
	CLEAN&JERK	242Kg.	Abdelrahman El Sayed		EGY	16.12.2022	Bogota
	TOTAL	473Kg.	Walid BIDANI		ALG	01.11.2018	Oran



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START LIST

WOMEN 45 kg A , 49 kg A

Competition : 14.05.2023 12:00

Weigh in : 10:00

No	LOT	NAME	BORN	TEAM	ENT.
45 kg A					
1	2	ISMAYILOVA Nazila	10/5/1998	AZE	141
2	22	KATBI Nadia	6/26/2002	ALG	105
3	47	TIAVINA ANDRIAMITANTSOA FABIA	4/11/2005	MAD	120
4	65	KHADRAOUI Maysa	5/10/2006	TUN	120
5	69	RANDAFIARISON Rosina	12/29/1999	MAD	165
49 kg A					
1	7	FAJRESLAM Maha	7/4/2003	MAR	140
2	48	RATSIRAVOLATIANA Malalaniaina	11/15/1998	MAD	125
3	108	NTUMI Winnifred	28/09/2002	GHA	130
4	125	KHAFAOUI Nour	10/15/2004	TUN	130
5	127	NY HASINA Andrimitantsoa Zo L S	4/12/1998	MAD	145

Jury

1. HORST SAYLER [SWE] * President of Jury

2. KEVIN DU PLOOY [RSA]

3. HASSAN BEN ALI [TUN]

4. SALIM MUSOKE [UGA]

Referee

C- SAIFODDIN ELFAITOURI [LBA]

L- GARDENCIA DU PLOOY [RSA]

R- LOUBABA BEN CHOBBA [TUN]

Res- ATEF KHER [EGY]

Chief Marshal

1. JOHN OGOLLA [KEN]

2. ABDULLAH AMYN [LBA]

Time Keeper

1. ABDELKADER RAKEB [ALG]

Technical Controller

1. FRANK ACCOUCHE [SEY]

2. HARINELINA JEAN ALES
RANDRIAMANARIVO [MAD]

Secretary

1. PIUS OCHIENG [KEN]

Competition Doctor

1. MOHAMED ELYES LATRACHE [TUN]

Records:	Snatch	Clean and Jerk	Total
45 kg-SENIOR AFRICAN RECORDS	71 - Rosina Randafiarison[MAD]	92 - African Standard	156 - Rosina Randafiarison[MAD]
49 kg-SENIOR AFRICAN RECORDS	79 - Noura Mohamed[EGY]	99 - African Standard	173 - Marie RANAIVOSOA[MRI]



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START LIST

MEN 55 kg A , 61 kg A

Competition : 14.05.2023 18:00

Weigh in : 16:00

No	LOT	NAME	BORN	TEAM	ENT.
55 kg A					
1	29	RAMIARIMANANA Jean Elariont Ricardo	7/22/1999	MAD	230
2	86	SINKA Isaac	2/6/1991	ZAM	160
3	96	NIYOYITA Davis	1/1/2004	UGA	200
61 kg A					
1	70	ANDRIAMAHEFA Jules Anthonio	9/17/2000	MAD	240
2	105	ELION Ndunyama Jelgib	8/9/1993	COD	180
3	123	BOUHIJBHA Amine	02/28/1996	TUN	260

Jury

1. MAHMOUD MAHGOUB [EGY] * President of Jury

2. ABDELLAZIZ BRAHIMI [ALG]

3. AHMED CHAHNAOUI [MAR]

4. LAWRENCE IQUAIBOM [NGR]

Referee

C- ABDELRAHMAN HAMDANI [ALG]

L- MOHAMED FARIH [MAR]

R- HANENE WERFELLI [TUN]

Res- JANET MUSOKE NAMWANGE [UGA]

Chief Marshal

1. ADEL RIAHI [TUN]

2. POORUN BHOLLAH [MRI]

Time Keeper

1. AHMED TAHORI [MAR]

Technical Controller

1. EMAD GOUDA [EGY]

2. SLIM AMIRA [TUN]

Secretary

1. FAYCEL FEKI [TUN]

Competition Doctor

1. MOHAMED ELYES LATRACHE [TUN]

Records:	Snatch	Clean and Jerk	Total
55 kg- SENIOR AFRICAN RECORDS	125 - African Standard	144 - African Standard	262 - African Standard
61 kg- SENIOR AFRICAN RECORDS	132 - African Standard	155 - African Standard	283 - African Standard



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START LIST

WOMEN 55 kg A , 59 kg A

Competition : 15.05.2023 11:00

Weigh in : 9:00

No	LOT	NAME	BORN	TEAM	ENT.
55 kg A					
1	8	AWADI Eya	04/26/2005	TUN	160
2	67	BEJAOUI Israa	2/3/2006	TUN	160
59 kg A					
1	1	OLOARINOYE Adijat Adenike	07/19/1999	NGR	200
2	6	BELKHIR Ghofrane	11/8/2001	TUN	210
3	30	EBONG Ebongo Nelly	9/4/1989	CMR	135
4	40	LOVE Georgia	9/5/1983	RSA	158
5	41	SPIES Anneke	6/28/1993	RSA	190
6	50	KHMIRI Souhir	01/14/2005	TUN	190
7	68	LAWAL Rafiatu Folashade	12/11/1996	NGR	200
8	104	ECH Chachouiy Ech Chaibia	3/10/2006	MAR	170
9	114	MUTESI Shabra	12/5/2005	UGA	120
10	120	OWUSU Sandra Mensimah	8/7/2002	GHA	150

Jury

- HORST SAYLER [SWE] * President of Jury
- KEVIN DU PLOOY [RSA]

3. HASSAN BEN ALI [TUN]

4. SALIM MUSOKE [UGA]

Referee

C- ATEF KHER [EGY]

L- SAIFODDIN ELFAITOURI [LBA]

R- GARDENCIA DU PLOOY [RSA]

Res- LOUBABA BEN CHOBBA [TUN]

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RANDRIAMANARIVO [MAD]

Secretary

1. PIUS OCHIENG [KEN]

Competition Doctor

1. MOHAMED ELYES LATRACHE [TUN]

Records:	Snatch	Clean and Jerk	Total
55 kg- SENIOR AFRICAN RECORDS	97 - Nouha LANDOULSI [TUN]	116 - Adijat Adenike Olarinoye [NGR]	211 - Nouha LANDOULSI [TUN]
59 kg- SENIOR AFRICAN RECORDS	93 - Ghofrane BELKHIR [TUN]	125 - Chineye FEDELIS [NGR]	215 - Chineye FEDELIS [NGR]



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START LIST

WOMEN 64 kg A

Competition : 15.05.2023 14:00

Weigh in : 12:00

No	LOT	NAME	BORN	TEAM	ENT.
64 kg A					
1	38	VAN Ryneveld Yolandi	2/9/1989	RSA	155
2	46	GESMI Jawaher	5/9/1999	TUN	200
3	54	Nakidde Lydia	4/15/1999	UGA	130
4	71	RHAMOUNI Chaima	03/25/2001	TUN	200
5	92	MALVINA Ruby	05/22/1984	SEY	175
6	109	LAGHOUATI Fatima Zohra	2/27/1999	ALG	150
7	113	BURGER Chantelle	7/18/1982	RSA	150

Jury

- HORST SAYLER [SWE] * President of Jury
- KEVIN DU PLOOY [RSA]

3. HASSAN BEN ALI [TUN]

4. SALIM MUSOKE [UGA]

Referee

- C- JANET MUSOKE NAMWANGE [UGA]
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RANDRIAMANARIVO [MAD]

Secretary

- PIUS OCHIENG [KEN]

Competition Doctor

- MOHAMED ELYES LATRACHE [TUN]

Records:	Snatch	Clean and Jerk	Total
64 kg-SENIOR AFRICAN RECORDS	106 - Neama Said Fahmi[EGY]	127 - Neama Said Fahmi[EGY]	233 - Neama Said Fahmi[EGY]



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MEN 67 kg A

Competition : 15.05.2023 17:00

Weigh in : 15:00

No	LOT	NAME	BORN	TEAM	ENT.
67 kg A					
1	5	MOULABBI Mohamed	10/29/2001	MAR	230
2	23	SEMEMBE Francis	10/7/1999	ZAM	147
3	56	CHEKHCHOUKH Akram	7/10/2004	ALG	290
4	60	BUKENYA Muzamiru	9/6/1997	UGA	200
5	61	BEN HADJ Mouhamed Aziz	01/14/2002	TUN	260
6	63	RHALOUI Abderrahmane	2/15/2003	MAR	230
7	72	ANDRIATSITOHAINA Tojonirina Alain	2/26/1995	MAD	300
8	75	PHIRI Daison	07/27/1998	ZAM	209
9	76	MASOUD Mohammed Sameer	8/9/2004	LBA	240
10	110	NSUBUGA Ibrahim	12/26/1983	UGA	190
11	115	RUSTAMOV Isa	6/11/1999	AZE	300
12	117	SALEM Ayoub	09/18/2002	TUN	300

Jury

1. MAHMOUD MAHGOUB [EGY] * President of Jury

2. ABDELLAZIZ BRAHIMI [ALG]

3. AHMED CHAHNAOUI [MAR]

4. LAWRENCE IQUAIBOM [NGR]

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1. FAYCEL FEKI [TUN]

Competition Doctor

1. MOHAMED ELYES LATRACHE [TUN]

Records:	Snatch	Clean and Jerk	Total
67 kg- SENIOR AFRICAN RECORDS	140 - African Standard	168 - Ahmed Saad AHMED[EGY]	303 - TOJONIRINA ALAIN [MAD]



African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships

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Tunis Tunisia La Goulette Hall

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START LIST

WOMEN 71 kg A

Competition : 16.05.2023 11:00

Weigh in : 9:00

No	LOT	NAME	BORN	TEAM	ENT.
71 kg A					
1	3	LANDU Malundama Isabelle	5/1/1993	COD	150
2	4	IMSIROVIC Emma	12/8/1997	BOT	150
3	14	EZE Joy Ogbonne	6/6/2004	NGR	210
4	18	JEFFERIES Laryne	10/8/1991	RSA	187
5	20	SAID Neama Said Fahmi	11/15/2002	EGY	230
6	51	SABIHI Rkia	8/22/2004	MAR	180
7	59	NASSALI Vanessa	1/4/2006	UGA	120
8	89	LENT Ketty	1/25/2001	MRI	200
9	94	HYENG Renee Manuella	3/6/2002	CMR	140
10	100	HAMROUI Nawres	07/21/2004	TUN	180
11	101	BELOUNIS Nihad	1/9/2003	ALG	150

Jury

1. MAHMOUD MAHGOUB [EGY] * President of Jury

2. ABDELLAZIZ BRAHIMI [ALG]

3. AHMED CHAHNAOUI [MAR]

4. LAWRENCE IQUAIBOM [NGR]

Referee

C- HANENE WERFELLI [TUN]

L- JANET MUSOKE NAMWANGE [UGA]

R- ABDELRAHMAN HAMDANI [ALG]

Res- MOHAMED FARIH [MAR]

Chief Marshal

1. ADEL RIAHI [TUN]

2. POORUN BHOLLAH [MRI]

Time Keeper

1. AHMED TAHORI [MAR]

Technical Controller

1. EMAD GOUDA [EGY]

2. SLIM AMIRA [TUN]

Secretary

1. FAYCEL FEKI [TUN]

Competition Doctor

1. MOHAMED ELYES LATRACHE [TUN]

Records:

Snatch

Clean and Jerk

Total

71 kg - SENIOR AFRICAN RECORDS

111 - Sara Samir AHMED[EGY]

141 - Sara Samir AHMED[EGY]

252 - Sara Samir AHMED[EGY]



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African Senior 33 Men and 22 women weightlifting Championships
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START LIST

MEN 73 kg A

Competition : 16.05.2023 14:00

Weigh in : 12:00

No	LOT	NAME	BORN	TEAM	ENT.
73 kg A					
1	17	MOUM Abderrahim	9/18/2000	MAR	280
2	39	MEKNACI mohamed	1/13/2003	ALG	300
3	44	JAVADOV Omar	1/4/2002	AZE	300
4	79	UMOAFIA Edidiong Joseph	09/24/2002	NGR	300
5	80	PHILLIPS Jon Antohein	5/29/2000	RSA	270
6	81	FARDJALLAH samir	18/5/1998	ALG	300
7	84	ABEUSSA Gerard Thibaut	10/18/1998	CMR	290
8	88	BANDA Steven	6/9/2002	ZAM	170
9	93	MUKISA David	1/1/1997	UGA	190
10	97	BEN HNIA Karem	11/13/1994	TUN	330
11	116	NJOVU Joseph	05/26/1999	ZAM	185
12	122	SHABI Ahsaan Ali Alhadi	3/22/1997	LBA	300

Jury

1. MAHMOUD MAHGOUB [EGY] * President of Jury
2. ABDELLAZIZ BRAHIMI [ALG]
3. AHMED CHAHNAOUI [MAR]
4. LAWRENCE IQUAIBOM [NGR]

Referee

- C- GARDENCIA DU PLOOY [RSA] L- LOUBABA BEN CHOBBA [TUN] R- ATEF KHER [EGY]
Res- SAIFODDIN ELFAITOURI [LBA]

Chief Marshal

1. ADEL RIAHI [TUN]
2. POORUN BHOLLAH [MRI]

Time Keeper

1. AHMED TAHORI [MAR]

Technical Controller

1. EMAD GOUDA [EGY]
2. SLIM AMIRA [TUN]

Secretary

1. FAYCEL FEKI [TUN]

Competition Doctor

1. MOHAMED ELYES LATRACHE [TUN]

Records:	Snatch	Clean and Jerk	Total
73 kg-SENIOR AFRICAN RECORDS	153 - Karem BEN HNIA[TUN]	186 - Karem BEN HNIA[TUN]	338 - Karem BEN HNIA[TUN]



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START LIST

MEN 81 kg A

Competition : 16.05.2023 17:00

Weigh in : 15:00

No	LOT	NAME	BORN	TEAM	ENT.
81 kg A					
1	15	SOUKOUDJOU Sinetang Roger Brest	7/10/2005	CMR	280
2	45	KATZAV Daniel Sagi Itzchak	1/16/1994	RSA	220
3	49	BEN AMOR Hamza	09/30/2004	TUN	300
4	55	MESSAOUDI Ameer	1/17/1996	ALG	330
5	78	NGOUANOM Jeremie Junior	07/21/2004	CMR	275
6	83	MESSAOUR Mohamed Amine	3/24/2004	ALG	310
7	91	ALZINTANI Mohammed Alsharif	9/29/2006	LBA	250
8	99	BCHINI Slim	01/20/1999	TUN	280
9	119	ADAM Nasreldien	1/1/2003	SUD	194

Jury

1. HORST SAYLER [SWE] * President of Jury
2. KEVIN DU PLOOY [RSA]

3. HASSAN BEN ALI [TUN]

4. SALIM MUSOKE [UGA]

Referee

- C- MOHAMED FARIH [MAR]
Res- ABDELRAHMAN HAMDANI [ALG]

L- HANENE WERFELLI [TUN]

R- JANET MUSOKE NAMWANGE [UGA]

Chief Marshal

1. JOHN OGOLLA [KEN]

2. ABDULLAH AMYN [LBA]

Time Keeper

1. ABDELKADER RAKEB [ALG]

Technical Controller

1. FRANK ACCOUCHE [SEY]

2. HARINELINA JEAN ALES
RANDRIAMANARIVO [MAD]

Secretary

1. PIUS OCHIENG [KEN]

Competition Doctor

1. MOHAMED ELYES LATRACHE [TUN]

Records:	Snatch	Clean and Jerk	Total
81 kg - SENIOR AFRICAN RECORDS	173 - Mohamed Ihab MAHAMOUD[EGY]	200 - Mohamed Ihab MAHAMOUD[EGY]	373 - Mohamed Ihab MAHAMOUD[EGY]



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Tunis Tunisia La Goulette Hall
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START LIST

WOMEN 76 kg A , 81 kg A

Competition : 17.05.2023 11:00

Weigh in : 9:00

No	LOT	NAME	BORN	TEAM	ENT.
76 kg A					
1	10	COLOMA Doelita	04/15/2003	SEY	170
2	32	MAGHRAOUI Zeineb	7/8/2005	TUN	190
3	35	NANKANJJA Hadijja	9/8/1995	UGA	150
4	52	DJIFACK Maatemkeng Rayssa	1/8/1998	CMR	170
5	66	SIBANDA Ruth	10/2/1995	ZAM	110
6	74	BOUCH Kerrin Leigh	10/29/1990	RSA	168
7	102	HIRECH Bouchra Fatima Zohra	8/22/2000	ALG	160
81 kg A					
1	13	EYENGA Mbo'Ossi Jeanne Gaelle	24/01/1999	CMR	210
2	126	AHMED Sara Samir Elsayed Mohamed	1/1/1998	EGY	260

Jury

- HORST SAYLER [SWE] * President of Jury
- KEVIN DU PLOOY [RSA]
- HASSAN BEN ALI [TUN]
- SALIM MUSOKE [UGA]

Referee

- C- SAIFODDIN ELFAITOURI [LBA] L- GARDENCIA DU PLOOY [RSA] R- LOUBABA BEN CHOBBA [TUN]
Res- ATEF KHER [EGY]

Chief Marshal

- JOHN OGOLLA [KEN]
- ABDULLAH AMYN [LBA]

Time Keeper

- ABDELKADER RAKEB [ALG]

Technical Controller

- FRANK ACCOUCHE [SEY]
- HARINELINA JEAN ALES RANDRIAMANARIVO [MAD]

Secretary

- PIUS OCHIENG [KEN]

Competition Doctor

- MOHAMED ELYES LATRACHE [TUN]

Records:	Snatch	Clean and Jerk	Total
76 kg-SENIOR AFRICAN RECORDS	113 - Sara Samir AHMED[EGY]	148 - Sara Samir AHMED[EGY]	261 - Sara Samir AHMED[EGY]
81 kg-SENIOR AFRICAN RECORDS	116 - Sara Samir AHMED[EGY]	145 - Sara Samir AHMED[EGY]	261 - Sara Samir AHMED[EGY]



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African Senior 33 Men and 22 women weightlifting Championships

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START LIST

MEN 89 kg A

Competition : 17.05.2023 14:00

Weigh in : 12:00

No	LOT	NAME	BORN	TEAM	ENT.
89 kg A					
1	9	MOHAMED Islam Aboelwafa	7/15/1996	EGY	330
2	24	ONANA Tanga Daniel	11/26/2007	CMR	310
3	26	MASHEGO Vuyani	2/22/1992	RSA	275
4	27	ABOKAHLA Karim Ibrahim Ibrahim Ali	11/11/1996	EGY	350
5	34	GHRISSA Rayen	5/6/2006	TUN	270
6	36	ALIOUA Said	2/17/2004	MAR	300
7	53	OJEDE Steven	4/16/1996	UGA	240
8	77	AKANO Desmond	09/30/1997	NGR	330
9	98	TOUAIRI Faris	6/11/1999	ALG	350
10	124	GADNEY Andre William	5/14/1980	RSA	250

Jury

1. HORST SAYLER [SWE] * President of Jury

2. KEVIN DU PLOOY [RSA]

3. HASSAN BEN ALI [TUN]

4. SALIM MUSOKE [UGA]

Referee

C- ABDELRAHMAN HAMDANI [ALG]

L- MOHAMED FARIH [MAR]

R- HANENE WERFELLI [TUN]

Res- JANET MUSOKE NAMWANGE [UGA]

Chief Marshal

1. JOHN OGOLLA [KEN]

2. ABDULLAH AMYN [LBA]

Time Keeper

1. ABDELKADER RAKEB [ALG]

Technical Controller

1. FRANK ACCOUCHE [SEY]

2. HARINELINA JEAN ALES
RANDRIAMANARIVO [MAD]

Secretary

1. PIUS OCHIENG [KEN]

Competition Doctor

1. MOHAMED ELYES LATRACHE [TUN]

Records:

Snatch

Clean and Jerk

Total

89 kg- SENIOR AFRICAN RECORDS

171 - Karim Abokahla[EGY]

212 - Karim Abokahla[EGY]

383 - Karim Abokahla[EGY]



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START LIST

MEN 96 kg A , 102 kg A

Competition : 17.05.2023 17:00

Weigh in : 15:00

No	LOT	NAME	BORN	TEAM	ENT.
96 kg A					
1	16	HASSAN Mahmoud Hosny Elsayed	9/4/2005	EGY	250
2	28	ELBAGOR salim	3/25/1998	ALG	340
3	73	WOUDJE Nzale Laur Lvain	06/14/1991	CMR	290
4	112	DRIDI Ayoub	07/27/2000	TUN	290
5	121	CORET Cedric Fabrice	5/28/1991	MRI	290
102 kg A					
1	11	SALEM Yasser Usama Hemdan Mohamed	6/9/2002	EGY	350
2	33	BURGER Ruben	3/3/1991	RSA	320
3	57	JUBOO Khelwin	6/27/2002	MRI	300
4	82	MOHAMED MAHMOUD Selim Abdelalim	29/12/1997	EGY	350
5	87	NGADIANYabeuyey Junior Preiclex	10/6/1993	CMR	345
6	107	TOUAIRI Aymen	9/11/1998	ALG	370
7	118	ABUZRIBA Ahmed Mustafa Ahmed	4/16/2000	LBA	330

Jury

1. MAHMOUD MAHGOUB [EGY] * President of Jury
2. ABDELLAZIZ BRAHIMI [ALG]
3. AHMED CHAHNAOUI [MAR]
4. LAWRENCE IQUAIBOM [NGR]

Referee

- C- ATEF KHER [EGY] L- SAIFODDIN ELFAITOURI [LBA] R- GARDENCIA DU PLOOY [RSA]
Res- LOUBABA BEN CHOBBA [TUN]

Chief Marshal

1. ADEL RIAHI [TUN]
2. POORUN BHOLLAH [MRI]

Time Keeper

1. AHMED TAHORI [MAR]

Technical Controller

1. EMAD GOUDA [EGY]
2. SLIM AMIRA [TUN]

Secretary

1. FAYCEL FEKI [TUN]

Competition Doctor

1. MOHAMED ELYES LATRACHE [TUN]

Records:	Snatch	Clean and Jerk	Total
96 kg- SENIOR AFRICAN RECORDS	170 - Mohamed Salim[EGY]	212 - Ahmed Elsayed Ashour [EGY]	377 - Ahmed Elsayed Ashour [EGY]
102 kg- SENIOR AFRICAN RECORDS	174 - Aymen Bacha[TUN]	213 - African Standard	387 - African Standard



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START LIST

WOMEN 87 kg A , +87 kg A

Competition : 18.05.2023 11:00

Weigh in : 9:00

No	LOT	NAME	BORN	TEAM	ENT.
87 kg A					
1	12	HUSSEIN Samar Said Habashy Ahmed	9/20/1995	EGY	230
2	21	NZIMO Laetitia Phalonne	10/14/2001	CMR	160
3	31	AHMED Fatma Mohamed Sadek	7/7/2003	EGY	220
4	90	SUNEE Marie Alison Leroy	7/20/1999	MRI	170
+87 kg A					
1	37	MOMENI Estelle Adele	11/15/1993	CMR	180
2	42	ABBAS Halima Abdelazim Sedky	5/5/1995	EGY	250
3	43	AGBAH Hughes Marie Korkor	12/4/1991	GHA	140
4	111	YAHIAMAMOUN Amina	11/28/2006	ALG	155

Jury

1. HORST SAYLER [SWE] * President of Jury

2. KEVIN DU PLOOY [RSA]

3. HASSAN BEN ALI [TUN]

4. SALIM MUSOKE [UGA]

Referee

C- LOUBABA BEN CHOBBA [TUN]

L- ATEF KHER [EGY]

R- SAIFODDIN ELFAITOURI [LBA]

Res- GARDENCIA DU PLOOY [RSA]

Chief Marshal

1. JOHN OGOLLA [KEN]

2. ABDULLAH AMYN [LBA]

Time Keeper

1. ABDELKADER RAKEB [ALG]

Technical Controller

1. FRANK ACCOUCHE [SEY]

2. HARINELINA JEAN ALES
RANDRIAMANARIVO [MAD]

Secretary

1. PIUS OCHIENG [KEN]

Competition Doctor

1. MOHAMED ELYES LATRACHE [TUN]

Records:	Snatch	Clean and Jerk	Total
87 kg-SENIOR AFRICAN RECORDS	118 - African Standard	146 - African Standard	261 - African Standard
+87 kg-SENIOR AFRICAN RECORDS	124 - Halima Abbass[EGY]	153 - Halima Abbass[EGY]	275 - Halima Abbass[EGY]



African Senior 33 Men and 22 Women Weightlifting Championships

African Senior 33 Men and 22 women weightlifting Championships

Olympic qualification Event For Paris 2024

Tunis Tunisia La Goulette Hall

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START LIST

MEN 109 kg A , +109 kg A

Competition : 18.05.2023 14:00

Weigh in : 12:00

No	LOT	NAME	BORN	TEAM	ENT.
109 kg A					
1	19	BEUKMAN Johannes Jacobus	5/15/1989	RSA	278
2	62	SWANEPOEL Antony Peter	8/26/1993	RSA	270
3	64	BACHA Aymen	10/26/1999	TUN	340
+109 kg A					
1	25	BIDANI Walid	6/11/1994	ALG	400
2	58	ELSAYED Abdelrahman Mohamed A. A.	5/19/1989	EGY	380
3	85	KAGISO Alphius	03/30/1997	BOT	280
4	95	MAIK Lahamadi Ezzedine	02/17/2000	TUN	300
5	106	BOUAMR Bilal	3/3/2004	MAR	315

Jury

1. MAHMOUD MAHGOUB [EGY] * President of Jury

2. ABDELLAZIZ BRAHIMI [ALG]

3. AHMED CHAHNAOUI [MAR]

4. LAWRENCE IQUAIBOM [NGR]

Referee

C- JANET MUSOKE NAMWANGE [UGA]

L- ABDELRAHMAN HAMDANI [ALG]

R- MOHAMED FARIH [MAR]

Res- HANENE WERFELLI [TUN]

Chief Marshal

1. ADEL RIAHI [TUN]

2. POORUN BHOLLAH [MRI]

Time Keeper

1. AHMED TAHORI [MAR]

Technical Controller

1. EMAD GOUDA [EGY]

2. SLIM AMIRA [TUN]

Secretary

1. FAYCEL FEKI [TUN]

Competition Doctor

1. MOHAMED ELYES LATRACHE [TUN]

Records:	Snatch	Clean and Jerk	Total
109 kg-SENIOR AFRICAN RECORDS	177 - African Standard	219 - African Standard	398 - African Standard
+109 kg-SENIOR AFRICAN RECORDS	202 - Walid BIDANI[ALG]	242 - Abdelrahman El Sayed [EGY]	473 - Walid BIDANI[ALG]