

International Weightlifting Federation
Technical Officials Course



A Production of:

IWF Technical Committee

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Technical Officials must:



- Act as **impartial judges**;
- Perform our duties with **accuracy, consistency, objectivity**;
- Display the **highest sense of integrity**.
- Ensure that the **Field of Play** (FOP, the Competition area including the Warm-up area etc.) is **safe for Athletes and Officials**
- We must **know the Rules** with absolute assurance
- We must **apply (not interpret) the Rules without fear or favour**, and
- We must use a **degree of 'common sense'** when confronted by non-technical issues.

We must...

JUDGE WHAT WE SEE

= NOT WHAT WE THOUGHT WE SAW.

Ensure that we **make the right decision** when to act or when not to act.

When we see a fault we must **act immediately**.

We must apply ourselves **in a professional manner** including:

- Presenting a good image
- Being punctual
- Being and remaining attentive
- Assisting whenever and wherever possible in any area when asked or requested
- Being friendly with colleagues and
- Above all, don't lose our nerves.



Please remember...



NOTHING ELSE WILL DO !

THE BEST TECHNICAL OFFICIAL IN THE WORLD IS:

THE ONE WHO MAKES FEWER MISTAKES!!

THE MOST EXCELLENT TECHNICAL OFFICIAL IN THE WORLD IS:

**THE ONE WHO LEARNS FROM
THOSE MISTAKES!!**

What is required from an International Technical Official?



Athletes are the most important consideration



How can we make the environment comfortable for the Athletes according to Technical Rules?

If Athletes are happy, we are happy, too !

Weigh-in room OK ?

Inside of W-up room OK ?

Time schedule OK ?

Lifting order OK ?

Referee's decision OK ?

Official results OK ?

etc, etc...

To know and understand the IWF TCRR is necessary for the success of the competition !!

Also, consider the Audience



Easy to compete

Rules
Preparation,
competition hall

Efforts

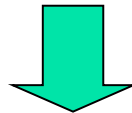
Organisers
Technical Officials

**Easy to understand
for Audience**

Rules
Presentation

Good competition

Exciting !! Interesting !! I love it !! I want to try !!



**This is the basis for the development of the
Sport of Weightlifting**



Technical Rules are made:

For the Athletes

To be Fair

To avoid Mistakes

To be SAFE

For the Audience

Easy to understand

Exciting

Considerations
for TV

Technical Officials are working
and checking each other.

Apparatus etc...

Scoreboard, Attempt board, 1kg rule etc...

Creative announcement, scoreboard etc...

Before: 3 minutes,
Now: 1 minute for an attempt



**It will be easier if you
imagine yourself...**

“as the Athlete...”

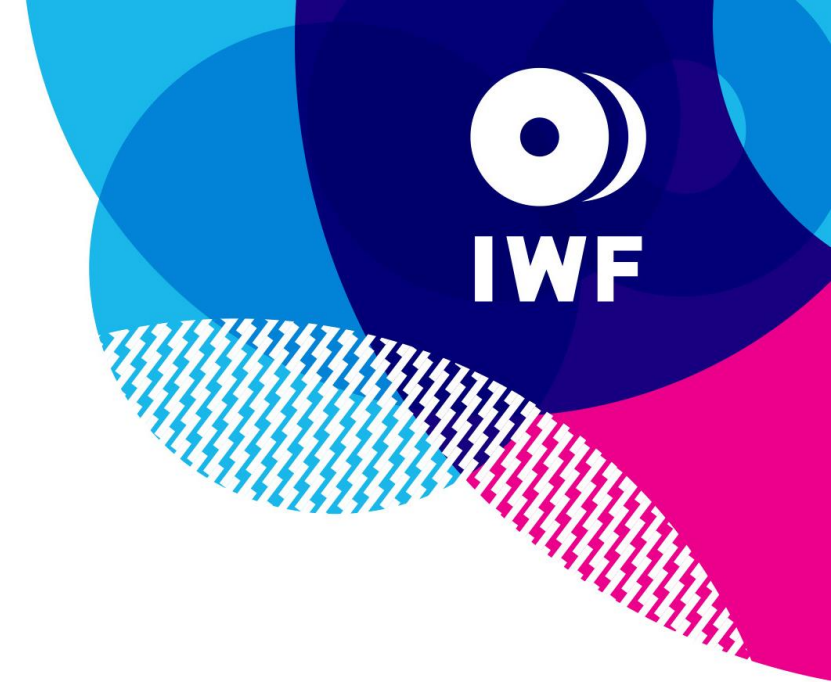
“as the Coach...”

“as a member of the Audience...”

It will be easier for you,

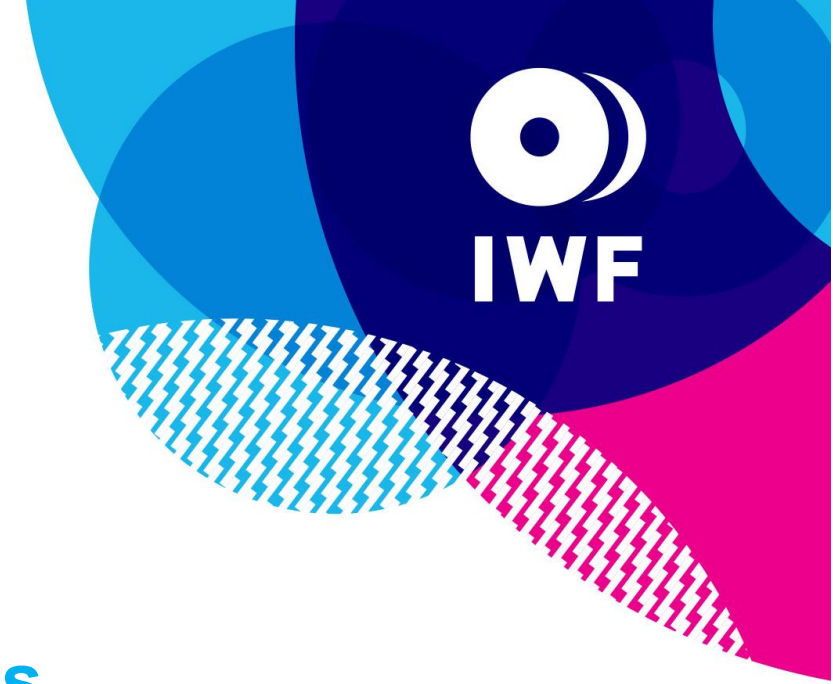
to **identify the problems, and**

****solve** the problems.**



The inside of the venues should be...

- Compliant with the **Technical Rules**.
- **Safe and comfortable** for the **Athletes**.
- **Easier to work** for the **Coaches**.
- **Impressive** for the **Audience and TV**.
- **Easier to work** for the **Technical Officials**.



Serious offences for International Technical Officials



- **Being involved as a Team Official**
- **Being late or absent for the Weigh-in**
Competition is not a cultural nor sightseeing trip !!
- **Being late for Introduction of Officials**
- **Returning to your country before the end of the Games/Championships**



Any of the above could result in not being selected for future competitions

Hints to being an exceptional Technical Official



- **“Technical Officials must keep Athletes in completely safe circumstances“**
- **“Observe Technical Rules, but use a degree of common sense with non-technical issues”**
- **“Get along with other Officials and help each other”**
- **“If we experience difficulties don’t be angry – analyze what happened”**
- **Be punctual; prepare well; solve problems”**
- **“ Read the IWF TCRR again and again”**

