



IWF

INTERNATIONAL
WEIGHTLIFTING
FEDERATION

TECHNICAL
OFFICIALS`
EXAMINATION 2019
ANSWERS



IWF TECHNICAL OFFICIALS' EXAMINATION 2019

ANSWERS

Q.1	b	Q.2	False	Q.3	c
Q.4	False	Q.5	b	Q.6	b
Q.7	b				
Q.8	15 (Senior World Championships)				
	15 (Junior World Championships)				
	13 (Youth World Championships)				
Q.9	b	Q.10	c		
Q.11	Junior / Senior	55	61	67	73
		81	89	96	102
		109	+109		
	Youth	49	55	61	67
		73	81	89	96
		102	+102		
Q.12	Junior / Senior	45	49	55	59
		64	71	76	81
		87	+87		
	Youth	40	45	49	55
		59	64	71	76
		81	+81		
Q.13	a				
Q.14	c	Q.15	True	Q.16	b
Q.17	c	Q.18	c	Q.19	a
Q.20	a	Q.21	False	Q.22	a
Q.23	b	Q.24	a	Q.25	a
Q.26	False				
Q.27	400 (Width)	400 (Length)	10 (Height)		
Q.28	20 (Men's bar)	15 (Women's bar)	2.5 (1 Collar)		
Q.29	c	Q.30	a		
Q.31	Red (25kg)	Blue (20kg)	Yellow (15kg)		
	Green (10kg)	White (5kg)	Red (2.5kg)		
	Blue (2kg)	Yellow (1.5kg)	Green (1kg)		
	White (0.5kg)				
Q.32	c	Q.33	b	Q.34	c
Q.35	True	Q.36	a	Q.37	c
Q.38	b	Q.39	b	Q.40	b

Q.41	a	Q.42	b	Q.43	True
Q.44	b	Q.45	b	Q.46	a
Q.47	False	Q.48	c	Q.49	a
Q.50	a	Q.51	b	Q.52	a
Q.53	b	Q.54	False	Q.55	a
Q.56	c	Q.57	a	Q.58	a
Q.59	a	Q.60	a	Q.61	b
Q.62	b	Q.63	b	Q.64	c
Q.65	b	Q.66	b	Q.67	c
Q.68	b	Q.69	a	Q.70	a
Q.71	b	Q.72	b	Q.73	False
Q.74	Technical Controller			Q.75	c
Q.76	c	Q.77	Jury	Q.78	b
Q.79	a	Q.80	a	Q.81	a
Q.82	c	Q.83	c	Q.84	c
Q.85	b	Q.86	Technical Controller		
Q.87	c	Q.88	c	Q.89	a
Q.90	False	Q.91	b	Q.92	False
Q.93	b	Q.94	b	Q.95	a
Q.96	c	Q.97	c	Q.98	b
Q.99	a	Q.100	See below		
Q.101	(S) See Below		(C&J) See below		
	(T) See below				

- **Q.8, Q.27, Q.28, Q.31, Q.101:** 2 points for a complete answer, 1 point for 1 mistake, 0 point for 2 mistakes or more.
- **Q.11, Q.13, Q.100:** 4 points for a complete answer, 3 points for 1 mistake, 2 points for 2 mistakes, 1 point for 3 mistakes, 0 point for 4 mistakes or more.
- **Other questions:** 1 point for each question.

$$\text{Your percentage} = (\text{your points} / 115) * 100$$

Answers for optional questions (Q.100 and Q.101)

Protocol 1

Previous World Records: S: 137, J: 172, T: 308

B Group Competition 12:00

Lot	Name	Snatch			C&J			Best					
		1	2	3	1	2	3	S	Place	C&J	Place	Total	Place
5	A	134	140	X 142	160	164	X 167	140	2	164	6	304	6
44	B	130	135	138	165	173	X 175	138	5	173	2	311	3
99	C	140	X 142	X 142	165	171	X 173	140	1	171	3	311	2

A Group Competition 18:00

Lot	Name	Snatch			C&J			Best					
		1	2	3	1	2	3	S	Place	C&J	Place	Total	Place
1	D	134	137	140	X 165	165	X 166	140	4	165	5	305	5
40	E	140	X 142	X 142	165	X 173	X 173	140	3	165	4	305	4
42	F	130	136	138	165	174	X 175	138	6	174	1	312	1

New World Record Holders: (S) C, (C&J) F, (T) F

Protocol 2

Previous World Records: S: 98, J: 119, T: 217

B Group Competition 12:00

Lot	Name	Snatch			C&J			Best					
		1	2	3	1	2	3	S	Place	C&J	Place	Total	Place
5	A	97	100	X 101	X 118	118	120	100	1	120	2	220	2
44	B	X 98	98	X 100	X 115	115	X 120	98	5	115	4	213	5
99	C	95	98	100	118	X 120	120	100	2	120	3	220	3

A Group Competition 18:00

Lot	Name	Snatch			C&J			Best					
		1	2	3	1	2	3	S	Place	C&J	Place	Total	Place
1	D	96	98	100	115	121	X 122	100	4	121	1	221	1
40	E	96	100	X 102	115	X 120	X 120	100	3	115	5	215	4
42	F	93	96	98	X 115	115	X 120	98	6	115	6	213	6

New World Record Holders: (S) A, (C&J) D, (T) D

Protocol 3

Previous World Records: S: 130, J: 159, T: 286

B Group Competition 12:00

Lot	Name	Snatch			C&J			Best					
		1	2	3	1	2	3	S	Place	C&J	Place	Total	Place
5	A	126	128	130	155	159	161	130	5	161	2	291	4
44	B	128	130	X 131	158	161	X 162	130	4	161	1	291	3
99	C	128	X 131	131	154	157	160	131	1	160	4	291	2

A Group Competition 18:00

Lot	Name	Snatch			C&J			Best					
		1	2	3	1	2	3	S	Place	C&J	Place	Total	Place
1	D	128	131	X 132	158	161	X 162	131	2	161	3	292	1
40	E	126	X 130	130	155	157	160	130	6	160	6	290	6
42	F	128	131	X 132	X 160	160	X 162	131	3	160	5	291	5

New World Record Holders: (S) C, (C&J) B, (T) D