



President
Mohammed JALOOD (IRQ)

General Secretary
José QUIÑONES (PER)

Biography Information

Family Name(s):	Diaz-Naranjo
Given Name(s):	Hidilyn
Year of Birth:	1991
Term:	2022-2026
Educational Qualification:	Graduated in BSBM , Diploma in Project Management
Position(s) in the International Federation in the past:	Athlete Commission Deputy Chair
Position in the National Federation:	Athlete and Board Member
Years of memberships in weightlifting:	24
Sport results:	Tokyo 2020+1 Gold Medalist, Rio Silver Medalist , and 4th Time Olympian
Other roles in the sport:	Lecturer in UP Cham teaching Weightlifting in PE and Tournament Director in Palarong Pambansa 2025 and 2026
Publications:	Author of Ginto't Pilak and one of the writer in Winning Still book
Other:	

