



President  
Mohammed JALOOD (IRQ)

General Secretary  
José QUIÑONES (PER)

## Biography Information

<b>Family Name(s):</b>	du Plooy
<b>Given Name(s):</b>	Gardencia Nydea
<b>Year of Birth:</b>	1962
<b>Term:</b>	2025-2029
<b>Educational Qualification:</b>	Senior Certificate (Matric), Certificate Management of Technology & Innovation (Da Vinci Institute) Other courses with regards Sport Management as well Various courses regarding Conflict Management
<b>Position(s) in the International Federation in the past:</b>	Member of Woman's Commission with Moira as chair Woman's Commission 2022 – 2025
<b>Position in the National Federation:</b>	Member of Selection Committee for Second Term of National Federation. Member of the Western Cape Weightlifting Association (Provincial Association) as well as District Association
<b>Years of memberships in weightlifting:</b>	+36 years
<b>Sport results:</b>	Not active participation in Sport, More Management positions.
<b>Other roles in the sport:</b>	Chair of Weightlifting Federation of Africa Woman's Commission – current Transformation Officer of our Provincial & District Association





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	Technical Official Management Role Club & School Development
<b>Publications:</b>	N/A
<b>Other:</b>	Conflict Management, Safeguarding for Women, Part of a group in Drawing up a Resolutions for Women in Sport. Active in my Community as well.

