



**Minutes**  
**IWF Coaching and Research Committee**  
**Almaty, Kazakhstan**  
**4<sup>th</sup> November 2014**

**Agenda 1 - Opening address by the Chairman**

Welcome by the CRC Chairman, Major General Intarat Yodbangtoey

**Agenda 2 - Apologies for absence**

**Roll Call:**

**Apologies:** *Kyle Pierce (USA) – available on Skype*, Byung Kwan Chun (KOR), Mr. Mohamed Ben Amor (TUN)

**Missing:** *Salih AL-KHALIDI (IRQ) – 3<sup>rd</sup> time, David Riegert (RUS) – 2<sup>nd</sup> time (and a half)*

**Present:** Mr. Chairman, Major General Intarat Yodbangtoey (THA), *Mahmoud Kamal Mahgoub (EGY) Nippon Limboonsuebsai (THA), Milan Mihajlovic (SRB), Lyn Jones (AUS), Stefan Korpa (SVK), Ms. Eva Moska (IWF Secretariat member)*

Mr. Al-Khalidi:

3<sup>rd</sup> absence in a row without any apology

Mr. Riegert: 2<sup>nd</sup> absence in a row without any apology

A strong letter should be sent to the members without apologies. If they will not come back, they are out. **Unanimously approved.**

**Agenda 3 - Minutes of the last meeting in Kazan**

Minutes in Kazan. **Unanimously approved.**

**Agenda 4 - Business arising from the Minutes not covered in the Agenda**

**Minimum age**

Mr. Jones and Mr. Pierce: No scientific evidence and that wl. competition is bad for kids.

Mr. Mahgoub: The coach have to know what is good for the kids.

Mr. Chairman: Proposal for the next meeting the head coach of China and Russia should be invited to the meeting (Lima, Peru). Mr. Jones seconded. Topics will be described.

Mr. Korpa: Mentions a study in a booklet related to this topic, written by a Slovakian expert. He presents also the booklet with the extract of the presentations made at a scientific seminar.

### **Agenda 5 - Report on Study tour to China**

Report in written and presented by Mr. Jones.

Some topics among others:

- Special thanks to Mr. Ma and Ms. Wang for the hospitality.
- Sports Schools
- Leg training is essential.
- The coaches do not follow one standard system, they have different methods.

Mr. Chairman invites Mr Jones to make the report to the EB. A copy of the Chinese report will be attached to the CRC Report.

### **Agenda 6 - CRC Coaching system – Categorization**

- o In line with TC – TO system – cat. 1 top
- Basic/club level 1– cat. 3
- National level - level 2– cat. 2
- Top coaches – level 1 – cat.1

#### ***Level 2 Manual:***

Introduction by Dr. Ajan. + Chairman introduction.

Special thanks to Danny Schlag. IWF official photos are included.

Videos presented by Mr. Pierce.

#### ***Level 3 Manual - preparation***

Training methods of China, Russia, and IWF Coaching License Program, Categorization and also other countries not only top countries.

Mr. Korpa: We need more theory

#### ***Examination process***

Discussion: Example questions to be included in the Manual or not?

Mr. Mihajlovic and Mr. Korpa: Example questions.- questions for discussions

Mr. Limboonsuebsai: Put them on the IWF website – random selection of exam questions to be presented. – Seconded by Mr. Mahgoub – **Unanimously approved.**

## **Agenda 7 - Proposed IWF Course Presenter for the Seminar/Workshop in 2015**

Mr. Korpa invites the CRC for hosting the seminar/workshop in Slovakia with some SVK experts, in the beginning of 2015 (February). It will be a seminar for the future trainers held by Mr. Lyn Jones and Mr. Klye Pierce. **Unanimously approved.**

Concept: Invite experts from all continents for this workshop. After the first course for the future trainers, other courses (still for the future experts) should be held at continental level. After having the IWF certified experts, IWF coaching courses can be run in all the continents for a fee. The fee would be different for the different regions (e.g. an IWF Coaching course would not cost the same amount in Ghana than in Australia).

Additional information to be provided (draft plan to be attached).

## **Agenda 8:**

1. MovieStore – clips with subtitles

Price of download per viewer: 4.99 USD/chapter

AppStore - 70% to IWF, 30% to Apple

PlayStore - 100 % to IWF, 0% to Google

2. BookStore on iPhone, iPad and Android platforms

Price of download per user: 2.99-3.99 USD/chapter

Revenue sharing is the same model as above.

Both stores are required to have costs of hardware (including setup and configuration), application design, development and maintenance.

Both shall be started in 2015.

**Also Level 2 and then Level 1 shall be put in the stores. Unanimously approved.**

## **Agenda 9.**

CRC Page in WW magazine. 1<sup>st</sup> was published.

**Proposal: Include one page - Scientific page – CRC**

Next article would be done by Mr. Buzgo from Slovakia.

**Unanimously approved.**