



Minutes
IWF Coaching and Research Committee
Lima, Peru
4th April 2015

Agenda 1 - Opening address by the Chairman

Welcome by the CRC Temporary Chairman, invited by the President, Mr. Lyn Jones

Agenda 2 - Apologies for absence

Roll Call:

Apologies: Major General Intarat Yodbangtoey, Stefan Korpa (SVK), Byung Kwan Chun (KOR), *Mahmoud Kamal Mahgoub (EGY)*

Missing: Mr. Mohamed Ben Amor (TUN), *David Riegert (RUS) – 3rd time*

Present: *Lyn Jones (AUS), Kyle Pierce (USA), Nippon Limboonsuebsai (THA), Milan Mihajlovic (SRB), Salih AL-KHALIDI (IRQ) Ms. Eva Moska (IWF Secretariat member)*

Agenda 3 - Minutes of the last meeting in Almaty. Unanimously approved.

Agenda 4 - Business arising from the Minutes not covered in the Agenda

Changing the names of the Manual.

Before: Level 1 – Club Coach

Mr. Yassine Yousfi's proposal was to change the order according to IOC: Level 1 - Top coaches

Mr. Jones's proposal: Cut numbers, say only Club Coach, maybe in brackets level 1

3 levels:

- **Club coach**
- **National Coach**
- **International Coach**

Seconded by Mr. Nippon Limboonsuebsai.

Mr. Jones: EWF contacted me (Mr. Steve Cannon, Vice-President) interested in IWF Coaching license, EWF would join the IWF Coaching education

Agenda 5 – enclosed the report

Agenda 6 - Future steps after the Workshop

Proposal: Meeting with the President and Director General to discuss the main details regarding the financial aspects. Unanimously approved.

Mr. Jones' proposal (after Bratislava experience) Produce a PPT on basic technical rules – involving the TC.

How is the process? Questions to President and DG.

- All nations have their system, can we force/push them to get our license? Will they pay for this? We have to “sell” our product, we are offering International qualification. We can send a circular to all MFs offering this opportunity but also.

Dr. Aján's opinion: We will consider the situation one by one basis. Dr. Ajan supports the idea to get extra fee for the International level course.

Several nations USA: they already have a certification, how can they get the IWF'S? Has they do to start from the beginning?

There was a discussion on how the course can be delivered to the nations. Among the items discussed were:

Methods of delivery

Determination of cost

Cooperative measures of course delivery with member countries

Proposal: Prepare a circular to MFs. Do they have a national coaching education, course, what is the charge, etc.?

Unanimously approved.

For the further details, CRC will ask the President and Director General for their contribution.

Agenda 7 – Internet for coaching education

Mr. Limboonsuebsai: Coaching Education – **Website for WI. Coaches' Community** (accessible for everybody) – <https://nippon-limboonsuebsai.squarespace.com/>

Available on PC or mobile phone

From www.iwf.net would be available.

- First licensed lecturers
- Coaching database
- Courses database, etc.
- Calendar with events all around the world
- Manuals – Online learning
- Online tests

- Interactive website

What about the contents to publish on Internet, apps store (Minutes Almaty – Nippon) – technically it is possible.

Mr. Limboonsuebsai: Use Moodle (online learning platform). Teachers and participants could have access.

Blackboard – costs, Moodle is free

Agenda –International coaching Manual

Mr. Limboonsuebsai and Mr. Mihajlovic – education on Technology regarding WI. – International Coaches Manual – Technology to be included.

Timeline for International Coach Manual – 2016 JWC – June?

Successful weightlifting nations will be consulted on the Manual.

Mr. Jones: Next meeting: Houston – too late. An extraordinary meeting might be needed. before finalizing the International Coach Manual.

What about a Skype meeting?

Suggestion to be submitted to the Chairman of the Committee asking for confirmation.

Agenda 9

Research – collecting data, who can be in the FOP? Who decides who can come? CRC?

In Houston – strict conditions who can be in the FOP making videos – IWF permission is needed!!! – follow up with Houston OC and IWF.

Agenda 10

Raising from the Joint meeting: Cancel the bodyweight advantage:

Recommendation: Mr. Jones: to have a trial event to this rule and see the results

Seconded by Mr. Pierce.

Dr. Ajan invites the participants, appreciates the Workshop. He will have a proposal to the EB to work more closely with OS and follow their guidelines.