



**Minutes**  
**IWF Coaching and Research Committee**  
**Kazan, Russia**  
**17<sup>th</sup> June 2014**

**Temporary Chairman: Mr. Lyn Jones**

**Agenda 1:**

Welcome by the President of the IWF, Dr. Tamás Ajan. Dr. Ajan invites Mr. Jones to chair the meeting as senior member of the Committee.

**Agenda 2:**

**Roll Call:**

**Apologies:** Mr. Chairman, Major General Intarat Yodbangtoey (THA), Stefan Korpa (SVK), Byung Kwan Chun (KOR), Mr. Mohamed Ben Amor (TUN)

**Missing:** *Salih AL-KHALIDI (IRQ), David Riegert (RUS)*

**Present:** *Mahmoud Kamal Mahgoub (EGY) Kyle Pierce (USA), Nippon Limboonsuebsai (THA), Milan Mihailovich (SRB), Lyn Jones (AUS), Byung Kwan Chun (KOR), Mohamed Ben Amor (TUN), Ms. Eva Moska ( IWF Secretariat member)*

**Agenda 3:**

Minutes in Wroclaw. Unanimously approved.

**Agenda 5:**

Progress and distribution:

The question of the copyright is essential. App store/Windows copyright on the phone

IWF shall finance the printing of Manuals and prepare the DVD, but then we could use it as a revenue.

Mr. Limboonsuebsai: DVD and App Store – via E-book with a fee.

We can sell the information on Apps.

Mr. Pierce: we shall use the video on PPT, may be more effective in a presentation (in clips) than showing the whole video – also for Level 2 – Kyle will do that (put video short clips in the PPT)

### **Agenda 6**

Mr. Jones: In Almaty we could have the course for the future lecturers of the coaching courses (utilizing the Club Coach Manual).

Mr. Pierce: We should involve coaches from all the continents.

Mr. Jones: Shall we make the invitation or ask the CFs?

Mr. Pierce: We (CRC) should invite people for the first time (we have members from all continent)

Mr. Jones: this will be the pilot course, we invite people, then we will see, maybe will ask the CFs or MFs.

Mr. Mahgoub.: Let's start with some people from each continent and this people will bring more qualified coaches, they teach them.

Milan: Report: EWF Coaching framework conference

Ben Amor: misunderstanding no problem, we have to share our knowledge and exchange with European, African, etc experts. Use the DP funds for our project.

**Proposal** for the EB by Mr. Pierce:

It is in the Constitution that we shall educate our coaches by law 5.1.2, so for the 1<sup>st</sup> time we will select the participants (CRC).

Seconded by Mr. Lyn Jones to be submitted to the EB

**Unanimously approved.**

### **Agenda 7**

Report of Level 2 manual

Further things to do: list of contributors

Official publication will be before Almaty

**Proposal** by Mr. Lyn Jones to the EB for approval, to put it in the Budget. IW will make 500 copies for the delegates coming to Almaty. Plus 500 copies of Level 1 . Seconded by Mr. Pierce.

**Unanimously approved.**

Mr. Jones: About the examination process in the future for the Level 1 courses. Everybody can do Cat. 3 (level 1 Manual) but they have to pass the exam. It shouldn't be online.

Mr. Jones: Do the test after the course in written or do it later on-line?

Mr. Pierce: People must do the course personally that is for sure. The question is how to do the test? What is the level they have to reach to pass the exam? Multiple test, approx. 200 questions it is easy to do, write an essay would be difficult.

We have to create the process (Manual, DVD, course, examination) only once than use the same system to the next levels.

Mr. Limboonsuebsai: Draft plan for prices for App stores, yearly fee for IWF (to be attached).

Mr. Jones: **Proposal regarding Manual, Level 3:** Members shall suggest units/topics to be put in Manual Cat. 1– we could involve Russian and Chinese Federation. We need IT information, information on social networks.

**Deadline: 15<sup>th</sup> September 2014. Unanimously approved.**

### **Agenda 8:**

Mr. Mihailovic: Report: EWF Coaching Framework Conference

Mr. Ben Amor: difference level also in national system and international also. The function on the certificate should be: **International Coach** (of each level) according to the International Technical Officials. Unanimously approved.

Mr. Limboonsuebsai: Level 1 is the highest level while Level 2 is the medium and Level 3 is the lowest.

Mr. Ben Amor: Quality control is important – so if someone goes abroad to work, he can use the certificate everybody will know his level

Mr. Limboonsuebsai: Reporting on Marketing Commission meeting. Proposal: in TV we should put the name also of the coach of the athlete to make him promotion and emphasize the level of the coach.

Mr. Jones: Promotion of the coach is important, people (audience) love this interaction. This is good to the coaching profession.

Mr. Mahgoub: We need definition: what do the levels mean level mean?

Cat. 3 - Club coach, training beginner athletes

Cat. 2 – Coach for national level

Cat. 1. – International coach for competitive level

### **Agenda 9.**

**CrossFit:** We have to catch up, many people are interested in CrossFit. Equipment companies produces a lot of special equipment because of the CrossFit.

Mr. Jones: CrossFit is using weightlifting, so we could benefit from this. We will not have a lot of people from Crossfit, maybe we can have some. We shall use crossFit, because they use us and take the money

**Minimum age of competitors (TC):**

National vs. International competitions

Ben Amor: We have many rules. We don't change them only because of a few individual cases. The MF's Technical Regulation should apply on the level of local cases. Younger people could have only demonstration trainings, no competitions. I refuse to discuss to discuss this point, because of 1-2 cases we will not change the rules.

Mr. Jones: Difficult question, biological age and real age is not always the same.

Mr. Ben Amor: To prepare statistics on data of youth World Championships and YOG vs. World Championships and Olympic Games – number of participants comparing the age groups.

**Working group for the WWC**

Mr. Jones is giving a report on the meeting held in February, 2014.

Former CRC proposal was: first 5 days for WWC C, D, etc. groups, then meetings (free days break), then: A groups and B groups, because it happened that someone won gold medal from B group).

Mr. Ben Amor: IWF would delegate someone as commentator for the TV while WWCs. A special Commission should be formed by experts to discuss these issues for the TV (professional aspects). We should reduce the numbers of athletes (maximum 10) competing in group A and not with a big difference in the total entry (to have exciting competition). Maybe by reducing the 20/15 kg rule to 15/10 kg.

Mr. Jones appreciates the activity of the members and thanks for the presence.