



2nd International Fajr Cup

9-14 March 2017, AHVAZ, IRAN

Invitation Letter

Dear Presidents and General Secretaries!

We have privilege and honour to invite you and all national federations to participate in the 2nd International Fajr Cup to be held on 9-14 March 2017 in Ahvaz, Islamic Republic of Iran.

It is a great honour for us to host 2nd International Fajr Cup in the Islamic Republic of Iran. It is worth mentioning that Iran has experience in hosting 2008 Namjou International Memorial Cup & 1st International Fajr Cup (Rio Olympic Games Qualification Event) in 2016 .

Ahvaz is the oldest city and center of Khouzestan province that is described in ancient inscriptions. This city is located in the South-western part of the country and is one of cultural, historical centers with traditional structures. Karun river, one of longest & largest rivers in Iran flows here and Sefid bridge -one of city's Symbols- has been made on it with two 12, 20 meters concrete arcs. Here you can see the most beautiful and longest waterfalls and Cable bridge of the Middle-east. This oil field province located at Khalij-e-Fars (Persian Gulf) boundaries, has free Zones such as Khorramshahr port, Abadan and Shooshtar. We will do our best to provide athletes with comfortable and best conditions to achieve outstanding results.

Looking forward to your confirmation at your earliest convenience and welcoming your team in AHVAZ

Ali Moradi



IRIWF president

I.R.I NOC Member



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1. Competition Regulations

Competitions will be held in accordance with IWF Constitution and By-Laws, and IWF Technical and Competition Rules & Regulations.

2. Accommodations

Will be covered by Iran Weightlifting Federation for participating athletes maximum 8 from each country. If the number of athletes exceeds from 8 persons, the extra athletes should pay the related expenses of their accommodation and full board during the competitions.

The official Accommodation: Ahvaz International Hotel

3. Competition & Training Venue

“Ahvaz competition venue ‘

4. Bodyweight categories

Men:56kg,62kg, 69kg ,77kg ,85 kg, 94 kg, 105 kg, +105 kg

5. Number of invited athletes in each bodyweight category: 8

6. Number of invited ITOs: 15

7. Eligibility of invitation & participation

- 7.1 The tournament will be held in individual and team placing.
- 7.2 Only the Members of National Team are allowed to participate in the event.
- 7.3 In each bodyweight category maximum 12 athletes are allowed to compete:

8. Quota of Team Officials

- 8.1- For each Federation:
1-8 athletes, 1 coach, 1 official (TO), Team Leader

9. Methodology and Training Science & Anti-Doping Course

Iran Weightlifting Federation will cover all internal expenses, including local transportation, accommodation (room and full board) for all participants. Certificate will be presented to participants at the end of classes. The lecturer will be appointed by IWF to make presentation the most advanced educational items and materials will be presented to the participants.

10. Accreditation

The accreditation of delegates will be performed in the hotel mentioned above upon arrival.

Remark: A copy of the passport and passport photos in color shall be submitted when you send your final entry forms (athletes and officials).

11. Entries

Preliminary Entry Forms must be sent back both to the Iran Weightlifting Federation (iriwf@iriwf.org) and the International Weightlifting Federation (matyas.lencser@iwfnet.net) before 25th January 2017.

Final Entry Forms must be sent back both to the Iran Weightlifting Federation (iriwf@iriwf.org) and the International Weightlifting Federation (matyas.lencser@iwfnet.net) prior to 15th February 2017.

Arrival/Departure Form must be sent back to the Iran Weightlifting Federation (iriwf@iriwf.org) before 15th February 2017.

Team Accommodation Form must be sent back to the Iran Weightlifting Federation (iriwf@iriwf.org) before 15th February 2017.

12. Sport Equipment

IWF approved sport equipment will be provided and used during the competitions.

13. Doping control

Doping control shall be carried out in accordance with the IWF Anti-Doping Policy.

14. Financial conditions

14.1 Iran Weightlifting Federation will cover the following costs for all invited athletes, team official(s) maximum (according to the paragraph 8.1 of the present regulations),

- Flight tickets (local Transportation) only from Tehran to Ahvaz and back

Note: The return flight tickets from the country of origin to Tehran should be provided by the participating country.

- Accommodation in the Ahvaz designated hotel from 9 to 13 March 2017.
- Three meals per day
- Accreditation

14.2 The financial conditions for Federations that enter the athletes at their own expenses will be as follows:

Single room fee: \$ 120 / person / night

Double room fee: \$ 100 / person / night

Local Transfer: is free of charge and will be provided by the Organizing Committee

15. Transportation

The Iranian WF will provide the participants with free return flight ticket from Tehran to Ahvaz and back.

The Iranian WF will provide airport transfer & transportation means for all participants upon their arrival from Ahvaz International Airport to Hotel and Venue of the competition and back.

16. Technical Officials

If the appointed Technical Officials (Juries, Referees, Technical Controllers, Chief Marshal, Doctor-on-Duty, The competition Secretary, Time Keepers, maximum 15 persons) are from your Federation and country, all expenses of these 15 TO's during the competition will be covered by Iran WF including accommodation, three meals per day plus local transportation from Tehran to Ahvaz and back

Note: Please be informed that Iran WF will not provide the return flight ticket from the country of origin to Tehran.

17. Insurance

Member Federations participating in the Championships will undertake full financial responsibility of their athletes and officials and do so at their own risk. All participating Federations must undertake full moral and financial responsibility of their registered/accredited delegates with regard to their health and wellness and in case of accidents or damages

18. Visa

Federations who require entry visa to the Islamic Republic of Iran must fill in the Visa Application Form per attached and send it back, together with the passport copy of each applicant, no later than 15th of March 2017 to the Iranian Weightlifting Federation, who will prepare the Visa Support Letter and send it back to the participating teams.

19. Flag and Anthem

Each delegation participating in the competition should bring its national flag sized 100x150 cm, and national anthem on CD. This must be submitted upon arrival/accreditation.

20. Awards

- **Gold, Silver and Bronze medals** will be awarded to the first three winners in the Snatch, Clean & Jerk and Total in each bodyweight category. **Team Cup and Trophies** will be awarded to the first three winner teams.
- In accordance with Sinclair table, best 3 athletes will be awarded with Prize money as follows:

First place:	3000 USD
Second place:	2000 USD
Third Place:	1000 USD

Participants are awarded with diploma at the end of the tournament.

21. General Information

Average Temperature in Ahvaz during Championships:

Electricity: 220V, 50Hz.

22. Contact

If you have any questions don't hesitate to contact us at

Tel: (+9821) 44701742, (+9821) 44701637, (+98) 912 4780513 & (+98) 935 2780513

E-mail: iriwf@iriwf.org

COMPETITION & COURSES SCHEDULE

Day	Date	Hour	Event
Thursday	9 March 2017	-----	Arrival & accreditation of delegates
		16:00	Technical Meeting & Final Verification
Friday	10 March 2017	10:00-12:00	Methodology of Training Science course
		15:00-17:00	Men 56 kg
		18:00-20:00	Men 62 kg
Saturday	11 March 2017	10:00-12:00	Anti-Doping Course
		14:00-16:00	Men 69 kg
		16:30-18:30	Men 77 kg
Sunday	12 March 2017	10:00-12:00	Methodology of Training Science course
		14:00-16:00	Men 85 Kg
		17:00-19:00	Men 94 Kg
Monday	13 March 2017	14:00-16:00	Men 105 kg
		17:00-19:00	Men +105 kg
Tuesday	14 March 2017	-----	Departure of delegates

Note1: Time Schedule is subject to change

Note2: Each country can bring two participants to attend the Methodology of Training Science course and Anti-Doping course whose accommodation, full board and local transportation will be provided by Iran WF other than the extra persons whose accommodation, full board and local transportation expenses should be covered by their NF or country. The return ticket from country of origin to Tehran should be provided by the participants and the return ticket from Tehran to Ahvaz (local transport) of all participants for training course will be provided by Iranian WF. If anyone arrives earlier than 9th of March or departs later than the 14th March mentioned in the schedule of Methodology of Training Science course, they should cover the related costs by themselves.

Note3: Certificate will be presented to those participants attending the educational workshops and training courses.