



9th EGAT Prince's Cup : Junior
INTERNATIONAL WEIGHTLIFTING CHAMPIONSHIPS 2016
10-15 October 2016, BAN PHAI, KHON KAEN , THAILAND



KHON KAEN

To: President of National Weightlifting Federation

Dear Sir/Madame,

Thai Amateur Weightlifting Association (TAWA) has taken much pleasure to invite you to 9th EGAT Prince's Cup (Junior National Weightlifting Championships 2016) being held during October 10-15, 2016 at Khon Kaen province, Thailand.

As the member of the Organizing Committee; I would like to welcome your athletes and participants to Khon Kaen Province; the second-largest of the north-eastern province (Isan) of Thailand; the commercial, administrative and educational centre of the Northeast, Land of Dinosaurs (Phu Wiang), well known for Silk industry with numerous villages producing their own Mudmee designs. It was an ancient city from the Dvaravati period and famous bronze sculptures from Ban Chiang. Kaen Nakhon Lake in the centre of town is a popular spot for picnics and dining, while Wat That on its bank features typical Isan spires.

On behalf of TAWA and EGAT. I wish to express my utmost sincere appreciation to all of you who participate. And apologizes in advance any shortcomings that you may experience. Wish you all happy stay in Phare looking forward to hear from you soon.

Best regards,

Mrs.Boossaba Yodbangtoey
President of Thai Amateur Weightlifting Association



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COMPETITION RULES AND REGULATIONS

Competitions will be held in accordance with IWF Handbook 2013-2016 and the IWF Manual for the Organizers of World Championships.

ELIGIBILITY

9th EGAT Prince's Cup (Junior)

Athletes born between 1 January 1996 and 31 December 2001 (aged 15 – 20 years).

ACCOMMODATIONS

INPAWA HOTEL (5 km. from the Venue)

922 Sukapiban 2 Rd., Ban Phai, Khon Kaen 40110 THAILAND

Tel: (+66) 43 272333

Fax: (+66) 43 272700

www.inpawahotel.com

E-mail: info@inpawahotel.com

VENUES

Competition Site : Convention Hall, Banphai School, Khon Kaen Province Province

Training Site : Convention Hall, Banphai School, Khon Kaen Province Province

EVENTS

JUNIOR MEN : 56 kg, 62 kg, 69 kg, 77 kg, 85 kg, 94 kg, 105 kg and +105 kg.

JUNIOR WOMEN : 48 kg, 53 kg, 58 kg, 63 kg, 69 kg, 75 kg and +75 kg.

ENTRIES

Final Entry Forms must be submitted to the Organizing Committee before
15 September, 2016

SPORT EQUIPMENT: IWF approved sport equipment will be provided.

DOPING CONTROL

Anti-doping controls will be carried out by the Doping Control Department, Mahidol University in accordance with the Sports Authority of Thailand.

FINANCIAL CONDITIONS

1. Participation fee including accommodation and meals are as follows:
 - Double room type: US\$ 50 per person per day
 - Single room type: US\$ 70 per person per day



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2. No Entry Fee of each delegation member, athlete or official.
3. All payment must be settled to the Organizing Committee upon arrival at the Accreditation Center in USD in cash.
4. A minimum stay of 3 (three) days is required for all participants.

TRANSPORTATION

All teams will be received ONLY at Khon Kaen Airport, Khon Kaen province upon their arrival and they will be ferried by bus/van to the Hotel. The Organizing Committees will provide local transportation between venue and hotel for competition and training according to schedule which will be announced to teams on completion of accreditation process.

INSURANCE

All participants would have to be under insurance coverage for travel and accident by their respective Federations before their departure.

VISA

Visa entry to Thailand could be obtained from the Thai Embassy in the respective countries by presenting the Official Invitation for the said Championships. If there is any help needed, please contact the Organizing Committee. There are 28 countries can apply VISA on arrival to Thailand please check this website; <http://www.consular.go.th/main/th/customize/62281-Summary-of-Countries-and-Territories-entitled-for.html>. If you would like to request Exemption VISA please send a complete list of names with passport data, itinerary schedule (flight booking) and fax number/ mailing address should be sent in time to the Organization Committee for the issuance of invitation letters, the process will take at least 20 days.

FLAG AND ANTHEM

Each participating team is kindly requested to bring along a CD of their National Anthem and two National Flags 1.2 x1.8 m.

These must be submitted upon arrival/accreditation.

PRIZES

- Snatch, Clean & Jerk and Total will be prized, with Gold, Silver, Bronze to the first 3 place
- The Best Junior Male and Female team will be prized with a cup
- The Best Junior Male and female competitors will be prized with a cup.

ACCREDITATION

The accreditation of the delegations will take place in the INPAWA HOTEL upon arrivals.



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PLEASE NOTE STANDARD TOTAL FOR

the minimum Weight-lift for 9th Prince's Cup

(Snatch, Clean & Jerk each) is :

Junior Men	45	kg
Junior Women	40	kg

AVERAGE TEMPERATURE in Khon Kaen: 23-35 °C

Khon Kaen Province: located in the North-east part of Thailand 445 kilometers from Bangkok. by plane 50 minutes, bus 6 hours, and by train 8 hours.

ELECTRICITY: 220 Volt

FURTHER INFORMATION

Please contact THAI AMATEUR WEIGHTLIFTING ASSOCIATION (TAWA)
286 Room #2, 20th Floor, Chalermprakiet Building,
Sports Authority of Thailand, Ramkhamhaeng Rd., Hua Mark
Bangkapi, Bangkok 10240 THAILAND
Tel: (+66) 2170-9461
Fax:(+66) 2170-9462
Website: www.tawa.or.th
Email: tawa@tawa.or.th



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COMPETITION SCHEDULE AND PROGRAM

Sunday 09 October 2016

10:00 Verification of Final Entries

Monday 10 October 2016

09:00	Junior Men	56 Kg.	Group C
11:00	Junior Men	56 Kg.	Group B
13:00	Junior Women	48 Kg.	Group B
14:30	Opening Ceremony		
	Junior Men	56 Kg.	Group A
17:00	Junior Women	48 Kg.	Group A

Tuesday 11 October 2016

09:00	Junior Men	62 Kg.	Group C
11:00	Junior Men	62 Kg.	Group B
13:00	Junior Women	53 Kg.	Group B
15:00	Junior Men	62 Kg.	Group A
17:00	Junior Women	53 Kg.	Group A

Wednesday 12 October 2016

09:00	Junior Women	58 Kg.	Group B
11:00	Junior Men	69 Kg.	Group C
13:00	Junior Men	69 Kg.	Group B
15:00	Junior Women	58 Kg.	Group A
17:00	Junior Men	69 Kg.	Group A

Thursday 13 October 2016

09:00	Junior Men	77,85 Kg.	Group B
11:00	Junior Women	63 Kg.	Group B
13:00	Junior Men	77 Kg.	Group A
15:00	Junior Women	63 Kg.	Group A
17:00	Junior Men	85 Kg.	Group A

Friday 14 October 2016

09:00	Junior Women	69, 75 Kg.	Group B
11:00	Junior Men	94 Kg.	Group B
13:00	Junior Women	69 Kg.	Group A
15:00	Junior Men	94 Kg.	Group A
13:00	Junior Women	75 Kg.	Group A



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Saturday 15 October 2016

09:00	Junior Men	105,+105 Kg.	Group B
11:00	Junior Men	105 Kg.	Group A
13:00	Junior Women	+75 Kg.	Group A
15:00	Junior Men	+105 Kg.	Group A
16:30	Closing Ceremony		
18:00	Banquet		

Note: Time schedule subject to be changed after the verification of final entries.