



3rd EUROPEAN UNION WEIGHTLIFTING CUP and EUWC ELECTORAL CONGRESS and The Malta International Open Tournament



MALTA 5 - 8 May 2016

Program

THURSDAY 5th May 2016

ARRIVAL OF DELEGATES AND TEAMS

Registration of Athletes and Officials, Verification of final entries

FRIDAY 6th

08:15 to 11.45: **Guided tour to Valletta City and the Old City of Mdina.**

09:00: **For all National Delegates, CONGRESS of the EUWC followed by EUWC Election at the Regency Hall (Plaza Hotel)**

11:45: **Weigh-in of Athletes Under-15 women (Plaza Hotel)**

12:45: **Buses Departure from Hotel to Competition Hall**

14:00: **Opening Ceremony (Cottonera Sport Complex)**

14.30: **Start of competition Under-15 women**

14.30: **Weigh-in of competition U-15 men (Sport Complex)**

16.30: **Start of competition U-15 men**

16.30: **Weigh-in of competition U-17 men B group (Sport Complex)**

18.30: **Start of competition U-17 men B group**

SATURDAY 7th

- 06:45: **Weigh-in of Athletes Under-17 women (Plaza Hotel)**
- 08:00: **Bus Departure from Hotel to Competition Hall**
- 09:00: **Start of competition Under-17 women**
- 09:00: **Weigh-in of Athletes Under-17 men A group (Sport Complex)**
- 11:00: **Start of competition Under-17 men A group**
- 11:00: **Weigh-in of Athletes Under-20 women (Sport complex)**
- 13:00: **Start of competition Under-20 women**
- 13:00: **Weigh-in of Athletes Under-20 men B group (Sport complex)**
- 14:30: **Weigh-in of Athletes Under-20 men A group (Sport complex)**
- 15:00: **Start of competition Under-20 Boys B group**
- 16:30: **Start of competition Under-20 Boys A**
- 19:45: **Presentation of Best teams Awards at the Regency Hall**
- 20:30: **Dinner.**

SUNDAY 8th

Departure of Delegates and Teams