



XXV Senior Pan American Championships  
Qualification Event for the Games of the XXXI Olympiad in Rio de Janeiro in 2016  
Cartagena  
June 6<sup>th</sup> to 11<sup>th</sup>, 2016



PRESIDENT / GENERAL SECRETARY  
NATIONAL WEIGHTLIFTING FEDERATIONS AFFILIATED TO THE PAWF

OFFICIAL INVITATION

**Dear Friends,**

The Colombian Weightlifting Federation has the commitment to organize the **XXV Pan American Weightlifting Championships 2016**, to be held in Cartagena, Colombia from June 6<sup>th</sup> to 11<sup>th</sup> 2016.

The Pan American Weightlifting Federation and the Colombian Weightlifting Federation invite to all the affiliated federations to participate in the Pan American Championships Cartagena 2016, Continental qualification event to the Olympic Games Rio 2016.

The Organization of these Championships is a challenge for Colombia but we strongly believe that we count on the human and technical resources to give to our America a championship worthy of participate.

Please find enclosed the competition calendar with the Regulations which guide these Championships.

We hope to welcome you with open arms and offer you the most cordial reception to all the weightlifting family of the continent.

With warm and affects,

ANA EDURNE CAMACHO  
President of the Organizing Committee



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## GENERAL CONDITIONS

### 1. COMPETITION REGULATION AND RULES

The competitions will be held in accordance with the IWF Constitution and By-Laws and IWF Technical and Competition Rules and Regulations and will be under the control of the Pan American Federation. Participants must be born until 2001 (15 years old).

### 2. PLACE AND DATE

Competitions will take place in the **Coliseo Base Naval Bocagrande** and the Training in the **Coliseo Chico de Hierro Pie de Popa**.

The accommodation will be in: Hotel Regatta, Carrera 1 No 5 -82, Bocagrande.  
Telephone: +57.665.5727

From June 6<sup>th</sup> to 11<sup>th</sup>, 2016

Arrival of delegations: 5<sup>th</sup> June 2016

Departure of delegations: 12<sup>th</sup> June 2016

### 3. ELIGIBILITY OF PARTICIPATION

Only competitors of National Weightlifting Federations / Associations affiliated to the PAWF are eligible to participate in the Pan American Championships.

### 4. EVENTS

The bodyweight categories will be as established by the IWF, according to the bodyweight:

WOMEN: 48 Kg, 53 kg, 58 kg, 63 kg, 69 kg, 75 kg, +75 kg.

MEN: 56 kg, 62 kg, 69 kg, 77 kg, 85 kg, 94 kg, 105 kg, +105 kg



## 5. ENTRIES

- Preliminary entries must be sent before April 15<sup>th</sup>, 2016.
- Final entries must be sent before 6<sup>th</sup> May, 2016.

These can be sent to:

E-mail: [fedepesascolombia@gmail.com](mailto:fedepesascolombia@gmail.com) and [anaedurnecamachoc@gmail.com](mailto:anaedurnecamachoc@gmail.com)

## 6. FINANCIAL CONDITIONS

- Participation Fee (including food, accommodation and local transportation)  
Single room: \$100.00 USD, per person / per night  
Double room: \$70.00 USD, per person / per night  
Minimum stay 4 nights  
Accommodation: Regatta, Carrera 1 No 5 -82 Bocagrande.  
Teléfono: +57.665.5727

- **ENTRY FEE**

ATHLETES USD \$ 175.00 PER PERSON (including USD\$50.00 IWF Special Anti-Doping Fee)

OFFICIALS US \$ 175.00 PER PERSON (including USD\$50.00 IWF Special Anti-Doping Fee)

- These fees are payable in cash upon arrival for your respective accreditation.

## 7. ACCREDITATION

The accreditation will take place at the accreditation center in **Hotel Regatta** upon-arrival.

In order to prepare the accreditation cards, it is important to send us the passport copies and photos of each participant by email to: [fedepesascolombia@gmail.com](mailto:fedepesascolombia@gmail.com)

## **8. BARBELL.**

IWF approved ELEIKO barbells will be used in competitions and training.

## **9. PAN AMERICAN CONGRESS**

Will be held on June 6th at 10:00 hours

## **10. ANTI-DOPING SEMINAR**

Will be held on June 6th at 14:00 hours

## **11. FINAL VERIFICATION**

Will be held on June 6<sup>th</sup> at 16:00 hours

## **12. TECHNICAL MEETING**

Will be held on June 6<sup>th</sup> at 17:00 hours

## **13. DOPING CONTROL.**

Doping Control will be conducted in accordance with the IWF Anti-Doping Policy.

## **14. AWARDS.**

- Snatch, Clean & Jerk and Total will be awarded with gold, silver and bronze medals for the First, Second and Third place respectively.
- A trophy will be awarded for the best team in Men and Women  
A trophy will be awarded for the best lifter in Men and Women.

## **15. NATIONAL ANTHEM / FLAG.**

- Please bring your National Anthem and your flag.



## 16. TECHNICAL OFFICIALS.

- Will be appointed by the PAWF, which will be exempt of payment of accommodation, food and local transportation.

## 17. VISA.

- We kindly ask you to apply for Visa in the Consulate of your country. Any information needed please contact to: [fedepesascolombia@gmail.com](mailto:fedepesascolombia@gmail.com)

## 18. TRANSPORTATION

The Organizing Committee shall provide transportation for all participants from the airport to the accommodation and facilities for training and competition.

## 19. USEFUL INFORMATION

The temperature in Cartagena during these days will be around 25 °C to 31°C.

Electricity in Colombia is 110V / 60Hz.

The local currency at 31<sup>st</sup> March is \$3,024.00 Colombian Peso per US Dollar.

## 20. ORGANIZING COMMITTEE

Mr. William Peña

Email: [William\\_col@hotmail.com](mailto:William_col@hotmail.com) / telephone +300.526.1815

Mrs. Ana Edurne Camacho Corredor

Email: [anaedurnecamachoc@gmail.com](mailto:anaedurnecamachoc@gmail.com) / telephone +313.865.2001

## 21. PAN AMERICAN WEIGHTLIFTING FEDERATION

Address: Avenida Estados Unidos No. 2, Parque Deportivo del Este, Pabellón de Halterofilia, Villa Duarte, Provincia Santo Domingo Este, República Dominicana.

Telephones: 1.809.599.2296 / 1.809.599.3032



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DATE	ACTIVITY / TIME		
Sunday 5th	Arrival of the Delegations		
Monday 6th	Pan American Congress 10:00		
	Anti-Doping Seminar 14:00		
	Final Verification 16:00		
	Technical Meeting 17:00		
	Opening Ceremony 19:30		
	Category	Weigh In	Competition
Tuesday 7th	M56B	07:00	09:00
	M62B	09:00	11:00
	M56A	11:00	13:00
	W48A	15:00	17:00
	M62A	17:00	19:00
Wednesday 8th	W58B	07:00	09:00
	M69B	09:00	11:00
	W53A	11:00	13:00
	M69A	15:00	17:00
	W58A	17:00	19:00
Thursday 9th	M77B	07:00	09:00
	W69B	09:00	11:00
	W63A	11:00	13:00
	M77A	15:00	17:00
	W69A	17:00	19:00
Friday 10th	M85B	07:00	09:00
	M94B	09:00	11:00
	W75A	11:00	13:00
	M85A	15:00	17:00
	W+75A	17:00	19:00
Saturday 11th	M94A	07:00	09:00
	M105A	09:00	11:00
	M+105A	11:00	13:00
	<b>Closing Ceremony 19:00</b>		
Sunday 12th	Departure of the Delegations		

**Note:** The schedule is subject to change according to the Verification of Final Entries