

**IWF**

INTERNATIONAL  
WEIGHTLIFTING  
FEDERATION

# ANNUAL REPORTS TO THE IWF CONGRESS HOUSTON 2015





**IWF CONGRESS**  
**19TH NOVEMBER 2015 – HOUSTON, USA**  
**AGENDA**

1. Opening
2. Welcome speech of the hosts
3. Technical and Program information on the 2015 IWF World Championships by the Organising Committee
4. Appreciations rendered by the IWF
5. Roll Call
6. IWF President's Address
7. Report of the IWF Committees' meetings
  - 7.1 Technical Committee
  - 7.2 Medical Committee
  - 7.3 Coaching & Research Committee
8. Information about the IWF Executive Board meeting
9. Update report on the 2015 Development Program
10. IWF Communication update
11. Anti-Doping related information
12. Financial issues – Budget 2016 information
13. IWF Commissions' Reports
14. Reports on the preparation of future events
  - 14.1 2016 IWF Youth World Championships Penang – MAS
  - 14.2 2016 IWF Junior World Championships Tunis - TUN
  - 14.3 2016 Olympic Games Rio de Janeiro – BRA
  - 14.4 2016 FISU World University Championships Mérida – MEX
  - 14.5 2017 IWF Junior World Championships Tokyo - JPN
  - 14.6 2017 IWF Youth World Championships Bangkok - THA
15. Presentations by the barbell manufacturers and sponsors
16. Speeches by Congress delegates
17. Any other business





## PRESIDENT'S REPORT

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TO THE IWF CONGRESS  
19<sup>TH</sup> NOVEMBER 2015 – HOUSTON, USA

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*Dear Delegates,  
Dear Friends at the Member Federations,*

*The IWF membership received our last comprehensive Annual Report a year ago, on the occasion of the IWF Congress held in Almaty, Kazakhstan, on 7<sup>th</sup> November 2014. Time has come again to provide you with a summary of our activities in the past 11-12 months. In the era of the Internet and with the incessant flow of information, you have had the opportunity of being constantly informed of our comings and goings, yet it is wisely demanded by the IWF By-Laws that we assess our own work and accomplishments not only chronologically but also subject by subject, with respect to the many different areas covered by governance and management in the IWF.*

*Before we continue, I wish to confirm that my esteemed colleague and friend, General Secretary **Ma Wenguang** has asked me to represent him and his activities in this Report, which I am happy doing herewith.*

### TIMELINE, EVENTS, MEETINGS, CHAMPIONSHIPS

My report must start with a recollection of the **2014 IWF World Championships**. The Weightlifting Federation of Kazakhstan, with the support of the highest state and sporting authorities of the Republic of Kazakhstan, staged unforgettable World Championships in **Almaty** last November. We must thank the organisers for the outstanding conditions, beautiful locations and warm hospitality. 526 lifters were on the stage from 71 countries and numerous new world records were born.

In December last year, an epic **Session of the International Olympic Committee** took place in **Monaco**. After months of preparation and wide-ranging coordination, upon the proposal of IOC President Thomas Bach, the famous **“Olympic Agenda 2020”** was unanimously accepted by the IOC Members. The “Olympic Agenda 2020” has a great impact on all stakeholders in the Olympic Movement, including us. Among others, it enhances the role of the International Federations (IFs) in the planning and delivery of the Olympic competitions, including the study of transferring technical responsibilities from the OCOGs to the IFs. Since the decision, the IWF has already recognized and identified our tasks and roles arising from the changes and proactively started their implementation in the areas concerned.

Still in December, the 4<sup>th</sup> edition of the **FISU Weightlifting University World Championships** was held in **Chiangmai**, Thailand. As so many times before, our Thai friends – in particular the North-Chiangmai University with the professional and generous help of TAWA – once again proved to be perfect and hospitable hosts to the Championships. In the number of women participants a new record was born.

The new year of 2015 was literally opened in the first days of January by the Asian Youth and Junior Championships followed by the **Electoral Congress** of the **Asian Weightlifting Federation** in **Doha**, Qatar. Congratulations to the re-elected President Mohamed Yousef Al Mana and the newly elected General Secretary Mohamed Jaloud, as well as all officers of the Executive Board of this large and powerful Continental Federation.

February was the month of several visits at the IWF's office in Hungary. First, we welcomed to Budapest the new President of the **Japan Weightlifting Association, Madam Yuriko Koike** and discussed the immediate and long-term future of our cooperation and Japan's increased involvement in international weightlifting with an ultimate view to the 2020 Tokyo Olympic Games.

February 16-19<sup>th</sup>, the **Audit** of the IWF was executed by KPMG in both the Budapest and the Lausanne offices.

On 22-25<sup>th</sup> February, the Vice Minister of Sport of **DPR Korea** was received at the IWF headquarters for a coordination meeting.

As IWF President, I opened the IWF Coaching and Research Committee's **Workshop "Train The Trainers"** in **Bratislava**, Slovakia. You can read more about this ground-breaking and successful event in the CRC Report.

Early March we welcomed the President of **British Weightlifting, Ashley Metcalfe** with whom very fruitful discussions were conducted.

The beginning of April (Easter time) found us in **Lima**, Peru, where the **IWF** Committees and Executive Board held **meetings** prior to the start of the **2015 IWF Youth World Championships**. As we were accustomed to already, top class conditions and excellent organisation was provided by the Peruvian hosts with José Quinones, IWF Vice President, President of the FNLP and NOC Peru. Thank you for everything!

Two events followed Peru on two other continents: the **European Championships** held for the first time in **Tbilisi**, Georgia, where 3-times Olympic Champion Kakhi Kakhiashvili welcomed the European and the international participants.

Shortly after the EC we travelled to **Astana**, capital of Kazakhstan, for the awarding ceremony of the **“Jenő Boskovics Lifter of the Year Trophies”**, titles and cups accorded by the **World Weightlifting** magazine. We must thank again to our Kazakh friends for hosting this brilliant televised show and the hospitality offered.

From Astana we travelled on to the annual convention of **SportAccord** held in **Sochi**, Russia. As it is known, following a round of consultation with the Executive Board, the International Weightlifting Federation suspended its membership in SportAccord (alongside a number of other IFs) following the decision of the ASOIF (Association of Summer Olympic International Federations) after the SportAccord Convention in Sochi.

During the first half of June the **IWF Congress** and the **2015 IWF Junior World Championships** were running in **Wroclaw**, Poland. President PZPC Szymon Kolecki and his Team must be congratulated and thanked for another outstanding Championship.

At the end of June, I conducted very important discussions with the leaders of the **German Olympic Committee** in **Frankfurt**, just before leaving for the **2015 Pacific Games** in **Port Moresby**, Papua New Guinea. Weightlifting, a prime sport in the Games, registered new records in participation: an incredible figure of 142 athletes from 20 countries.

July accommodated another significant Continental event: the **Pan-American Games** this time organised in **Toronto**, Canada. Here again, a new record was set as to the number of nations participating in weightlifting: 24.

At the end of July, I paid a quick visit to **Chisinau**, capital of the Republic of Moldavia in order to take over the Order of the President of the Republic and lead useful discussions with the Federation and the NOC.

August was introduced by yet another milestone event: the **IOC Session** in **Kuala Lumpur**, Malaysia. The Session allocated the 2022 Winter Olympic Games to Beijing, China. The IWF was present with its President and General Secretary.

Early September, the Czech Federation hosted the inaugural **“Visegrád 4”** Weightlifting Cup in **Prague**: an event symbolizing through sport the historic and cultural unity of the four countries involved: CZE, HUN, POL and SVK.

In **Budapest**, meetings were held with a delegation from **Cyprus**; the Chairman of the **IWF Marketing Commission** Zhanat Tussupbekov from Kazakhstan and the Chairman of the **IWF Anti-Doping Commission**, Dr. Patrick Schamasch.

Thereafter I travelled to **Ukraine** for a brief visit to celebrate 120 years of Weightlifting in Ukraine with the Federation and an impressive number of past champions.

September was another busy month of multisport events: the **African Games** held in **Brazzaville**, Congo, as well as the **Commonwealth Youth Games** in **Apia**, Samoa, with the latter once again demonstrating the supremacy of weightlifting in this old and prestigious organisation.

In terms of quality lifting the highlight of September was the **IWF Grand Prix of China** in **Fuzhou**. With 63 athletes from 12 countries participating in the competition covering 4 continents, as well as unprecedented prize monies and Olympic and world champions in the lineups, the Grand Prix was definitely a “grand” festival of weightlifting.

Please find here a summary of the World Records established in the past 12 months:

<b>Age Group</b>	<b>Number of World Records</b>
Senior	8
Junior	2
Youth	4

Still before going to Houston, the following events are ahead: the **ANOC General Assembly** in **Washington D.C.**, USA, the **IF Forum and SportAccord** meetings in **Lausanne**.

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## **SUMMARIES OF DIFFERENT ACTIVITY AREAS**

Since the IWF is operating with a staff of competent colleagues, within the framework of the tasks imposed on us by the Constitution and our obligations towards the Member Federations, work has been ongoing in several spheres of our operations. So, after the chronological account of activities, let me touch upon a few areas in particular:

Since January 1<sup>st</sup> 2015 you can find the updated **IWF Handbooks** on the IWF website; like the **IWF Constitution and By-Laws**, the **IWF TCRR** (Technical and Competition Rules & Regulations) and the most recent **IWF Anti-Doping Policy**. We have also uploaded some new **Guidelines** for Technical Officials: for example the Technical Officials' Guidebook, the TO Uniform or the TO Appointment Policy. Helpful documents have also been published in the area of Media and Press, e.g. the Photographer / Social Media Agent / Press Agent Guidelines.

In May the IWF signed a **Memorandum of Understanding with the IOC** to be part of the **IBIS** (Integrity Betting Intelligence System) project to fight against the manipulation of competitions.



In the lead-up to the **2016 Rio de Janeiro Olympic Games**, the preparation and coordination with the Organizing Committee is continuous and progressive. Several technical inspection visits have taken place on behalf of the IWF and the representative of Rio2016 is a constant participant in our events. The IWF appointed **ZKC** (Zhangkong Barbell Manufacturing Co.) as the official sport equipment provider of the Rio 2016 weightlifting competitions.

In addition to the stability of our sport in the Summer Olympic Games program, we can proudly state that weightlifting is one of the **compulsory sports** in the **Commonwealth Games** program. It has even been identified as the most suitable sport to pioneer and lead the CGF's new athlete quota system to be introduced for the 2022 Commonwealth Games.

Following the IOC Executive Board meeting held in Kuala Lumpur in late July, we are happy to inform you that the IOC approved our proposal and agreed to the inclusion of **one more bodyweight category (Women 44kg) to the Youth Olympic Games** program. According to this decision, we will have 55 Women competing in 6 bodyweight categories (44kg, 48kg, 53kg, 58kg, 63kg, +63kg) and 55 Men competing in 6 bodyweight categories (56kg, 62kg, 69kg, 77kg, 85kg, +85kg) at the next **Youth Olympic Games in Buenos Aires 2018**.

To provide upgraded quality service for Member Federations/Organizers the IWF has published its new **Manuals**: such as the IWF Venue Standards, IWF Sport Equipment List, IWF Meetings Logistics Chart, IWF FOP & TIS Layouts.

We are continuously improving the **IWF TIS** (Technology and Information System) to provide more comprehensive information to our spectators, along with the TV Graphics for a more comprehensible and traceable broadcasting and visual experience.

The evolution of technology challenges us to apply sophisticated technology in our sport, like the **Video Replay System** and the **Electronic Change of Call**. These projects have been developed and are now in experimental phase to be presented in the near future.

**The IWF Development Program** deserves a special chapter in our Report. The IWF has kept the same amount of support available in 2015 both for the Member Federations and Regional Federations (350.000 USD) to apply for, in addition to the CFs' annual support (175.000 USD/CF). In case of the CF Contribution, the IWF is offering a very generous support, but it is important to mention that it is not the IWF's duty to provide the financial resources for the operation of the CFs, much rather to assist the CFs in the development of the weightlifting sport. It is the responsibility of CFs to create the financial background for their own operation. The IWF provides support to the CFs only for professional purposes.

We have made significant progress in the field of **Communication and Marketing**. The IWF movie “**LIFT THE WORLD**” was presented in Almaty to an exquisite audience including multiple Olympic and world champions and the representatives of the delegations participating in the WWC. The movie, a great promotional material for the sport, was launched online in April. Excellent viewership data and feedback from all walks of society prove that such ways are to follow in the future to the benefit of weightlifting worldwide.

Continuing this project, a Rio 2016 promotion film will be presented in Houston featuring world famous and favourite Lydia Valentin from Spain and Brazil’s Fernando Reis.

The renewed **IWF Marketing Commission** has made significant progress in raising funds and is about to introduce a comprehensive marketing project based on the position of and with the approval of the Executive Board.

The IWF now has an active and **Working Press Commission**. The Commission was deployed for the first time in Almaty and has covered every Championships ever since by professionals involved in Written Press, the Social Media, Photographers and a Video Team.



The IWF launched its **new logo** **IWF** and with it came the whole process of rebranding our International Federation. Our membership and all our partners, sponsors and licensees have been notified and the corporate image of the IWF has been changing accordingly.

[www.iwf.net](http://www.iwf.net) – we have been working on the facelift of the **IWF website** with constantly growing and permanently updated content.

The **IWF Athletes’ Commission**, under the chairmanship of Pyrrros Dimas, had its first meeting in Almaty and concluded that it could make a significant contribution to the IWF’s projects, operations and services.

With women gaining more and more ground in sport, the **IWF Women’s Commission**, with Chair Moira Lassen, has identified its multiple tasks and its potential for important improvements and changes in the sport and its governance.

The **IWF Membership Commission**, headed by Mohamed Jaloud, made several useful proposals to the Executive Board thus contributing to making order and the settlement of membership issues in full accordance with the new Constitution of the IWF.

## IWF Anti-Doping Commission

2015 has brought several changes into the **IWF Anti-Doping Program** which helped the independent and neutral IWF Anti-Doping Commission to elaborate a robust and even more effective Test Distribution Plan.

With the **new Policy** the Result management of the doping cases has become more flexible allowing the Anti-Doping Administrator and the IWF Hearing Panel to conduct widespread investigations and apply a variety of fair sanctions depending on the specific aspects of each and every case.

With the new **Public Disclosure Guidelines** the procedure has sped up considerably and our entire communication has become more transparent.

The web of the anti-doping fight has been further tightened: the new **Entourage Registration** also allows the IWF to keep an eye on the **Athlete Support Personnel** and sanction them in case of an anti-doping rule violation. Let me quote WADA President Sir Craig Reddie: *“As WADA and the anti-doping movement have matured over the years, we have become more resolute in our mission: we now fiercely protect the world’s clean athletes using new investigation methods to catch dopers – our reach is farther and wider than ever before.”* This cannot be more relevant than in the case of the IWF, recognized as a pioneer and champion in many aspects of the anti-doping fight. Along with our enhanced focus on education, the Anti-Doping Administration and Management System (ADAMS) and the Athlete Biological Passport (ABP) – an individual electronic record revealing doping through biological variables – investigation efforts are now much more crucial than ever to our efforts.

The new **WADA Technical Document** made it obligatory for weightlifting to analyse for more substances and to take more blood samples. Naturally, the new analysis methods generate increased costs in terms of testing. All the Organisers are required to contribute to the anti-doping costs which constitute a fundamental part of any competition.

Finally, I would like to express my gratitude and appreciation to Dr. Patrick Schamasch, Chairman of the IWF Anti-Doping Commission, for his commitment, wisdom and immensely valuable contributions.

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Finally, let me thank you for your support and confidence and kindly ask you to accept this Annual Report at the Congress in Houston.



**Dr. Tamás AJÁN**

**October 2015**



**IWF**

INTERNATIONAL  
WEIGHTLIFTING  
FEDERATION

**TECHNICAL  
COMMITTEE  
ANNUAL REPORT  
2015**



Dear President and Colleagues,

It is my great pleasure to report to you the work of the Technical Committee as detailed in the Summary of Decisions for the year in review and to express my thanks to the majority of the Committee members who have attended regularly and have contributed so much to the Committee's deliberations.

My special thanks and appreciation is directed to our President, Dr. Tamás Aján, for his support of the Committee's work, efforts and diligent recommendations principally aimed at enhancing and clearly defining the Technical and Competition Rules and Regulations (TCRR), as well as exploring innovative ideas and concepts to make our Sport more attractive and interactive, make it easier to follow and understand by audiences and Television viewers, improving the Technology Information System, introduce TV Graphics and provide additional information on the scoreboard.

The composition of the Committee as elected is: S. Coffa (AUS) *Chairman*, R. Chinen (JPN) *Secretary*, A. Al Jarmal (YEM), S. Cannon (GBR), S. Kasiran (INA), A. Kurlovich (BLR), D. Martinez (COL), S. Makhmudov (UZB), M. Ahmad (BAN), A. Radicello (ITA), M. Shoukry (EGY) and P. Sanchez (AUS) by special appointment.

It is with sadness that I record in this report the death by tragic accident of our revered member Dr. Mahmoud Shoukry. Dr. Shoukry was a great contributor in the Committee, an extremely intelligent person and a very easy to relate to human being. He will be sadly missed.

Because the vacancy on the Committee happened by way of death the only way we could fill the vacancy would be by an election during a Congress. Given that there will be but only a few meetings to be held before the next general election the Executive Board determined to leave the position vacant until then.

The other concerning matter within the membership of the Committee as reported in the Summary of Decisions the Committee is very disappointed with the fact that 3 members of the Committee have not met the statutory responsibility of attendance. The members concerned have been requested to reconsider their position.

I offer my personal thanks to Attila Ádámfi, the IWF Director General, who has provided great assistance to the Committee and to me personally; to Reiko Chinen, Secretary, who has taken on a myriad of tasks and done them well; to Matyas Lencser, the newly appointed IWF Competition Manager; to Moira Lassen, IWF Executive Board Member, who assist whenever requested; to Zoltan Veres and to all other active members of the Committee who make an enormous contribution, provide substance and debate at all meetings and render exemplary service to our Sport.

Herewith some items as proposed from time to time, discussed and recommended during the period in question worth noting:

- Technical Officials Uniforms – ***New colours to facilitate easier and cheaper purchase***
- Adoption of TOs Appointment Policy – ***To create a pathway and enhance opportunities for TOs worldwide***
- Bodyweight Advantage in Classification – ***A study, consultation and agreement recommended for change***
- TOs Per Diem – ***Agreement by the Executive Board to award per diem to appointed TOs officiating at IWF ~~Events~~ World Championships***
- TOs Power Point – ***The update PP completed and posted on website. Thanks to Reiko Chinen and Moira Lassen***
- TOs Examination Questionnaire – ***Updated and completed***
- Competition Uniform – ***Modification to unitard regulation (now 2 pieces)***
- Video Playback Technology – ***Agreement to give consideration to the introduction of this technology (in progress)***
- Electronic Change of Call – ***The latest update version of this technology indicates the capacity of the program (trial pending)***
- TCRR Review – ***First edition of the review to be tabled for consideration at the next meeting in November 2015***
- Review Age Group Categories – ***Listed for discussion on proposed changes for consideration at appropriate time***
- TOs Handbook – Roles and Responsibilities – ***New updated version completed and ready for publication***
- TV Graphics – ***Template presented to members for their consideration and input (in progress)***
- Short Sports Presentation – ***Investigation pending***
- World Weightlifting on Line – ***Consideration pending***



Sam Coffa AM JP

***Chairman IWF Technical Committee***

[International Weightlifting Federation - Technical Committee](#)

[2013-2016 Register of Decisions](#)

The main objectives of the Committee are:

- To ensure the highest level of adjudication at competitions
- To ensure that IWF Technical Rules are properly understood and applied
- To create a pathway for all Technical Officials
- The promotion of Women Technical Officials

RESUME OF DECISIONS TAKEN BY THE TECHNICAL COMMITTEE DURING THE LIFE OF THE COMMITTEE

Committee Members: Sam Coffa (AUS) *Chairman*, Reiko Chinen (JPN) *Secretary*, A. Al Jarmal (YEM), S. Cannon (GBR), S. Kasiran (INA), A. Kurlovich (BLR), D. Martinez (COL), S. Makhmudov (UZB), M. Ahmad (BAL), A. Radicello (ITA), M. Shoukry (EGY).

<b>Program</b>	<b>Decision</b>	<b>Meeting</b>	<b>Date</b>	<b>Status</b>
Appointment	Reiko Chinen appointed as the Committee Secretary	1	16.10.13	<b>C</b>
Working Plan	The Committee agreed to include in the working program:  <ol style="list-style-type: none"><li>1. <i>Restructure of World Championships (Minimum Standards and / or other measures) (C)</i></li><li>2. <i>Review of Bodyweight Categories (Gender Parity and weight categories)</i></li><li>3. <i>Electronic Change of Call</i></li><li>4. <i>Review and update of IWF Technical PowerPoint (C)</i></li><li>5. <i>Review and Clarification of Technical Rules: (C)</i><ol style="list-style-type: none"><li>4.1 - <i>30kg discs introduction, loading management (including the 2.5kg discs)</i></li><li>4.2 - <i>Outfit</i></li><li>4.3 - <i>Jury Regulations</i></li></ol></li><li>6. <i>Index of TCRR (C)</i></li><li>7. <i>Technical Corner</i></li><li>8. <i>Update of IWF Technical Officials Examination Questionnaire (C)</i></li></ol>	1	16.10.13	<b>P</b>

Program	Decision	Meeting	Date	Status
	<p>9. Update of Technical Officials Roles and Responsibilities (C)</p> <p>10. Technical Officials Pathway/Promotion</p> <p>11. Sport Presentation</p> <p>12. Technical Officials Uniform – Policy/Costs (C)</p> <p>13. Review Technical Officials Appointments (C)</p> <p>14. Development of Women Technical Officials (Process)</p> <p>15. Worldwide Technical Officials Courses/Upgrading/Examinations</p> <p>16. World Champions Awards (Badges/Rings)</p> <p>17. IWF Branding (TCRR Policy)</p> <p>18. Medical Table (TCRR Location) (C)</p> <p>19. Review and Update Technical Requirements</p> <p>20. Review Referees Light System (Stage Apparatus and Software)</p> <p>21. Competition/Training Bars (Firm Policy)</p> <p>22. Age Limit Rule (C)</p> <p>23. Bodyweight Advantage in Classification</p> <p>24. Technical Officials Appointment Policy (C)</p> <p>25. Video Playback Technology</p> <p>26. TV Graphics</p> <p>27. World Weightlifting on line</p> <p>28.. other points as recommended from time to time</p> <p><b>Other items to be included as requested from time to time</b></p>			
Referees Examination Papers	<p>Members were requested to visit the website to review the document and make appropriate suggestions so that the Questionnaire can be ready within the next 4 weeks. (URGENT)</p> <p>Dr Al Jarmal and M. Shoukry requested an electronic copy be sent to them.</p>	1	16.10.13	C
Competition Bibs	<p>It was reported that no appreciable solution has been found regarding the supply and/or provision of a successful product. The Chairman requested all members to investigate this matter within their own countries.</p>	1	16.10.13	P
Oscillation of the Bar (Experiment)	<p>It was reported that the final data from the Uesaka Co on the matter had not been received. The Chairman to make contact with Mr. Tadamasa Uesaka.</p>	1	16.10.13	P
30 Kg Disc (Introduction)	<p>The Committee discussed the introduction of the new equipment and following a presentation by Attila Ádámfi on the matter it was determined to defer the item pending discussions with the 5 manufacturing companies.</p>	1	16.10.13	P



<b>Program</b>	<b>Decision</b>	<b>Meeting</b>	<b>Date</b>	<b>Status</b>
Competition Outfit (Clarification)	Reiko Chinen made a presentation by Power Point posing a number of questions and answers. The Committee agreed it was a useful resource which should be vetted for English expression before being used as an education program.	1	16.10.13	<b>P</b>
Jury Regulation (Misloading of the Barbell)	Reiko Chinen requested modification to some of the regulations regarding the Jury responsibilities and made a Power Point presentation. The Committee after discussion decided to not alter the current regulations, however, any suggestions for future amendments should be referred to a small commission of 3 Committee members, yet to be named, for consideration and possible adoption.	1	16.10.13	<b>P</b>
TO Power Point	Reiko Chinen with assistance from the Chairman, Steve Cannon and Moira Lassen to review and update the TO Power Point.	1	16.10.13	<b>C</b>
Electronic Change of Weights System	Róbert Nagy reported on the status of the project. An additional computer with Radio transmitting input/output and 18 hand held equipment items like a smart phone would be required for the new system. He further made a Power Point presentation simulating the Manual, Semi-Automatic and Automatic version of the system stating that the software is now completed except for additional data items identified by the Committee members to include or exclude from the log and other items as required. Attila Ádámfi stated that the system will be posted on the Technical Committee website and requested all members to check this and make appropriate contribution as requested. The Chairman congratulated Robert Nagy for his work. The item was deferred to the next meeting of the Committee.	1	16.10.13	<b>P</b>
World Championships Restructure	Following discussion it was agreed to defer this item pending the appointment of a composite Commission with 3 persons from each of the 3 Committees with assistance from the IWF staff and the President who would chose the Chairman and determine the timeline for meetings and places.	1	16.10.13	<b>P</b>
Index of TCRR	The Committee agreed that such index should be produced in booklet form. The Chairman to contact Pedro Sanchez, the original author, to assist with the review and update of the document. Questioned by Dr. Al Jarmal regarding the importance of having the TCRR translated in 5 languages Attila Ádámfi reported that such program is underway presently.	1	16.10.13	<b>P</b>

<b>Program</b>	<b>Decision</b>	<b>Meeting</b>	<b>Date</b>	<b>Status</b>
Roles and Responsibilities –Update	The Chairman undertook the responsibility to review and update the Booklet ready for reprint as current supply is at an end.	1	16.10.13	<b>P</b>
Bodyweight Categories – Review	The Committee agreed that the review and possible introduction of an extra bodyweight category for female and the review of all bodyweight categories should aim for inclusion in the 2020 Olympic Program. The new version of bodyweight categories should start implementation as from 2017 after receiving an assurance from the IOC that such will be accepted. The item was deferred to the next meeting of the Committee but in the meantime a composite Commission should be appointed with 3 persons from each of the 3 Committees with assistance from the IWF staff and the President who would choose the Chairman and determine the timeline for meetings and places.	1	16.10.13	<b>P</b>
Technical Officials Pathway	The Chairman stated clearly being disappointed at the lack of progress in the establishment of a meaningful TOs Pathway and Promotion due to a number of issues. He proposed to meet and discuss the matter with the President and report back to the next meeting of the Committee.	1	16.10.13	<b>P</b>
Technical Committee Membership	The Chairman highlighted the fact that the Oceania Continent was not represented in the Committee and whilst respecting the will of the National Federations at the Electoral Congress he nevertheless requested the Committee members to consider the situation. The Rules permit the Chairman to invite experts as observers in a consultative capacity and if it was deemed necessary such invitation could be extended to Pedro Sanchez of Australia to be seconded so he can assist in his capacity as a computer expert, particularly when discussing the Electronic Change of Call System. The Committee was unanimous in this proposal and recommended to the Executive Board to allow the Chairman to issue such invitation to Pedro Sanchez for an indefinite period through the IWF without voting rights or receipt of any financial assistance.	1	16.10.13	<b>P</b>

<b>Program</b>	<b>Decision</b>	<b>Meeting</b>	<b>Date</b>	<b>Status</b>
TO Appointment at IWF Events – Priority	The matter of the Technical Committee members having first priority to be appointed as Technical Officials was agreed in principle by the Committee. The Chairman was requested to consult the Executive Board in this matter	1	16.10.13	<b>P</b>
TO Appointment at IWF Events – Per Diem	A request by Dr. Al Jarmal to have the matter of granting a <i>per diem</i> to appointed Technical Officials and Doctors on Duty during the World Championship was rejected by the President on financial reasons.	1	16.10.13	<b>C</b>
Review of Bodyweight Categories	A work in progress. The item was deferred pending the release of the IOC Agenda 2020 which reviews the Olympic Charter, Sport Program and Sport Composition.	2	17.06.14	<b>P</b>
Age Limit – Rule	The Committees is strongly of the view that there should be no relaxation of the rule on this subject and recommends that a strongly worded letter should go to Continental and Regional Federation stating that the IWF will not tolerate having athletes under the attained age of 13 years competing at International Events.	2	17.06.14	<b>C</b>
Bodyweight Advantage in Classification	The paper introduced by Chairman Coffa will be the subject of further consultation and discussion.	2	17.06.14	<b>P</b>
Attendance at Meetings	It was recorded that Sonny Kasiran was absent at two meeting without valid Reason. The matter was referred to the Executive Board for proper action.	2	17.06.14	<b>A</b>
Barbell Loading Management	President of Juries and Technical Controllers be mandated to order that beyond a certain weight all discs be loaded inside the collars.	2	17.06.14	<b>C</b>
TCRR Index	The Committee resolved to not progress this matter further at this time.	2	17.06.14	<b>C</b>
Oscillation of the Barbell	The experiment carried out by the Uesaka Co was completed proving that bars can withstand oscillation. Mr. Tadamasa Uesaka will be thanked for his services and his interest.	2	17.06.14	<b>C</b>
Electronic Change of Call	The item was deferred to the next meeting of the Committee and in the meanwhile additional work will be carried out.	2	17.06.14	<b>P</b>
IWF Technical Officials Power Point	R. Chinen reported having completed updates which now await final coordination before being posted on the website.	2	17.06.14	<b>P</b>
Roles and Responsibilities	The update is complete. A final review will take place and will be presented at a	2	17.06.14	<b>P</b>

<b>Program</b>	<b>Decision</b>	<b>Meeting</b>	<b>Date</b>	<b>Status</b>
Booklet –Updated Version	future meeting.			
IWF Technical Officials Examination Questionnaire	The Committee recommended that the passing percentage be rounded off. For example 89.74%=90%; 89.45%=89%	2	17.06.14	<b>C</b>
Technical Officials Pathway	The Committee is concerned that a meaningful pathway for TO is becoming more difficult with each year that goes by. MFs refuse to nominate female officials and also younger officials for Youth and Junior events. The Chairman to discuss this matter with the President and the Director General.	2	17.06.14	<b>P</b>
Appointment of TOs to IWF Events	This matter is to be discussed with the President and the Director General.	2	17.06.14	<b>P</b>
Bandages/Tapes	The Committee unanimously agreed to recommend that item 4.4.1.3 of the TCRR be deleted as it has become irrelevant.	2	17.06.14	<b>C</b>
Continental, Regional and National Federations- Adherence to IWF TCRR	Continental, Regional and National Federations must be reminded that a condition of membership of the IWF is acceptance and adherence to the Constitution and By-laws as well as the TCRR and any deviation will be viewed and dealt with harshly by the Executive Board.	2	17.06.14	<b>C</b>
Continental Federations – Funding Condition	The Committee recommends that as a condition of funding Continental Federations must be made to organize and conduct Technical Courses and/or refresher courses utilizing the expertise of the members of the IWF Technical Committee or other Experts as appointed by the IWF.	2	17.06.14	<b>C</b>
Technical Officials Uniform	The Chairman stated his concern at the cost and time involved in the purchase of uniform items. The matter to be further investigated.	2	17.06.14	<b>D</b>
Disabled Athlete-Visually Impaired/Dropped Foot etc.	The TCRR to be relaxed in the case of visually impaired athletes and allow an accompanying person to go on the platform. Other matters were referred to the Medical Committee.	2	17.06.14	<b>C</b>
TCRR Review Commission	Moira Lassen, Reiko Chinen and Pedro Sanchez were appointed as members of the Commission	2	17.06.14	<b>C</b>
Equipment Audit Group	Reiko Chinen, Aldo Radicello and Diego Martinez were appointed to the group.	2	17.06.14	<b>C</b>
Disciplinary Procedure – S Kasiran	A letter of apologies was received with assurance the breach will not occur again. No action taken, S. Kasiran was reinstated.	3	04.11.14	<b>C</b>

<b>Program</b>	<b>Decision</b>	<b>Meeting</b>	<b>Date</b>	<b>Status</b>
Barbell Specifications	Rim and disc width have been added to the current TCRR as specifications.	3	04.11.14	<b>C</b>
Technical Officials Uniforms	Given the difficulties and costs involved at the recommendation of the Chairman the new TO Uniform will consist of Dark Blue Jacket and Pants/Skirt and White Shirt. Ties and Scarves and Badges to be supplied by the IWF.	3	04.11.14	<b>C</b>
TCRR Review Commission	R. Chinen was appointed as Coordinator of the Commission.	3	04.11.14	<b>C</b>
Selection and Appointment of TOs to IWF Events and Pathway	Chairman Coffa presented alarming details and statistical data supporting the argument that not enough is being done to encourage a meaning pathway and too many TOs are being appointed 4-5 times per year. A new draft Appointment Policy was introduced and members were asked to comment and make suggestions.	3	04.11.14	<b>P</b>
Bodyweight Advantage in Classification	Input from many individuals is being received. The Committee agreed to continue discussion.	3	04.11.14	<b>D</b>
Technical Officials Per Diem	The President, Dr. Tamas Ajan, stated that as from 2015 the IWF will provide \$30.00 per competition day to all appointed TOs to World Events Championships. The news was well received.	3	04.11.14	<b>C</b>
Technical Officials Power Point	The Power Point is now completed with the text and content having been vetted for English and accuracy. R. Chinen, the author, urged that such be available on the website urging everyone to promote this work.	3	04.11.14	<b>C</b>
Technical Officials Examination Questionnaire	The Questionnaire requires corrections as a result of minor modification. R Chinen undertook to make such modification. In future such minor modification will be made without reference to the Technical Committee.	3	04.11.14	<b>C</b>
Competition Uniform	The Committee determined that the unitard can be one or two pieces and can be worn separately. The Committee determined that athletes suffering from loss of hearing are allowed to wear such hearing aids or such electronic medical implements whilst competing on stage provided that such do not assist athletes during the execution of a lift.	3	04.11.14	<b>C</b>
Video Playback Technology	Chairman Coffa strongly advocated consideration be given to the introduction of video playback technology on the Jury table to assist in minimizing technical errors. The Committee agreed to proceed with the deliberations.	3	04.11.14	<b>P</b>
Electronic Change of Call	The latest update version clearly indicated the capacity of the program.	3	04.11.14	<b>P</b>
TV Graphics	A.Adamfi presented a template of TV Graphics. Members to raise points of view	4	04.04.15	<b>P</b>

<b>Program</b>	<b>Decision</b>	<b>Meeting</b>	<b>Date</b>	<b>Status</b>
Absenteeism	As a result of continuous absenteeism by three members of the Committee it was recommended that they be written to and requested to reconsider their position regarding membership of the IWF Technical Committee.	4	04.04.15	<b>A</b>
Vale Dr. Mahmoud Shoukry	The President commented on the sad loss of our dear colleague and friend, Dr. Mahmoud Shoukry. The Committee observed a minute silence in his memory. The Committee proposed to the EB/Congress to not conduct a special election for the vacant position given the proximity of the next quadrennial election	4	04.04.15	<b>C</b>
TCRR Update	R. Chinen spoke on the summary of submission received. Further submissions will be logged as they come to hand.	4	04.04.15	<b>O</b>
Technical Officials Uniform	The Technical Officials Uniform policy was accepted. The introduction of the new uniform will be compulsory at the end of 2016.	4	04.04.15	<b>C</b>
Appointment of Technical Officials	The Technical Officials Appointment Policy was approved. The Committee requested that such policy be uploaded to the website and Member Federations be informed.	4	04.04.15	<b>A</b>
Bodyweight Advantage in Classification	The Committee was in agreement to change the current rule and recommended that the item be referred to the list of proposed TCRR changes for review.	4	04.04.15	<b>A</b>
Video Playback Technology	Attila Adamfi reported on the item and after discussion the Committee agreed to pursue investigations. The Chairman to write a draft version of the protocol required.	4	04.04.15	<b>P</b>
Touching the Head with the Bar	The Committee agreed that the current rule (2.5.2.2) remain in place but that such be listed for review and further clarification.	4	04.04.15	<b>A</b>
Age Group Categories	D. Martinez proposal was referred for review at the appropriate time.	4	04.04.15	<b>A</b>
TC Members	D. Martinez proposal to grant TC Members first right of Appointment was not approved. The Chairman proposal to review the composition of the Technical Committee relative to Continental representation was referred for listing in the proposed TCRR changes and review.	4	04.04.15	<b>A</b>
TO Handbook- Roles and Responsibilities	The second edition of the booklet was presented to the members who complimented the work and agreed to its publication. The work will be posted to the website as well the Committee requested the Executive Board to consider favourably the printing of a number of copies for distribution.	4	04.04.15	<b>A</b>
Electronic Change of Call	Members of the Coaching and Research Committee were invited to the meeting for the update of this program. A. Adamfi and Z. Veres presented the report and much spirited discussion took place. The Committee determined to continue working on this project with a view to make some testing at	4	04.04.15	<b>P</b>

<b>Program</b>	<b>Decision</b>	<b>Meeting</b>	<b>Date</b>	<b>Status</b>
	management level at the 2016 Youth World Championships.			
IWF Short Sports Presentation	A report by A. Adamfi that the IWF has requested a company to quote for such project received favourable comments.	4	04.04.15	<b>A</b>
IWF World Weightlifting	R. Chinen requested consideration that a version of WW go on line. A. Adamfi stated that the IWF is already looking at this matter	4	04.04.15	<b>A</b>
TO <i>Per Diem</i>	A.AI Jarmal proposed that the IWF Executive Board be requested to consider adding to the conditions of funding to CF to provide to the appointed TOs serving at Continental Championships a <i>per diem</i> .	4	04.04.15	<b>A</b>

**Legend:**

**A For Action**

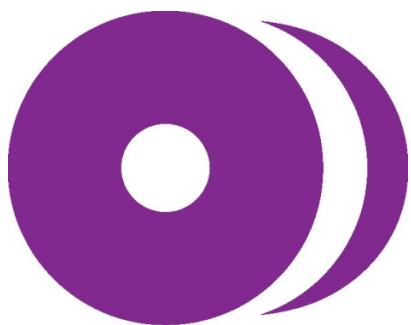
**P In Progress**

**O Ongoing**

**D Deferred**

**R Referred**

**C Completed**



**IWF**

INTERNATIONAL  
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COACHING &  
RESEARCH  
COMMITTEE  
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Dear Delegates,

First of all, let me thank to the President, General Secretary and the Executive Board members for the trust and support during the second year of my activity as a Chairman.

I also wish to thank to the members for the great job they have been doing during the last meetings, let me mention them one by one: Mr. Lyn Jones (AUS), Mr. Kyle Pierce (USA), Mr. Nippon Limboonsuebsai (THA), Mr. Milan Mihajlovich (SRB), Mr. Stefan Korpa (SVK), Mr. Byung Kwan Chun (KOR), Mahmoud Kamal Mahgoub (EGY) Mr. Mohamed Ben Amor (TUN), Mr. Salih AL-KHALIDI (IRQ), David Riegert (RUS). Ms. Eva Moska has been keeping the CRC in her Secretary position.

This year was a very fruitful one for the Coaching and Research Committee. As you may be aware, the IWF CRC is currently working on the full IWF Coaching Education program, which will incorporate IWF coaching certification at three levels. The CRC decided to cut the numbers or maximum put in brackets and use only the name of the level just to avoid the confusion.

- ***Club Level Coach (Level 3)***
- ***National Level Coach (Level 2)***
- ***International Level Coach, Top Coach (Level 1)***

The IWF CRC is in the process of implementing a plan to hold Club Coach level courses in all Continents. To this end, a Train the Trainers Workshop to train course presenters was held to ensure standardization. The Club Coach Manual with videos and Power Point presentations has been produced for the Level 3 certification. The Level 2 Manual has been completed and published and the other course materials are in production. The Level 1 Manual is a work in progress, which is hoped to be completed soon.

Based on the IWF Club Coach Manual, Mr. Lyn Jones and Mr. Kyle Pierce (CRC Members and authors of the IWF Club Coach Manual) ran a workshop to prepare the future lecturers of the IWF Level 3 Coaching courses. The main aim was to standardize the content and the material of the future courses.

Invited experts representing the five continents:

- Mr. Alamsyah Wijaya (INA)
- Dr. Aphinya Dattuyawat (THA)
- Mr. Aveenash Pandoo (RSA)
- Mr. Carlos Mora (ECU)
- Mr. Khaled Korany (EGY)
- Dr. Kyle Pierce (USA) – CRC
- Mr. Luis Rosito (GUA)
- Mr. Lyn Jones (AUS) – CRC

- Mr. Ma Wenhui (CHN)
- Mr. Michael Keelan (AUS)
- Dr. Milan Mihailovic (SRB) – CRC
- Dr. Milan Sedliak (SVK)
- Mr. Mohamed Ben Amor (TUN) – CRC
- Mr. Taisto Kuoppola (FIN),
- Mr. Trent Dabwido (NRU)
- Mr. Tamas Feher (HUN)

Special Guest:

Mr. Yassine Yousfi, Senior Manager – Coaches Section, IOC Olympic Solidarity who appreciated very much the efforts of the IWF in launching this Coaching Education Program.

Technical part:

Presentations on the various curriculum subjects by Mr. Pierce, Mr. Jones and Mr. Michael Keelan (AUS & co-author of the manual). The available videos and Power point presentations relevant to the various subjects were included.

Open discussions on:

- Additional resources required enhancing delivery of the Course – suggestions included Sequence Photos and videos of top class lifters illustrating excellent technique.
- Costs of the course – costs to developing countries could not be the same as developed. Also this course would be delivered through IOC Solidarity so costing in this instance is different.
- A section on IWF Competition rules should be included – the CRC will liaise with the IWF Technical Committee on this issue.
- Evaluation of course candidates was discussed and Mr. Pierce presented a multiple-choice questionnaire (120 questions), which could be used as an examination for candidates. 50 selected questions would be used on each course to deflect coercion. The individual presenters could do practical evaluation of candidates – guidelines will be produced.
- The inevitable pirating of the course materials on the Internet was discussed at length but the conclusion was that very little could be done about it. However, the qualification and certification could only be gained if individuals attend and succeed in an approved IWF course.
- The interaction and networking between the participants was an enormous benefit to all. Everyone appeared to enjoy the workshop and we are now in a position to launch the IWF Club course successfully in the five continents. There are obviously some issues to be worked out but there appear to be no major obstacles to the venture.

Furthermore, the CRC members are working hard on the last manual for coaching Elite athletes. The main goal is to have Coaching Courses run in all continents by IWF certified lecturers, so after the introduction of the Club Coach course we are planning to organize further Train the Trainers Workshops also for the other two levels.

An online platform for Coaching Education – **Website for Weightlifting Coaches' Community** (accessible for everybody) will be introduced and launched shortly, which will be available on PC or mobile phone.

Main topics: Database of the licensed lecturers, Coaching database, Courses database, Calendar with events all around the world, Manuals – Online learning, Online tests, Interactive website

The three Manuals will be available on mobile phones/tablets (through Apps store, etc.).

*Thank you for your attention.*

***Major General Intarat Yodbangtoey***



**IWF**

INTERNATIONAL  
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MEDICAL  
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2015



Dear Member Federations, Dear Congress Delegates,

The Medical Committee had two very fruitful meetings during this last period.

1. The first meeting was held in **Almaty, KAZ** during the 2014 IWF World Championships where the MC discussed the following points:

- ✓ Activity of the MC members
- ✓ Preparations for Houston, TX
- ✓ Close coordination with the Technical Committee – Possible TCRR modification
- ✓ Weightlifting Specific injuries, “Weightlifter’s Blackout”-phenomenon and the treatments
- ✓ Approval of the minutes of the Lausanne meeting
- ✓ Approval of the Medical Manual
- ✓ Approval of the Needle Policy to be effective as of the 1st January 2015,
- ✓ Other guidelines
- ✓ Injury reports – past years
- ✓ Nutritional supplements
- ✓ Female Hyperandrogenism Policy
- ✓ Underage (u13) Athletes to compete on international competitions.
- ✓ DODs and MC members will help to the ADC with intelligence sources.
- ✓ “Gender Change Policy”.

2. The second meeting was held in **Lima, Peru**.

The following topics were discussed during the meeting:

- ✓ Activity of the MC members
- ✓ Approval of the Minutes of the previous meeting (4.11.2014. Almaty, KAZ)
- ✓ Finalization of the Medical Manual
- ✓ Discussion regarding the proposed TCRR modification in case of serious injuries when the Athlete wishes to continue the competition
- ✓ Draft "Gender (Change) Policy"
- ✓ Discussion regarding the Athletic Heart
- ✓ Information on the Anti-Doping Commission Activity
- ✓ Discussion regarding the ongoing research projects and current medical topics
- ✓ Communication strategy for the “IWF Needle Policy”
- ✓ TO Appointment Policy
- ✓ An idea about a Medical Conference in Houston during the WWC was raised and discussed.
- ✓ Medical related education (like OTIPS)

I wish to thank the President and the Executive Board for their great support and to the Members of the IWF Medical Committee for their valuable work during these last 12 months.

***Dr. Irani***  
***MC Chairman***