

## MEDICAL COMMITTEE REPORT



*Dr. Magdolna Trombitás*  
on behalf of  
*Dr. Michael Irani*  
MC Chairman

## LIMA MEETING SUMMARY



### Finalisation of the **Medical Manual**

Practical guideline to help the IWF Event organisers

- Venue layout
- Medication list
- IWF forms



## NO NEEDLE POLICY



The following IWF Events are

**“needle-free”**

for all participating athletes (“Athletes”).

- **IWF World Championships;**
- **Continental Olympic Qualification Events,**
- **IWF Grand Prix**



## WORK AHEAD



- **Research** project and cooperation with other Medical Committees

### WARNING TO THE CONTINENTAL FEDERATIONS

- Elaboration of the **Sexual Reassignment Policy**
- **Athletic heart** screening in weightlifting



## THERAPEUTIC USE EXEMPTIONS



Athletes may have an **illnesses** or **condition** that requires the use of medication listed on the Prohibited List.

IWF can grant a therapeutic use exemption (TUE) in these situations

**WEBSITE - FORM**  
**ANTI-DOPING POLICY**  
e-mail: [tue@iwfnet.net](mailto:tue@iwfnet.net)



## INJURY STATISTICS IC – 2014



*by Dr. Dominik Doerr*

	JWC KAZAN	CG GLASGOW	YOG NANJING	WWC ALMATY	YWC LIMA
Competing athletes	230	230	103	526	180
Injuries	6	3	1	20	3
Injury rate (%)	2,6	1,3	0,97	3,8	1,7

***Thank you for your attention!***

