

## IWF CRC Report



## Coaching Education – Levels,

- As you may be aware, the IWF CRC is currently working on the full IWF Coaching Education program, which will incorporate IWF coaching certification at three levels. The CRC decided to cut the numbers or maximum put in brackets and use only the name of the level just to avoid the confusion.
- **Club Level Coach (Level 3)**
- **National Level Coach (Level 2)**
- **International Level Coach, Top Coach (Level 1)**
- The IWF CRC is in the process of implementing a plan to hold Club Coach level courses in all Continents. To this end, a **Train the Trainers Workshop** to train course presenters was held to ensure standardization.

## Coaching Education -Workshop

- **Invited Experts:**
- Mr. Alamsyah Wijaya (INA)
- Dr. Aphinya Dattuyawat (THA)
- Mr. Aveenash Pandoo (RSA)
- Mr. Carlos Mora (ECU)
- Mr. Khaled Korany (EGY)
- Dr. Kyle Pierce (USA) – **CRC**
- Mr. Luis Rosito (GUA)
- Mr. Lyn Jones (AUS) – **CRC**
- Mr. Ma Wenhui (CHN)
- Mr. Michael Keelan (AUS)
- Dr. Milan Mihailovic (SRB) – **CRC**
- Dr. Milan Sedlak (SVK)
- Mr. Mohamed Ben Amor (TUN) – **CRC**
- Mr. Taisto Kuoppola (FIN)
- Mr. Trent Dabwido (NRU)
- Mr. Tamas Feher (HUN)

## Coaching Education - Workshop

- **Special Guest:**  
Mr. Yassine Yousfi, Senior Manager – Coaches Section, IOC Olympic Solidarity.
- **Technical part:** presentations on the various curriculum subjects by Mr. Pierce, Mr. Jones and Mr. Michael Keelan (AUS & co-author of the manual). The available videos and Power point presentations relevant to the various subjects were included.

## Coaching Education – Workshop

- **Open discussions:**
- **Additional resources required** enhancing delivery of the Course – suggestions included Sequence Photos and videos of **top class lifters illustrating excellent technique**.
- **Costs of the course** – costs to developing countries could not be the same as developed. Also this course would be delivered **through IOC Solidarity** so costing in this instance is different. The costing of the course has to be worked out.
- A section on IWF Competition rules should be included – the CRC will liaise with the IWF Technical Committee on this issue.
- Evaluation of course candidates was discussed and Mr. Pierce presented a multiple-choice questionnaire (120 questions), which could be used as an examination for candidates. 50 selected questions would be used on each course to deflect coercion. The individual presenters could do practical evaluation of candidates – guidelines will be produced.
- The inevitable pirating of the course materials on the Internet was discussed at length but the conclusion was that very little could be done about it. However, the qualification and certification could only be gained if individuals attend and succeed in an approved IWF course.

## Coaching Education – Workshop

- The interaction and **networking** between the participants was an **enormous benefit** to all. Everyone appeared to enjoy the workshop and hopefully we are now in a position to **launch the IWF Club course successfully in the five continents**. There are obviously some issues to be worked out but there appear to be no major obstacles to the venture.
- **Special thanks for the organization and setting up of the Workshop:**
- Mr. Stephan Korpa, Slovakian National Coach and **CRC** member.
- Mr. Jan Stefanik, Slovakian Weightlifting Federation.

## Internet for coaching education



- Internet for coaching education – Plan to be elaborated
- Coaching Education – Website for Wl. Coaches' Community
- Available on PC or mobile phone
- From [www.iwf.net](http://www.iwf.net) would be available.
- First licensed lecturers
- Coaching database
- Courses database, etc.
- Calendar with events all around the world
- Manuals – Online learning
- Online tests
- Interactive website