



**MEDICAL COMMITTEE
ANNUAL REPORT
Soeul, Republic of Korea – 17th November 2009**

Dear President, Dear General Secretary,
Colleagues,

On behalf of the Medical Committee consisting of: Dr. Hasan Akkus (TUR), Dr. Michael Irani (GBR), Dr. Asghar Shahabi (IRI), Dr. Jaroslaw Krzywanski (POL), Dr. Richard Herrick (USA), Dr. Dogan Atlihan (TUR), Dr. Parameth Ladpli (THA), Dr. Wing Yuk Ip (HKG), Dr. Lisimoni Kami (TGA), Dr. Maria Dolores Rubio (ESP), Dr. Carmelo Ciotta (ITA)

1. Opening of the meeting:

Dr. Akkus welcomed all participants.

Roll call (please see above).

2. Summary of Medical Committee activities term of 2004 – 2008:

Dr. Barak emphasized the importance of teamwork within the MC.

Underlined that the initiatives presented to the EB and the Congress – by MC and especially Dr. Irani, Dr. Dörr, Dr. Herrick – were very well received, implemented and further developed.

Suggested that Chairman adopts this approach – to be open and share information with all members and NFs.

Regarding TUEs Dr. Barak highlighted the hardships he had faced during the previous four years and emphasized the importance of education.

Dr. Akkus emphasized that it was important to share information and experiences with the former Chairman.

3. Information by the Organizers on the medical care:

Dr. Choi, OC Medical responsible gave a presentation on the medical facilities and preparedness of the Organizing Committee.

Dr. Irani raised the following issues:

- everyone shall be scanned by thermal cameras
- in case the H1N1 virus is detected on someone, the person shall be hospitalized and isolated
- permission is needed from the competitor to be tested for the virus.

Dr. Dörr explained that high temperature does not necessary signify the presence of H1N1. However he noted that testing for the virus is necessary.

Barak – we shall take care of the competitors and the officials and not the spectators.

Dr. Dörr proposed that the IWF may only advise the medical doctors of the NFs concerned to scan the Athletes for the virus.

The Members decided that at the Congress all NFs shall be informed that they will be scanned but it's their responsibility to report it to the IWF MC if anyone is showing the virus symptoms.

Training and warm up bars shall be cleaned regularly.

4. Questions and answers regarding blood sample testing at the WWC:

Dr. Dorr informed the MC that Dr. Agnes Tiszeker head of the Hungarian NADO who will lead the DCO team at the WWC will give detailed information to the Congress on the blood testing, therefore he only underlined that all will comply with the WADA standards.

Further Dr. Dorr presented the Injury-Illness report from 2002-2008 and 2006-2009. Members discussed injuries by competition, age, gender and related circumstances.

Dr. Dörr gave a presentation on how to avoid injuries in weightlifting.

Dr Dörr gave another presentation on HGH testing and new substances (SARM, Geref).

He emphasized the utmost importance of confidentiality in doctor-patient relation.

5. Rights and responsibilities of Doctors on Duty at the venues:

Amendment of Article 7.9.2 of the TCR: "DOD shall be present on the start of the warm-up at the competition venue until the end of the competition".

Two DoDs sharing the same opinion shall go to the President of the Jury in case they think the Athlete should stop competing for medical reasons.

The Members decided that to Article 4.4.9 of the TCR, ankle shall be added.

IWF WEBSITE project was presented. MC agreed to have an Archive folder and that they would upload all meeting materials each year.

Also, the Joint folder and the Forum will be added.

6. Research projects for the next Olympic Cycle – brainstorming and allocation:

- a. CRC Draft - Coaching Manual was presented briefly by the Chairman and further proposal to construct an MC manual as well in the near future.
- b. Dr. Akkus suggested the preparation of a book dealing with health issues. He recommended it to cover the following subjects:
 - physiological effect of warming up
 - cool down
 - supplement using
 - injuries
 - prevention

- etc.

Topics will be allocated to Members and put together later.

By the end of December the titles and items shall be prepared.

Before the JWC prepare the draft book.

- c. Dr. Dogan initiated a discussion on how to check the real date of birth of the Athletes.
MC members all agree that the detection of real age of Athletes is very difficult and there is no better option for it than checking official documents as proofs identity.
- d. Dr. Ungar gave information on
 - the visit on Mr. Kelly Fairwaether, WADA IF Director at the IWF
 - on launching ADAMS, and
 - special OG qualification rules.
- e. Dr. Irani proposed a research to be made on hymateria.
- f. Chairman suggested the collection of fingerprints or retina scanning for the better identification of Athletes.

7. WADA 2010 – Prohibited List:

Discussion about the actual modifications.

8. Transgender issues – gender testing:

Members suggested the involvement of the doctors of Member Federations, thus having more information and a more effective work.

The Members also suggested the inclusion of the following question to the entry form.

“Are there any congenital condition issues (e.g. age or gender) related to the athlete you are entering into the competition?”

YES / NO

If yes, please specify (please attach medical documentation)

9. Strap using for handicapped lifters’ – MLT request:

Members agreed that it is not allowed.

10. Impact and development of women in weightlifting:

Agenda 15 – linked with Agenda 12 – gender.

11. The IOC Consensus Statement on Periodic Health Evaluation of Elite Athletes:

Members agreed to continue monitoring the health of our athletes.

12. Any other matter:

- Technical rule – not enough to clean the barbell the magnesium shall be cleaned as well (Hasan example from Poland!) – Technical Controller shall check and make the athlete put plaster on the body part.
- TC shall decide on the procedure – 2 Technical controllers and 2 DoDs can decide. Proposal to change the rules.
- Change of the rule:
No athlete can go up on the platform with bloody hand.
Technical Controller has to see when the athlete is leaving the warm-up – in case there is a problem, they shall call the DOD to put bandage on the athlete.
- Rules regarding the clock need to be implemented.

As chairman of the MC I highly appreciate the efforts and contribution made by my MC Members.

Regards,

Dr Hasan Akkus
MC Chairman