

IWF Technical Committee PowerPoint

‘Referee’



**Referees must concentrate
on their main task,
“Adjudication of the lifts”,
But there is more...**

A Referee group at IWF Event (7.7.2)

- Centre Referee
- 2 Side Referees
- 1 Reserve Referee

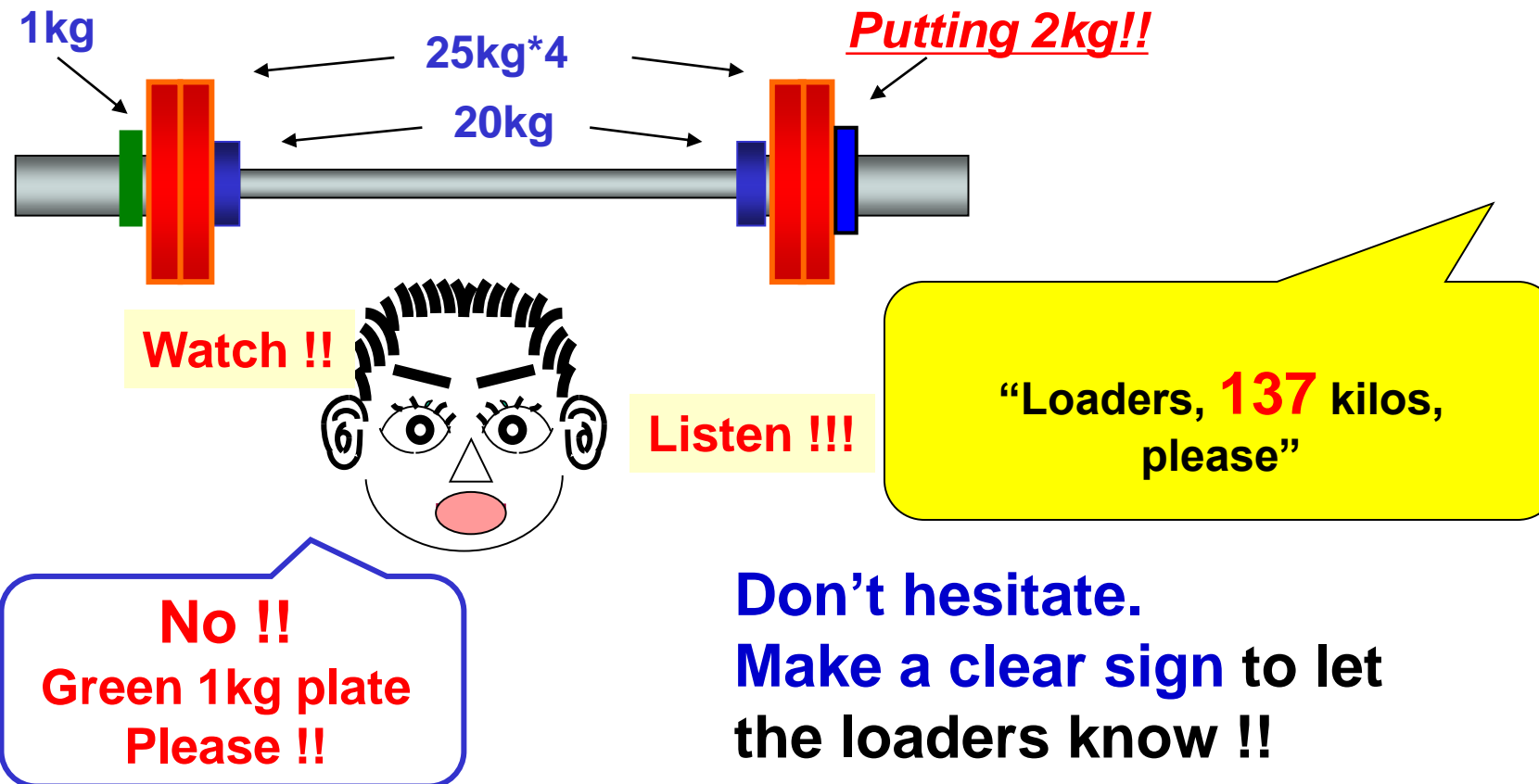
NOTE:

- Referees in each group must **rotate** positions
- Each Referee group must have **2 women** and **2 men**



Before each attempt... (7.7.4)

Check and **make sure** the weight announced by the **Speaker** is correctly **loaded on the bar**.



No !!
Green 1kg plate
Please !!

Don't hesitate.
Make a clear sign to let
the loaders know !!

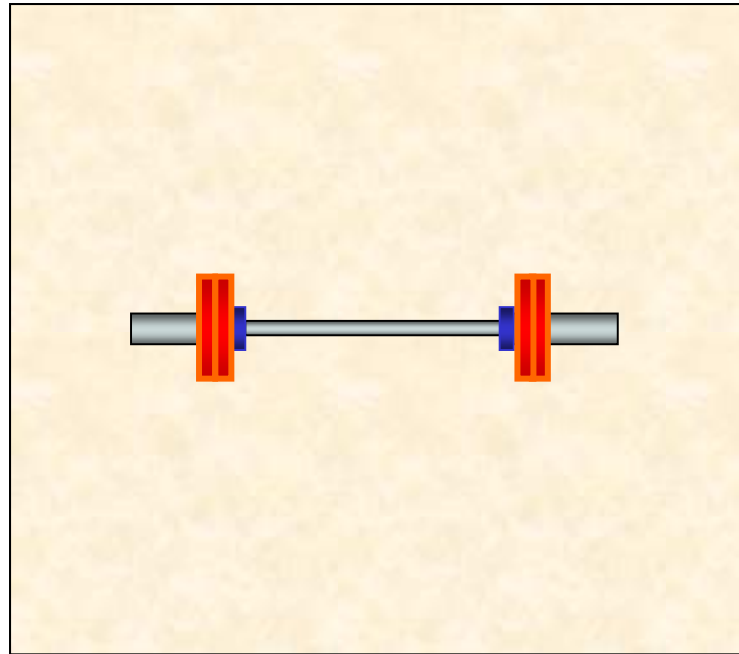
“Loaders, **137** kilos,
please”

If the Barbell is not set on the centre of the Platform...



Sure!!

Put the barbell on the centre please !!



Centre Referee can see easily.

Ask Loaders to move it to the centre.

When Referees see blood on the bar...

- Request the **Loaders** to clean the Bar.
- If the **Loaders don't understand** what you are telling them, you must report it to the **Technical Controller** or **Jury Members**.

Gestures will make you more **easily** understood.

e.g. Pointing out your shin with scratching gesture



Incorrect Movements

(for all lifts)

- **Pulling from the hang (2.5.1.1)**
- **Touching the platform with any part of the body other than the feet (2.5.1.2)**
- **Pause during the extension of the arms (2.5.1.3)**
- **Finishing with a press-out (2.5.1.4)**
- **Bending and extending the elbows during the recovery (2.5.1.5)**
- **Leaving the competition platform or touching the area outside the competition platform (2.5.1.6)**
- **Dropping the barbell from above the shoulders (2.5.1.7)**
- **Failing to replace the complete barbell on the competition platform (2.5.1.8)**
- **Not facing the Centre Referee at the beginning of the lift (2.5.1.9)**
- **Releasing the barbell from an incomplete position (2.5.1.10)**
- **Touch the barbell with his / her footwear (2.5.1.11)**



Incorrect Movements

(for Snatch, Clean, and Jerk)

Snatch

- **Pause during the lifting of the barbell (2.5.2.1)**

Clean

- **Resting or placing the barbell on the chest before its final position (so called “double clean” or “dirty clean”, 2.5.3.1)**
- **Touching the thighs or the knees with the elbows or the upper arms (so called “elbow touch”, 2.5.3.2)**

Jerk

- **Any apparent effort to jerk which is not completed; including, lowering the body or bending the knees (2.5.4.1)**
- **Any deliberate oscillation of the barbell to gain advantage (2.5.4.2)**



Remember definitions

- **Pulling from the hang (2.5.1.1)**

“ Stopping the upward movement of the barbell during the pull “

- **Press out (2.5.1.4)**

“ Continuing the extension of the arms after the athlete has reached the lowest point of his/her position in the squat or split for both the Snatch and the Jerk “



During the execution of a lift

If you see a fault or incorrect movement,

Press **Red** immediately after the incorrect movement

- Pulling from the hang
- Elbow touch
- Pressing out
- Oscillation etc.

If No Lift, the **sooner** the **better** to save the Athlete's energy.



Oscillation (2.5.4.2)

The athlete must become motionless before starting the Jerk

Press Red, if you see;

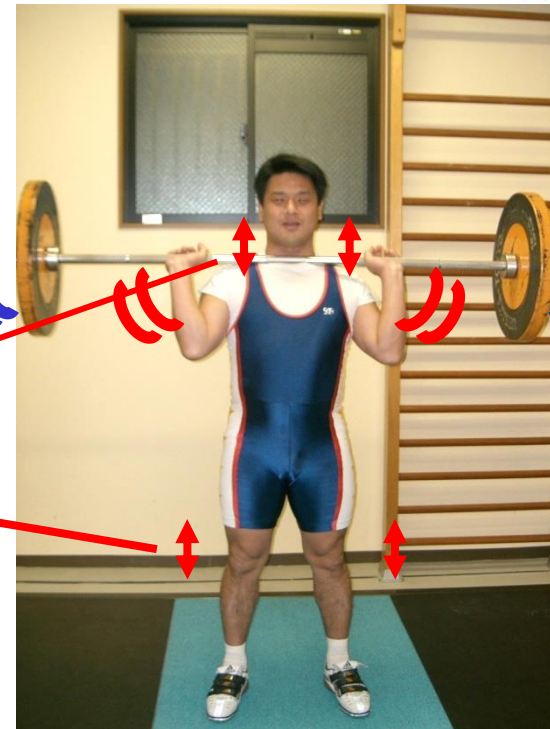
Shaking arms, shoulders

Repeated slight knee bending

But,

Oscillation is **different** from the bar's **natural bending** movement.

If the **athlete** is **motionless**, **no problem!!**



Case by case: Incomplete Movements /Positions

- Uneven or incomplete extension of the arms at the completion of the lift. (2.6.1)
Immediately, **No Lift.**
- Failing to finish with the feet and the barbell in line and parallel to the plane of the trunk. (2.6.2)
- Failing to fully extend the knees at the completion of the lift. (2.6.3)
If the athlete **lowers barbell** with these incomplete positions, **No Lift.**



During the execution of a lift

Referees must **watch carefully** until the Athlete becomes **motionless** in all parts of the body.

- Arms and legs are fully **extended**
- Feet and barbell are **in line** and **parallel** to the **plane of the trunk**

Wait, wait, wait, until the final position !!

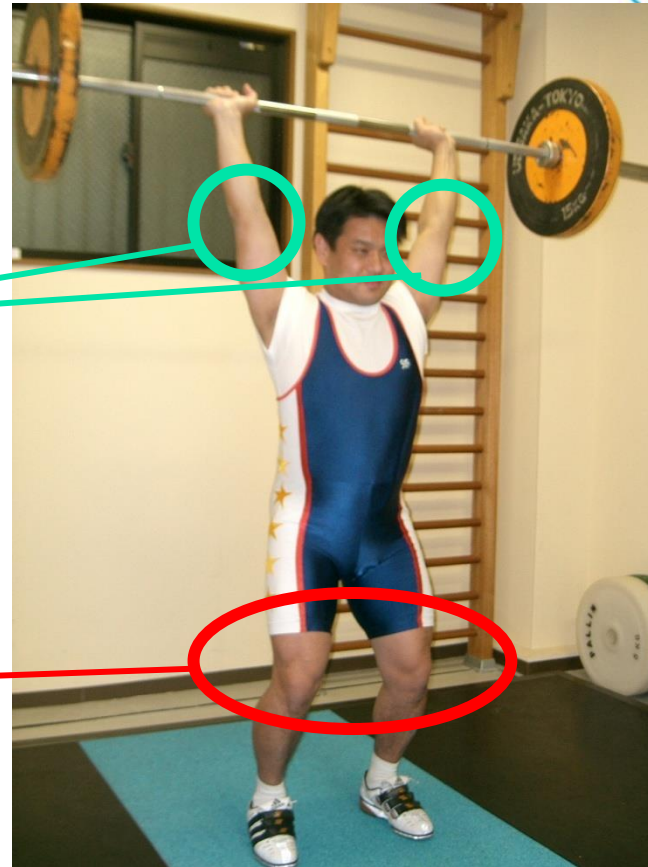


Arms and legs fully extended



What do you think ?

OK !



Not yet !!

You must wait until legs are fully extended.

Feet and Barbell in line



What do you think ?

Not yet !!

You have to wait until
the feet are in line

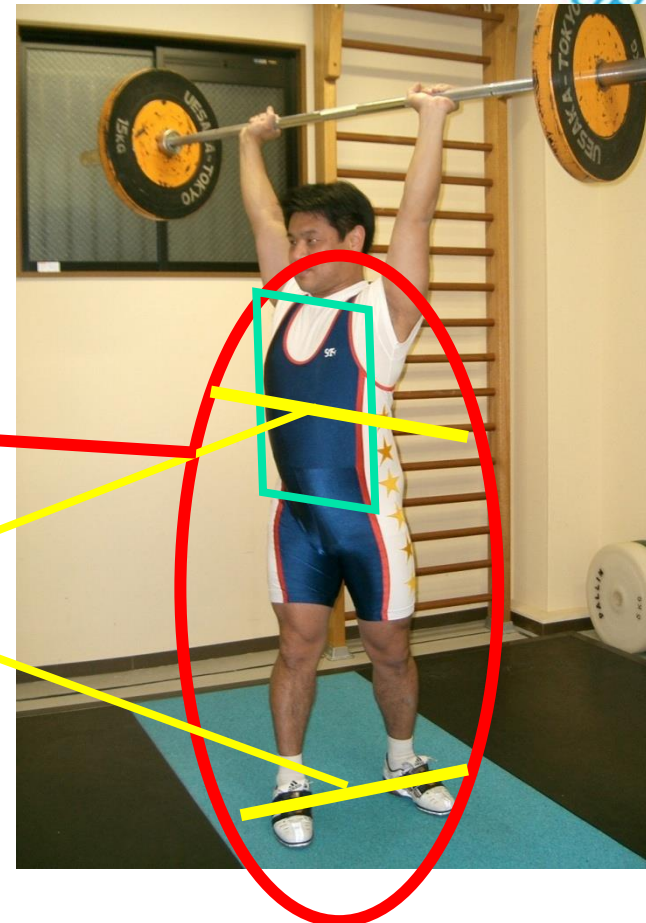


Feet and Barbell parallel to plane of trunk

What do you think ?

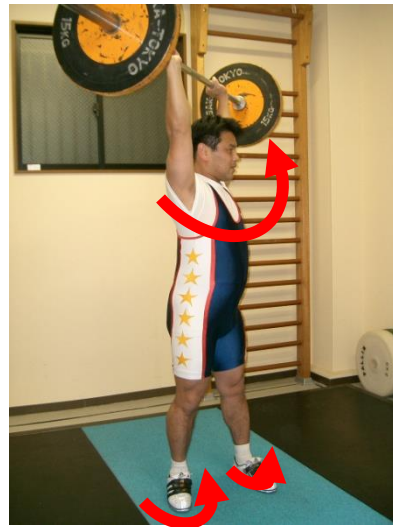
Not yet !!

Not parallel



You have to wait until
the feet and Barbell are parallel to the plane of trunk

You have to wait until Final Motionless Position



Still rotating



Still walking

You have to wait until the Athlete becomes motionless

When the Athlete has made the final position...

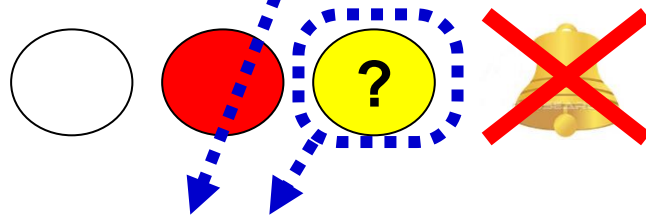


Press White, **immediately!!!**

2 of the Referees have given **identical decisions**,
Electronic Referee Light System gives the **Down Signal**.



If one Referee hasn't pressed any button while the one Referee pressed White and the other pressed Red, the Light System will not give the Down Signal !!



NOTE: He/she receives a warning sound to urge the decision.

Completion of each lift is Athletes' sole responsibility (2.4.8)

Even when the other **2 Referees** press **White**
if the Athlete has not attained the final position,
and

if the Athlete **lowers** the Barbell,

You must press Red !!

In such case,

With **Jury Members' unanimous** agreement,

The **Referees' decision** will be **reversed** (White → **Red**)

Beep !



So, well-coached Athletes...

**Still try to attain the final motionless
position**

even after 2 of Referees press White.

Beep !

In such case,

If the Athlete succeeds in attaining the final position,

You must press White !!



If the Athlete hasn't heard or noticed the Down signal...



Centre Referee gives audible and visible down signal.

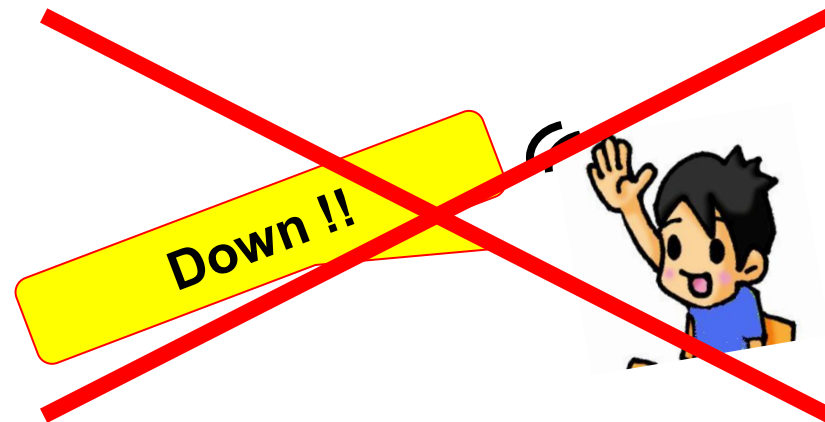


It happens when big crowds are in attendance.

Centre Referee must not...

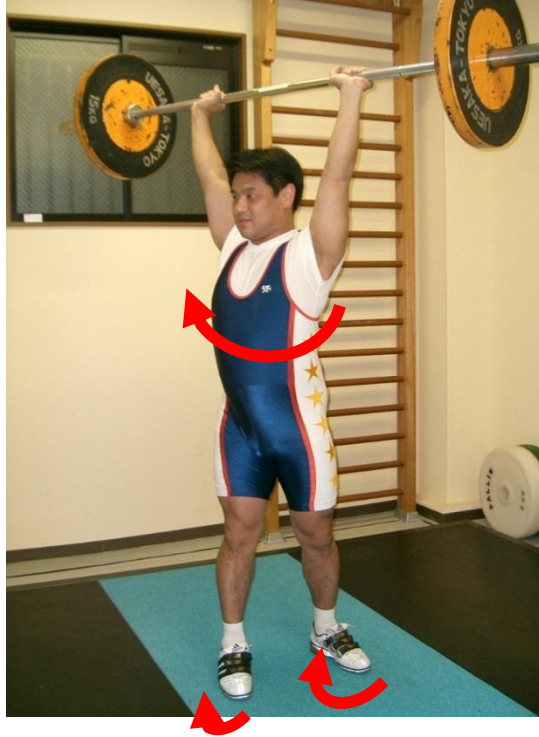


When **electronic Referee Light System** is used,
Centre Referee must not give manual signal until the
electronic down signal has been given.



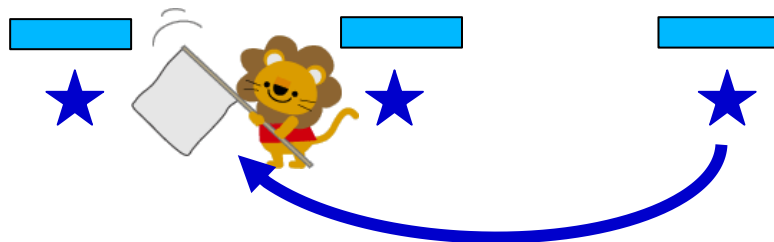
The other Referee(s) may consider the lift
has not been completed yet

Referees may move (7.7.4)



If the Athlete has moved
(twisted, walked)... to where
the view of the Referee(s)
impaired.

In that case, **take flags!!**



If the Referee Light System is broken during the lift...



Centre Referee seeks confirmation from the side Referees, **immediately!!!**

Side Referees must cooperate by using gesture of Good or No Lift !!



or



Then, Centre Referee gives audible and visible down signal.



Referees must press Red !!

- To any unfinished attempt in which the Barbell has reached the height of the knees (2.4.2)

Once the Barbell has reached the knee level the attempt is **complete**. If the Athlete lowers the barbell he/she **cannot** repeat this attempt.

In this case **the Referees must press Red**.

NOTE: Don't press red to the Athlete who hasn't lifted the Bar above the knee level unless the time expired (see below)

- If at the end of the allocated time the Athlete has not raised the Barbell (6.6.7)

Be attentive also to the **Timing Clock !!**



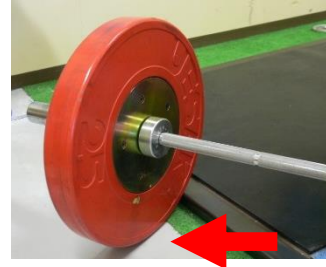
Change your decision from Good Lift to No Lift



After Referees give White, if the Athlete:

- Lowered the Barbell **behind** him/her
- Dropped the Barbell from **above the shoulders**
- **Failed to replace** the complete barbell on the competition platform

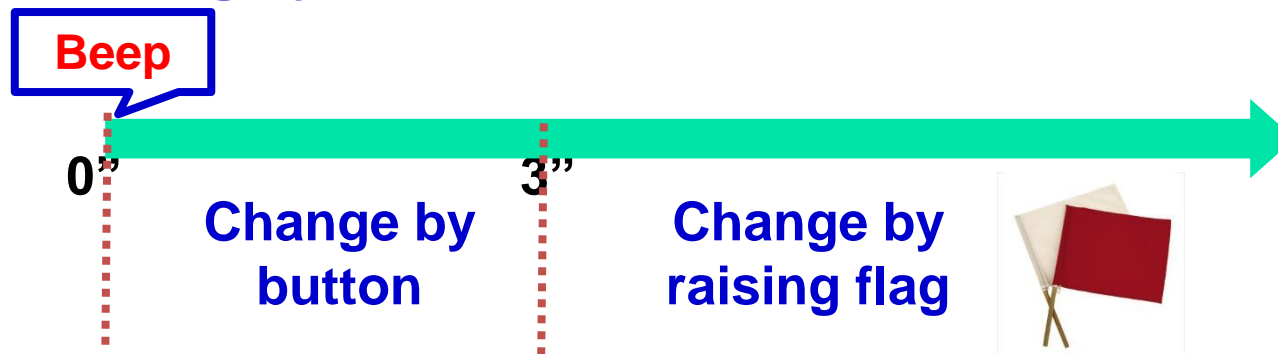
No lift



OK



You can change your decision within 3 seconds or raise flag.



Don't hesitate to to change to Red!



Photo by Isaac J. Morillas Sanchez

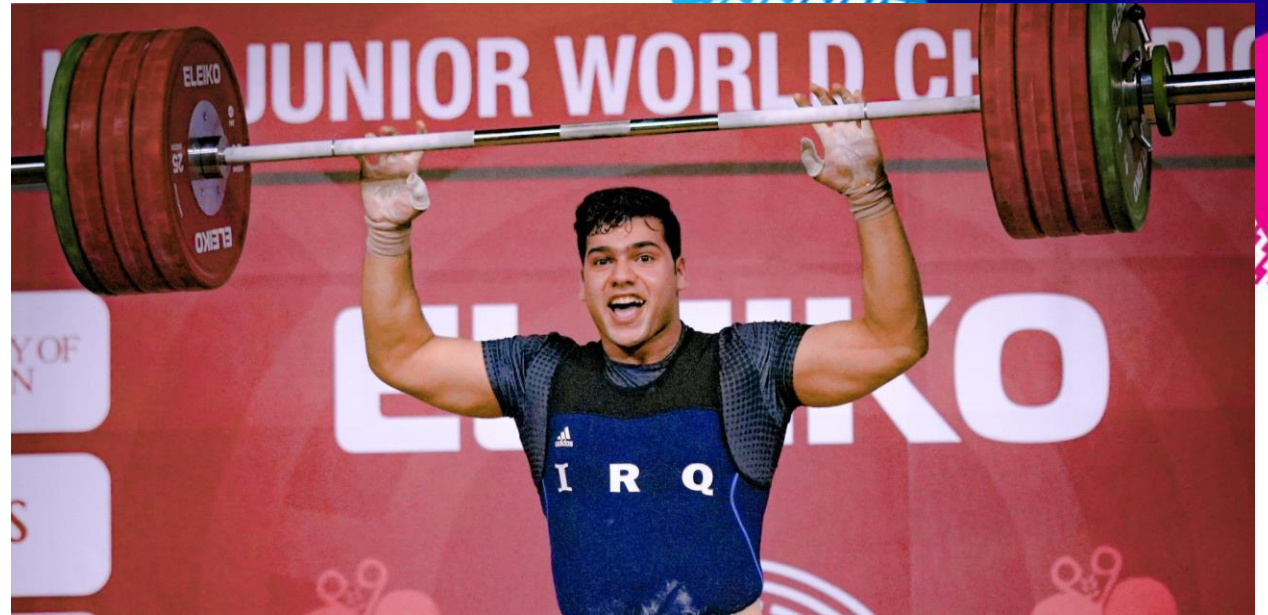


Photo by Stephen Galvan

Referees have to change their decision, **White** to **Red**

2.4.3 ...the athlete must lower it in front of the body. **The grip on the barbell must only be released when it has passed the level of the shoulders.**

2.5.1.7 (a part of “**Incorrect Movements for All Lifts**”)
Dropping the barbell from above the shoulders