



**38th MEN – 18th WOMEN WORLD JUNIOR WEIGHTLIFTING
CHAMPIONSHIPS 22 PANAMERICAN CHAMPIONSHIPS
CONTINENTAL QUALIFICATION EVENT
*Antigua, Guatemala, May 7th to 18th 2012***

REGULATION

1. COMPETITIONS RULES

Weightlifting competitions according to IWF Rules (2009-2012 Edition)

2. MEDALS/TROPHIES

Gold, Silver and Bronze medals will be awarded in each bodyweight category for both men and women in the Snatch, Clean & Jerk and Total separately in the two competitions (Pan American Championships and JWC).

3. CATEGORIES

Men: 56 kg, 62 kg, 69 kg, 77 kg, 85 kg, 94 kg, 105 kg, +105 kg

Women: 48 kg, 53 kg, 58 kg, 63 kg, 69 kg, 75 kg, +75 kg

4. COMPETITION VENUE

Salón Cesar Branas – Antigua Guatemala

5. TRAINING VENUE

Gimnasio Deportivo C.D.A.G. – Antigua Guatemala

6. ENTRY FORMS

PRELIMINARY form: Must be sent until 8th March 2012

FINAL ENTRY: Must be sent until 8th April 2012

E-MAIL: eva.moska@iwfnet.net

Copy to: fedepesasguate@gmail.com

7. ACCOMODATION

Accommodation will be at the following hotels in Antigua

Guatemala Hotel Casa Santo Domingo -

<https://www.casasantodomingo.com.gt/> Hotel Camino Real -

<http://www.caminorealantigua.com.gt/>





8. FINANCIAL CONDITIONS

a. PARTICIPATION FEE

Triple room – US \$ - 90 USD/ person/ night Double/Twin room – US \$ - 110 USD/ person/ night Single room – 130 USD/person/ night

All with three meals daily included



b. ENTRY AND SPECIAL ANTI-DOPING FEE Entry fee for the

JWC: 200 USD

Entry fee (100 USD) + Special Anti-Doping fee (50 USD) for Pan American Championships:

150 USD

Please note: Anyone who participates in both events shall pay both fees (350 USD)

All mentioned above costs shall be paid in cash immediately after arrival in the hotel

9. EQUIPMENT

ELEIKO – IWF licensed company



10. ANTI DOPING CONTROL

According procedures and rules established by I.W.F. and W.A.D.A.

11. VISAS

Please visit web page: www.minex.gob.gt

12. CONTACTS

For more information contact us:

E-mail: fedepesasguate@gmail.com

Tel.: +502-2331 1560 (Ms. Karen Dardon), or +502-2339 3805 (Mr. Jose Rafael Chivalan)



13. TRANSPORTATION

Organizing Committee will provide transfers for all participants from International Airport “Aurora” Guatemala City to Antigua Guatemala – about 45 km -where accommodation, meetings ,competition training will take place.

14. INSURANCE

All participants must have medical insurance.

15. ANTHEMS AND FLAGS.

All National Federations are asked to bring CD disc with his National Anthem and National Flag





16. AIRPORT TAXES

We inform all delegations that leaving Guatemala you must pay a tax 30 USD and approximately 3 USD as security and airport tax.

17. BASIC INFORMATION

Electricity in Guatemala is U.S. standard 110V Weather: Average temperature in May : 18-25 C

Currency: The unit of currency is the Quetzal. The present exchange rate is approximately 7.8 Quetzals per USD.

