



REGULATION

2014 IWF WORLD CHAMPIONSHIPS

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Almaty (KAZAKHSTAN), 4-16 November 2014

The 2014 IWF World Championships will be held at BaluanSholak Sports Palace in Almaty, Kazakhstan. Below you will find relevant information regarding this Championships.

1. Competition Rules and Regulations

Competitions will be held in accordance with 2013 – 2016 IWF Constitution and By-Laws, and 2013 – 2016 IWF Technical and Competition Rules & Regulations. The 2014 IWF Championships will also be a Qualification Event for the 2016 Rio de Janeiro Olympic Games. Please refer to the "Olympic Qualification System". Every Member Federation is allowed to participate in the Championships, except for Member Federations that have financial liabilities towards the IWF and which failed to submit their national team athletes' Whereabouts through ADAMS.

2. Awards

Gold, Silver and Bronze medals will be awarded in each bodyweight category for both men and women in Snatch, Clean & Jerk and Total.

Trophies will be awarded to the best six teams in total for both women's and men's competitions in accordance with the IWF Team Classification.

Best lifter trophies will be awarded in both women's and men's events. Certificates of participation will be presented to all participants.

3. Competition Categories

IWF Categories for Men and Women.

Men: 56, 62, 69, 77, 85, 94, 105, +105

Women: 48, 53, 58, 63, 69, 75, +75

4. Entries

Minimum Entry Totals are applied for each bodyweight category which can be found in the Appendix!

4.1. Preliminary Entry Forms must be submitted to the IWF (attila.adamfi@iwfnet.net) and to the Organizing Committee (almaty2014@wfrk.kz) no later than September 1, 2014

4.2. Final Entry Forms, Accommodation Forms and Media Accreditation Forms must be returned to the IWF (attila.adamfi@iwfnet.net) and to the Organizing Committee (almaty2014@wfrk.kz) no later than October 13, 2014.

5. Accreditation

Delegations will receive accreditations upon their arrival. A copy of the passport and passport photos in color shall be submitted when you send your final entry forms (athletes and officials).

6. Barbells

ELEIKO barbells will be used at this Championships.

7. Competition and Training Venue

BaluanSholak Sports Palace

8. Entry Fee

An Entry Fee of 250U.S. dollars per person (including 50U.S. dollars Special Anti-Doping Fee) shall be paid by each delegation for all of their athletes and officials.

All payments must be made in cash to the Organization Committee upon their arrival at the accreditation.

9. Accommodation

Accommodation will be provided by the Organizing Committee at the Grand Hotel "Aiser", International hotel "Astana" and for the officials accommodation will be provided at the hotel "Rakhat Palace Almaty". Hotels are located within walking distance of competition and training venues.

- The cost per single room (per person) is 150 .00 U.S. dollars, including full- board (Breakfast, lunch and dinner)
- The cost per double room (per person) is 120 .00 U.S. dollars, including full- board (Breakfast, lunch and dinner)
- The cost per room with three beds (per person) is 100.00 U.S. dollars, including full-board (Breakfast, lunch and dinner)

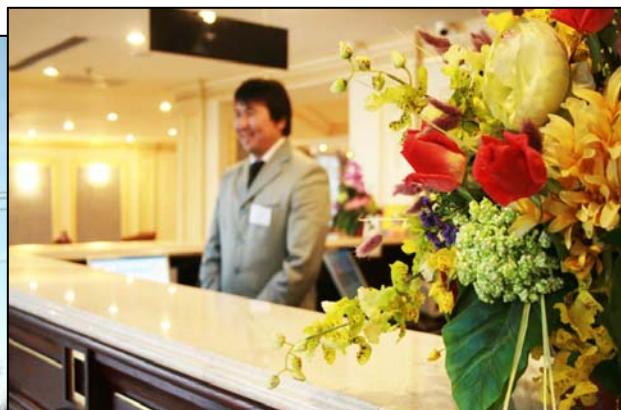
Hotel rooms will be assigned on a first-come, first-served basis.

A minimum Stay of 4(four) days is required for all participants.

Grand Ai Ser Hotel

Pozharsky street 1 (Baitursynov Avenue Corner of Satpaev Street)
050013, Almaty, Kazakhstan

Web-site: <http://www.grandaiserhotel.kz/en/>



Astana International Hotel

Baitursynov street 113 (Baitursynov Avenue Corner of Satpaev Street)
050013, Almaty, Kazakhstan

Web-site: <http://www.astana-hotel.info/>



Rahat Palace Hotel

Akademik Satpaev Avenue 29/6,
Almaty, Kazakhstan 050040

Web-site: <http://www.rahatpalace.com/en/>



10. Flag and National Anthem

Each delegation participating in the competition should bring its national flag sized 100x150cm, and national anthem on CD. This must be submitted upon arrival/accreditation.

11. Transport

The Organizing Committee will provide airport transfer from Almaty International Airport upon arrival and departure.

The Organizing Committee will provide shuttle bus service between all hotels and venues of competitions, training and meetings.

Accommodation and Transportation Form shall be returned to the Organizing Committee together with Preliminary/Final Entry Forms.

12. Visas

To enter the territory of the Republic of Kazakhstan participants are required to submit a visa application form on their own with the attachment of the following:

- documents in accordance with the requirements of the Embassy/Consulate of the Republic of Kazakhstan;
- invitation issued by the Organizing Committee, which will be sent to participants via e-mail in advance.

More detailed information on the required documents is available on the website of the Embassy/Consulate of the Republic of Kazakhstan of a country, where a participant intends to apply for a visa.

Citizens of countries, where there are no consular offices of the Republic of Kazakhstan, can obtain visas on the basis of visa support as well as original passport and completed visa application (in the appendix 1) with 3x4 size photograph on a white background at consular posts of the Ministry of Foreign Affairs of the Republic of Kazakhstan that are located at the international airports of the Republic of Kazakhstan (Astana, Almaty, Aktau, Atyrau, Oskemen and Uralsk).

13. Insurance

National Federations must undertake full moral and financial responsibility for their delegates regarding their health in case of accidents or damages.

14. Doping Control

Doping controls will be conducted in accordance with the IWF Anti-Doping Policy.

15. General Information

Average temperature in Almaty during Championships: plus 5-10°C. Electricity supply in Kazakhstan runs on 220V.

16. Contact

Tel: +7 7172 769 005

E-mail: Almaty2014@wfrk.kz

Website: www.wfrk.kz; almaty2014iwf.com

Appendix
Minimum Entry Totals

To ensure that only athletes deserving to lift on the World Championships platform can participate, the Executive Board approved the introduction of Minimum Entry Totals.

The Minimum Entry Total in each bodyweight category is 65% of the Reference Number for women; and 75% of the Reference Number for men.

Reference Number = Average result of the winner in each category of the last 3 World Championships.

Women	Reference number (kg)	Minimum Entry Total (kg)
48kg	207	135
53kg	223	145
58kg	238	155
63kg	252	164
69kg	264	172
75kg	290	189
+75kg	325	211

Men	Reference number (kg)	Minimum Entry Total (kg)
56kg	291	218
62kg	320	240
69kg	345	259
77kg	376	282
85kg	384	288
94kg	404	303
105kg	423	317
+105kg	460	345