



IWF Grand Prix – RF President Cup

05-08 September 2014

Noyabrsk, Russia



Competition Regulations

1. Competition:

The IWF Grand Prix – Russian Federation President Weightlifting Cup will be held from 05 to 08 September, 2014 in Noyabrsk, Russia at the Sports Center “ZENIT” (Dzerzhinskogo str, 4, Noyabrsk city, the Yamalo-Nenets Autonomous District, the Tyumen Region, Russian Federation).



The athletes will be invited to compete in the following bodyweight categories:

- Men 94kg, 105kg, +105kg
- Women 75kg, +75kg

In each bodyweight category maximum 12 athletes are allowed to compete:

- 8 athletes are invited according to the IWF Ranking Lists (excluding Russian athletes),
- 2 athletes representing Russia upon approval by the President of the Russian Weightlifting Federation,
- 2 athletes by individual applications subject to Russian Weightlifting Federation’s decision

The 2014 IWF Grand Prix – President Cup is a Qualification Event for Rio 2016 Olympic Games.

2. Awards:

The winner and medalists in Snatch and Clean & Jerk in each bodyweight category will be awarded with medals and diplomas of the Russian Federation Ministry of Sports.

The winner and medalists in Total in each bodyweight category will be awarded with Prize Money, medals, diplomas. The winner in Total in each bodyweight category will receive the smaller-size copies of the Russian Federation President Weightlifting Cup.

Winners according to the Total result in each bodyweight category will be awarded with Prize Money as follows:

First place: 5 000 USD

Second place: 3 000 USD

Third place: 2 000 USD

Any athlete setting up a new Senior World Record will be awarded with the following bonus:

Snatch: 3 000 USD

Clean & Jerk: 3 000 USD

Total: 6 000 USD

The World Record bonus is provided only for the last record in the progression in one lift and limited to 6 000 USD per person in each bodyweight category.

The best Team according to the combined Men and Women Team Classification will receive the Russian Federation President's Weightlifting Cup.

Dress code for the Awarding Ceremony: formal (elegant dress or costume for women, dark suit for men).

3. Training:

Trainings will be organized at the Sports Center "ZENIT", Dzerzhinskogo str, 4, from 9:00 till 23:00. We will provide training time for each team after the final entries are processed.

4. Equipment:

IWF approved sport equipment will be provided.

5. Accommodation:

The official accommodation in the "Alyaska" Hotel (93, Sovetskaya str., Noyabrsk).



6. Doping control:

Doping control shall be carried out in accordance with the IWF rules and regulations.

7. Financial conditions:

The Russian Weightlifting Federation will cover costs for the invited athletes and one coach per National Federation or one accompanying person:

- Economy flight tickets (home city – Moscow – home city), please buy the tickets to be reimbursed in Noyabrsk (please note that charter flight will be provided between Moscow Vnukovo – Noyabrsk – Moscow Vnukovo)
- local transfer
- accommodation from 05th till 08th September 2014
- three meals per day

Additional athletes, coaches and athletes applying individually for participation should cover their expenses as follows:

- 150 € per person/day in double room
- 20 € Transfer
- 40 € three meals per day
- 20 € Accreditation

8. Visa:

Organizing Committee provides visa support to Russia if needed. Visa fee is paid individually by all the applicants and participants.

9. Applications, Entries

Applications to participate and confirmation on invitations should be sent to the Organization Committee before 15 July 2014.

Final entries should be sent before 15 August 2014 both to the Russian Weightlifting Federation (info@rwwf.ru) and the International Weightlifting Federation (eva.balogh@iwwfnet.net).

10. Organization Committee contacts

Russian Weightlifting Federation

Luzhnetskaya Quay 8 office 432 Moscow 119991 Russia

tel/fax: +7 495 637 06 29

e-mail: office@pcwl.ru; info@rwwf.ru

website: www.rwwf.ru

Administrator: Grigory Gerasimov

tel. +7 (926) 144-05-00

The President of the Russian Weightlifting Federation

Sergey Syrtsov



PROVISIONAL TIMETABLE
IWF Grand Prix – RF President Cup

05-08 September 2014

Noyabrsk, Russia

Time	Event	Remarks
Friday, 5 September 2014		
10.30 -11.20	Registration on a charter flight on a route: Moscow (airport Vnukovo) – Noyabrsk	Flight № Accompanied by YaNAO representative Mobile phone:
12.00	Departure of a charter flight on a route: Moscow (airport Vnukovo) – Noyabrsk	
17.00 (Local time)	Arriving at the airport of Noyabrsk city	
17.30 – 19.00	Accommodation of members of the delegation to the hotels	«Alyaska» and «Laky»
19.00 – 21.00	Accreditation of the participants, Dinner	by place of residence
Saturday, 6 September 2014		
07.30 – 10.00	Breakfast	by place of residence
10.00 – 11.00	Sightseeing of the city	Visiting of sports schools
11.00 – 12.15	Training for competitors who perform on 06.09.2014	Sports Center «Zenit» named after Yury Morozov
11.00 – 12.30	Return to the hotels (rest)	
12.30 – 14.00	Lunch	by place of residence
14.00 -14.15	Moving of the participants to the venue of the tournament	Sports Center «Zenit» named after Yury Morozov
14.00	Opening of the sports complex for spectators	

15.00 – 16.30	Men	94 kg
16.30 – 17.00	Opening Ceremony	Performance of the VIP, actors
17.00 – 18.30	Women	75 kg
18.30 – 19.00	Film screening, a raffle	
19.00 – 20.30	Men	105 kg
20.30 – 21.00	Moving to hotels	Bus from «Zenit» to hotels
21.00	Dinner	by place of residence
21.30-24.00	Rest, at will participation at the celebrations dedicated to the City Day and Day of the Oil and Gas Industry	
Sunday, 7 September 2014		
07.30 – 09.00	Breakfast (up to 10.00)	by place of residence
9.00 – 9.30	Moving of the participants to the venue of the tournament	Sports Center «Zenit» named after Yury Morozov
9.30 – 12.30	Training for competitors who perform on 07.09.2014	lists
12.30 – 14.00	Lunch	by place of residence
14.30 - 15.00	Moving of the participants to the venue of the tournament	
16.00	Opening of the sports complex for spectators	
17.00 – 18.30	Women	+ 75 kg
18.30 -19.00	Film screening, a raffle	
19.00 – 20.30	Men	+ 105 kg
20.30 – 21.00	Closing Ceremony	
21.00 – 21.30	Relocation for Dinner	
21.30 -24.00	Dinner. Official reception on behalf of Government of the Yamalo-Nenets Autonomous District	
24.00 – 00.15	Moving to hotels	

Monday, 8 September 2014

07.30 – 10.00	Breakfast	
10.00 – 10.30	Moving to the airport of Noyabrsk city	Flight №
10.30 – 11.30	Registration on a charter flight on a route: Noyabrsk – Moscow	
11.40 (Local time)	Departure of a charter flight on a route: Noyabrsk – Moscow	(airport Vnukovo)
12.40	Arrival in Moscow	