



AFRICAN WEIGHTLIFTING CHAMPIONSHIPS

YOUTH (YOG Qualification Event 6TH M - 5TH W) • **JUNIOR** (20TH M - 15TH W)



**African Juniors Weightlifting Championships (20th Men & 15th Women)
African Youth (YOG Qualifier) Weightlifting Championships (6th Men & 5th Women)**



Tunisia.... Once again

Dear African Weightlifters friends

Here we are once again; inviting you warmly to a striking major. Tunisia, the African weightlifting capital is willing to host sportsmen, officials and weightlifting lovers for the 2014 African junior and youth Championships.

What makes this event a particular one is that it qualifies for the Youth Olympic Games, which is an important step for the positioning of our young athletes compared to other continents.

This is not Tunisia's first organizing event. The experience acquired in this field allows us to guarantee an organization worthy of big events.

The organization committee as well as volunteers will be glad to do their best to make your journey and your participation to the African championships the best possible.

Welcome to Tunisia

Mohamed Nadir FEKI

President of the Tunisian Weightlifting Federation



African Juniors Weightlifting Championships (20th Men & 15th Women)
African Youth (YOG Qualifier) Weightlifting Championships (6th Men & 5th Women)

REGULATION

Competition Date and Place:

The competition will be held in Tunis, Tunisia from 15th – 22nd April, 2014.

Competition Rules and Regulations:

The competition will be held in accordance with the IWF Handbook rules & regulations of the Handbook 2013-2016.

The WFA technical committee will select the technical officials (TO's) for the championships from the federations/associations nominees according to the article (9.9) of WFA constitution.

Eligibility to Entries:

According to article (1.1) of IWF Technical and Competition rules (IWF Handbook 2013 – 2016), the athletes have the eligibility to participate as follows:

Only Youth competitors born between 1997 to 2001 and Junior competitors born between 1994 to 1999 of National Weightlifting Federations/Associations affiliated to the IWF & WFA are eligible to participate.

Only National Federations/associations may enter participants that have no financial liabilities towards the WFA.

Competition Categories:

IWF Categories for Men and Women

| Youth Men | | | | | | | |
|--------------|-------|-------|-------|-------|-------|---------|----------|
| 50 Kg | 56 Kg | 62 Kg | 69 Kg | 77 Kg | 85 Kg | 94 Kg | + 94 Kg |
| Youth Women | | | | | | | |
| 44 Kg | 48 Kg | 53 Kg | 58 Kg | 63 Kg | 69 Kg | + 69 Kg | |
| Junior Men | | | | | | | |
| 56 Kg | 62 Kg | 69 Kg | 77 Kg | 85 Kg | 94 Kg | 105 Kg | + 105 Kg |
| Junior Women | | | | | | | |
| 48 Kg | 53 Kg | 58 Kg | 63 Kg | 69 Kg | 75 Kg | + 75 Kg | |

Entry Forms:

Enclosed herewith please find both Preliminary and Final Entry Forms.

Preliminary Entries:

Preliminary Entry Forms must be submitted to the WFA and TWF no later than March 24, 2014.

Final Entries:

The Final Entry Forms must be returned to the WFA and TWF no later than April 07, 2014.

Awards:

Gold, Silver and Bronze medals will be awarded in each bodyweight category for both men and women in Snatch, Clean & Jerk and Total.

Trophies will be awarded to the best Three teams in total respectively for both women's and men's competitions in accordance with the IWF Team Classification.

Best lifter trophies will be awarded in both women's and men's events.

Certificates of participation will be presented to all participants.

Accommodation:

Accommodation will be at the El Mouradi hotel (****). Accommodation will be provided from April 15, 2014 only.

The cost per **twin** room (**per person**) in \$ **120** this includes full-board (Breakfast, lunch and dinner).

The cost per **single** room (**per person**) in \$ **130** this includes full-board (Breakfast, lunch and dinner).

Accreditation:

Upon arrival, delegation will receive accreditation. **Passports and photos in color shall be submitted when you send your final entry forms at the latest (athletes and officials).**

Financial Condition:

Only affiliated National Federations/Associations that have annually paid their IWF and WFA subscription fees have the right to participate in these championships.

An Entry Fee of US\$ 150 per person (including US\$ 50 Special Anti-Doping Fee) shall be paid to the WFA by each delegation for all their athletes and officials (Except the officials who will be appointed to work in the competition).

All payments must be made in cash to the Organization Committee preferably in US Dollars upon arrival at the accreditation center located in El Mouradi Hotel.

The WFA is responsible for the Trophies, Medals and Certificates.

The Organizing Committee will cover the Accommodation and board Costs for the WFA Executive Board Members for a period of 3 days only.

The Organizing Committee will cover the Accommodation Costs for the technical officials who will be appointed to work in the competition.

Equipments:

ELEIKO barbells will be used in these Championships.

Result System will be approved by IWF.

Competition and Training Venue:

The competition and training venue will be in the Omni-sport hall – youth city – Tunis.

Entry Visa and Airport Departure Costs:

All participants must check if a visa is required for their entry in Tunisia. Please consult the list of countries for which visa is necessary to enter Tunisia.

If a visa is required, participants will have to apply for visa with the Tunisian Embassy in their own country.

For any Consultation and assistance, Please contact +216 71 234 331.

If need be, your itinerary and Passport Copy should be forwarded in time for the Organizing Committee to seek permission to enable you obtain Entry Visas at the entry point.

Entry visa upon arrival costs **70 USD** for each person.

Transport:

Local transport will be provided from/to Tunisian International Airport for all delegations upon their arrival and departure.

The Organizing Committee will provide shuttle services to/from the training and Competition venue.

Health Insurance:

As per IWF Regulation, each delegation is required to have the appropriate Health Insurance in the event of an accident or unforeseen circumstance. All participants will have to be under insurance coverage for travel and accident by their respective Federation before their departure.

The Organizing Committee is not responsible for accidents.

Doping Control:

Doping control will be conducted during the competition in accordance with the IWF Anti-Doping Policy and will be carried out by the IWF selected doctors.

Gender Verification:

In case of doubt, Female Lifters may be requested to present a valid Official Gender Certificate at the registration and in the Weigh-in Room.

Flags and National Anthems:

Each delegation participating in the championships should bring the numbers of two national flags in size of 100 x 150 cm, and a CD of their national anthem. These requirements must be submitted upon arrival at the accreditation center.

General Information:

Average temperature in Tunis during the Championships is 18 – 22° C.

Electricity supply in Tunisia runs on 220 V.

Currency rate: US \$ (1 US dollar = 1,57 TD approximately)

For any assistance please contact the organizing committee (TWF) or the WFA on the following information:

WFA : Ain Zarah region - Tripoli - Libya
Tel.Fax: +218 21 7255974
Mobile of WFA Sec. Gen. +218 91 3543635
P.O. Box: 3541 or 4168 – Tripoli
E.mail: newwfa@hotmail.com

TWF : Maison des Fédérations Sportives
Cité Olympique d'El Menzah – Bloc B – 4ème Etage
BP : 73 -1003 Tunis – TUNISIE
Tel : 00216 71 234 331
Fax : 00216 71 750 209
E.mail : ftfalt@yahoo.fr


Eng. Khaled MHALHEL
WFA President




Mohamed Nadir FEKI
TWF President





**African Juniors Weightlifting Championships (20th Men & 15th Women)
African Youth (YOG Qualifier) Weightlifting Championships (6th Men & 5th Women)**

COMPETITION SCHEDULE AND PROGRAM

Provisional timetable :

| | | | | | |
|---|----------------------|----------------------------|---|---|--|
| 15.04.2014 | | Tuesday | | Arrival of delegations | |
| 16.04.2014 | | | | | |
| Wednesday | | | | | |
| 10:00 | 11:00 | 14:00 | 17:00 | 21:00 | |
| Verification of Final Entries | Technical Conference | All WFA Committees Meeting | WFA Executive Board Meeting | WFA Annual Congress | |
| 17.04.2014 | | | | | |
| Thursday | | | | | |
| 10:00 | | 15:30 | | 16:00 | |
| Competition Cat. 44 Kg – 48 Kg (Women) | | Opening Ceremony | | Competition Cat. 50 Kg – 56 Kg (Men) | |
| 18.04.2014 | | | | | |
| Friday | | | | | |
| 10:00 | | | 17:00 | | |
| IWF Anti-Doping Seminar | | | Competition Cat. 53 Kg – 58 Kg (Women) | | |
| 19.04.2014 | | | | | |
| Saturday | | | | | |
| 10:00 | | | 16:00 | | |
| Competition Cat. 63 Kg – 69 Kg (Women) | | | Competition Cat. 62 Kg – 69 Kg (Men) | | |
| 20.04.2014 | | | | | |
| Sunday | | | | | |
| 10:00 | | | 16:00 | | |
| Competition Cat. +69 Kg – 75 Kg - +75 Kg (Women) | | | Competition Cat. 77 Kg – 85 Kg (Men) | | |
| 21.04.2014 | | | | | |
| Monday | | | | | |
| 10:00 | | | 21:30 | | |
| Cat 94 Kg - +94 Kg – 105 Kg - +105 Kg (Men) | | | Closing Ceremony and Banquet | | |
| 22.04.2014 | | Tuesday | | Departure of delegations | |

Note: This schedule subject to change after the Verification of Final Entries.