



**IWF Coaching and Research Committee  
Antigua Guatemala, Guatemala  
9 May 2012  
Dragomir Cioroslan - Chairman**

***Roll Call:***

**Apologies:** *Eli Sadres (ISR), Lyn Jones (AUS), Tracy Fuh (TPE), Kim Tkachenko (UKR), Milan Mihailovich (SRB), Taisto Kuoppala (FIN).*

**Present:** *Chairman Dragomir Cioroslan (USA), Zoraik Fathi, (EGY) Kyle Pierce (USA), Nippon Limbonsuebsai (THA), Byung Kwan Chun (KOR) plus Lilla Rozgonyi (IWF).*

Chairman Cioroslan calls the meeting to order and welcomes members. Approval of the Agenda and minutes in Paris unanimously approved.

**Translations of the Level 1 Manual in different languages.**

Arabic version: Mr. Zoraik Fathi reported his progress. Pictures of new approved costumes for women worn by athletes should be integrated

Korean version: Mr. Byung Kwan Chun reports to the Committee brought with him. Will give e-format to IWF for printing. 200 copies suggested and unanimously approved.

Mandarin Chinese: Ms. Tracy Fuh reports translation is completed. Draft of the Manual is sent to the Committee by Meco Chang.

**Working plan of the IWF CRC**

Chairman Dragomir Cioroslan presents a report on the 3-year accomplishment with goals and objectives reportedly achieved. CRC approved the presentation that will be presented to the Executive Board.

**DVD Level 1 Manual**

Completed and will be presented by Dr. Kyle Pierce. Suggestions made to add a voice translation or subtitles in written text.

Mr. Limbonsuebsai reports the Thai version of the IWF Level 1 CC Manual was approved by the Thai Minister of Sport and presented a PPT of the Manual which could be a good visual aid tool for the IWF lecturers and presenters of the Level 1 CC Course. Suggestions to review the amount of text in the slides. Mr. Limbonsuebsai also made a suggestion to develop an Electronic Book with a content of the IWF Level 1 CC Manual.

## **IWF-IOC Coaching Seminar for lecturers and presenters of IWF Level 1 CC Course**

Proposal to create a seminar in October/November in USA or Dominican Republic, voted unanimously.

### **Level 2 of the IWF Manual**

First draft commented by Chairman: The Manual must be simple, accurate. Level 2 is more scientific and methodological.

Challenge in Level 2: to filter and simplify received contents to an educational message and modify it to something transferable. Motion: within a month the Committee members will give Dr. Kyle Pierce comments to edit manual. Agreed unanimously.

Note by Dr. Kyle Pierce: Need a harmonization between Level 1 and Level 2.

Note by Chairman: Manual should include the concepts of how and why which address the most important issues to know for athletes

### **WADA CoachTrue**

All members of the Committee will sign up on CoachTrue and agreed in promoting the program within their National Federation and National Coaches.

Proposal was made to each coach to take the WADA program successfully and work to sign up at least 3 coaches from their country to take the course as well.

### **Minimum Standards**

Positive and negative aspects of implementing minimum standards were considered, minimum standards will have an impact on the number of athletes participating, therefore affecting the important organizational elements of the event.

*Question to think over:* the need to add standards / think over the proposal.

Note by Chairman: CRC is supporting its proposal of the Technical Committee in regard to the minimum standards and competition format.

### **Disabled athletes allowed in weightlifting competition (prostatic limb)**

Risks involved, define the level of disability and problematic is weight-in and degree of disability

The CRC Committee accept the idea of inclusion with two recommendations:

- 1) Define rules regulations regarding material, level of disability
- 2) Possibly create a special division for disabled athletes in Olympic weightlifting

Unanimous agreement.

### **Other Business:**

Proposal by Mr. Nippon Limboonsuebsai of an e-Book. A motion to explore the possibility to extend the Level 1 in e-Book format in all languages to make it accessible is agreed upon.

Suggestion was made to ask IWF to offer a space on the Coaching page to upload material for public use and distribution.

Without further due Chairman Cioroslan adjourns the meeting.