

solidarity sport federation weightlifting championships

To be held in Dammam. KSA , Sat 28 Jan – Thu 2nd

Feb 20122

From 5. 3 . 1433 – 10 . 3 . 1433H

COMPETITION ACTIVITIES SCHEDULE

DAY	DATE	ARABIC DATE	TIME	ACTIVITIES
SAT	28 JAN 2012	5.3.1433	10.00	VERIFICATION MEETING
			16.00	OPENING CEREMONY
SUN	29 JAN 2012	6.3.1433	16.00	56 KG
			18.00	62 KG
MON	30 JAN 2012	7.3.1433	16.00	69 KG
			18.00	77 KG
TUE	31 JAN 2012	8.3.1433	10.00	OPEN EXCURSION TO THE HALF MOON
WED	1 FEB 2012	9.3.1433	16.00	85 KG
			18.00	94 KG
THU	2 FEB 2012	10.3.1433	14.00	105 KG
			16.00	+ 105 KG
			18.00	CLOSING AND AWARDS CEREMONY

THANK YOU