



EUROPEAN YOUTH WEIGHTLIFTING CHAMPIONSHIPS

CIECHANOW-POLAND, 27th April – 4th May, 2014



REGULATION

Date and place:

European Youth Weightlifting Championships will take place between 27th April – 4th May, 2014 in Ciechanow ca. 100 km from Warsaw (Poland).

Competition and Training Venue:

Sport Hall CLKs "Mazovia" Ciechanow, Kraszewskiego street 8.

Accommodation:

All teams will be accommodated in the 3 star hotels in Ciechanow.

Participants must accept the accommodation offered by the Organizing Committee.

Those making their own arrangements independently cannot be granted accreditation and Championships' related services.

The minimum stay in the hotel for the participants in the competition is three (3) nights.

Eligibility to Participate

The athletes born between **1997, January 1st** and **2001, December 31st** can participate in the 2014 European Youth Weightlifting Championships (13-17 years old).

Only National Federations may enter participants that have no financial liabilities towards the EWF and IWF and submitted their national team athletes' "whereabouts" through ADAMS.

Events

Men: 50kg / 56kg / 62kg / 69kg / 77kg / 85kg / 94kg / + 94kg

Women : 44kg / 48kg / 53kg / 58kg / 63kg / 69kg / + 69kg

Entries

Preliminary Entry Forms must be submitted to the Organizing Committee and the European Weightlifting Federation (EWF) respectively, **no later than 28th February 2014**.

Final Entry Forms, Accommodation Forms, and Media Accreditation Forms must be submitted to the Organizing Committee and the European Weightlifting Federation (EWF) respectively, **before 28th March, 2014**.

Financial Conditions

Participation fee (includes costs of accommodation and meals)

Single room: **95 Euro** per person / per night / full board

Double room: **85 Euro** per person / per night / full board

Students' Hostel : **80 Euro** per person / per night / full board

Entry fee: 150 Euro plus 50 USD for special anti-doping fee of Olympic Qualification events per person.

Payments can be made:

- upon arrival in cash to the Organizing Committee at the Accreditation Center in the Sport Hall CLKs "Mazovia" Ciechanów,
- by bank transfer - payment shall reach the Organizing Committee by **20th April 2014** and the copy of transaction shall be presented.



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Bank account details are as follows:

Account Name: Polski Związek Podnoszenia Ciężarów, 01-813 Warszawa,
ul. Marymoncka 34, Poland

Euro € account: 59 1090 1014 0000 0001 2149 3602

IBAN: PL 59 1090 1014 0000 0001 2149 3602

SWIFT: WBKPPLPP

Bank Name: Bank Zachodni WBK, I Oddział w Warszawie

Bank Address: 01-949 Warszawa, ul. Kasprówicza 119 A

Competition Rules and Regulations

Competitions will be held in accordance with the EWF and IWF regulations.

Insurance

National Federations must undertake full moral and financial responsibilities for their delegates regarding their health in case of accidents or damages.

Accreditation

The accreditation will take place in the Accreditation Center in the Sport Hall “Mazovia” Ciechanów.

Flags and National Anthems

Each delegation participating in the competitions should bring two national flags in size of 100 x150 cm, and a recording of their national anthem on USB drive or CD. This must be submitted upon arrival/accreditation.

Awards

Gold, Silver and Bronze medals will be awarded to the first three athletes in the Snatch, Clean&Jerk and Total in each bodyweight category. Certificates of participation will be presented to the participants.

Doping Control

Doping Control will be conducted in accordance with the IWF Anti-Doping Policy.

Barbell

WERK-SAN barbells will be used in competitions and training.

Transportation

Transportation from F. Chopin Airport Warsaw and Modlin – hotels in Ciechanow – Warsaw and Modlin Airport will cost 20 Euro/person. The Organizing Committee will provide shuttle bus service between the place of accommodation and competition, training and meetings venue.

Visas

All participants must check if a visa is required for their entry in Poland. Should visa be required, participants will have to apply for visa in the Polish Embassy/ Consulate in their home country. If assistance is needed, please contact the Organizers.

Organizing Committee contact:

Polish Weightlifting Federation

Marymoncka 34 street,
01-813 Warsaw, Poland

EWF contact:

European Weightlifting Federation

Suleyman Sirri Sok. No:3
06140 Kizilay Ankara Turkey



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