



INVITATION

To the President/General Secretary
of IWF Affiliated National Weightlifting Federation/Association

On behalf of the Colombian Weightlifting Federation and with the esteemed support of the Colombian Ministry of Sport, Indevalle, and the Sports Secretary of Santiago de Cali, it is our distinct honour to extend to you a formal invitation to participate in the 2026 IWF World Youth Championships. This prestigious event will take place from July 05 to July 11, 2026, in the vibrant city of Santiago de Cali, Colombia. We are confident that your federation's participation will contribute to an exceptional celebration of youth athleticism and international camaraderie.

Santiago de Cali stands as the undisputed sports capital of Colombia, renowned for its world-class infrastructure, organizational excellence, and rich sporting heritage. The city has consistently demonstrated its capability to host major international competitions, including the Pan American Games, Pan American Youth Games, World Games, and Pacific Games. In addition, Santiago de Cali has hosted numerous world championships across a variety of sports, as well as Olympic Games qualification events and the recent COP16 forum, further establishing its global reputation as a premier destination for high-calibre sporting events.

Situated in the dynamic Valle del Cauca state, Santiago de Cali benefits from a robust and diversified economy, with sugarcane production serving as a major driver of both the region and Colombia's economies. The city's strategic location is complemented by an international airport that offers direct and convenient connections to key destinations worldwide, ensuring ease of access for delegations and participants from all continents.

Colombia has earned distinction as a powerhouse in international weightlifting, achieving remarkable success at regional, continental, and global levels. Our athletes have consistently secured podium finishes at the Olympic Games since 2000 and have been crowned world champions in teams and various age divisions. This legacy is a testament to Colombia's commitment to excellence and the cultivation of emerging talent within the sport.

Our unwavering commitment is to provide the optimal environment for the world's most promising young weightlifters. In Santiago de Cali, participants will experience not only state-of-the-art competition and training facilities but also the warmth of Colombian hospitality, a vibrant cultural atmosphere, and a city deeply invested in the success of international sport. We are dedicated to ensuring that every athlete enjoys the very best conditions to achieve their highest potential in this remarkable setting.

Sincerely,

William Peña R.
President of the Colombian Weightlifting Federation



COMPETITION REGULATIONS





SUMMARY OF DEADLINES

DEADLINES	ACTIONS TO BE UNDERTAKEN BY THE MEMBER FEDERATIONS
05 April 2026	Preliminary entries of athletes to be uploaded into the IWF Online Entry System
	Whereabouts information of the athletes to be submitted (Q2 2026)
30 June 2026	Whereabouts information of the athletes to be submitted (Q3 2026)
05 June 2026	Final entries of athletes and coaches to be confirmed in the IWF Online Entry System
	Submission of the Accommodation & Transportation Form
	Submission of Passport Copies, Photos for Accreditation
	Declaration of "No-Show" (otherwise they will be charged)
	Accommodation & Entry fees to be transferred to the Bank Account of the LOC
Media representatives Applications	
22 June 2026 (12:00 / Noon CET)	Verification of Final entries to be confirmed in the IWF Online Entry System



1. DATES & PLACE

05-11 July 2026, Santiago de Cali, Colombia

2. COMPETITION AND TRAINING VENUE

Competition & Training Venue

“*Coliseo El Pueblo*” Sports Complex, Cuarto de Legua, Santiago de Cali, Colombia

3. ACCOMMODATION

Accommodation will be at the following hotels:

- [Hotel Dann Carlton Cali](#)
- [Hotel Spiwak Chipichape Cali](#)

A minimum stay of 4 (four) nights is required for all participants.

NOTE: Check-in: 14:00 / Check-out: 12:00

4. FINANCIAL CONDITIONS

ACCOMMODATION FEE (with full board)

Single room	USD 180 / person / night
Double room	USD 155 / person / night
Triple room	USD 145 / person / night
Quadruple room	USD 135 / person / night

Hotel accommodations will be assigned on a **first-come, first-served basis**, with **limited** availability of **single rooms**.

ENTRY FEE

Athletes:	USD 300 / athlete (incl. USD 100 IWF Special AD Fee)
Delegates & Team Officials:	USD 200 / person

PAYMENT

Check-in: All participants should pay the relevant fees by bank transfer to the Local Organizing Committee.

All payments must be made in US Dollar currency and any bank charges for transfers or other transactions shall be paid by the Member Federation.



No accommodations or accreditations will be offered to any delegation member until funds have been received in full by the Local Organizing Committee (LOC).

No accommodation is guaranteed until full payment is received.

Hotel "No-Show" charges: If one or more delegation participants do not arrive on the date specified on the Accommodation & Transportation Form and have not informed the Local Organizing Committee before **05 June 2026**, the delegation must pay the charge of "No-Show" per person to the Local Organizing Committee. The charge is equal to the Accommodation Fee per person/day.

If one or more participants are delayed one or more days, the delegation must pay for all the days specified in the Accommodation & Transportation Form sent.

After the submission of the Accommodation & Transportation Form until **05 June 2026** at the latest, should you require any additional hotel rooms, the LOC will try their best to accommodate your additional team members in the same hotel, however, this cannot be guaranteed.

Cancellations will not be accepted after **05 June 2026**, and no refunds will be given.

BANK TRANSFER PAYMENTS

Important rules for Bank transactions:

100% of the total payment (accommodation & entry fees) must be transferred to the LOC Bank Account by 05 June 2026.

The countries unable to make wire transfers are required to submit a request to the IWF President and the IWF General Secretary to be allowed to pay in cash upon arrival.

Please contact your bank and keep in mind that the transfer will only be considered received once it has been duly credited to the LOC's bank account by the deadline.

We kindly ask that you send the bank statement confirming the bank transfer you made to the LOC's bank account to cali2026@iwf.sport.

Bank Account Name: FEDERACIÓN COLOMBIANA DE LEVANTAMIENTO DE PESAS
Bank Account Address: CARRERA 39 #9-31, SANTIAGO DE CALI, COLOMBIA
Beneficiary Bank: BANCOLOMBIA
Bank Address: AV. ROOSEVELT #25-55, SANTIAGO DE CALI, COLOMBIA
Account Number: 787289438-14
Swift Code: COLOCOBM

For your security, always refer to the bank details provided in this document.



5. PRE-COMPETITION PROCEDURES / ATHLETES' REGISTRATION

Athletes must be registered via the **IWF Online Entry System**:

<https://mf.iwf.sport>

If you have any questions or difficulties, please contact IWF at competition@iwf.sport

PRELIMINARY ENTRIES

The preliminary entries must be submitted via the IWF Online Entry System by no later than **05 April 2026**.

- Each Member Federation must submit its Preliminary Entry (Long List) with a maximum of:

SIXTEEN (16) MEN & SIXTEEN (16) WOMEN

AFTER 05 APRIL 2026, NO ADDITIONAL ATHLETES MAY BE ADDED TO THE PRELIMINARY ENTRY LIST.

FINAL ENTRIES

The final list of athletes must be confirmed via the IWF Online Entry System no later than **05 June 2026**.

- Each Member Federation must select its Final Entry exclusively from the Preliminary Entry previously submitted by 05 April 2026, with a maximum of:

Max. TEN (10) ATHLETES (8+2 RESERVE) / GENDER

NO ENTRIES WILL BE ACCEPTED WITHOUT THE FULL PAYMENT OF FEES.

INTERNATIONAL COACH LICENCE

All coaches from participating Member Federations must be registered in the IWF International Coach Licence (ICL) database.

All coaches must be included in the Final Entry Form.

If a coach is not registered in the ICL database, the IWF will notify the relevant Member Federation and require that the coach be registered without delay or removed from the Final Entry Form.

If you have any questions about the ICL database registration, contact us at coachinglicence@iwf.sport.



ACCREDITATION FORMS

The following documents must be returned by **05 June 2026** (by email):

- **Accommodation & Transportation Form**
- **Passport Copy & Photos for Accreditation**
- **Authorization Form for Minors**

All forms must be sent to cali2026@iwf.sport.

Each Member Federation must complete the Accreditation Form for all delegates (athletes and officials), including colour photographs, and return the form fully completed.

Please note that accreditation will be valid only for the dates indicated on the Accreditation Card and will be issued only after full payment of the Accommodation & Entry Fees.

MEDIA

All international media representatives must be approved in advance by the IWF.

Applications for international media accreditation must be submitted to Mr. Pedro Adrega, IWF Communications Manager, at pedro.adrega@iwf.sport no later than **05 June 2026**.

Applications from Colombian media representatives are approved by the Cali 2026 Organizing Committee at cali2026@iwf.sport.

6. VISA

VISA APPLICATION GUIDE

Like all countries, Colombia has specific immigration policies. Therefore, some participants may be required to complete procedures at Colombian embassies or consulates prior to their visit in order to apply for visas or entry permits.

For this reason, this document includes links that may help facilitate and speed up the process. In addition, assistance is available at cali2026@iwf.sport, where an official invitation letter from the LOC can be issued upon request if required.

All participants are kindly requested to carefully read this document and, if necessary, visit the relevant links to obtain the information applicable to their respective countries, as it is the responsibility of each athlete, team, delegation and/or federation to ensure that all procedures are completed correctly and in a timely manner.



GENERAL CONSIDERATIONS

Passports must be valid for at least **90 days after the date of return**.

To apply for a Colombian visa, the passport must be valid for **at least six months beyond the date of the visa application appointment**.

Please note that if a Colombian visa is required, the application must be submitted online through the Colombian Ministry of Foreign Affairs website:

<https://tramitesmre.cancilleria.gov.co/tramites/enlinea/solicitarVisa.xhtml>

It is recommended to apply **at least three (3) months before travelling to Colombia** in order to avoid any difficulties.

If you require a letter of invitation from the LOC, please send a **photograph or scanned copy of your passport**, along with the country where you will submit your visa application.

REQUIREMENTS FOR ENTERING COLOMBIA

To consult the list of countries that **require a visa to enter Colombian territory**, please visit the following link:

https://www.cancilleria.gov.co/tramites_servicios/visa/lista-a-b-c

7. ACCREDITATION

Accreditation will take place at the **Hotel Dann Carlton Cali**.

8. AUTHORIZATION FORM FOR MINORS

All underage athletes must bring a notarized permit for lodging in which the minor's parents authorize a responsible adult to stay with the minor during the dates of the event. See the attached form.

9. FLAG & ANTHEM

Each Member Federation is responsible for bringing its national flag (100x150 cm) and anthem (USB) and handing them over to the Local Organizing Committee during accreditation. The LOC/IWF cannot be held responsible for errors relating to the flag and anthem.

10. TRANSPORTATION

The LOC will offer a round-trip shuttle bus service between Cali “Alfonso Bonilla Aragón” International Airport (CLO) and the official accommodations for all participants.



The Accommodation & Transportation Form must be provided by **05 June 2026**.

- The transportation form must indicate the airline, flight number, and exact arrival and departure times for each delegate.

Any change to the travel schedule must be communicated well in advance; otherwise, the LOC cannot guarantee that the revised requests can be met.

- Local shuttle bus service will be provided for all participants to get from/to the venues (accommodation, competition/training venue, meetings and any other official program).

11. COMPETITION REGULATION

The 2026 IWF World Youth Championships will follow the IWF Technical and Competition Rules & Regulations ([IWF TCRR](#)).

12. TERMS AND CONDITIONS OF PARTICIPATION

Accredited Participants – athletes, team officials, technical officials (TO), media, guests, etc. must:

- Acknowledge and fully comply with IWF Constitution & Rules, IWF TCRR, IWF Anti-Doping Rules (ADR), & IWF Policies;
- Abide by all reasonable directions given by the IWF, the Local Organizing Committee (LOC), TOs;
- Should accept any prize or award given by IWF and/or LOC/Sponsors, and will attend all special award ceremonies where prizes or awards are presented;
- Should attend Press Conference upon request of IWF / LOC;
- Should not participate in, support, or promote illegal betting;
- Should be responsible for all property they bring into the Event – the IWF and/or LOC shall have no responsibility for any loss or damage of this property;
- Should irrevocably release IWF & LOC from liability for any loss, injury, or damage that they may suffer in relation to their participation in the Event;
- Should guarantee that they participate in the Event with the permission of their parent(s) or guardian(s) in case they are minors;
- Should acknowledge that by not following the above-mentioned terms and conditions, sanctions may be imposed;
- Agree that entry is subject to payment of all fees inclusive of entry, anti-doping, accommodation, food and transportation payment prior to use of any LOC or IWF facility, or for airport transfers;
- Should acknowledge that no accommodation or arrangement is guaranteed until full payment is received in advance;



- All participating Federations should undertake full moral and financial responsibility of their registered/accredited delegates with regard to their health and wellness, and in the case of accidents or damages not attributable to the LOC.
- The Participants may be filmed, photographed, identified and/or otherwise recorded during the Event. The resulting filmed, photographed or recorded image (together with the Participant's name, likeness, voice and performance) may be used and/or distributed in any format (including by reproducing, distributing, communicating to the public and making it available), in any content and through any media, format, without compensation (financial or otherwise).
- The Participants may take or record still and moving images and/or sounds within the perimeter of all the Venues for his/her personal, private, non-commercial and non-promotional use. The use of video footage (moving images) of the competition is subject to the acquisition of media rights. Therefore, the publication (live or delayed) of video footage of the event is strictly prohibited if those rights are not acquired before the competition.

13. ELIGIBILITY

Participating athletes must be between 13 and 17 years of age (born between 2009 and 2013).

In accordance with article 5.5.16 of the IWF Anti-Doping Rules whereabouts information of the athletes shall be submitted at minimum three (3) months prior to the event (**Q2 / by 05 April 2026 & Q3 / by 30 June 2026**).

In case you and/or your Athletes encounter any difficulties related to whereabouts submission, please report it IMMEDIATELY at iwf@ita.sport.

14. EVENT CATEGORIES

MEN (8): 56kg, 60kg, 65kg, 71kg, 79kg, 88kg, 94kg, +94kg
WOMEN (8): 44kg, 48kg, 53kg, 58kg, 63kg, 69kg, 77kg, +77kg

15. AWARDS

Gold, Silver, and Bronze medals will be awarded in the Snatch, the Clean & Jerk, and the Total in each bodyweight category.

Trophies will be awarded to the best male and female athletes, as well as to the top six men's and women's teams, based on the IWF Team Classification.



16. DOPING CONTROL

Doping Control will be carried out by the Sample Collection Authority appointed by ITA on behalf of IWF in accordance with the IWF Anti-Doping Rules.

17. SPORT EQUIPMENT

IWF Official Barbell Supplier ZKC sport equipment will be used during the competition and training.

18. INSURANCE

In accordance with IWF regulations, all participants must be insured by their respective Federations for travel, accidents, injuries, illnesses, and medical expenses prior to departing from their hometown.

19. USEFUL INFORMATION

- The average temperature in Cali during the Championships in July is expected to range between approximately 18°C and 28°C.
- In Colombia, electricity is supplied through the standard plug types A and B (two flat parallel prongs).
- Colombia operates on a 110–120V supply voltage and 60Hz.

Contact details:

Colombian Weightlifting Federation / Local Organizing Committee

Cra. 39 #9-31, Santiago de Cali, Colombia

Phone: +57 3005261815 / +57 3006398693

WhatsApp: +57 3005261815 / +57 3006398693 / +57 3187584108

E-Mail: cali2026@iwf.sport & fedepesascalombia@gmail.com

International Weightlifting Federation

Maison du Sport International, Av. de Rhodanie 54, Switzerland-1007, Lausanne

Phone: +41 21 601 3227

E-Mail: iwf@iwf.sport & competition@iwf.sport



PRELIMINARY TIMETABLE

22 June / Monday	12:00 CET	Verification of Final Entries ONLINE		
02 July / Thursday	TBC	OPENING OF TRAINING VENUE		
04 July / Saturday	TBC	<i>Technical Officials' Meeting</i>		
	TBC	<i>OPENING CEREMONY</i>		
05 July / Sunday	9:00	Women	44-48	B
	11:00	Men	56	B
	13:00	Women	44	A
	16:00	Men	56	A
	19:00	Women	48	A
06 July / Monday	8:00	Women	53	C
	10:00	Men	60	C
	12:00	Women	53	B
	14:00	Men	60	B
	16:00	Women	53	A
	19:00	Men	60	A
07 July / Tuesday	8:00	Men	65	C
	10:00	Women	58	C
	12:00	Men	65	B
	14:00	Women	58	B
	16:00	Men	65	A
	19:00	Women	58	A
08 July / Wednesday	8:00	Women	63	C
	10:00	Men	71	C
	12:00	Women	63	B
	14:00	Men	71	B
	16:00	Women	63	A
	19:00	Men	71	A



09 July / Thursday	8:00	Men	79	C
	10:00	Women	69	C
	12:00	Men	79	B
	14:00	Women	69	B
	16:00	Men	79	A
	19:00	Women	69	A
10 July / Friday	8:00	Men	88	C
	10:00	Men	88	B
	12:00	Women	77	B
	14:00	Men	94	B
	16:00	Women	77	A
	19:00	Men	88	A
11 July / Saturday	9:00	Men	94+	B
	11:00	Women	77+	B
	13:00	Men	94	A
	16:00	Men	94+	A
	19:00	Women	77+	A
	<i>TBC</i>	<i>CLOSING CEREMONY</i>		

The competition schedule is subject to change after the final entry deadline & after the verification of final entries.