

Previous version of the By-Laws (25.11.2024)		By-Laws currently in force (30.09.2025)	
Section 1			
PART A			
4 Membership Fee 4.1 The annual membership fee is set in the amount of USD 500 and is due by January 31 each year. Article 11 of the Constitution shall apply for Members or Associate Members that have not paid the membership fee by January 31.		4 Membership Fee 4.1 The annual membership fee is set in an amount that cannot be less than USD 500 and does not exceed USD 1'000 and is due by March 31 each year. The Executive Board may introduce a tier system for membership fees. Article 11 of the Constitution shall apply for Members or Associate Members that have not paid the membership fee by March 31.	
PART B			
3 Funding 3.5 The total amount of funding payable to the Continental Federations annually should not exceed USD 1'250'000 and its allocation per Continental Federation shall be as follows: <ul style="list-style-type: none">• AWF USD 250'000• EWF USD 250'000• OWF USD 250'000• PWF USD 250'000• WFA USD 250'000		3 Funding 3.5 The total amount of funding payable to the Continental Federations annually should not exceed the amount allocated to them in the yearly budget which is approved by the Executive Board. Payments shall be made by wire transfer only and in the bank account maintained by each Continental Federation in their own name.	
PART C			
3.4 Upon receipt of the complete documentation of the application, the case shall be submitted to the IWF Executive Board (in the case of an Intercontinental Regional Federation) and to the respective Continental Executive Board (in the case of a Regional Federation) by the IWF Legal Department together with an assessment and a recommendation.		3.4 Upon receipt of the complete documentation of the application, the case shall be submitted to the IWF Executive Board (in the case of an Intercontinental Regional Federation) or to the respective Continental Executive Board (in the case of a Regional Federation) by the IWF Administration together with an assessment and a recommendation.	
4.4 Regional and Intercontinental Regional Federations that are organising weightlifting events must comply with the IWF Anti-Doping Rules and the Guidelines on the application of the IWF Anti-Doping costs, to the extent applicable. For the avoidance of doubt, Regional and Intercontinental Regional Federations must comply with the provisions on the collection and payment of the anti-doping collection fee and any other relevant financial or other obligations to Anti-Doping Organisations and Delegated Third Parties, including but not limited to the International Testing Agency.		4.4 Regional and Intercontinental Regional Federations that are organising weightlifting events must comply with the IWF Anti-Doping Rules and the Guidelines on the application of the IWF Anti-Doping costs, to the extent applicable. For the avoidance of doubt, Regional and Intercontinental Regional Federations must comply with the provisions on the collection and payment of the anti-doping collection fee and any other relevant financial or other obligations to Anti-Doping Organisations and Delegated Third Parties, including but not limited to the International Testing Agency, when applicable to an event.	
Section 2			
PART E			
1 President 14. To appoint at his discretion a special advisor or consultant with regard to specific projects on a temporary basis or for the duration of an Olympic cycle.		1 President 14. To appoint at his or her discretion special advisors, experts or consultants with regard to different positions or specific projects on a temporary basis for any duration not exceeding his or her term.	
4 CEO 2. hiring and dismissal of IWF employees in consultation with the IWF President		4 CEO 2. hiring and dismissal of IWF employees and other experts and consultants in consultation with the IWF President	
PART F			
		6 Ad Hoc Committees, Advisory and Working Groups 6.1 Ad Hoc Committees, Advisory and Working Groups may be established in accordance with Article 30.2(i) of the IWF	

	<p>Constitution in the furtherance of fulfilling the objective of the IWF.</p> <p>6.2 Ad Hoc Committees established by the Executive Board under Article 6.1 are only advisory in nature and have no decision making authority.</p> <p>6.2.1 Ad Hoc Committees shall adopt a terms of reference, outlining their purpose, authority, composition, and a framework for their operations.</p> <p>6.2.2 Ad Hoc Committees mandates may not exceed the term of the Executive Board that appointed them.</p> <p>6.3 Ad Hoc Advisory Groups, established by the Executive Board under Article 6.1 are advisory in nature and have no decision making authority.</p> <p>6.3.1 Ad Hoc Advisory Groups shall adopt a terms of reference, outlining their purpose, composition, and framework for their operations.</p> <p>6.3.2 Ad Hoc Advisory Groups mandates may not exceed the term of the Executive Board that appointed them.</p> <p>6.4 Ad Hoc Working Groups, established by the Executive Board under Article 6.1 focus on specific tasks or projects for which they provide recommendations and/or solutions.</p> <p>6.4.1 Ad Hoc Working Groups shall adopt a terms of reference, outlining their purpose, composition, and framework for their operations.</p> <p>6.4.2 Ad Hoc Working Groups mandates may not exceed 6 months, yet may be reauthorized by the Executive Board.</p> <p>6.5 The President has the authority to dissolve any committee or advisory group established under Article 6.1.</p> <p>6.6 The Terms of Reference for all Ad Hoc Committees, Advisory and Working Groups shall enter into force upon approval of the President and General Secretary.</p>
	<p>7 IWF Executive Advisory Group</p> <p>7.1 The IWF Executive Board may appoint members to an IWF Executive Advisory Group who may provide guidance and advice upon the request of the President or General Secretary in their respective areas.</p> <p>7.2 The IWF Executive Advisory Group shall be composed of professionals who have demonstrable expertise in the sport of Weightlifting, in sport management, law, finance, development, or any other subject applicable to the needs of the IWF Executive Board.</p> <p>7.3 The IWF Executive Advisory Group shall be comprised of no more than five (5) members.</p> <p>7.4 The members of the IWF Executive Advisory Group will be given the title of IWF Executive Board Delegate.</p> <p>7.5 The IWF Executive Board Delegates may attend IWF Executive Board meetings in an ex-officio capacity.</p>
	<p>8 Special ad hoc Bodies</p> <p>8.1 IWF Masters Panel</p> <p>8.1.1 The IWF Executive Board may appoint members to an IWF Masters Panel to oversee and develop the IWF recognised Masters events.</p> <p>8.1.2 The IWF Masters Panel shall be comprised of a Chairperson plus no more than five (5) members.</p> <p>8.2 IWF Awards and Hall of Fame Panel</p> <p>8.2.1 The IWF Executive Board may appoint members to an IWF Awards and Hall of Fame Panel who shall be responsible for managing the proposals and procedures for conferring IWF awards of special recognition to individuals for distinguished service to the IWF and the sport of</p>

	<p>Weightlifting and for the evaluation and selection of individuals for induction to the IWF Hall of Fame.</p> <p>8.2.2 The IWF Awards and Hall of Fame Panel shall be comprised of a Chairperson plus no more than four (4) members.</p>
PART G	
	<p>5.6 Financial Advisory Group</p> <p>5.6.1 The Financial Advisory Group is an ad hoc advisory committee that shall advise the Executive Board on financial matters and provide risk analysis periodically or upon request. The Financial Advisory Group may review financial statements and engage with the external auditor in order to fulfill its advisory role. The Financial Advisory Group may review and advise on the risk implications of current and proposed policies related to governance and operations.</p> <p>5.6.2 The Financial Advisory Group shall be composed of three persons with expertise in financial and risk management, two of which shall be independent. The members shall be proposed by the Executive Board and must be approved by Congress.</p> <p>5.6.3 The Financial Advisory Group shall be permitted to operate in an independent manner.</p>
7.4 The President, with the support of the CEO, manages and supervises the activities of the IWF and of the Management Team that administers the financial activities.	7.4 The President and General Secretary, with the support of the CEO, manage and supervise the activities of the IWF and of the IWF Administration that administers the financial activities.
8.1 The President and the IWF CEO shall prepare a Budget for the next Financial Year for approval latest by the last Executive Board meeting before the conclusion of the actual Financial Year.	8.1 The President, the General Secretary and the IWF CEO shall prepare a Budget for the next Financial Year for approval latest by the last Executive Board meeting before the conclusion of the actual Financial Year.
Section 4	
PART A	
<p>2 Athletes' eligibility to represent a Member Federation</p> <p>2.1 An Athlete shall be eligible to compete at IWF Events if he/she is affiliated to a Member Federation and is a citizen of the country of the Member Federation that the athlete represents by virtue of:</p> <ul style="list-style-type: none"> • Being a citizen of the country by birth; or • Being a citizen of the country by naturalization. 	<p>2 Athletes' eligibility to represent a Member Federation</p> <p>2.1 An Athlete shall be eligible to compete at IWF Events if he/she is affiliated to a Member Federation and is a citizen of the country of the Member Federation that the athlete represents by virtue of:</p> <ul style="list-style-type: none"> • Being a citizen of the country by birth; or • Being a citizen of the country by granted citizenship.
<p>3 Participation of an Athlete representing a different Member Federation</p> <p>3.1 Any Athlete, who has already competed at an IWF Event or at any of the events of Article 1.3 in accordance with Article 2.1 or has chosen a Member Federation in accordance with Article 2.2, shall be able to represent a different Member Federation at an IWF Event only subject to approval by the IWF Executive Board. Such approval may be granted at the discretion of the IWF Executive Board and under the following conditions:</p> <p>3.1.1 The Athlete is or becomes a citizen of the country of the new Member Federation;</p> <p>3.1.2 The Member Federation the Athlete was representing until that time and the Member Federation the Athlete wishes to represent</p>	<p>3 Participation of an Athlete representing a different Member Federation</p> <p>3.1 Any Athlete, who has already competed at an IWF Event or at any of the events of Article 1.3 in accordance with Article 2.1 or has chosen a Member Federation in accordance with Article 2.2, shall be able to represent a different Member Federation at an IWF Event only subject to approval by the IWF President and IWF General Secretary, under the following conditions applied cumulatively:</p> <p>3.1.1 The Athlete is or becomes a citizen of the country of the new Member Federation;</p> <p>3.1.2 The Member Federation the Athlete was representing until that time and the Member Federation the Athlete wishes to represent provide their consent in writing (translated in English, if needed).</p> <p>3.1.3 In a four-year period beginning 1 January 2026:</p>

<p>provide their consent in writing (translated in English, if needed). Requests shall be submitted by the new Member Federation to the IWF Executive Board in writing and must include proof of citizenship of the athlete in accordance with Article 5.1 and (if available) the consent of the Member Federation the Athlete was representing until that time. The new Member Federation may enter the Athlete to an IWF Event if the approval by the IWF Executive Board is obtained thirty (30) days before the Final Entry.</p>	<ul style="list-style-type: none"> • a Member Federation can only provide its consent for the change of nationality of no more than six (6) youth or junior athletes and no more than two (2) senior athletes; and • a Member Federation cannot request the change of nationality of more than six (6) youth or junior athletes and more than two (2) senior athletes. <p>For the avoidance of doubt, the relevant time to determine the age category shall be when the request of the Athlete's new Member Federation is submitted to IWF.</p> <p>Requests shall be submitted by the new Member Federation to IWF in writing and must include proof of citizenship of the athlete in accordance with Article 5.1 and (if available) the consent of the Member Federation the Athlete was representing until that time. The new Member Federation may enter the Athlete to an IWF Event if the approval by the President and the General Secretary is obtained ninety (90) days before the Final Entry.</p>
<p>3.2 If the Athlete's former Member Federation refuses to provide its consent, the Athlete shall have to observe a waiting period of one (1) year starting from the time the new Member Federation's request together with all relevant documents was submitted to IWF for approval. During this waiting period, the Athlete shall not be eligible to represent any Member Federation at an IWF Event.</p>	<p>3.2 If the Athlete's former Member Federation refuses to provide its consent, the Athlete shall have to observe a waiting period of two (2) years starting from the time the Athlete last represented his or her former Member Federation at an international event recognised by IWF. During this waiting period, the Athlete shall not be eligible to represent any Member Federation at an IWF Event.</p>
	<p>3.4 For every change of nationality request (including the cases of Article 3.1 and 3.2, i.e. with and without the consent of the previous Member Federation), the requesting Member Federation must pay to IWF a non-refundable fee in the amount of:</p> <ul style="list-style-type: none"> • USD 10'000 (ten thousand US Dollars) in the case of youth or junior athletes; and • USD 20'000 (twenty thousand US Dollars) in the case of senior athletes. <p>For the avoidance of doubt, the relevant time to determine the age category shall be when the request of the Athlete's new Member Federation is submitted to IWF. The fee shall be used by IWF to support weightlifting development programs and must be paid as a condition for reviewing and making a decision on every request, regardless of whether such request is granted or denied.</p>
<p>4.1 Athletes, who are recognized as refugees or beneficiaries of international protection according to the United Nations High Commissioner for Refugees (UNHCR) agency may be entered in IWF Events, Olympic Games, Youth Olympic Games and other IOC and/or ANOC sanctioned events (such as Continental Games), under the IWF flag, based on prior approval from the IWF Executive Board.</p>	<p>4.1 Athletes, who are recognized as refugees or beneficiaries of international protection according to the United Nations High Commissioner for Refugees (UNHCR) agency may be entered in IWF Events, Olympic Games, Youth Olympic Games and other IOC and/or ANOC sanctioned events (such as Continental Games), under the Refugee Team flag, based on prior approval from the IWF Executive Board.</p>
<p>5.2 The Executive Board may introduce a fee as a requirement for the filing of an application for approval in accordance with Article 3 of these rules.</p>	