

IWF Coaching and Research Committee

Sept. 29, 2025

Forde, NOR



Mr. Krol welcomed all members and thanked IWF President and IWF General Secretary for their participation.

Mr. Jalood said he is happy that Mr. Krol is continuing the work and project of the coaching licence. Mr. Quinones told it is the first time meeting the Committee in person and emphasized the importance of the coaches' role. Mr. Tsogas added the coaching licence is the second biggest project after the anti-doping.

The agenda point, modification of the weigh-in time has been discussed at the Joint Committee meeting where Mr. Ferrari shared a very detailed presentation. The Technical Committee will work on this but there is no hurry. Ms. Charron added that it is not something that the athletes requested, athletes are okay with the current 2 hours. Mr. Jang said he discussed with coaches who agreed it is not good to change. Reducing the weight too much, could be dangerous.

Ms. Papandrea explained the ToR and By-laws that were shared earlier with the Committee. As the constitution was very long, some parts were put into the by-laws. She said the ToR can be changed by the Committee. It is a draft document, all comments and ideas are welcomed to receive in writing. Also, the Member Federations were asked to send their proposals.

Mr. Colin Buckley shared his presentation about the International Coaching Licence. Mr. Krol suggested to use the income from the licencing to support the continents with lowest number of registered coaches. Ms. Charron asked if the income can be used for athletes who wish to become coaches, for transition with education purposes. Mr. Krol said yes. Mr. Ferrari added specially women coaches as based on the presentation it is only 17%.

Mr. Krol said that as it was showed the number of women coaches is still very low, there is a need to focus on women coaches. Ms. Esquivel, Chair of the IWF Gender Equity Commission prepared a draft document for the criteria for the WISH project. The members proposed to change the national coach to coaches with experience at International level events. Also, to add the knowledge of English.

Next agenda point, the Olympic Solidarity projects, as no new idea was received and the Pan American Federation also offered some assistance, the same model, training camp for youth athletes before the IWF World Youth Championships is considered for 2026.

Mr. Barcelán invited the members to the International Convention on Physical Activity and Sport in November in Cuba.

At the end, Mr. Maged Salama was invited to present his new book. He talked about his knowledge and experience from the last 30 years. Mr. Krol thanked for his presentation and proposed to consider presenting it at the European Youth Training Camp for the participating coaches.

Mr. Chairman thanked everyone for their participation and closed the meeting.