



INVITATION

To the President / General Secretary

of AWF Affiliated National Weightlifting Federation / Association

Dear Weightlifting Family,

We are delighted to share that the City of Ahmedabad in India has been entrusted with Hosting of 2030 Commonwealth Games as the City has world-class infrastructure and sports facilities and a rapidly growing “sports enclave” planned for multiple disciplines. This will be the centenary (100-year) edition of the Games, marking a major milestone. The Games are scheduled to take place in October 2030.

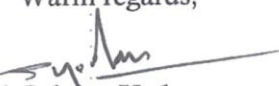
It gives us immense pride and great pleasure to extend a cordial invitation to the **2026 AWF Asian Senior Weightlifting Championships**, to be held in the vibrant city of **Gandhinagar, Gujarat, India**, from **1st to 10th April 2026**.

Ahmedabad and Gandhinagar are Gujarat's prominent "twin cities," an integrated urban area where Ahmedabad is the bustling economic/historic center and Gandhinagar serves as the planned, green capital, linked by seamless infrastructure like metro/roads, aiming to form a unified growth hub with shared development, education (IIM-A, GNLU), and smart city initiatives (GIFT City) between them.

The Championships will be organized in close collaboration with the **Ministry of Youth Affairs & Sports**, the **Sports Authority of India (SAI)**, the **Government of India**, the **Sports Authority of Gujarat**, the **Government of Gujarat**, and **local authorities** in the State, ensuring the highest standards of organization and hospitality.

Athletes and delegations will experience premier facilities and venues equipped with state-of-the-art weightlifting platforms, training zones, recovery centers, and modern amenities, all reflecting India's growing commitment to excellence in sports.

We are dedicated to delivering an unforgettable Championship that will not only celebrate the spirit of Asian weightlifting but also mark another milestone in the city's illustrious sporting journey. We look forward to welcoming you to **Gandhinagar** - the heart of Gujarat and a rising powerhouse in the world of sport.

Warm regards,

Dr. (Hon.) Sahdev Yadav
President
Indian Weightlifting Federation (IWLF)





COMPETITION REGULATIONS





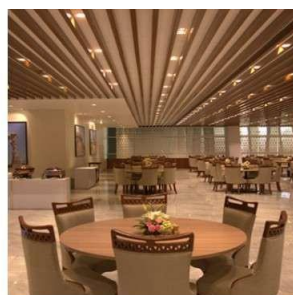
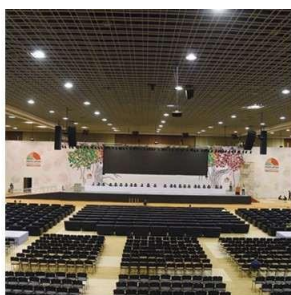
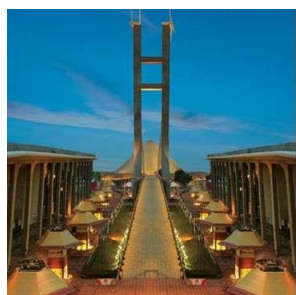
2026 ASIAN WEIGHTLIFTING CHAMPIONSHIPS

1. DATES & PLACE

1-10 April 2026, Gandhinagar, Gujarat, India

2. COMPETITION AND TRAINING VENUE

The Mahatma Mandir Convention & Exhibition Centre, Sector 13C, Gandhinagar, Gujarat – 382016 (INDIA)



3. ACCOMMODATION

- (i) **HOTEL CROWNE PLAZA, NEAR SHAPATH V, S. G. ROAD, SATELLITE, AHMEDABAD, GUJARAT - 380015, INDIA**





- (ii) **VIVANTA HIGHWAY, 147, 53, SARKHEJ - GANDHINAGAR HWY,**
OPPOSITE BHAGWAT VIDHYA PEETH, SOLA, AHMEDABAD,
GUJARAT 380061 (INDIA)



- (iii) **WELCOMHOTEL BY ITC HOTELS, ASHRAM ROAD,**
AHMEDABAD, GUJARAT, INDIA.



A minimum stay of 4 (four) nights is required for all participants.



NOTE: Check-in: after 15:00 / Check-out: before 12:00 (Early check-ins and late check-outs will be charged for full day)

4. FINANCIAL CONDITIONS

ACCOMMODATION FEE (with full board)

Single room: USD 180/person/night.

Double room: USD 160/person/night (king / queen size beds).

ENTRY FEE

USD 220/athlete (including USD 100 Anti-Doping Fee)

Delegates & Team Officials: USD 120/person

PAYMENT

All participants should pay the relevant fees by bank transfer to the Local Organizing Committee.

All payments must be made in US Dollar currency and any bank charges for transfers or other transactions shall be paid by the Member Federation / Association.

BANK TRANSFER PAYMENTS

Important rules for Bank transactions:

100% of the total payment (accommodation & entry fee) must be transferred by 3 March 2026 to the Bank Account of the Local Organizing Committee.

The countries unable to make wire transfers are required to submit a request to the AWF President and the AWF General Secretary to obtain permission to pay in cash upon arrival.

Please contact your bank and consider the transaction time of your transfer to be duly received on or before 3rd March 2026 to the bank account of the LOC. Any short payment received on account of bank service charges deducted by the Bank should be paid in cash immediately upon arrival of team in Gandhinagar.

| | |
|-----------------------|--|
| Name of Beneficiary - | Indian Weightlifting Federation |
| Name of Bank - | HDFC Bank Limited |
| Address - | B-222-223, Sector-16, Noida, U.P. 201301 |



Account No. - 50100477267200 (all numeric figures)
IFSC Code - HDFC0001351
(in words *HDFC zero zero zero one three five one*)
MICR Code - 110240154
(in words *.....one one zero two four zero one five four*)
SWIFT Code - HDFCINBB
IBAN No. - 50100477267200
(in words *.....five zero one zero zero four seven seven two six seven two zero zero*)
BSR CODE - 0510875-2710008
(in words *..... zero five one zero eight seven five – two seven one zero zero zero eight*)

No accommodations or accreditations will be issued to any delegation member until funds have been received in full by the Local Organizing Committee (LOC).

No accommodation is guaranteed until full payment is received.

Hotel “No-Show” charges: If one or more delegation participants do not arrive on the date specified on the Accommodation & Transportation Form and have not informed the Local Organizing Committee before 3 March 2026, the delegation must pay the charge of “No-Show” per person to the Local Organizing Committee. The charge is equal to the Accommodation Fee per person/day.

If one or more participants are delayed one or more days, the delegation must pay for all the days specified in the Accommodation & Transportation Form sent.

After the submission of the Accommodation & Transportation Form until 3 March 2026 at the last, should you require any additional hotel rooms, the LOC will try their best to accommodate your additional team members in the same hotel, however, this cannot be guaranteed.

Cancellations will not be accepted after 3 March 2026 and no refunds will be given.

5. PRE-COMPETITION PROCEDURES / **ATHLETES' REGISTRATION**

Athletes must be registered via the AWF Online Entry System.

<https://www.a-entry.com>

If you have any questions or difficulties, please, contact AWF



PRELIMINARY ENTRIES

The preliminary entries must be registered into the AWF Online Entry System by no later than **4 January 2026**, that is 3 months prior to the event as per IWF Rules & Regulations.

- Member Federation/Association must submit the Preliminary Entry (Long List) of a maximum number of athletes:

Max.: SIXTEEN (16 MEN) and SIXTEEN (16 WOMEN)

THIS MEANS THAT THE MEMBER FEDERATION CANNOT ADD NEW ATHLETE(S) TO THE LIST AFTER 4 JANUARY 2026.

ALL COUNTRIES MUST SUBMIT THE FRONT AND BACK PAGE OF PASSPORTS AND PHOTOGRAPHS ALONG WITH PRELIMINARY ENTRIES BY EMAIL TO THE ORGANIZING COMMITTEE – sportseventswl@gmail.com BY 4 JANUARY 2026.

FINAL ENTRIES

The final list of athletes must be confirmed in the AWF Online Entry System by no later **4 March 2026**, that is one month prior to the event as per IWF Rules & Regulations.

Member Federation/Association must select the final list of athletes from the preliminary entry (previously submitted by **4 January 2026**):

Max: TEN ATHLETES (8+2 RESERVE) PER GENDER

THE FINAL LIST OF ATHLETES CAN BE ONLY FROM THOSE INCLUDED IN THE PRELIMINARY ENTRY.

NO ENTRIES WILL BE ACCEPTED WITHOUT THE FULL PAYMENT OF FEES.

The following documents must be submitted by 3 March 2026 (by email):

- Accommodation & Transportation Form
- Excel file **soft copy data** form
- Passport Copy & Photos for Accreditation



All forms must be sent to E-mail sportseventswl@gmail.com.

MEDIA

All media participants must be approved by AWF by no later than 3 March 2026.

COACHES REGISTRATION:

Only the member federation coaches registered on the IWF ICL database and having valid license will be eligible to represent as a coach during at the 2026 Asian Championships in Gandhinagar.

To confirm that all federation coach registrations are correct for the Asian Championships kindly forward by email the list of your federation coaches who will participate in Gandhinagar.

6. VISA

- i) All participants (except countries mentioned in sub para ii) and iii) must apply for **Indian Business B-3 category (Sports visa X-SP)** before entering INDIA. **Please fill in the Excel file soft copy data form and return it together with passport copies before 4 January 2026 to E-mail sportseventswl@gmail.com.**

Important note: Invitation letter for visa will be processed in a minimum of two weeks. Passports should have at least six months of validity (**i.e. 15-10-2026 or later**) remaining from the date of your entry or departure to or from India.

- ii) Some of the countries fall under India's Prior Reference Category (PRC) category like **Afghanistan, Bangladesh, China, Iraq, Pakistan, Sudan, and stateless persons**. Participants from these countries, as well as individuals of Pakistani origin, require special clearance for the B-3 sports visa and are required to apply for the visa in person with Indian Embassies in their Country / Region at least 120 days in advance to avoid procedural delays.
- iii) Countries such as Bahrain, DPR Korea, Iran, Kuwait, Lebanon, Palestine, Syria, Turkmenistan, Yemen and regions such as Hong Kong-China and Macau-China must apply for the Indian B-3 sports visa **in person at the Indian Embassy or Consulate in their respective country or region**. Applicants are advised to submit their visa applications at least 30 to 60 days in advance to avoid any procedural delays.



- iv) Online visa facilities are available on website - <https://www.indianvisaonline.gov.in/> for countries like Brunei, Cambodia, Indonesia, Japan, Jordan, Kazakhstan, Kyrgyzstan, Laos, Malaysia, Mongolia, Myanmar, Oman, Palestine, Philippines, Qatar, Saudi Arabia, Singapore, Sri Lanka, Chinese Taipei, Tajikistan, Thailand, United Arab Emirates, Uzbekistan and Vietnam.

| VISA INSTRUCTIONS IS ATTACHED SEPARATELY FOR APPLYING | | | | |
|---|---------|--------|---------|--------|
| VISA | THROUGH | ONLINE | WEBSITE | PORTAL |
| https://www.indianvisaonline.gov.in/ . | | | | |

LOC cannot guarantee any visa for participants submitting their visa application letter after the above deadline.

7. ACCREDITATION

- i) The Accreditation will take place at the designated Hotel in Gandhinagar.
- ii) It is essential to send clear photos (**as per details given in sub-para iii**) of each participant to the Organizing Committee by email (sportseventswl@gmail.com) to facilitate the preparation of ID/Accreditation cards.
- iii) These photos should be submitted along with the accommodation forms.
- Photo Specifications:**
- Size: 3.5 cm x 4.5 cm
 - File size: 100 KB to 500 KB
 - Background: White
 - File Format: JPG
 - File Name: The file name must include the full name and function of the participant (e.g., Full Name_Coach.jpg).

8. ANTHEM

Each Member Federation should bring two (2) national flags sized 100 x 150 cm and the national anthem on USB drive. This must be submitted upon arrival / accreditation to the Organizing Committee (OC).

The LOC/AWF cannot be held responsible for errors relating to the flag and anthem.



9. TRANSPORTATION

The LOC will provide a free shuttle bus service from/to Gandhinagar Domestic Airport and Sardar Vallabhbhai Patel International Airport to hotels upon the arrival of delegations.

Accommodation & Transportation Form must be provided by 3 March 2026.

All forms must be sent to the email address of AWF and Organizing Committee

Transportation form shall state which airline, flight number, and exact time each delegate will be arriving and departing. Any change in the travel schedule must be communicated well in advance, otherwise, the LOC cannot guarantee that it will be able to meet the new requests.

Local shuttle bus service will be provided for all participants to get from/to the venues (accommodation, competition/training venue, meetings and any other official program).

10. COMPETITION REGULATION

The 2026 Asian Weightlifting Championships will follow the IWF Technical and Competition Rules and Regulations (TCRR).

11. TERMS AND CONDITIONS OF PARTICIPATION

Accredited Participants - athletes, team officials, technical officials (TO), media, guests, etc. must:

- Acknowledge and fully comply with IWF Constitution & Rules, IWF TCRR, IWF Anti-Doping Rules (ADR), IWF Policies & IWF COVID-19 Protocols;
- Abide by all reasonable directions given by the AWF, the Local Organizing Committee (LOC), TOs;
- Should accept any prize or award given by AWF and/or LOC/Sponsors, and will attend all special award ceremonies where prizes or awards are presented;



- Should attend Press Conference upon request of AWF/LOC;
- Should not participate in, support, or promote illegal betting;
- Should be responsible for all property they bring into the Event - the AWF, and/or LOC shall have no responsibility for any loss or damage of this property;
- Should irrevocably release AWF & LOC from liability for any loss, injury, or damage that they may suffer in relation to their participation in the Event;
- Should guarantee that they participate in the Event with the permission of their parent(s) or guardian(s) in case they are minors;
- Should acknowledge that by not following the above-mentioned terms and conditions, sanctions may be imposed;
- Agree that entry is subject to payment of all fees inclusive of entry, anti-doping, accommodation, food and transportation payment prior to use of any LOC or AWF facility, or for airport transfers;
- Should acknowledge that no accommodation or arrangement is guaranteed until full payment is received in advance;
- All participating Federations should undertake full moral and financial responsibility of their registered/accredited delegates with regard to their health and wellness, and in the case of accidents or damages not attributable to the LOC.

12. ELIGIBILITY

Participating athletes must be 15 years of age and over (year of birth 2011 or earlier).

In accordance with article 5.5.16 of the IWF Anti-Doping Rules whereabouts information about the athletes shall be submitted at minimum three (3) months prior to the event, that is 4th January 2026, in the meantime it is the deadline for the 1st Quarter of the ADAMS submission, and the 31st March 2026 is the deadline for the 2nd Quarter of the ADAMS submission.

13. BODYWEIGHT CATEGORIES

MEN: 60kg, 65kg, 71kg, 79kg, 88kg, 94kg, 110kg, +110kg
WOMEN: 48kg, 53kg, 58kg, 63kg, 69kg, 77kg, 86kg, +86kg

14. AWARDS

Gold, silver, and bronze medals will be awarded in Snatch, Clean & Jerk, and Total in each bodyweight category.



Team trophies will be awarded to the best six teams respectively for both Men's and Women's competitions in accordance with Team Classification.

Best Lifters trophy in Men & Women section will be awarded as per IWF TCRR.

15. DOPING CONTROL

Doping control will be carried out by the Sample Collection Authority appointed by ITA on behalf of IWF in accordance with the IWF Anti-Doping Rules.

16. BARBELL

IWF approved ELEIKO barbells will be used during the competition and training.

17. INSURANCE

According to IWF Regulations, all participants must be under coverage for travel and accident/injury issuance by their respective Federations before their departure from their hometown.

18. TEMPERATURE & ELECTRICITY INFORMATION

Climate during the proposed period: The average temperature in Gandhinagar is 39°C ~ 25°C in April.

Electricity for India associated three main types of plugs: D and M. Indian switches operates on a 220-240V supply voltage and 49.5 Hz and 50.5 Hz.

CONTACT DETAILS:

Asian Weightlifting Federation

Address: Prince Faisal Bin Fahd Olympic Complex

P.O. Box 42806 Riyadh 11551 Kingdom of Saudi Arabia,

Tel: +966 50 800 8917

Email: secretariat@awf.sport



Indian Weightlifting Federation

Address: C-2/18, Sector-31, Noida, Uttar Pradesh
201301 (INDIA)

Tel: +91-120-4541605

Email: weightlifting@weightliftingindia.in

Local Organizing Committee

Mr. Ashwani Kumari, Chief Executive Officer, Indian Weightlifting
Federation

Tel: +919810298374

Email: sportseventswl@gmail.com



PRELIMINARY TIME TABLE **2026 AWF ASIAN WEIGHTLIFTING** **CHAMPIONSHIPS-GANDHINAGAR**

| Day | Date | Event |
|-----|------------|--------------------------------|
| 1 | 31-03-2026 | Arrival of teams & Delegations |
| 2 | 01-04-2026 | AWF Committee Meetings |
| | | AWF EB Meeting |
| 3 | 02-04-2026 | AWF Congress |
| | | Final verification meeting |
| 4 | 03-04-2026 | AWF Anti-Doping Seminar |
| | | Technical Official Meeting |
| | | Opening Ceremony |
| 5 | 04-04-2026 | 48 kg Women |
| | | 60 kg Men |
| 6 | 05-04-2026 | 53 kg Women |
| | | 65 kg Men |
| | | 58 kg Women |
| 7 | 06-04-2026 | 71 kg Men |
| | | 63 kg Women |
| | | 79 kg Men |
| 8 | 07-04-2026 | AWF Anti-Doping Seminar |
| | | Technical Official Mid-Meeting |



| | | |
|----|------------|------------------------|
| | | 69 kg Women |
| 9 | 08-04-2026 | 88 kg Men |
| | | 77 kg Women |
| | | 94 kg Men |
| 10 | 09-04-2026 | 86 kg Women |
| | | 110 kg Men |
| 11 | 10-04-2026 | +86 kg Women |
| | | +110 kg Men |
| 12 | 11-04-2026 | Departure of the Teams |