

MINUTES of the IWF Executive Board Meeting DAY-01 30th September 2025 at 09:30 AM Hybrid Meeting (in-person and online) in Scandic Sunfjord Hotel, Førde, NOR, on the Occasion of the 2025 IWF World Championships

PARTICIPATING

Mohammed Jalood, President and Chairperson of the Meeting,
Jose Quinones, General Secretary,
Ursula Papandrea, First Vice President,
Mohammed Alharbi, Chengliang LIU Vice Presidents,
Khaled Mehalhel, Astrit Hasani – Continental Presidents
Wen Hsin Chang, Matthew Curtain, Pyrros Dimas, Florian Sperl, Gardencia Du Plooy, Karoliina Lundahl, Shakhrrillo Makhmudov, Sirilak Thatman,
Boukar Tikire, Luis Zambrano – Members; Mohamed Abdelmaksoud, Doris Marrero – Appointed Members
Forrester Osei and Hidilyn Diaz-Naranjo AC representative(s),
23 Voting Board Members joined the meeting in person and 0 online, Quorum was formed.
Executive Board Delegates: Eshaq Ebrahim Eshaq, Willian Ozuna
Guest: Nadia Alvarado, PAWF 1st Vice President, representing the Panamerican Continent w/o voting rights
IWF Secretariat Members

Meeting started at 09:30 am CEST Time.

AGENDA OF THE MEETING

| | Topic | Speaker |
|----|--|-----------------------------------|
| 1 | Welcome Words and Report of IWF President | Mohammed Jaloud |
| 2 | Welcome Words of IWF General Secretary | Jose Quinones |
| 3 | Welcome Words of the President of NOR WF hosting the event | Stian Grimseth |
| 4 | Reports of IWF General Secretary & the IWF CEO | Jose Quinones / Achilleas Tsogas |
| | COFFEE BREAK | |
| 5 | Technical Committee Report | Sam Coffa |
| 6 | Coaching and Research Committee Report | Petr Krol |
| 7 | Medical Committee Report | Dr. Fathi Masmoudi |
| 8 | By-laws Approval | Ursula Papandrea |
| | LUNCH BREAK | |
| 9 | IWF Official Partner Agreement | Jose Quinones / Achilleas Tsogas |
| 10 | SBD Presentation | SBD Representatives |
| 11 | Financial matters | Maria Cseresnyes / Maxat Dastanov |
| 12 | Olympic Qualification System OG LA2028 | Matthew Curtain |
| 13 | OG LA2028 Sole Supplier Selection | Achilleas Tsogas |
| 14 | Changes on Ad-hoc Bodies (Committees, Advisory & Working Groups, Panels) | Mohammed Jaloud / Jose Quinones |

After the Roll Call, the President and the General Secretary welcomed the EB Members attending the meeting. The President also presenting the Agenda of the two-day Executive Board meeting informed the EB that Agenda Items 5 and 13 on Day-1 were postponed being presented on Day-2, i.e. 1st October 2025.

1. Report of the President

The President gave a brief about his activity since the Elections in May 2025. President reported on various meetings and visits with IOC, which included the inauguration of the first female and first African president of the IOC, Ms. Kirsty Coventry as well as meeting with the Olympic Games Executive Director, Mr. Christophe Dubi, discussing the possibility of increasing the number of bodyweight categories for 2028 Olympics would provide a more balanced gap between each of them, thus minimising the possible health impact and injury risk on the athletes. As a result of their commitment and efforts made; on 19 September 2025, “... the IOC EB approved the addition of two new weightlifting bodyweight categories – one men’s and one women’s – without increasing the overall athlete quota.” with the aim of reducing bodyweight gaps, thus supporting health of the athletes.

The President also visited some other MFs: Kazakhstan, having hosted the Asian Youth and Junior Championships in Astana, then Bahrain that would be hosting the Asian Youth Games in October as well as the Kingdom of Saudi, that would be hosting the Islamic Solidarity Games in November. In the end, the President thanked the support of the Members.

2. Welcome Words of the Local Host

Mr. Stian Grimseth the President of the Norwegian Weightlifting Federation, hosting the 2025 IWF WWC in Forde, Norway, welcomed the IWF Executive Board Members and wished a successful competition ensuring that everything was in place “for a great and memorable edition” of the IWF showcase.

3. Report of the General Secretary and the CEO

The General Secretary and the CEO presented a joint report on the works of the Secretariat attached hereto as Annex 01 and 02. Part of their presentation, Pedro Adrega showed the preview of the book with a title: “IWF: Raising the Bar Together since 1905”, celebrating the 120th anniversary of the IWF. The book has been available on the following link: [IWF_120YearsPublication_FINAL.pdf](#)

A motion was made to authorise the PRESIDENT and General Secretary to sign a Memorandum of Understanding (MOU) with Digital Esports Asia (DEA) and continue the negotiation for the sign off a formal Cooperation Agreement for the development of a weightlifting E-Sport game.

VOTE 1 to approve the aforesaid motion with 23 yes votes, 0 abstention, 0 no vote – PASSED.

President informed the EB about the commitment and hard work of the President and the General Secretary of the Weightlifting Federation of Africa to involve weightlifting in the African Youth Games.

4. Report of the Coaching and Research Committee (CRC) Chair

Mr. Petr Krol, the CRC Chair gave his report on the works of his Committee and provided detailed information on the International Coaching Licence having been introduced in operation lately. His presentation attached hereto as Annex 03.

A motion was made to approve to the CRC Chair Report

VOTE 2 to approve the aforesaid motion with 23 yes votes, 0 abstention, 0 no vote – PASSED.

5. Report of the Medical Committee (MC) Chair

Dr. Fathi Masmoudi, MC Chair gave his report on the works of his Committee attached hereto as Annex 04. The closing remarks of the Committee included points: a) Medical guidelines should be compiled into one reference document for the Local Organising Committees of Events, b) Hosts must comply with minimum medical service standards. d) Further research required before changing weigh-in rules. e) overall aim was to safeguard athlete health, improve medical governance, and strengthen injury reporting.

A motion was made to approve to the MC Chair Report

VOTE 3 to approve the aforesaid motion with 23 yes votes, 0 abstention, 0 no vote – PASSED.

LUNCH BREAK 12:00-13:00

6. IWF By-Laws

Given the floor, the IWF 1st VPT made a summary of the work done on the IWF Bylaws update attached hereto as Annex 05. A motion was made to approve to Section 4 A “eligibility of the athletes” on nationality change 3.1 and 3.2 as appeared on the screen.

VOTE 4 to approve the aforesaid motion with 20 yes votes, 0 abstention, 0 no vote – PASSED.

A motion was made to approve the proposed Bylaw changes with an enforcement date of 01 January 2026.

VOTE 5 to approve the aforesaid motion with 20 yes votes, 1 abstention, 0 no vote – PASSED.

The General Secretary requested to record in the Minutes to recognise the hard work of Madam First Vice President completed in the modification of the IWF Bylaws.

7. IWF Official Partner Agreement

The General Secretary and the CEO presented the result of series of negotiations with SBD Apparel on a possible partnership. Their presentation is attached hereto as Annex 06.

8. IWF Official Partner Presentation

Representatives of SBD made a commercial proposal in 8-year run, for technical accessories and apparel, their presentation attached hereto Annex 07.

A motion was made to approve the appointment of SBD as IWF Official Partner and Supplier and authorise the President and General Secretary to sign formal agreements with the terms set out in the presentation.

VOTE 6 to approve the aforesaid motion with 17 yes votes, 1 abstention, 0 no vote – PASSED.

9. IWF Financial Matters

Dastanov given the floor informed the Executive Board about the Portfolio in UBP. Also, the IWF Executive Board was informed by the President that the estimated Budget for 2026 would be ready for approval by the middle of December 2025.

A motion was made to approve the diversification of the IWF Portfolio as proposed by the Portfolio Manager in UBP.

VOTE 7 to approve the aforesaid motion with 19 yes votes, 0 abstention, 0 no vote – PASSED.

10. Olympic Qualification System (OQS) OG LA2028

Curtain given the floor explained the OQS OG LA2028, prepared by the OQS Working Group, having been sent to the Board members prior to the EB meeting attached hereto as Annex 08.

A motion was made to approve the OQS OG LA2028 subject to the verification of the Athletes Commission and IOC approval

VOTE 8 to approve the aforesaid motion with 19 yes votes, 1 abstention, 0 no vote – PASSED.

[Note: The Bodyweight Categories for OG LA2028, having been approved by the IWF EB, were ratified by the IWF Athletes Commission in their letter sent to the TC Chair on 17 October 2025, attached to Annex 08]

11. Changes on Ad-hoc Bodies (Committees, Advisory & Working Groups, Panels)

Given the floor, the General Secretary and the CEO made a proposal for some changes in the Ad-Hoc Bodies (IWF committees and commissions, etc.) according to the presentation attached hereto as Annex 09.

It was also proposed that Dr. Astrit Hasani, EWF President, would be appointed as the Chair of the AIN Panel while the members thereto remain the same.

It was also proposed to appoint Mr. Besim Hasani to be the Chair of the Strategic Working Group where to each IWF Continental Federation should delegate and appoint a member in the future.

A motion was made to approve the proposed changes in the Ad-Hoc Bodies as presented as well as the creation of the Working Group following up the implementation of the IWF Strategic Plan.

VOTE 9 to approve the aforesaid motion with 20 yes votes, 0 abstention, 0 no vote – PASSED.

There being no other matter to transact, the meeting was closed.

Meeting ended 17:00 p.m. CEST on 30/09/2025.



Mohammed Jalood



José Quiñones

Annexes to the Minutes

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| Annex 01 | General Secretary and CEO Report |
| Annex 02 | General Secretary Report |
| Annex 03 | CRC Chair Report |
| Annex 04 | MC Chair Report |
| Annex 05 | Bylaws Amendment Proposal |
| Annex 06 | Summary of SBD Negotiations |
| Annex 07 | SBD Partnership Proposal |
| Annex 08 | OQS OG LA2028 |
| Annex 09 | Changes on Ad-hoc Bodies (Committees, Advisory & Working Groups, Panels) |