

FEDERACIÓN MEXICANA DE LEVANTAMIENTO DE PESAS A.C.
AFILIADA A LA IWF, PANAMPESAS, CODEME Y COM.

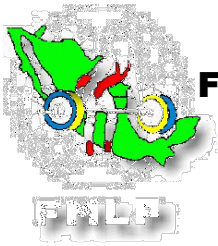


Pan American Youth Championships
Y
Pan American U15 Championships
2025

San Luis Potosí, San Luis Potosí, México
November 10 to 15, 2025



AV. CHURUBUSCO, PUERTA 9, ENTRE AÑIL Y VIADUCTO RÍO DE LA PIEDAD. COL. MAGDALENA MIXIUCA. DEL. IZTACALCO.
MÉXICO, D. F. C. P. 08010. TEL. 0155 5803 0100- 272 OBSIDIANA 175-C COL. LAS PIEDRAS C.P.78150 TEL. 4444116043 SAN LUIS POTOSÍ,
S.L.P. fedemexpesas1@gmail.com



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INVITATION



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To the Presidents and Secretaries General

of the National Weightlifting Federations affiliated with the Pan American Weightlifting Federation (PAWF)

Dear Presidents and Secretaries General,



On behalf of the Mexican Weightlifting Federation, the Mexican Olympic Committee, and the National Commission for Physical Culture and Sports (CONADE), we are honored to extend a cordial invitation to you to participate in the Pan American Youth Championship and Pan American Under-15 Championship, to be held from November 10 to 15, 2025, in San Luis Potosí, Mexico.



San Luis Potosí, a city rich in history, culture, and hospitality, has hosted numerous high-level sporting events and is fully prepared to warmly welcome the Pan American weightlifting delegations. The city offers first-class facilities and an organizing team committed to the success of this important continental competition.

The Mexican Weightlifting Federation, an active member of the Pan American Weightlifting Federation (PAWF) and the International Weightlifting Federation (IWF), in coordination with the Mexican Olympic Committee and CONADE, has consistently demonstrated strong organizational capabilities in international events, and is proud to contribute to the development and promotion of the sport in the region.

It will be an honor to count on your delegation's presence at this major event, which not only fosters high-level competition but also promotes unity among our youth through sport.

We look forward to welcoming you to Mexico with open arms, confident that you will enjoy a memorable sporting and cultural experience.



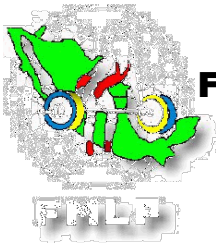
Sincerely,

Mexican Weightlifting Federation (FMLP)

Local Organizing Committee – Pan American Youth & U15 Championship SLP 2025

San Luis Potosí, Mexico





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Competition Regulations



1. General Conditions

The 2025 Pan American Youth Championship and Pan American Under-15 Championship will be held in accordance with the technical rules of the International Weightlifting Federation (IWF) and under the supervision and control of the Pan American Weightlifting Federation (PAWF).

2. Competition and Training Venue



The competition and training sessions will take place at Hotel María Dolores, located at Avenida Benito Juárez S/N, Zona Hotelera, 78390 San Luis Potosí, S.L.P., Mexico.

This venue has been fully equipped to host the competition area, as well as the warm-up and official training zones.

The training areas will be available starting November 9, 2025, from 08:00 a.m. onward.

3. Eligibility Requirements



For the Pan American Youth Championships, all athletes who are between 13 and 17 years old at the time of the event (that is, those born between 2008 and 2012) are eligible to participate.

For the Pan American U15 Championships, all athletes who are between 13 and 15 years old at the time of the event (that is, those born between 2010 and 2012) are eligible to participate.

For the Pan American Youth Championships, according to Article 5.5.16 of the IWF Anti-Doping Rules, athlete whereabouts information must be submitted at least three (3) months prior to the event, that is, by August 11, 2025.

If there are any difficulties submitting this information, please notify immediately at: iwf@ita.sport.

It is recommended that all athletes complete the WADA ADEL online course, available at: <https://adel.wada-ama.org>, prior to participating in the championship.



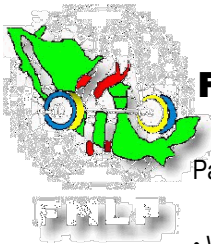
In addition, athletes and support personnel (coaches, doctors, etc.) must register on the IWF ILiftClean platform, watch the educational material, and pass the final quiz to receive a certificate of compliance. These certificates must be submitted to: weightlifting.education@ita.sport.

If technical assistance is needed for registration or use of the ADEL platform, please contact the World Anti-Doping Agency (WADA) at: adel@wada-ama.org.

4. Events



The competition will include the official IWF categories, as per its Technical and Competition Rules and Regulations (TCRR).



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Pan American Youth Championship

- Women: 44 kg, 48 kg, 53 kg, 58 kg, 63 kg, 69 kg, 77 kg, +77 kg
- Men: 56 kg, 60 kg, 65 kg, 71 kg, 79 kg, 88 kg, 94 kg, +94 kg



Pan American U15 Championship

- Women: 44 kg, 48 kg, 53 kg, 58 kg, 63 kg, 69 kg, 77 kg, +77 kg
- Men: 56 kg, 60 kg, 65 kg, 71 kg, 79 kg, 88 kg, 94 kg, +94 kg

5. Registration



This information applies to both events: the Pan American Youth Championship and the Pan American U15 Championship.

Athletes must be registered through the online ENTRY-FPLP system:

<http://dataentry.pesasamerica.org/>

- Preliminary entries will be open until September 10, 2025.

Each federation may register up to 16 athletes per gender. After this date, no additions or substitutions will be allowed.

- Final entries must be completed no later than October 10, 2025.

Only athletes previously registered in the preliminary phase may be confirmed.

The final list may include up to 10 athletes per gender (8 official and 2 reserves).

The Final Verification will be held virtually on November 3, 2025.

Each federation may confirm up to 8 athletes per gender.

National Federations must also declare the number of technical officials and delegates in their delegation.

The following documents must be uploaded to the ENTRY-FPLP system before October 19, 2025:

- Accommodation and transportation form

(must include airline, flight number, exact date and time of arrival and departure for each member of the delegation).

Any changes must be communicated in advance.

- Passport copy and digital photo for accreditation

For questions or technical assistance with the system, please contact the Local Organizing Committee at:

fedemexpesas1@gmail.com.

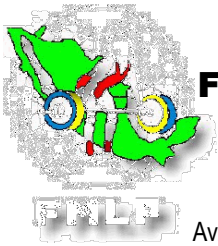


6. Accommodation

The official accommodation for the event will be at Hotel María Dolores, located at:



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Av. Benito Juárez S/N, Zona Hotelera, 78390 San Luis Potosí, S.L.P., Mexico

This hotel will also host technical meetings, the accreditation area, and serve as the main hub for delegations.



7. Financial Conditions

Full board accommodation rates (includes breakfast, lunch, and dinner):

- Single room: \$140 USD per person, per night
- Double room: \$120 USD per person, per night

These rates apply for a minimum stay of four (4) nights.



Important Note:

The Organizing Committee will only confirm reservations once full payment has been received, no later than October 9, 2025.

No-show or late arrival policy:

- If a delegation member does not arrive on the date specified in the Accommodation and Transportation Form and the Organizing Committee has not been notified by October 9, 2025, a charge equivalent to one night's stay per person will apply.
- If one or more members of the delegation arrive later than planned, the total number of nights originally indicated in the submitted form must still be paid.



It is strongly recommended to manage bookings in advance, as the Organizing Committee cannot guarantee additional rooms for late requests.

8. Registration Fee

Participation fees for the 2025 Pan American Youth & U15 Championships are:

- Pan American Youth Championship athletes: \$225 USD per person (includes \$100 USD for the IWF Anti-Doping Fee).
- Pan American U15 Championship athletes: \$125 USD per person.
- Delegates, coaches, and officials: \$125 USD per person.



9. Payment

To guarantee the confirmation of your participation, at least 50% of the total payment must be made before October 9, 2025, taking into account bank processing times. It is recommended to carry out the transaction in advance to ensure that the amount is reflected in the account before the deadline.

The corresponding proof of bank transfer must also be sent to the following email address:

fedemexpesas1@gmail.com, at least 15 days prior to the delegation's arrival, for validation.



No cancellations will be accepted and no refunds will be issued after October 9, 2025.



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All payments related to registration and accommodation must be made exclusively via bank transfer to the following account:

- Beneficiary: Banco Actinver, S.A. IBM
- Bank: JP MORGAN CHASE BANK, N.A.
- Account: 317012315
- SWIFT / ABA: CHASUS33 / 021000021
- Branch / Location: New York, NY
- Payment Reference: FEDERACION MEXICANA DE LEVANTAMIENTO DE PESAS AC 18395970



All participants who have not completed payment via bank transfer in advance must pay the total amount in cash (US dollars) upon arrival, directly to the Local Organizing Committee, represented by the Federación Mexicana de Levantamiento de Pesas A.C.

Important:

- All payments must be made in USD.
- Bank fees and international transfer charges are the sole responsibility of the participating Federation.
- No member of any delegation will be granted accommodation or official accreditation until full payment has been received, either via bank transfer or in cash upon arrival.



11. Official Equipment

All equipment used during the competition will be ZKC brand, certified and approved by the International Weightlifting Federation (IWF), meeting the required technical standards for international events.

12. Technical Officials' Meeting

The official meeting for Referees and Technical Officials will be held on November 10, 2025, at 18:00, at Hotel María Dolores, the main venue of the event. Attendance is mandatory for all accredited technical personnel.

13. Anti-Doping Control

Anti-doping tests will be conducted under the supervision of the International Testing Agency (ITA) on behalf of the IWF. The sample collection process will be carried out by a designated authority, in accordance with the IWF Anti-Doping Rules.



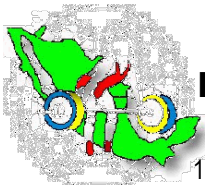
14. Awards

Gold, silver, and bronze medals will be awarded to the top three athletes in the snatch, clean & jerk, and total for each weight category.

The top five teams in both men's and women's divisions will receive official recognition.

In addition, the best male and female lifters of the event will be awarded based on the official points system.





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15. Technical Officials

In accordance with international guidelines, federations entering full teams may accredit up to two Technical Officials (one male and one female), provided they hold a valid international license.



Delegations entering incomplete teams may accredit only one Technical Official under the same condition.

The Organizing Committee will provide free accommodation and meals to accredited Technical Officials who meet this profile.

16. Internal Transportation

Official transportation will be provided from Ponciano Arriaga International Airport in San Luis Potosí to Hotel María Dolores.



17. Medical Insurance and Liability

Each participating Federation is fully responsible for the health, safety, and medical coverage of its delegation members.

The Organizing Committee will not assume responsibility for any accidents, illnesses, or other incidents that may occur during the delegations' stay in Mexico.



18. General Event Information

- Electric voltage: Standard 110v
- Currency: Mexican Peso (MXN)
- Estimated weather in November: Average temperatures range from 8°C in the morning to 22°C during the day. The climate is mild and dry, with very low probability of rain.

It is recommended to bring warm clothing for early mornings and light clothing for daytime activities, and to stay well hydrated throughout the day.



19. Official Contact

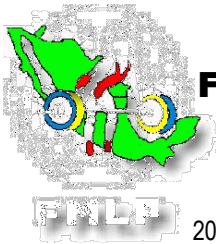
Pan American Weightlifting Federation (PAWF)

- José Quiñones – President: +51 994 516 230

Mexican Weightlifting Federation (FMLP)

- Vice President: +52 444 165 1348
- General Championship Coordinator: +52 812 150 0088
- Official email: fedemexpesas1@gmail.com.





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20. COMPETITION SCHEDULE (PRELIMINARY)



9	Sunday	ARRIVAL OF DELEGATIONS			
10	Monday	10:00	COACHES' TRAINING SESSION		
		14:00	ANTI-DOPING SEMINAR		
		18:00	TECHNICAL OFFICIALS' MEETING		
				Weigh-in	Competition
11	Tuesday	Men	56	8:00	10:00
		Women	44	11:00	13:00
		Opening Ceremony		16:00	
		Men	60	15:00	17:00
12	Wednesday	Women	48	8:00	10:00
		Men	65	11:00	13:00
		Women	53	14:00	16:00
		Men	71	17:00	19:00
13	Thursday	Women	58	8:00	10:00
		Men	79	11:00	13:00
		Women	63	14:00	16:00
		Men	88	17:00	19:00
14	Friday	Women	69	8:00	10:00
		Men	94	11:00	13:00
		Women	77	14:00	16:00
15	Saturday	Women	>77	8:00	10:00
		Men	>94	11:00	13:00
16	Sunday	DEPARTURE OF DELEGATIONS			

Sincerely
"Honor y Espíritu Deportivo"

Dr. Rosalio Antonio Alvarado del Ángel
Presidente de la Federación Mexicana de Levantamiento de Pesas A.C.

