

MINUTES of the IWF Executive Board Meeting (EB) held in person on 30th May 2025 at 08:00 CEST ONLINE – by Video Conference via Zoom

PARTICIPATING

Mohammed Jalood, President and Chairperson of the Meeting,

Jose Quinones, General Secretary,

Ursula Papandrea, First Vice President,

Mohammed Alharbi, Chengliang LIU Vice Presidents,

Mohd Yousef Al Mana, Astrit Hasani, Jose Quinones, Khaled Mehalhel Vice Presidents – Continental Presidents

Pyrros Dimas, Florian Sperl, Karoliina Lundahl, Matthew Curtain, Gardencia Du Plooy, Boukar Tikire, Yassini Esquivel, Luis Zambrano, Shakhillo

Makhmudov, Wen Hsin Chang, Sirilak Thatman, Jerry Wallwork - Members

Forrester Osei, Luisa Peters and Hidilyn Diaz-Naranjo AC representative(s),

23 Voting Board Members joined the meeting in person and 0 online, Quorum was formed.

IWF Secretariat Members

Guests: Antonio Urso

Meeting started at 08:00 am CEST Time.

AGENDA OF THE MEETING

	Topic	Speaker
1	Inaugural address of the President	Mohammed Jaloud
2	Inaugural address of the General Secretary	Jose Quinones
3	New EB members administration	Ioannis Mournianakis, Maria Cseresnyes
4	Appointment process	Achilleas Tsogas
5	Any other business	

After the Roll Call, the President and the General Secretary welcomed the EB Members attending the meeting.

1. Appointment Process

Tsogas presented the proposals on the screen. A motion was made to jointly approve motions 1, 2 and 3 as they appeared in the presentation, namely the appointment of the 3 EB Delegates, the appointment of the Chairs of Committees and Commissions, and the appointment of the Chairs of the Innovation Commission, the Marketing, the Media, and the Sport Science and Olympic Qualification System Commission, which were to be regulated and introduced in the By-laws, such appointments subject to the completion of eligibility checks for the individuals that were not candidates at the elections. The List of Appointees attached hereto as Annex 01.

VOTE 1 to approve the aforesaid motion with 23 yes votes, 0 abstentions, 0 no vote – PASSED.

2. New EB Members Administration

Mournianakis and Cseresnyes informed the EB Members about the upcoming administrative matters related to their election to the IWF Executive Board.

It was proposed to register Mr. Jose Quinones, General Secretary, also as a signatory in the banks, both in UBP Bank Switzerland and OTP Bank, Hungary to the currently existing signatories Mr Mohammed Jalood and Maria Cseresnyes having joint signatures; and to conduct the necessary due diligence (DD) procedures. The signatories will have joint power to sign in the banks until termination as follows: Maria Cseresnyes jointly either with the President or the General Secretary.

A motion was made to approve to prepare all the documents regarding the due diligence procedure of the Bank, and to modify, register the signatories in both Banks the IWF had account with the power of having joint signatures.

VOTE 2 to approve to conduct the necessary Banking DD and to register the aforesaid signatories in the Banks with 23 yes votes, no abstention PASSED.

3. Any Other Business

Dr. Antonio Urso having been invited to the meeting, gave an update to the EB about Mediterranean Games 2026:

- Games would be held in Taranto, Italy with weightlifting in Montemesola
- 5 men's and 5 women's categories, ~250 total athletes expected
- Venue and accommodations finalized, 15-20 min travel time
- Italian national TV to broadcast weightlifting events
- IWF to propose specific weight categories to organizers

He also informed the EB about a Scientific Certification Project which would generate new revenue for the IWF and offer certifications for professional coaches across sports as well as would include the reopening IWF scientific magazine. His presentation had been sent to the Members prior to the meeting attached hereto as Annex 02.

The President proposed Mr. Matthew Curtain and Ms Ursula Papandrea to be the Technical Delegates for LA2028 OG.

A motion was made to appoint to Mr. Matthew Curtain and Ms Ursula Papandrea to be the Technical Delegates for LA2028 OG.

VOTE 3 to approve the aforesaid motion with 21 yes votes, 2 abstentions, 0 no vote – PASSED.

There being no other matter to transact, the meeting was closed.

Meeting ended 10:00 a.m. CET on 30/05/2025.


Mohammed Jalood
IWF President


Jose Quinones
IWF General Secretary

Annexes to the Minutes

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| Annex 01 | List of Proposed Appointments |
| Annex 02 | Presentation of Scientific Certification Project |