

IWF Coaching and Research Committee

May 23, 2023

Online



Mr. Petr Krol, CRC Chair opened the meeting and welcomed the participants at the meeting, a special welcome to Mr. Florian Sperl, IWF Executive Board member.

Mr. Sperl thanked to Mr Krol and the CRC supporting the IWF Refugee Team. Mr. Krol is member of the Working Group. The idea raised last October. 7 applications have been received, 4 female and 3 male, and the Working Group and the EB approved to take all 7 athletes. One coach/manager has been appointed from Sweden. A training camp is organized in the end of June in Halmstad, with the big support of Eleiko. The main goal is Riyadh, but for these athletes it is not a qualification event for the Olympic Games.

Mr. Krol said that European Federation is the first to try the pilot program. Big thank you to all Federations and Mr. Colin Buckley to manage it. A seminar was organized in Halmstad where all coaches met and again thanks to Eleiko for supporting it.

Mr. Buckley added that in Halmstad it was a joint seminar with IWF and EWF, Dr. Kyle Pierce also presented online. Mr. Buckley explained that at the European Championships EWF asked the coaches names at the entry submission. 144 coaches registered for the European Championships, application form, coach information, AD declaration form and passport were needed. At the final entry 90% of the Federations entered the coach details. Mr. Buckley mentioned that there are too many incidents in the warm up area, athletes must be protected.

First program to consider, IWF Level 1 Conversion Course Pilot, in August 2023, in Turkey at EWF Youth Training Camp. Second program, IWF Level 1 & 2 Conversion Course Pilot with the Nordic Federation in October, in Sweden.

Mr. Ferrari informed the members that the French Sport Institute approved the new date of the training camp, November 2023. French Federation will organize meeting with the Barbell Companies to get equipment.

Mr. Canzek showed a presentation and said that IWF needs to have guidelines how to deal with small kids, to understand that weightlifting is a safe sport. Dr. Pierce added that Level 1 course is a beginner, from that some material can be used. Mr. Canzek said that in weightlifting the basic movements are very important, there is a need to educate parents as many are scared from weightlifting.