



# GHANA WEIGHTLIFTING FEDERATION

(Affiliated to IWF, WFA & CWF)

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May 9, 2025

The Hon. Presidents /General Secretaries  
African National Weightlifting Federations/Associations

Dear Sir/Madam,

**INVITATION TO AFRICAN JUNIOR (29TH MEN & 24TH WOMEN) AND YOUTH  
(15TH MEN & 14TH WOMEN) WEIGHTLIFTING CHAMPIONSHIPS, ACCRA-2025**

I bring you sporting compliments from the Patrons, Executive Board, and Members of the Ghana Weightlifting Federation.

The Ghanaian Weightlifting Federation is very much pleased to invite your national weightlifting teams to participate in African Junior (29th Men & 24th Women) and Youth (15th Men & 14th Women) Weightlifting Championships scheduled to be held on 15-22/08/2025 in Accra, Ghana.

The Championship will be held at the GCB Hall located at the University of Ghana from August 15, 2025 to August 22, 2025.

Please be rest assured that the arrangement to accept your National Weightlifting Federation/Association is already afoot.

We look forward to seeing you in Accra, Ghana for the 2025 African Junior (29th Men & 24th Women) and Youth (15th Men & 14th Women) Weightlifting Championships.

If you need any questions about the championship or require any assistance, please do not hesitate to contact the Federation contacts above by email: [ghanaweightinglifting2017@yahoo.com](mailto:ghanaweightinglifting2017@yahoo.com) or call +233267555755/ +233242229535/ +233240474076.

Your presence at the championship is important to us. We look forward to seeing you in Ghana.

Warmest sporting regards.

Hon, Jerry Ahmed Shaib Esq.  
President, Ghana Weightlifting Federation