



President / General Secretary

AWF Affiliated National Weightlifting Federation / Association

Dear Weightlifting Family,

The Weightlifting Federation of the Republic of Kazakhstan is honored to invite the national federations of participating countries to the **2025 Asian Youth & Junior Weightlifting Championships**, which will take place **from July 4 to July 10 in Astana, Republic of Kazakhstan**.

Astana is a modern and rapidly developing capital of Kazakhstan, located in the heart of Eurasia. The city is an important political, economic, and cultural center of the region, as well as an internationally recognized hub where Eastern traditions blend with Western innovations. Astana is renowned for its impressive architecture, including iconic landmarks such as the **Bayterek Monument**, the **Palace of Peace and Reconciliation**, and **Khan Shatyr—the world's largest tent-shaped structure**. Alongside its contemporary attractions, the city is also known for its warm hospitality and well-developed sports infrastructure, making it an ideal venue for hosting international competitions.

We are confident that this championship will be a **remarkable and prestigious event** in the world of weightlifting, bringing together Asia's most talented young athletes in the spirit of fair competition and excellence. This tournament will provide athletes with the opportunity to showcase their best performances, while spectators will witness the excitement of top-tier weightlifting battles. Furthermore, the championship will serve as an excellent platform for international collaboration, experience sharing, and fostering friendships between nations. We firmly believe that all guests and participants will leave with unforgettable memories and a deeper appreciation for the sport.

We look forward to welcoming you to Astana and wish all participants the best of luck!

Best regards,

Gaji Gajiyev

President of Weightlifting Federation of the Republic of Kazakhstan (WFRK)



COMPETITION REGULATIONS





Competition Rules and Regulation

1. Date & Place

4 - 10 July 2025 Astana, Kazakhstan

2. Competition and Training Venue

Athletics sports complex "Qazaqstan"

3. Accommodation

Hilton Astana (*Heydar Aliyev 14 st.*) / Wyndham Garden Astana (*Hussein bin Talal 25 st.*) / Holiday Inn Express Astana (*Turan 44 st.*)

4. Financial Conditions

4.1 Accommodation Fee (with full board)

Single room: 160 USD / per person / per night
Double room: 140 USD / per person / per night
Triple room: 120 USD / per person / per night

A minimum stay of 4 (four) nights is required for all participants

*** NOTE: Check-in Time: 14.00**

Check-out Time: 12.00 AM *

4.2 Entry fee

Athletes: 220 USD per athlete (Including 100 USD IWF Special Anti-Doping Fee)
Delegates and Team Officials: 120 USD per person

4.3 Payment

All payments must be made in cash for the accommodation and entry fees upon your arrival at the hotel.

Hotel "No-Show" charges: If one or more participants are delayed one or more days, the delegation must pay for all the days specified in the Accommodation & Transportation Form sent.

Cancellations will not be accepted after **4/Jun/2025** and no refunds will be given.

5. Entry deadlines/Online Entry Registration Guidelines and other forms

5.1. PRELIMINARY ENTRIES

The preliminary entries must be registered into the AWF Online Entry System by no later than **04 April 2025**, that is **3 months prior to the event as per IWF Rules & Regulations**.



- Member Federation/Association must submit the Preliminary Entry (Long List) of a **maximum** number of athletes:

**SIXTEEN (16) MEN and SIXTEEN (16) WOMEN / Youth
&
SIXTEEN (16) MEN and SIXTEEN (16) WOMEN / Junior**

**THIS MEANS THAT THE MEMBER FEDERATION CANNOT MODIFY LIST AFTER
04 Apr 2025**

- At the same time for administrative purposes the Member Federation must declare the estimated number of athletes and Team officials who will participate in the 2025 Asian Youth & Junior Championships.

5.2 FINAL ENTRIES

The final list of athletes must be registered in the AWF Online Entry System by no later than **04 June 2025**, that is **one month prior to the event as per IWF Rules & Regulations**.

Member Federation/Association must register the final list of athletes that were previously submitted in the preliminary registration:

Max. TEN (8+2 RESERVE) MEN and TEN (8+2 RESERVE) WOMEN IN YOUTH AND JUNIOR SECTION

THE FINAL LIST OF ATHLETES MUST BE SELECTED ONLY FROM THOSE INCLUDED IN THE PRELIMINARY ENTRY.

5.3. ONLINE ENTRY REGISTRATION GUIDELINES FOR BOTH PRELIMINARY AND FINAL ENTRIES

1. Registration Portal:

All athlete registrations must be submitted (before the deadline) exclusively through the AWF's designated online platform:

Link: <https://awf.sport/asian-youth-junior-entry/>

2. Access Credentials:

To enter the registration system, users must input the following case-sensitive password:
ASTANA2025

3. Step-by-Step Procedure (after successful entering the system):

- Step 1: Complete the Registrant Details section (full name, title, and contact information of the filling person).



- Step 2: Select the Nation for the team section.
- Step 3: Provide the Official Federation Email Address for verification purposes.
- Step 4: Input athlete data, including gender, full name, date of birth, bodyweight category, and total result.
- Step 5: If athlete is reserve, click on reserve option.
- Step 6: Indicate the Age Group (Youth or Junior) for each athlete.
If athlete will compete on each age groups, please select both age groups.
- Step 7: Click on the Next Athlete button to add more athletes.
- Step 8: Finalize submissions by clicking Confirm; please, note that incomplete entries will not be saved.

4. Deadlines:

- Preliminary Entries: **4 April 2025**
- Final Entries: **4 June 2025**

5. Technical Support:

For assistance, contact the AWF Technical Support Team via WhatsApp:
+998 95 590 31 10

5.4. FORMS

The following documents must be sent via email to Organizing Committee by (not later than) **04 June 2025**:

- Accommodation & Transportation Form
- Media Accreditation Form
- Copies of all Passports (picture page)
- Photos (3 cm x 4 cm, with white background)

All forms must be sent to the email address of AWF and Organizing Committee

For media:

- All media participants must be approved in advance.
- Please submit the Media Accreditation Form to: secretariat@awf.sport,
AYJWC.2025@yandex.kz

6. Visas

Persons arriving in the Republic of Kazakhstan who require a visa must:

- send a copy of a valid passport to the email address AYJWC.2025@yandex.kz no later than **May 15, 2025**. Then, after receiving the invitation from the organizing committee, you must contact the embassy/consulate of the Republic of Kazakhstan with the following documents:
- visa application form with a color or black and white photograph measuring 3.5 x 4.5 centimeters;
- invitation (will be provided by the organizing committee);



- valid passport (must have at least 2 blank pages and its validity must expire no earlier than 3 months from the expiration date of the requested visa).

On behalf of minors, visa documents for issuing visas are submitted by their legal representatives. Accompanying minors must have a notarized written consent of their legal representatives, translated into Russian.

The photograph pasted into the visa application form must correspond to the citizen's age at the time of document registration, with a clear image of the face from the front, without tinted glasses.

7. Accreditation

The accreditation will take a place at Hilton Astana (*Heydar Aliyev 14 st.*)

8. Anthem

Each Member Federation should bring two (2) national flags sized 120x180cm and the national anthem on CD/USB drive. This must be submitted upon arrival/accreditation to OC.

9. Transportation

The OC will provide a shuttle bus from Astana international airport for all participants.

According to this, accommodation and transportation must be provided latest by **04 June 2025**.

10. Competition Regulations

The 2025 Asian Youth & Junior Championships will follow the IWF Technical and Competition Rules & Regulations (TCRR).

11. Terms and Conditions of Participation

Accredited Participants – athletes, team officials, technical officials (ITO), media, guests, etc. must:

- Acknowledge and fully comply with IWF Constitution and By-Laws, TCRR, Anti- Doping Rules (ADR).
- Abide by all reasonable directions given by the AWF, the OC, TOs.
- Should accept any prize or award given by AWF and /or OC/sponsors, and will attend all special award ceremonies where prizes or awards are presented.
- Should attend Press Conference upon request of AWF/OC.
- Should not participate in, support, or promote illegal betting.
- Should be responsible for all property they bring into the Event – the AWF and/ or OC shall have no responsibility in any loss or damage of this property.
- Should irrevocably release AWF & OC from liability for any loss, injury, or damage that they may suffer in relation to their participation in the Event.
- Should guarantee that they participate in the Event with the permission of their parent(s) or guardian(s) in case they are minors.
- Should acknowledge that by not following the above-mentioned terms and conditions, sanctions may be imposed.
- Agree that entry is subject to payment of all fees inclusive of entry, anti-doping, accommodation, food and transportation payment prior to use of any OC or AWF facility, or for airport transfers.



- Should acknowledge that no accommodation or arrangement is guaranteed until full payment is received in advance.
- All participating Federations should undertake full moral and financial responsibility of their registered/accredited delegates with regard to their health and wellness, and in the case of accidents or damages not attributable to the OC.

12. Eligibility

Asian Youth Weightlifting Championships

Athletes born between 1st January 2008 and 31st December 2012 (aged 13 – 17 years)

Asian Junior Weightlifting Championships

Athletes born between 1st January 2005 and 31st December 2010 (aged 15 – 20 years)

In accordance with article 5.5.16 of the IWF Anti-Doping Rules 2025 whereabouts information of the athletes shall be submitted at minimum three (3) months prior to the event (**by 4 APR 2025**). In case you and/or your Athletes encounter any difficulties related to whereabouts submission, please report it IMMEDIATELY at iwf@ita.sport.

13. WADA ADeL online course

It is recommended that athletes participating should successfully complete the WADA ADeL online course for Athletes before competing.

The course can be found at the following link: <https://adel.wada-ama.org/>.

In case Athletes and supported personnel (coaches, team doctors) have any problem with the registration process, please contact WADA at adel@wada-ama.org and the IWF at education@iwfnet.net.

14. Event Categories

	For Asian Youth Weightlifting Championships
MEN:	56kg, 60 kg, 65kg, 71kg, 79kg, 88kg, 94kg, +94kg
WOMEN:	44kg, 48kg, 53kg, 58kg, 63kg, 69kg, 77kg, +77kg

	For Asian Junior Weightlifting Championships
MEN:	60 kg, 65kg, 71kg, 79kg, 88kg, 94kg, 110kg, +110kg
WOMEN:	48kg, 53kg, 58kg, 63kg, 69kg, 77kg, 86kg, +86kg

15. Awards

Gold, Silver, and Bronze medals will be awarded in the Snatch, the Clean & Jerk and the Total in each bodyweight category.

Team trophies will be awarded to the best male and female athletes, as well as to the best six teams respectively for both Men's and Women's competitions (for both Youth & Junior) in accordance with IWF Team Classification.

16. Doping Control

Doping Control will be carried out by ITA on behalf of IWF by an appointed sample collection authority in accordance with the IWF Anti-Doping Rules.



17. Equipment

IWF approved ZKC barbells will be used during the competition and training.

18. Insurance

According to IWF Regulations, all participants must be under coverage for travel and accident / injury / illness by their respective Federations before their departure from their hometown.

19. Temperature

The average Astana, Kazakhstan temperature during the Championships will be approximately between 15-25 degrees on Celsius. Electricity in Kazakhstan is 220 Volt.

Contact details:

Asian Weightlifting Federation

Tel: +966 50 800 8917
Prince Faisal Bin Fahd Olympic Complex
P.O.Box 42806 Riyadh 11551
Kingdom of Saudi Arabia
Email: secretariat@awf.sport

Weightlifting Federation of the Republic of Kazakhstan

Tel: +7 7172 72 51 12; +7 7172 72 51 13
+7 705 505 65 80
Astana, 18, Turan ave.
Republic of Kazakhstan
Email: AYJWC.2025@yandex.kz



COMPETITION TIME TABLE

DATE	TIME	EVENTS	GROUP
01 Jul		Arrival of delegations	
02 Jul	16:00	Final Verification of Entries	
	17:00	Technical Officials Meeting	
03 Jul	10:00	AWF Committee Meetings	
	15:00	AWF Executive Board Meeting	
04 Jul	11:00	48kg Women	B
	13:00	44kg Women	A
	15:00	Opening ceremony	
	16:00	48kg Women	A
	18:00	56kg Men	A
05 Jul	11:00	53kg Women	B
	13:00	60kg Men	B
	15:00	65kg Men	B
	17:00	53kg Women	A
	19:00	60kg Men	A
06 Jul	11:00	58kg Women	B
	13:00	65kg Men	A
	15:00	58kg Women	A
	17:00	71kg Men	B
	19:00	71kg Men	A
07 Jul	11:00	63kg Women	B
	13:00	79kg Men	B
	15:00	63kg Women	A
	17:00	79kg Men	A
08 Jul	11:00	69kg Women	A
	13:00	88kg Men	A
	15:00	77kg Women	A
	17:00	94kg Men	A
09 Jul	11:00	+77kg Women	A
	13:00	+94kg Men	A
	15:00	86kg Women	A
	17:00	110kg Men	A
10 Jul	11:00	+86kg Women	A
	13:00	+110kg Men	A
11 Jul		Departure of delegations	

- The competition timetable may be modified after the verification of final entries