



July 31, 2013

2013 COMMONWEALTH CHAMPIONSHIPS AND WORLD CUP MASTERS

MESSAGE FROM THE CHAIRMAN OF THE ORGANISING COMMITTEE



Dear Friends,

As President of the Malaysian Weightlifting Federation and Vice President of the International Weightlifting Federation, let me extend my warmest greetings from the majestic city of Penang.

I am very proud that we will once again host the Commonwealth Weightlifting Championships for Senior, Junior and Youth this year.. In conjunction with this event, we will host also the first World Cup Masters and Commonwealth Masters.

The event will be run on November 24th – 30th.

I would like to take this opportunity to express my gratitude to the World Masters Weightlifting Board for entrusting this event to Penang-Malaysia.

For the first time in history we will see a weightlifting festival. Youth, Juniors, Seniors and Masters will be part of a tournament that will represent the spirit of friendship, sportsmanship and goodwill. Penang is effectively uniting the ages of weightlifting. I have the greatest confidence that this will be an event to remember.

It gives me great pleasure to extend an invitation to all Federations of the Commonwealth, and to all individual master lifters from the different parts of the World to take part in this first ever festival of weightlifting in Malaysia.

We guarantee you a wonderful and enjoyable stay in this beautiful and historical city.

We will set up sightseeing tours and shopping tours daily, free of charge for all accredited participants and their partners. Our welcome banquet and opening ceremony will be spectacular, as will our closing ceremony. And again this will be free to all.

Internal transport from the airport to the hotel and also from the hotel to the training and competition venue will be free of cost also.

So join us in November and be part of this festival of lifting. We look forward to see you all in Penang..

With my highest regards,

Yours sincerely,

Dato' Ong Poh Eng

Chairman- Organising Committee

President Malaysia Weightlifting Federation

Vice President International Weightlifting Federation

Vice President: Commonwealth Weightlifting Federation

