

THE IWF IS ALREADY AT THE PARIS 2024 OLYMPICS!

IWF signs off “state-of-the-art” training facilities for the 2024 Olympic Games

The IWF President Mohammed Jalood, accompanied by the IWF Secretary General Antonio Urso, the IWF Executive Board Member and Paris 2024 Technical Delegate Matthew Curtain, and the Paris 2024 Weightlifting Competition Manager Jacqueline White signed off on July 26 the Training Venue for the athletes competing at the weightlifting event during the Olympic Games, from August 7-11.

Located in Studio 4 at the Olympic Village, the facilities include 24 platforms and are available to competitors from Saturday, July 27.

122 lifters (including two members of the Refugee Olympic Team) from 58 nations will compete at these Games, in 10 bodyweight categories (five for men and five for women).

The IWF President was visibly satisfied after the visit. *“We were very impressed and quite happy with what we saw here in Paris concerning the training conditions for our athletes during the Games. Everything has been prepared in an optimal way so that the lifters can deliver their best performances,”* considered Mr Jalood.

“With few hours before the Opening Ceremony, the excitement is already palpable and we are extremely confident about a great weightlifting event, from August 7-11. At this stage, I would like to express my gratitude to the Paris 2024 Organisers, but also to all those within the IWF that tirelessly worked for this very positive outcome,” concluded the IWF President.

Matthew Curtain also made a very positive comment. *“We come to the end of a long and challenging road. But what an exciting one it was! Symbolically, our presence here today marks the unofficial start of the weightlifting competition at these Games. And the first impressions couldn’t be better! The Organising Committee has done a wonderful job and all the IWF requirements are largely met,”* stated the IWF Technical Delegate to the Games.

Read more [here](#)



From left to right:
Matthew Curtain
(IWF EB Member
and Paris 2024
Technical Delegate),
Mohammed Jalood
(IWF President),
Antonio Urso (IWF
Secretary General),
and Jacqueline
White (Paris 2024
Weightlifting
Competition
manager)

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IWF President pays tribute to Lausanne in the House of Switzerland in Paris

The IWF President Mohammed Jalood was on July 28 in the House of Switzerland in Paris, during the second day of the Olympic Games. Located in the gardens of the Swiss Embassy in France, the House of Switzerland organised a reception to pay a tribute to Lausanne, the Olympic capital, and the city hosting the IWF headquarters.

Mr Jalood had the opportunity to meet the highest Swiss dignitaries, including the President of the country, Mrs Viola Amherd, the Mayor of Lausanne, Mr Grégoire Junod, the Canton de Vaud authorities, but also colleagues from other International Federations and the IOC.

As with many other nations, the House of Switzerland aims at promoting the country during the Olympic Games in Paris, while providing a “home” environment to all the athletes taking part in the competition. Special celebrations are awaiting those getting a medal in their respective events.

“Switzerland and Lausanne are very important for the IWF. Our headquarters are in the Olympic capital and we have been always very welcomed by the Swiss authorities. Lausanne gathers many of the most important international sports organisations in the world, including the IOC, so it is a privilege for the IWF to be located there,” declared Mr Jalood.

“I had the occasion to discuss with many Swiss authorities today and they all confirmed the importance of this partnership between the country, canton and city of Lausanne and the Sport Movement. I naturally wished them all the success for the participation of Swiss athletes at these Games,” concluded the IWF President.



The IWF President Mr Mohammed Jalood with the President of Switzerland, Mrs Viola Amherd (photo on the left); Mr Jalood leaving a gratitude message in the city of Lausanne board (photo above)

PARIS 2024 OLYMPIC GAMES

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[IF Guide](#)

[Team Leaders Guide](#)

[Training Venue Schedule](#)

[Training NOC Group Allocation](#)

[IWF TCRR \(updated\)](#)

[Official website](#)



PARIS 2024 OLYMPIC GAMES

Men's preview: Lasha and Shi Zhiyong aim for third gold, while Nasar can make record-breaking start

Lasha Talakhadze from Georgia and Shi Zhiyong from China, two of the world's most popular weightlifters, will have a chance in Paris to join a select group of triple champions. Karlos Nasar from Bulgaria will be the main focus of attention for the next generation. Judging by his most recent performance, 20-year-old Nasar is capable of winning gold and setting world records on his Olympic Games debut. Naim Suleymanoglu and Halil Mutlu from Turkey, Kakhi Kakhiashvili from Georgia – who competed for the Unified Team (Soviet Union) and Greece – and Pyrros Dimas from Greece are the only athletes to have been Olympic champion three times. They won their medals between 1988 and 2004. Nobody weighing more than 100kg has done it. Nobody from outside Europe has done it. Talakhadze and Shi Zhiyong, who collectively have been lifting internationally for 26 years, could become the first in those respects. Both men were born in October 1993 and either or both may retire after Paris. Talakhadze, from Georgia, has had problems with his knees. He will have been off the competition platform for 328 days by the time he lifts on August 10. When he won his seventh world title in Saudi Arabia last September, four of his rivals totalled 450kg or more. "The others are closing in on Lasha. The standard he showed today will not be enough any more," Georgia's head coach Giorgi Asanidze said at the time. Talakhadze has not lifted in competition since then. Talakhadze heads the rankings by 10kg and remains favourite for gold after his lengthy break. Gor Minasyan is ranked second for Bahrain and his former Armenia team-mate Varazdat Lalyan, who was in top form at the IWF World Cup in Thailand in April, is third.

Another super-heavyweight to watch for is 19-year-old Ali Ammar Yusur from Iraq. Yusur set a junior world record last year and is already talking of winning gold at the Los Angeles 2028 Olympic Games. He will be favourite to win the junior world title in León, Spain in September.

Read more [here](#)

The women's preview was published in the previous edition of the IWF Newsletter

Read also [here](#) an exclusive interview with three-time Olympic gold medallist Kakhi Kakhiashvili (GEO), who reflects on Lasha Talakhadze's career



Lasha Talakhadze (GEO, top image), Shi Zhiyong (CHN, middle) and Karlos Nasar (BUL, bottom)

IWF President praises Bahrain's preparation for the 2024 IWF Worlds

The IWF President Mohammed Jalood was this week in Manama, the capital of Bahrain, where the 2024 edition of the IWF World Championships will take place from December 4-15. Mr Jalood was received by the highest sports authorities of the country and was briefed in detail about the organisation of our showcase.

On July 9, an important meeting took place at the Al Wadi Palace, with the presence of His Highness Sheikh Khalid bin Hamad Al Khalifa, First Deputy Chairman of the Supreme Council for Youth and Sports, President of the General Sports Authority and President of the Bahrain Olympic Committee, His Highness Sheikh Salman bin Mohammed Al Khalifa, Vice President of the General Sports Authority, His Highness Sheikh Isa bin Ali Al Khalifa, Vice President of the Olympic Committee, Dr. Abdul Rahman Sadiq Askar, CEO of the General Sports Authority, Mr. Faris Mustafa Al Kooheji, Secretary General of the Olympic Committee, and Mr. Eshaq Ebrahim Eshaq, President of the Bahrain Weightlifting Federation.

HH Sheikh Khalid bin Hamad Al Khalifa welcomed Mr Jalood and praised the efforts made by the IWF to develop the sport in various parts of the world, noting the close relationship between Bahrain and our International Federation and the continuous co-operation between them.

Read more [here](#)

For the third consecutive year, weightlifting shines in the streets of Lausanne

The third edition of the Swiss Street Weightlifting was successfully organised in Lausanne, Switzerland, from July 5-7, 2024 and gathered many amateur and professional lifters, who could show their performances to the general public in one of the main squares of the Olympic Capital.

Besides many young Swiss competitors and future champions, the event was also attended by a delegation from Austria and France. As usual, the competition was held in a mixed-duet format, with the final ranking being calculated with the total lifted and the body weight of the two athletes on the team.

In the elite event, the first place went to the Austrian duet Dominik Certov/Paola Zikovski, with 255.2 points, followed by Switzerland's Yannick Tschan/Sheila Meister (the most experienced athletes in the field), with 221.5. The bronze went to the French pair Ben Ferré/Léa Antonio, with 214.9. The best snatch of the event was lifted by Certov (150kg), while Ferré was the strongest in the clean & jerk with a 200kg successful attempt.



Bahrain WL Federation President Mr Eshaq Ebrahim Eshaq (left) and IWF President Mr Mohammed Jalood signing the Host Agreement of the 2024 IWF World Championships

