



## ***INVITATION***

***To the President/General Secretary  
of IWF Affiliated National Weightlifting Federation/Association***

***Dear Sir, Madam,***

***On behalf of the Spanish Weightlifting Federation, we have the great honor to invite you to the 2024 IWF World Junior Championships, during the period of September 19th to September 27th in León, Spain.***

***León is an ancient city, well connected with Madrid and Asturias and surrounded by the stunning mountain range, Picos de Europa.***

***The Spanish Weightlifting Federation will do its best to receive all the athletes, coaches, and referees in our beloved country, trying to guarantee good quality accommodation and transportation for all the participants.***

***We invite you all to come to León, where you will enjoy the best of our gastronomy in one of the most beautiful cities in northern Spain.***

***Signed.***

***Constantino Iglesias Rodríguez.  
Spanish Weightlifting Federation President.***





# COMPETITION REGULATIONS





## 1. DATES & PLACE

19-27 September, León, Spain

## 2. COMPETITION AND TRAINING VENUE

### Competition & Training Venue

“Palacio de Exposiciones y congresos de León”  
Calle Gómez Salazar 24009, León, Spain

## 3. ACCOMMODATION

Accommodation will be at the following hotels:

### Teams (MFs)

**Hotel Santiago León** / Ctra. Asturias, Km.1,6 24193 Villaquilambre, León

### Technical Officials (ITOs)

**Hotel Abad San Antonio** / Comp. Asis. de León, Calle Altos de Nava, S/n 24008 León

A minimum stay of 4 (four) nights is required for all participants.

**NOTE: Check-in: 14.00 / Check-out: 12.00**

## 4. FINANCIAL CONDITIONS

### ACCOMMODATION FEE (with full board)

Single room	USD 200 / person / night
Double room	USD 150 / person / night
Triple room	USD 140 / person / night

### ENTRY FEE

Athletes:	USD 300 / athlete (incl. USD 100 IWF Special AD Fee)
Delegates & Team Officials:	USD 200 / person

### TRANSPORTATION FEE

Asturias International Airport:	USD 50 / person (2 ways)
León Airport or Train Station:	free of charge



## **PAYMENT**

Check-in: All participants should pay the relevant fees by bank transfer to the Local Organizing Committee.

All payments must be made in US Dollar currency and any bank charges for transfers or other transactions shall be paid by the Member Federation.

No accommodations or accreditations will be offered to any delegation member until funds have been received in full by the Local Organizing Committee (LOC). **No accommodation is guaranteed until full payment is received.**

Hotel "No-Show" charges: If one or more delegation participants do not arrive on the date specified on the Accommodation & Transportation Form and have not informed the Local Organizing Committee before 19 August 2024, the delegation must pay the charge of "No-Show" per person to the Local Organizing Committee. The charge is equal to the Accommodation Fee per person/day.

If one or more participants are delayed one or more days, the delegation must pay for all the days specified in the Accommodation & Transportation Form sent.

After the submission of the Accommodation & Transportation Form until **19 August 2024** at the latest, should you require any additional hotel rooms, the LOC will try their best to accommodate your additional team members in the same hotel, however, this cannot be guaranteed.

Cancellations will not be accepted after **19 August 2024** and no refunds will be given.

## **BANK TRANSFER PAYMENTS**

Important rules for Bank transactions:

**100% of the total payment (accommodation & entry fees) must be transferred by 19 August 2024 to the Bank Account of the Local Organizing Committee.**

**The countries unable to make wire transfers to submit a request to pay upon arrival based on the decision of the President and the General Secretary on a case-by-case basis.**

Please contact your bank and consider the transaction time of your transfer to be duly received by the deadline to the bank account of the LOC.

We kindly ask you to send the bank statement confirming the bank transfer you made to the bank account of the LOC by sending it to [leon2024@iwf.sport](mailto:leon2024@iwf.sport).



**Bank Name:** CAJAMAR CAJA RURAL, SOCIEDAD COOPERATIVA DE CRÉDITO

**Bank Address:** C. DE BRAVO MURILLO, 198, TETUÁN, 28020 MADRID

**Branch:** 0990

**IBAN or Bank Account No:** ES90 3058 0972 7327 2020 0683

**SWIFT / BIC Code:** CCRIES2AXXX

## 5. PRE-COMPETITION PROCEDURES / ATHLETES' REGISTRATION

Athletes must be registered via the **IWF Online Entry System**:

<https://mf.iwf.sport>

If you have any questions or difficulties, please contact IWF at [competition@iwf.sport](mailto:competition@iwf.sport)

### PRELIMINARY ENTRIES

The preliminary entries must be uploaded into the IWF Online Entry System by no later than **19 June 2024**.

- Member Federation must submit the Preliminary Entry (Long List) of a maximum number of athletes:

**TWENTY (20) MEN and TWENTY (20) WOMEN**

**THIS MEANS THAT THE MEMBER FEDERATION CANNOT ADD NEW ATHLETE(S) TO THE LIST AFTER 19 JUNE 2024.**

### FINAL ENTRIES

The final list of athletes must be confirmed in the IWF Online Entry System by no later than **19 August 2024**.

Member Federation must select the final list of athletes from the preliminary entry (previously submitted by 19 June 2024):

Max. **TWELVE ATHLETES (10+2 RESERVE) / GENDER**

**THE FINAL LIST OF ATHLETES CAN BE SELECTED ONLY FROM THOSE INCLUDED IN THE PRELIMINARY ENTRY.**

**NO ENTRIES WILL BE ACCEPTED WITHOUT THE FULL PAYMENT OF FEES.**



The following documents must be returned by **19 August 2024** (by email):

- Accommodation & Transportation Form
- Passport Copy & Photos for Accreditation

All forms must be sent to [leon2024@iwf.sport](mailto:leon2024@iwf.sport).

## **MEDIA**

All media participants must be approved in advance.

Applications should be submitted by **19 August 2024** via the link below:

<https://iwf.net/mediareg/>

In case of any questions, please contact IWF at [pedro.adrega@iwf.sport](mailto:pedro.adrega@iwf.sport)

## **6. VISA**

Use the link below to see which countries require a visa to enter Spanish territory:

<https://eur-lex.europa.eu/legal-content/EN/TXT/PDF/?uri=CELEX:32018R1806&from=en>

For those countries that require a visa to enter Spain, please visit the link below for a list of Spanish embassies in the world:

<https://www.exteriores.gob.es/en/EmbajadasConsulados/Paginas/index.aspx>

On the embassies' websites, click on the "Consular services" tab to find all the information you need on conditions of entry to Spain, visas, and other information.

If any of the member federations need an invitation letter, please send a request to [leon2024@iwf.sport](mailto:leon2024@iwf.sport).

## **7. ACCREDITATION**

Accreditation will take place at the **Hotel Santiago León**.

## **8. FLAG & ANTHEM**

Each Member Federation is responsible for bringing its national flag (100x150 cm) and anthem (USB) and handing them over to the Local Organizing Committee during accreditation. The LOC/IWF cannot be held responsible for errors relating to the flag and anthem.



## 9. TRANSPORTATION

The LOC will provide a free shuttle bus service from/to León Airport (LEN)/Train Station to all participants & from/to Asturias International Airport (OVD) (for USD 50 / person).

Accommodation & Transportation Form must be provided by **19 August 2024**.

- Transportation form shall state which airline, flight number, and exact time each delegate will be arriving and departing. Any change in travel schedule must be communicated in time.
- Local shuttle bus service will be provided for all participants to get from/to the venues (accommodation, competition/training venue, and any other official program).

## 10. COMPETITION REGULATION

The 2024 IWF World Junior Championships will follow the IWF Technical and Competition Rules & Regulations (TCRR).

## 11. TERMS AND CONDITIONS OF PARTICIPATION

Accredited Participants – athletes, team officials, technical officials (TO), media, guests, etc. must:

- Acknowledge and fully comply with IWF Constitution & Rules, IWF TCRR, IWF Anti-Doping Rules (ADR), IWF Policies & IWF COVID-19 Protocols;
- Abide by all reasonable directions given by the IWF, the Local Organizing Committee (LOC), TOs;
- Should accept any prize or award given by IWF and/or LOC/Sponsors, and will attend all special award ceremonies where prizes or awards are presented;
- Should attend Press Conference upon request of IWF / LOC;
- Should not participate in, support, or promote illegal betting;
- Should be responsible for all property they bring into the Event – the IWF and/or LOC shall have no responsibility for any loss or damage of this property;
- Should irrevocably release IWF & LOC from liability for any loss, injury, or damage that they may suffer in relation to their participation in the Event;
- Should guarantee that they participate in the Event with the permission of their parent(s) or guardian(s) in case they are minors;
- Should acknowledge that by not following the above-mentioned terms and conditions, sanctions may be imposed;
- Agree that entry is subject to payment of all fees inclusive of entry, anti-doping, accommodation, food and transportation payment prior to use of any LOC or IWF facility, or for airport transfers;
- Should acknowledge that no accommodation or arrangement is guaranteed until full payment is received in advance;



- All participating Federations should undertake full moral and financial responsibility of their registered/accredited delegates with regard to their health and wellness, and in the case of accidents or damages not attributable to the LOC.

## 12. ELIGIBILITY

Participating athletes must be between 15 to 20 years of age (born between 2004 and 2009).

In accordance with article 5.5.16 of the IWF Anti-Doping Rules whereabouts information of the athletes shall be submitted at minimum three (3) months prior to the event (**Q2 / by 19 June 2024 & Q3 / by 30 June 2024**).

In case you and/or your Athletes encounter any difficulties related to whereabouts submission, please report it IMMEDIATELY at [iwf@ita.sport](mailto:iwf@ita.sport).

## 13. MF CATEGORIZATION RULE

As of 1 January 2024, the IWF's Member Federations are categorised based on the doping risk to the sport and are required to fulfil specific anti-doping requirements for athletes to be eligible to compete at IWF events such as the IWF World Junior Championships.

With the introduction of Articles 18.8, 18.9, and 18.10 to the IWF Anti-Doping Rules, Category 'A' and 'B' Member Federations are required to ensure all athletes competing in the IWF World Junior Championships are **tested** and **educated** in line with IWF's updated Anti-Doping Rules.

As an important note, the testing requirements apply **ONLY** to athletes who are not already in the IWF's Registered Testing Pool. The table at the end of the document you can find on the link below shows the anti-doping requirements of the Member Federation based on the category assigned following the IWF's categorisation process.

[https://iwf.sport/wp-content/uploads/downloads/2024/03/231129-Categorisation-of-MFs-Operational-Guidelines\\_FINAL.pdf](https://iwf.sport/wp-content/uploads/downloads/2024/03/231129-Categorisation-of-MFs-Operational-Guidelines_FINAL.pdf)

Please find here the document which includes the categorised Member Federations:

[https://iwf.sport/wp-content/uploads/downloads/2023/12/List-of-Categorised-IWF-Member-Federations\\_FINAL.pdf](https://iwf.sport/wp-content/uploads/downloads/2023/12/List-of-Categorised-IWF-Member-Federations_FINAL.pdf)

In case you have questions do not hesitate to contact us at: [antidoping@iwf.sport](mailto:antidoping@iwf.sport)





## 14. EVENT CATEGORIES

MEN: 55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg, 109kg, +109kg  
WOMEN: 45kg, 49kg, 55kg, 59kg, 64kg, 71kg, 76kg, 81kg, 87kg, +87kg

## 15. AWARDS

Gold, Silver, and Bronze medals will be awarded in the Snatch, the Clean & Jerk, and the Total in each bodyweight category.

Trophies will be awarded to the best male and female athletes, as well as to the top six men's and women's teams, according to the IWF Team Classification.

## 16. DOPING CONTROL

Doping Control will be carried out by the Sample Collection Authority appointed by ITA on behalf of IWF in accordance with the IWF Anti-Doping Rules.

## 17. SPORT EQUIPMENT

IWF-approved ELEIKO barbells will be used during the competition and training.

## 18. INSURANCE

According to IWF Regulations, all participants must be under coverage for travel and accident/injury/illness (COVID-19) by their respective Federations before they leave their hometown.

## 19. TEMPERATURE

The average temperature in León in September is around 10-25 °C.



Contact details:

**Spanish Weightlifting Federation / Local Organizing Committee**

Calle Numancia 2, local 1. 28039, Madrid, España

Phone: +34 697 961 497

E-Mail: [leon2024@iwf.sport](mailto:leon2024@iwf.sport) & [documentacion@fedehalter.org](mailto:documentacion@fedehalter.org)

**International Weightlifting Federation**

Maison du Sport International, Av. de Rhodanie 54, Switzerland -1007, Lausanne

Phone: +41 21 601 3227

E-Mail: [iwf@iwf.sport](mailto:iwf@iwf.sport) & [competition@iwf.sport](mailto:competition@iwf.sport)



## PRELIMINARY TIMETABLE

<b>05 September / Thursday</b>	<b>12:00 CET</b>	<b>Verification of Final Entries ONLINE</b>		
<b>18 September / Wednesday</b>	<i>TBC</i>	<i>Technical Officials' Meeting</i>		
	<i>TBC</i>	<i>Opening Ceremony</i>		
<b>19 September / Thursday</b>	9:00	Women	45-49	B
	11:00	Men	55	B
	<b>13:00</b>	<b>Women</b>	<b>45</b>	<b>A</b>
	<b>16:00</b>	<b>Men</b>	<b>55</b>	<b>A</b>
	<b>19:00</b>	<b>Women</b>	<b>49</b>	<b>A</b>
<b>20 September / Friday</b>	10:30	Women	55	B
	13:00	Men	61	B
	<b>16:00</b>	<b>Women</b>	<b>55</b>	<b>A</b>
	<b>19:00</b>	<b>Men</b>	<b>61</b>	<b>A</b>
<b>21 September / Saturday</b>	10:30	Men	67	B
	13:00	Women	59	B
	<b>16:00</b>	<b>Men</b>	<b>67</b>	<b>A</b>
	<b>19:00</b>	<b>Women</b>	<b>59</b>	<b>A</b>
<b>22 September / Sunday</b>	10:30	Women	64	B
	13:00	Men	73	B
	<b>16:00</b>	<b>Women</b>	<b>64</b>	<b>A</b>
	<b>19:00</b>	<b>Men</b>	<b>73</b>	<b>A</b>
<b>23 September / Monday</b>	10:30	Men	81	B
	13:00	Women	71	B
	<b>16:00</b>	<b>Men</b>	<b>81</b>	<b>A</b>
	<b>19:00</b>	<b>Women</b>	<b>71</b>	<b>A</b>
<b>24 September / Tuesday</b>	10:30	Women	76	B
	13:00	Men	89	B
	<b>16:00</b>	<b>Women</b>	<b>76</b>	<b>A</b>
	<b>19:00</b>	<b>Men</b>	<b>89</b>	<b>A</b>



<b>25 September / Wednesday</b>	10:30	Men	96	B
	13:00	Women	81	B
	<b>16:00</b>	<b>Men</b>	<b>96</b>	<b>A</b>
	<b>19:00</b>	<b>Women</b>	<b>81</b>	<b>A</b>
<b>26 September / Thursday</b>	8:30	Women	87	B
	10:30	Men	102-109	B
	<b>13:00</b>	<b>Men</b>	<b>102</b>	<b>A</b>
	<b>16:00</b>	<b>Women</b>	<b>87</b>	<b>A</b>
	<b>19:00</b>	<b>Men</b>	<b>109</b>	<b>A</b>
<b>27 September / Friday</b>	8:30	Women	+87	B
	10:30	Men	+109	B
	<b>13:00</b>	<b>Women</b>	<b>+87</b>	<b>A</b>
	<b>16:00</b>	<b>Men</b>	<b>+109</b>	<b>A</b>
	<i>TBC</i>	<i>Closing Ceremony</i>		

*The competition schedule is subject to change after the final entry deadline & after the verification of final entries.*