



CONFEDERACIÓN
SUDAMERICANA
DE LEVANTAMIENTO
DE PESAS



**PANAMERICAN YOUTH CHAMPIONSHIP
SOUTH AMERICAN CHAMPIONSHIPS
UNDER 15, UNDER 17, UNDER 20 AND
SENIOR CHAMPIONSHIPS**

PALMIRA, VALLE DEL CAUCA, COLOMBIA

FROM JUNE 19 TO JUNE 25, 2024

Carrera 39 # 9 -31 - Unidad Deportiva Panamericana Santiago de Cali - Colombia.
E-mail: fedepesacolombia@gmail.com.

Afiliada al Comité Olímpico Colombiano - Federación Internacional de Levantamiento de Pesas IWF
Confederación Sudamericana y Federación Panamericana



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OFFICIAL INVITATION

Gentlemen:

Member Federations of the Pan American Federation and South American Weightlifting Confederation.

Best regards,

For the city of Palmira it is a pleasure to bring together the weightlifting family from all over the American Continent in the framework of the most important continental events of the different age categories. Once again we want you to feel at home and enjoy the conditions we provide for athletes, support staff, coaches and managers to achieve their goals in these important competitions.

We know how to work as a team and we coordinate with the different entities of the National Sports System so that you can feel confident that you will enjoy an excellent U-20 Pan American Championship and U-15, U-17, U-20 and Senior South American Championships.

We are waiting for you with open arms.

Sincerely yours,

William Peña

President FEDEPESASCOL



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COMPETITION RULES

1. General Conditions

The competitions will be conducted in accordance with the technical and competition regulations of the International Weightlifting Federation (IWF TCRR), under the supervision of the Pan American Federation and South American Confederation of this sport.

2. Competition Venue and Dates

The competitions will be held from June 19 to 25, 2024, at the facilities of the Ciudadela Deportiva Ramiro Echeverry Sánchez in the city of Palmira.

3. Eligibility

Participating athletes must meet the following ages to participate:

Pan American Junior Championship: Must be 15 -20 years of age (Born between 2004 and 2009).

South American Senior Championships: Must be 15 years of age or older (Born in 2009 or earlier).

South American U20 Championships: Must be 15 - 20 years old (Born between 2004 and 2009).

U17 South American Championship: Must be 13 - 17 years old (Born between 2007 and 2011).

South American Under 15 Championship: Must be 13 - 15 years old (Born between 2009 and 2011)

Only IWF Member Federations in good standing with the IWF, PAWF and SAWC are eligible to participate.

In accordance with Article 5.5.16 of the IWF Anti-Doping Rules 2023, information on the whereabouts of Athletes must be provided at least three months prior to the event (by March 20, 2024).

4. Events

The categories to compete are the official IWF Technical and Competition Rules and Regulations (TCRR).

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Under 15 and Under 17 categories:

Female: 40 kg, 45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg, +81 kg.

Male: 49 kg, 55 kg, 61 kg, 67 kg, 73 kg, 81 kg, 89 kg, 96 kg, 102 kg, +102 kg

Under 20 and Senior categories:

Female: 45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg, 87 kg, +87 kg.

Male: 55 kg, 61 kg, 67 kg, 73 kg, 81 kg, 89 kg, 96 kg, 102 kg, 109 kg, +109 kg

5. Registration

Preliminary Entries will be received until April 19, 2024.

Note.

After this date, athletes cannot be added or changed

Final Entries will be received until May 19, 2024.

For administrative reasons, the National Federations must declare the number of Officials that will participate in the following links:

Preliminary

<https://forms.gle/PQwdiXbLKRMBQgbSA>

Note: Up to 20 (twenty) athletes per gender and per event may be registered.

Final:

<https://forms.gle/cNNU9qbEWS9apuH59>

Note: Only those athletes and officials who have been registered in the preliminary phase may be confirmed. The final list may include up to 12 (twelve) athletes per gender and per event (10 athletes + 02 reserves).

6. Financial Conditions

Lodging and meals for the participating delegations will be at:

Accommodation costs US\$ 90.00 (North American Dollars) per day and per person in double or triple rooms.

Single rooms cost US\$ 140.00 (US Dollars) per day and per person.

Check in at the hotel will be at 3:00 p.m. and check out at 12:00 noon.

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The minimum stay for each of the members of the participating teams will be four (04) nights.

No accommodation will be guaranteed until full payment has been received by 1 June 2024.

Hotel No-Show Charges: If one or more delegation participants fail to arrive on the date specified on the Accommodation and Transportation Form and have not informed the Organizing Committee by June 1, 2024, the delegation will be required to pay the Local Organizing Committee the "No-Show" charge per person.

The charge is equal to the Accommodation Fee per person/day.

If one or more participants are delayed by one or more days, the delegation must pay for all days specified on the submitted Accommodation and Transportation Form.

The submission of the Accommodation and Transportation Form is due by May 20, 2024. In the event that additional hotel rooms are needed, the OC cannot guarantee to accommodate additional team members in the same hotel.

No cancellations will be accepted after June 10, 2024 and no refunds will be issued.

Payments for registration and stay will only be received through bank transfer to the following bank:

BANK / BANCOLOMBIA

ACCOUNT NUMBER / 787-289438-14

BIC / 890480912-1

SWIFT CODE / COLOCOB-M o COLOCOBM

BENEFICIARY / Federación Colombiana de Levantamiento de Pesas

BANK ADDRESS / Avenida Roosevelt # 25-67.

FEDERATION ADDRESS / CARRERA 39 # 9-31 de Cali

CITY / Cali

7. Registration Fee

For athletes the registration fee is paid per event.

Pan American Junior Championships:

- Athletes: USD \$225.00 (includes USD \$100 IWF special anti-doping fee).
- Officials: USD \$125.00

South American Championships:

- Senior, U20 and U17 Athletes: USD \$200.00 (includes USD\$100 special anti-doping fee).
- U15 Athletes USD \$100
- Officials: USD \$100

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8. Accreditations

For the delivery of accreditations, your delegation must be in good standing for registration and lodging, and must present the passports of each member of the delegation at the time of accreditation.

9. Competition Equipment

The competition equipment for the event will be from ZKC, a brand endorsed by the IWF..

10. Final Verification Meeting

To be held on June 19, 2024 at the Royal Elim International Hotel.

11. Technical Officials Meeting

To be held on June 19, 2024, at the Royal Elim International Hotel.

12. Doping Control

Doping Control shall be conducted by ITA on behalf of the IWF, by a designated sample collection authority in accordance with the IWF Anti-Doping Rules.

13. Awards

Gold, silver and bronze medals will be awarded to the three (3) best male and female lifters in each division for each event.

Awards will be given to the three (3) best teams in male and female for each event. Trophy to the best male and female weightlifter in each event.

14. Technical Officials

They will be nominated by the Pan American Weightlifting Federation. According to current regulations, all participating countries with a complete team may accredit up to 02 (two) referees (male and female) with valid international card; and participating countries with incomplete teams may accredit up to 01 (one) referee with valid international card, to all of them, the organizing committee offers accommodation and food free of charge.

The arrival of the referees will be on June 19 and departure on June 25, 2024.

15. Internal Transportation

The Organizing Committee will provide transportation from the Alfonso Bonilla Aragon International Airport, in the city of Palmira, to the Royal Elim International Hotel, both upon arrival and departure of the participating delegations.

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16. Insurance

All participating Federations are morally and financially responsible for their delegations in relation to their health and welfare, in case of any accident or damage will not be attributed to the Organizing Committee.

17. Important Information

Weather forecast for the dates of the event: low temperatures of 17°C and high temperatures of 23°C, it is very important to stay hydrated.

The electric voltage service is 110v.

The legal currency is the Colombian Peso.

18. Contact information

Pan American Weightlifting Federation
South American Weightlifting Confederation
José Quiñones - President: +51-994516230

Colombian Weightlifting Federation
William Peña - President: +57-3005261815
Andrea Peña - Championship Director: +57-3008346938
Luz Muñoz - Management Support: +57-3187584108

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19. COMPETITION SCHEDULE (PRELIMINARY)

DATE	TIME	EVENT
JUNE 19	ARRIVAL OF DELEGATIONS	
	14:00	VERIFICATION MEETING
	16:00	TECHNICAL OFFICIALS MEETING
DATE	TIME	CATEGORY
JUNE 20	12:00	49 KG MALE
	14:00	40 KG Y 45 KG FEMALE
	15:30	INAUGURACIÓN
	16:00	55 KG MALE
	18:00	49 KG FEMALE
JUNE 21	12:00	61 KG M MALE
	14:00	55 KG FEMALE
	16:00	67 KG MALE
	18:00	59 KG FEMALE
JUNE 22	12:00	73 KG MALE
	14:00	64 KG FEMALE
	16:00	81 KG MALE
	18:00	71 KG FEMALE
JUNE 23	12:00	89 KG MALE
	14:00	76 KG FEMALE
	16:00	96 KG MALE
	18:00	81 KG FEMALE
JUNE 24	12:00	102 KG MALE
	14:00	87 KG, + DE 81 KG Y + DE 87 KG FEM
	16:00	109 KG MALE
	18:00	+102 KG Y +S 109 KG MALE
JUNE 25	SALIDA DE LAS DELEGACIONES	

Subject to change according to the number of athletes registered.

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