



**The Hon. Presidents /General Secretaries  
African National Weightlifting Federations/Associations**

**Re: African Senior (34<sup>th</sup> Men & 23<sup>rd</sup> Women) Weightlifting Qualification Championships for Paris 2024 Olympic Games.**

**Dear Sir/Madam,**

The Egyptian Weightlifting Federation is very much pleased to invite your national weightlifting teams to participate in African Senior (34<sup>th</sup> Men & 23<sup>rd</sup> Women) Weightlifting Qualification Championships scheduled to be held on 02-10/02/2024 in Ismailia city, Egypt, away 120 Km from Cairo city.

#### **COMPETITION DATE AND VENUE**

African Senior (34<sup>th</sup> Men & 23<sup>rd</sup> Women) Weightlifting Qualification Championships will be held in the Hall of Suez Canal Club, on 04-09/02/2024.

#### **COMPETITION RULES AND REGULATIONS**

The competition will be held and organized in accordance to the IWF Technical and Competition Rules & Regulations and IWF Anti-Doping Rules.

The WFA will appoint the technical officials (ITOs) whom will be nominated by their national federations/associations to officiate for the championships.

#### **ELIGIBILITY**

According to the IWF Technical and Competition Rules & Regulations, **the athletes born in 2009 or earlier** have the eligibility to participate.

In accordance with Article 5.5.16 of the **IWF Anti-Doping Rules & the Olympic Qualification System submission of the athletes' whereabouts must be submitted at least three months prior to the event (before 04<sup>th</sup> November, 2023).**

An Athlete who does not comply with this provision is not eligible to compete at the WFA Event.

If you have any problems submitting your whereabouts, please contact immediately the ITA on their following email address [iwf@ita.sport](mailto:iwf@ita.sport).

Only IWF Member Federations or their competitors that have no arrears towards the IWF & WFA are eligible to participate.

The passport is considered as the official document to prove the age and the eligibility of the Athlete.

A maximum of twenty (20) men and twenty (20) women senior competitors could be registered in the Preliminary Entry Form, but in the Final Entry Form a maximum of ten (10) men and ten (10) women senior competitors plus two (2) reserves for each gender may also be entered but during the verification of final entries each country can only register (10) men and (10) women senior competitors as final entry without any reserves.

It is possible to change the bodyweight categories and the entry total latest on the verification of final entries.

The maximum participating team must be spread amongst the bodyweight categories with a maximum of two (2) athletes per category.

The IWF and WFA will not accept any preliminary or final entries after the stated dates.

#### **COMPETITION EVENTS AND CATEGORIES**

**Men:** 55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg, 109kg, +109kg

**Women:** 45kg, 49kg, 55kg, 59kg, 64kg, 71kg, 76kg, 81kg, 87kg, +87kg

#### **ENTRY FORMS**

Enclosed are both preliminary and final entry forms.

**Preliminary entry forms** should be signed and stamped from the national federations and submitted to both the Organizing Committee (EGY) and WFA respectively no later than **December 04<sup>th</sup>, 2023**.

Member Federations can't add or change athletes after **December 04<sup>th</sup>, 2023**.

Member Federation must declare the estimate number of athletes and team officials who will participate in the event.

**Final entry forms** should be signed and stamped from the national federations and submitted to both the Organizing Committee (EGY) and WFA respectively no later than **January 04<sup>th</sup>, 2024**.

The following documents must be returned along with the final entry forms by **January 04<sup>th</sup>, 2024** (by mail) to the LOC (EGY):

- Accommodation & Transportation Form.
- Passport Copies & Colored Photos for Accreditation.
- Media Application Form.

#### **EQUIPMENT**

**Sport Equipment:** IWF approved sport equipment will be provided.

**TIS Result System:** Approved by IWF.

#### **DOPING CONTROL**

Doping Controls will be carried out by ITA on behalf of IWF by an appointed sample collection authority in accordance with the IWF Anti-Doping Rules.

#### **ACCREDITATION**

Accreditation of the delegations will take place at the Hotel upon arrival.

Please note that the accreditation will be valid only for the days registered on the Accreditation Card at the Accreditation Centre and will be issued only after full payment of accommodation, entry and Anti-Doping fees.

#### **ACCOMMODATION**

The accommodation for all delegations will be at Tolip El Forsan Resort.

**Address:** El-Shaheed Abd El-Moneim Riad Road, Ismailia 1, Ismailia Governorate, Egypt

**Location:** 1Km from Ismailia downtown and 120 Km from Cairo

**Level:** 5 Star Hotel

Tel: +20 10 60779118

Webpage: <https://tolipelforsanhotel.com-egypt.com/en/>

The national federations/associations should send the confirmation of accommodation form of their participants and their flight details latest **January 23<sup>rd</sup>, 2024**.

A minimum stay of 4 (four) nights is required for all participants.

NOTE: Check-in: 14.00 / Check-out: 12.00

## FINANCIAL CONDITIONS

### Accommodation Costs:

The hotel will be provided from **01 to 11 February 2024 (one day prior and one day after the official competition days)** with the following normal rates:

- a) **USD \$ 140** full board per person per night for standard single rooms.
- b) **USD \$ 120** full board per person per night for standard twin rooms.

Each participating national federation/association has the right of a maximum of 3 single rooms.

Any extra days will be charged at the normal rates of the day.

### Entry & Anti-Doping Fees:

**Athletes: USD 200** per person (including **US \$100 IWF Special Anti-Doping Fee**).

**Delegates & Team Officials: USD 100** per person (Except the officials whom will be appointed to officiate during the competition).

### Payment:

Only affiliated national federations/associations that have paid their IWF and WFA annual subscription fees have the right to participate in this competition.

**50%** of the total payment (accommodation & entry & Anti-Doping fees) must be transferred by **January 04<sup>th</sup>, 2024** to the bank account of Local Organizing Committee.

The **balance of total payment** must be made in cash to the Organization Committee preferably in US Dollars upon Arrival at the accreditation center located at Tolip El Forsan Resort.

The WFA is responsible for providing the Trophies, Medals and Certificates.

No accommodations or accreditations will be offered to any delegation member until funds will be received in full payment to the local organizing committee in cash (**No accommodation is guaranteed until full payment is received**).

**Hotel «NO SHOW» Charges:** If one or more delegation participants cancel their participation and have not informed the LOC 10 days' prior of the arrival date **January 23<sup>rd</sup>, 2024**, the delegation must pay to the LOC the charge of «NO SHOW» per person equal to the accommodation fee per person per day.

If one or more participants are delayed one or more days, the delegation must pay all the days specified in the accommodation and transportation forms sent previously.

**The WFA will cover full accommodation of some participating athletes according to the following number of participants from each national team:**

**One man or woman athlete** from each national team consisting of **5 men and women athletes**.

**Two men or women athletes** from each national team consisting of **8 men and women athletes**.

**Three men or women athletes** from each national team consisting of **10 or more men and women athletes**.

The Local Organizing Committee will cover the accommodation and board costs for the technical officials who will be appointed to officiate for the competition.

According to the WFA Constitution, the Organizing Committee will cover the flight tickets, accommodation and board costs for the WFA President and General Secretary.

The Organizing Committee will cover the accommodation and board costs for three nights for the WFA EB Members.

The Organizing Committee will cover the accommodation and board costs for the IWF representatives, WFA Secretariat Members, WFA TIS staff and selected Doping Control Officers (DCOs).

All teams will be received at Cairo International Airport upon their arrival and they will be transported by shuttle bus to the official hotel in Ismailia, and return.

Accommodation forms shall state the dates and required rooms, also shall be sent with the final entries to both the Organizing Committee (EGY) and WFA respectively no later than **January 04<sup>th</sup>, 2024**.

### **TRAINING VENUE**

Training venue will be at Tolip El Forsan Resort.

### **TRANSPORT**

Local transportation will be provided from/to Cairo International Airport for all delegations upon their arrival and departure.

Buses will be provided to/from competition venue.

Transportation forms shall be sent with the final entries to both the Organizing Committee (EGY) and WFA respectively no later than **January 04<sup>th</sup>, 2024**, and shall state which airline and flight number of each delegate will be arriving on, and will be returned.

### **VISA**

According to the conditions of host country, it is mandatory from all participants to contact the respective embassies of Egypt in their own countries in enough time for obtain entry visas to Egypt.

For only national federations/associations that do not have Egyptian embassies in their own countries should send the passport copies and photos of their delegations to the LOC no later than **December 04<sup>th</sup>, 2023** in order to be able to obtain upon arrival visas at Cairo International Airport with total cost of **US \$50 (US \$ 25 pay at the airport and US \$ 25 pay to Egyptian Weightlifting Federation)**.

### **YELLOW FEVER CERTIFICATE**

Valid yellow fever is a requirement and must be produced at the Airport.

### **HEALTH INSURANCE**

According to IWF Rules, the participating national federations must undertake full moral and financial responsibility of their registered/ accredited delegates regarding their health and wellness and in case of accidents or damages not attributable to the LOC.

### **FLAG AND ANTHEM**

All participating delegates of each country are kindly requested to bring with them a CD or flash drive of their national anthem and two national flags with a size of 100 x 150cm. These Items will be submitted on arrival at the accreditation center. You can also send an attachment of the anthem by E-mail.

## AWARDS

Gold, Silver and Bronze medals will be awarded in each bodyweight category for both men and women in the Snatch, the Clean and Jerk and the Total.

Certificates of participation will be presented to all participants.

Trophies will be awarded to the best three teams in total respectively for both men's and women's in accordance with IWF Team Classification.

The WFA will provide the trophies for best men's and women's lifters.

## GENERAL INFORMATION

All electrical alternate current (AC) power sources have 220/240 Volts and DC batteries range from 1.5 Volts onwards, types including (AA & AAA, etc). All plug types are readily available.

Average temperature in Ismailia during the Championships is 21°C - 9°C.

Currency rate is US\$ (1 US dollar = 31 Egyptian Pound).

## BANK DETAILS

**Beneficiary Name:** Egyptian Weightlifting Federation

**Beneficiary Address:** Cairo International Stadium, Egypt

**Beneficiary Bank:** Arab African International Bank

**Branch Address:** 8 Ibrahim Naguib Street, Garden City / Cairo, Egypt

**Account Number:** 1009995110010101 (USD)

**IBAN:** EG450057000501009995110010101

**Swift Code:** ARAIEGCXXXX

We are looking forward to receiving you in Ismailia as our valuable guests

Attached;

- Entry Forms (Preliminary and final)
- Flight Details Form
- Accommodations Form

## CONTACT DETAILS

**Egyptian Weightlifting Federation (EGY)**

**Mohamed Abdelmaksoud (President)** +201005156446

**Mohamed Attia (Sec. Gen.):** +201222805802

**Email:** [weightlifting\\_egy@yahoo.com](mailto:weightlifting_egy@yahoo.com)

**Weightlifting Federation of Africa (WFA)**

**Khaled Mehalhel (President):** +218 913530366

**Manareddin Eshelli (Sec. Gen.):** +218 913543635

**Email:** [manareddin.eshelli@wfa.com.ly](mailto:manareddin.eshelli@wfa.com.ly)

**MOHAMED ABDELMAKSOU**

**Mohamed Abdelmaksoud**

**President of Egyptian Weightlifting Federation**



## TENTATIVE PROGRAM

### Friday 02 February 2024

Arrival and accreditation of delegations

### Saturday 03 February 2024

10:00	12:00	14:00	17:00
Verification of Final Entries & Technical Officials' Meeting	WFA Committees Meeting	Technical Officials Seminar	WFA EB Meeting

### Sunday 04 February 2024

10:00	12:00	17:00	18:00
Anti-Doping Education Seminar	WFA Congress Meeting	Opening Ceremony	Competition Cat. 45 Kg (Women)

### Monday 05 February 2024

10:00	12:00	15:00	18:00
Competition Cat. 55 Kg (Men)	Competition Cat. 49 Kg (Women)	Competition Cat. 61 Kg (Men)	Competition Cat. 55 Kg (Women)

### Tuesday 06 February 2024

10:00	12:00	15:00	18:00
Competition Cat. 67 Kg (Men)	Competition Cat. 59 Kg (Women)	Competition Cat. 73 Kg (Men)	Competition Cat. 64 Kg (Women)

### Wednesday 07 February 2024

10:00	12:00	15:00	18:00
Competition Cat. 71 Kg (Women)	Competition Cat. 81 Kg (Men)	Competition Cat. 76 Kg (Women)	Competition Cat. 89 Kg (Men)

### Thursday 08 February 2024

10:00	12:00	15:00
Competition Cat. 96 Kg (Men)	Competition Cat. 81 Kg (Women)	Competition Cat. 102 Kg (Men)

### Friday 09 February 2024

10:00	12:00	19:00
Competition Cat. 87 Kg & +87 (Women)	Competition Cat. 109 Kg & +109 (Men)	Closing Ceremony & Banquet

### Saturday 10 February 2024

Departure of Delegations

**Please note:** This tentative program may subject to be changed after the verification of final entries.