



**AFRICAN CHAMPIONSHIP**  
JUNIOR ( 27 th Men and 22nd Women) and Youth (13th Men and 12th Women)  
Cairo  
26/10/2023 to 31/10/2023



# START BOOK

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**AFRICAN CHAMPIONSHIP**  
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 Cairo  
 26/10/2023 to 31/10/2023



**TIME TABLE**

	GENDER	CATEGORY	TIME	COMPETITOR	JURY	REFEREE	C.MARSHAL	TIME KEEPER	TECHN.	SECRETARY	DOCTOR
<b>26.10.2023</b>											
1	W	45 kg A , 49 kg A	18:00	5	1	1	1	1	1	1	1
<b>27.10.2023</b>											
2	M	49 kg A , 55 kg A	10:00	4	2	2	2	2	2	1	2
3	W	55 kg A	13:00	5	2	3	2	2	2	1	2
4	M	61 kg A	16:00	6	1	1	1	1	1	1	1
5	W	59 kg A , 64 kg A	19:00	7	1	2	1	1	1	1	1
<b>28.10.2023</b>											
6	W	71 kg A	10:00	3	2	3	2	2	2	1	2
7	M	67 kg A	13:00	5	2	1	2	2	2	1	2
8	M	73 kg B	16:00	5	1	2	1	1	1	1	1
9	M	73 kg A	19:00	4	1	3	1	1	1	1	1
<b>29.10.2023</b>											
10	W	76 kg A , 81 kg A	10:00	4	2	1	2	1	2	1	2
11	M	81 kg A	13:00	5	1	2	1	2	1	1	1
12	M	89 kg A	16:00	6	2	3	2	1	2	1	2
<b>30.10.2023</b>											
13	W	87 kg A , +87 kg A	10:00	3	1	1	1	2	1	1	1
14	M	96 kg A	13:00	5	2	2	2	1	2	1	2
15	M	102 kg A	16:00	1	1	3	1	2	1	1	1
<b>31.10.2023</b>											
16	M	109 kg A , +109 kg A	10:00	3	1	1	1	1	1	1	2



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**GROUP OF JURIES AND REFEREES**

**JURY Member Group 1 :**

HORST SAYLER [SWZ] \*President of Jury  
MOHAMED AYMEN FOUAD [EGY]  
FAWAZ EL AGAMY [KSA]  
POORUN BHOLLAH [MRI]  
ADNAN THAHER [SYR]

**JURY Member Group 2 :**

KEVIN DU PLOOY [RSA] \*President of Jury  
MUINIRELDEN HAMUD [YEM]  
HAMZA IBRAHIM [JOR]  
ESAM ALI [LBA]  
EID TANTAWY [EGY]

**REFEREE Group 1 :**

HASSAN EL MARZOK [BRN]  
ZAHIA GUEMAZ [ALG]  
NAGWA NAGY [LBA]

**REFEREE Group 2 :**

PULENG MAKURUBE [RSA]  
RIEEM HAZAZY [KSA]  
ALI ZARGEN [ALG]

**REFEREE Group 3 :**

SALY MAHMOUD [EGY]  
SHAHED ABDELRASOUL [KUW]  
MOKHTAR ELAHMED [KSA]  
TAHER EL SHAKH [SYR]



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**GROUP OF OTHER COMPETITION OFFICIALS**

**CHIEF MARSHAL Group 1 :**

DAMJAN CANZEK [SLO]  
SOBHY HEFNY [EGY]

**CHIEF MARSHAL Group 2 :**

SALEH EL KHAZRAG [KSA]  
KHALED EL HOSENY [EGY]

**TIMEKEEPER Group 1 :**

AHMED MOSTAFA [EGY]

**TIMEKEEPER Group 2 :**

MICHAEL ABOTSI [GHA]

**TECHNICAL CONTROLLER Group 1 :**

ASHWAG ELATTAR [KUW]  
NABIL BEN ZAGHER [ALG]

**TECHNICAL CONTROLLER Group 2 :**

ELMABROUK DAI [LBA]  
ABDEL RAHMAN EL MOTIRY [KUW]

**SECRETARY Group 1 :**

ABDALLAH EL JARMAL [YEM]  
GUDA ABDEL SADEK [EGY]  
MOHAMED EHSSAN [EGY]  
WALAA ABDELBADEA [EGY]  
AHMED SAMIR [EGY]

**COMPETITION DOCTOR Group 1 :**

DR MAGDI MOSTAFA ELSABAGH [EGY]

**COMPETITION DOCTOR Group 2 :**

DR.BAVLEY ADEL AMIN [EGY]

**SPEAKER Group 1 :**

PIUS OCHIENG [KEN]  
HUSSEN BEKHET [EGY]

**SPEAKER Group 2 :**

MUSTAFA RAGHEB [EGY]  
LANNY KIMBOWA [UGA]



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Cairo  
26/10/2023 to 31/10/2023



**STATISTICS MEN**

No	TEAM	49 kg	55 kg	61 kg	67 kg	73 kg	81 kg	89 kg	96 kg	102 kg	109 kg	+109 kg	TOTAL
1	ALG : ALGERIA	1	1	1	2	3	2	2	1				13
2	CMR : CAMEROON			1		2	1	1	1				6
3	EGY : EGYPT			1		1	1	1	1				5
4	KEN : KENYA					1							1
5	LBA : LIBYAN	1		1	2	2		1	1	1	1	1	11
6	LES : LESOTHO				1								1
7	MRI : MAURITIUS						1	1	1				3
8	RSA : SOUTH AFRICA			2									2
9	TUN : TUNISIA		1										1
10	UGA : UGANDA											1	1
	Grand Total	2	2	6	5	9	5	6	5	1	1	2	44



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26/10/2023 to 31/10/2023



**STATISTICS WOMEN**

No	TEAM	45 kg	49 kg	55 kg	59 kg	64 kg	71 kg	76 kg	81 kg	87 kg	+87 kg	TOTAL
1	ALG : ALGERIA		2	2	1		1	1			1	8
2	CMR : CAMEROON				1							1
3	EGY : EGYPT	1	2	2		1	2	1	1	1	1	12
4	MRI : MAURITIUS				1							1
5	RSA : SOUTH AFRICA				1	1			1			3
6	TUN : TUNISIA			1								1
7	UGA : UGANDA				1							1
	Grand Total	1	4	5	5	2	3	2	2	1	2	27



**AFRICAN CHAMPIONSHIP**  
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Cairo  
26/10/2023 to 31/10/2023



**STATISTICS JUNIOR MEN**

No	TEAM	55 kg	61 kg	67 kg	73 kg	81 kg	89 kg	96 kg	102 kg	109 kg	+109 kg	TOTAL
1	ALG : ALGERIA	1	1	2	2	2	1	1				10
2	CMR : CAMEROON		1		2	1	1	1				6
3	EGY : EGYPT		1		1	1	1	1				5
4	KEN : KENYA				1							1
5	LBA : LIBYAN		1	2	2		1	1	1	1	1	10
6	LES : LESOTHO			1								1
7	MRI : MAURITIUS					1	1	1				3
8	RSA : SOUTH AFRICA		1									1
9	TUN : TUNISIA	1										1
10	UGA : UGANDA										1	1
	Grand Total	2	5	5	8	5	5	5	1	1	2	39



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**STATISTICS JUNIOR WOMEN**

No	TEAM	49 kg	55 kg	59 kg	64 kg	71 kg	76 kg	81 kg	87 kg	+87 kg	TOTAL
1	ALG : ALGERIA	2	2	1		1	1			1	8
2	CMR : CAMEROON			1							1
3	EGY : EGYPT	2	2		1	1	1	1	1	1	10
4	MRI : MAURITIUS			1							1
5	RSA : SOUTH AFRICA			1				1			2
6	TUN : TUNISIA		1								1
7	UGA : UGANDA			1							1
	Grand Total	4	5	5	1	2	2	2	1	2	24





**AFRICAN CHAMPIONSHIP**  
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**STATISTICS YOUTH MEN**

No	TEAM	49 kg	55 kg	61 kg	67 kg	73 kg	81 kg	89 kg	96 kg	102 kg	+102 kg	TOTAL
1	ALG : ALGERIA	1	1		1	2	1	1				7
2	CMR : CAMEROON								1			1
3	LBA : LIBYAN	1		1	1				1	1		5
4	MRI : MAURITIUS							1				1
5	RSA : SOUTH AFRICA			1								1
6	TUN : TUNISIA		1									1
7	UGA : UGANDA										1	1
	Grand Total	2	2	2	2	2	1	2	2	1	1	17



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**STATISTICS YOUTH WOMEN**

No	TEAM	45 kg	49 kg	55 kg	59 kg	64 kg	71 kg	76 kg	81 kg	+81 kg	TOTAL
1	ALG : ALGERIA		1	1			1			1	4
2	CMR : CAMEROON				1						1
3	EGY : EGYPT	1	1			1	2	1	1		7
4	MRI : MAURITIUS				1						1
5	RSA : SOUTH AFRICA					1			1		2
6	TUN : TUNISIA			1							1
	Grand Total	1	2	2	2	2	3	1	2	1	16



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**COMBINED STATISTICS**  
**Age Group**

No	TEAM	JUNIOR		YOUTH		MEN	WOMEN	TOTAL
		MEN	WOMEN	MEN	WOMEN			
1	ALG : ALGERIA	10	8	7	4	13	8	21
2	CMR : CAMEROON	6	1	1	1	6	1	7
3	EGY : EGYPT	5	10	0	7	5	12	17
4	KEN : KENYA	1	0	0	0	1	0	1
5	LBA : LIBYAN	10	0	5	0	11	0	11
6	LES : LESOTHO	1	0	0	0	1	0	1
7	MRI : MAURITIUS	3	1	1	1	3	1	4
8	RSA : SOUTH AFRICA	1	2	1	2	2	3	5
9	TUN : TUNISIA	1	1	1	1	1	1	2
10	UGA : UGANDA	1	1	1	0	1	1	2
Grand Total		39	24	17	16	44	27	71



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**COMBINED STATISTICS**

No	TEAM	MEN	WOMEN	TOTAL
1	ALG : ALGERIA	13	8	21
2	CMR : CAMEROON	6	1	7
3	EGY : EGYPT	5	12	17
4	KEN : KENYA	1	0	1
5	LBA : LIBYAN	11	0	11
6	LES : LESOTHO	1	0	1
7	MRI : MAURITIUS	3	1	4
8	RSA : SOUTH AFRICA	2	3	5
9	TUN : TUNISIA	1	1	2
10	UGA : UGANDA	1	1	2
	Grand Total	44	27	71













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**START LIST**

**WOMEN 59 kg A , 64 kg A**

Competition : 27.10.2023 19:00

Weigh in : 17:00

No	LOT	NAME	BORN	TEAM	ENT.	JUNIOR	YOUTH
<b>59 kg A</b>							
1	62	Shabra MUTESI	2005	UGA	130	59	
2	64	Anika SNYDERS	2004	RSA	130	59	
3	132	Ahlem RASSANI	2005	ALG	140	59	
4	142	Yuktee GOPAUL	2006	MRI	100	59	59
5	196	Madeleine Jacqueline NDOLO MATAM	2008	CMR	130	59	59
<b>64 kg A</b>							
1	3	Hanin AHMED MOHAMED	2006	EGY	190	64	64
2	147	Adrienne NONTOMBANE	2006	RSA	121		64

**Jury**

1. HORST SAYLER [SWZ] \* President of Jury
2. MOHAMED AYMEN FOUAD [EGY]
5. ADNAN THAHER [SYR]

3. FAWAZ EL AGAMY [KSA]

4. POORUN BHOLLAH [MRI]

**Chief Marshal**

1. DAMJAN CANZEK [SLO]

2. SOBH Y HEFNY [EGY]

**Time Keeper**

1. AHMED MOSTAFA [EGY]

**Technical Controller**

1. ASHWAG ELATTAR [KUW]

2. NABIL BEN ZAGHER [ALG]

**Secretary**

1. ABDALLAH EL JARMAL [YEM]
4. WALAA ABDELBADEA [EGY]

2. GUDA ABDEL SADEK [EGY]  
5. AHMED SAMIR [EGY]

3. MOHAMED EHSSAN [EGY]

**Competition Doctor**

1. DR MAGDI MOSTAFA ELSABAGH [EGY]

Records:

Snatch

Clean and Jerk

Total







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## START LIST

### MEN 73 kg B

Competition : 28.10.2023 16:00

Weigh in : 14:00

No	LOT	NAME	BORN	TEAM	ENT.	JUNIOR	YOUTH
73 kg B							
1	12	Brice Wilfrid MBIADOUM NJANDA	2003	CMR	230	73	
2	21	Emma Shearer TSATA KUEGOU	2003	CMR	230	73	
3	22	Washington OJWANG	2004	KEN	200	73	
4	41	Gabry AYOUB	2007	ALG	220		73
5	79	Mohammed MASOUD	2004	LBA	250	73	

#### Jury

- |   |                         |                         |
|---|-------------------------|-------------------------|
| 1. HORST SAYLER [SWZ] * President of Jury | 3. FAWAZ EL AGAMY [KSA] | 4. POORUN BHOLLAH [MRI] |
| 2. MOHAMED AYMEN FOUAD [EGY]              |                         |                         |
| 5. ADNAN THAHER [SYR]                     |                         |                         |

#### Chief Marshal

- |                        |                      |
|------------------------|----------------------|
| 1. DAMJAN CANZEK [SLO] | 2. SOBHJ HEFNY [EGY] |
|------------------------|----------------------|

#### Time Keeper

- |                        |
|------------------------|
| 1. AHMED MOSTAFA [EGY] |
|------------------------|

#### Technical Controller

- |                         |                           |
|-------------------------|---------------------------|
| 1. ASHWAG ELATTAR [KUW] | 2. NABIL BEN ZAGHER [ALG] |
|-------------------------|---------------------------|

#### Secretary

- |                             |                           |                         |
|-----------------------------|---------------------------|-------------------------|
| 1. ABDALLAH EL JARMAL [YEM] | 2. GUDA ABDEL SADEK [EGY] | 3. MOHAMED EHSSAN [EGY] |
| 4. WALAA ABDELBADEA [EGY]   | 5. AHMED SAMIR [EGY]      |                         |

#### Competition Doctor

- |                                    |
|------------------------------------|
| 1. DR MAGDI MOSTAFA ELSABAGH [EGY] |
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Records:	Snatch	Clean and Jerk	Total
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