



*Federación Venezolana de Levantamiento de Pesas*

Rif: J - 30346631-1



**Pan American Championship**

**Category Sub 15 / Sub 17,**

**Simón Bolívar Cup**

**Greater Caracas, Venezuela**

**From August 16 to 21, 2023**



**Trabajo en Equipo  
Triunfo Seguro**



## OFFICIAL INVITATION

**Sirs:**

**Federations Affiliated to the F.P.L.P.**

In recent years Venezuela has become one of the South American nations that has been able to host a large number of international sporting events; Among which World, Pre-Olympic, Continental, Pan American and South American tournaments stand out, this whole series of events continue to ratify the quality, dedication and all the disposition of Venezuela in the organization of sporting events.

The Venezuelan Weightlifting Federation is pleased to invite you to the Pan American Weightlifting Championship, Sub 15 - Sub 17 Category, "Simón Bolívar" Cup, to be held in the Sucre Municipality, Miranda State, from August 16 to 21, 2023.

It is important for our organization to demonstrate our organizational level in this type of sporting event, allowing us to continue growing as a country. We are very happy to be able to receive athletes, coaches, and technical officials from the American continent .

The competitive regulation of our championship is attached,

Welcome to Venezuela

Sincerely,

**LUIS SEIJAS**

**President**





## COMPETITION RULES

### 1. General Conditions

The competitions will be carried out in accordance with the technical regulations and competition rules of the International Weightlifting Federation (IWF), under the supervision of the Pan American Federation of this sport.

Athletes born:

**Sub-15**            **2008 – 2010**

**Sub-17**            **2006 – 2010**

### 2. Place and Dates of Competitions

The event will be held at the José "Papa" Carrillo Gymnasium of the Parque Miranda Sports Complex, from August 16 to 21, 2023.

### 3. Eligibility

In accordance with Article 5.5.16 of the IWF Anti-Doping Rules 2023, information on the whereabouts of Athletes must be provided at least three months before the event (before may 17, 2023).

### 4. Events

The categories to compete are the official TCRR of the IWF, for the Sub 15 and Sub 17 Category.

#### UNDER 15 CATEGORY

**Female:** 40 kg, 45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg, +81 kg

**Male:** 49 kg, 55 kg, 61 kg, 67 kg, 73 kg, 81 kg, 89 kg, 96 kg, 102 kg, +102 kg

#### UNDER 17 CATEGORY

**Female:** 40 kg, 45 kg, 49 kg, 55 kg, 59 kg, 64 kg, 71 kg, 76 kg, 81 kg, +81 kg

**Male:** 49 kg, 55 kg, 61 kg, 67 kg, 73 kg, 81 kg, 89 kg, 96 kg, 102 kg, +102 kg



## 5. Registration

Preliminary Registrations will be received until June 30, 2023.

Note: Up to 20 (twenty) athletes per gender may be registered. After this date, athletes may not be added or changed. For administrative reasons, the National Federations must declare the number of Officials that will participate.

In the following links:

**athletes:** <https://forms.gle/gnRdJFyhUDFrwGyq7>

**technical staff:** <https://forms.gle/xS8sDNZ6VJMFHjye6>

Final Entries will be received until July 20, 2023.

Note: Only those athletes and officials who have been preliminarily registered can be confirmed. The final list may include up to 12 (twelve) athletes per gender (10 starters + 02 reserves).

## 6. Financial Conditions

Lodging and meals for the participating delegations will be at: **Hotel Las Américas, Av. Casanova with Calle Chacaíto, Libertador Municipality, D.C., Venezuela and Hotel Pestana, Urb. Santa Eduvigis, Sucre Municipality, Miranda State, Venezuela**

The accommodation has a cost of US\$ 90.00 (North American dollars) per day and per person in double or triple rooms.

Single rooms have a cost of US\$ 140.00 (North American dollars) per day and per person.

Check in at the hotel will be at 1:00 p.m. and check out at 12:00 p.m.

The stay of each of the members that make up the participating teams will be a minimum of four (04) nights.

Bank transfers must be made to the following Bank:

Dollar Savings Account: **0011-0094-0200246058-08**

In the name of: **PAN AMERICAN WEIGHTLIFTING FEDERATION.**

RUC: **20609472741**

Swift Number: **CBONPEPL**

Bank Address: **CAL. COSME BUENO, NRO 222, URB. AGRUP, RESIDENTIAL SALAMANCA DE MONTERRICO LIMA – PERU**



## 7. Registration Fee

### SUB-15 PAN AMERICAN CHAMPIONSHIP

- Athletes: US\$ 125.00)

- Officials: US\$125.00

### PAN AMERICAN CHAMPIONSHIP SUB – 17

- Athletes: US \$225.00 (includes US\$100 special IWF anti-doping fee

- Officials: US \$125 (if the official has paid for his participation in the SUB-15 Pan American Championship, he will be able to participate free of charge in this event).

**Note: (if the athlete is enrolled in both categories, he will pay US \$350.00).**

## 8. Accreditations

It is requested to send, attached to the registration link, a digital photo (white background, JPG Format, Passport Type) identifying the athlete of your delegation to prepare the accreditations.

The credentials will be delivered at the Hotel Las Américas at the time of payment of the registration and accommodation, and the passports of each member of the delegation must be presented at the time of accreditation.

## 9. Competition Team

The competition equipment of the event will be of the ZKC brand approved by the IWF.

## 10. Final Verification Meeting

It will take place on August 16, 2023 at the Pestana Hotel and/or Pestana Hotel at 06:00 pm – In person and Online.

## 11. Meeting of Technical Officials

It will be held on August 16, 2023, at Hotel Las Américas and/or Hotel Pestana at 07:00 pm - In person

## 12. Doping Control

Doping Control will be carried out by ITA on behalf of the IWF, by a designated Sample Collection Authority in accordance with the IWF Anti-Doping Rules.



## 13. Award

The three (3) best lifters of each division in the male and female branch will be awarded in snatch, jerk and total, with gold, silver and bronze medals.

The three (3) best teams in the male and female branch will be awarded, by Category.

Trophy for the best male and female weightlifter, by Category

## 14. Technical Officials

All participating countries with a full team may accredit up to two (2) Referees with a valid international card; and participating countries with incomplete teams.

They will be able to accredit one (1) referee with a valid international card, to all of them, the organizing committee offers lodging and food at no cost. From August 16 to 21, 2023.

## 15. Internal Transportation

The Organizing Committee will provide transportation from the "Simón Bolívar" International Airport, in the City of La Guaira, to the Hotel Las Américas and Hotel Pestana in the City of Caracas, both upon arrival and departure of the participating delegations.

## 16. Safe

All participating Federations are morally and financially responsible for their delegations in relation to their health and well-being and in case of any accident or damage they will not be attributed to the Organizing Committee.

## 17. Visa

We ask you to process your Visa at the Consulate of your Country, if you need it. Any information can be requested by the following email:  
**[panamericanovenezuela1517@gmail.com](mailto:panamericanovenezuela1517@gmail.com)**

## 18. Informaciones Importantes

Weather forecast for the dates of the event: low temperatures of 20°C and high temperatures of 27°C, it is very important to drink plenty of water and stay cool. The electrical voltage service is 110v. The legal tender is the Bolívar.



## **19. Contact Information**

Venezuelan Weightlifting Federation:

**panamericanovenezuela1517@gmail.com** and **fedepesasvenezuela@gmail.com**

**LUIS SEIJAS, PRESIDENT F.V.L.P. +58 4241971063**

**JOSE QUIÑONES, PRESIDENT OF THE PAN AMERICAN FEDERATION +51 994516230**

**HENRY CLARO, DIRECTOR OF THE CHAMPIONSHIP +58 4129536835**



## 19. Preliminary Program

DATE	DAY	GENDER	CATEGORY	VENEZUELAN TIME		
				WEIGHING	COMPETENCE	
AUGUST 16	WEDNESDAY	FINAL VERIFICATION MEETING		06:00 PM		
		TECHNICAL MEETING		07:00 PM		
AUGUST 17	THURSDAY	MALE	49 KG	12:00	02:00	
		FEMALE	40 KG	02:00	04:00	
		OPENING			06:30	
		MALE	55 KG	05:30	07:30	
AUGUST 18	FRIDAY	FEMALE	45 KG	12:00	02:00	
		MALE	61 KG	02:00	04:00	
		FEMALE	49 KG	04:00	06:00	
		MALE	67 KG	06:00	08:00	
AUGUST 19	SATURDAY	FEMALE	55 KG	12:00	02:00	
		MALE	73 KG	02:00	04:00	
		FEMALE	59 KG	04:00	06:00	
		MALE	81 KG	06:00	08:00	
AUGUST 20	SUNDAY	FEMALE	64 KG	12:00	02:00	
		MALE	89 KG	02:00	04:00	
		FEMALE	71 KG	04:00	06:00	
		MALE	96 KG	06:00	08:00	
AUGUST 21	MONDAY	FEMALE	76 KG	10:00	12:00	
		MALE	102 KG - +102 kg	12:00	02:00	
		FEMALE	81 KG - +81 KG	02:00	04:00	
		CLOSURE AND AWARDS			06:30	
AUGUST 22	DEPARTURE OF THE DELEGATIONS					

Schedule subject to change.