



FEDERACIÓN COLOMBIANA DE LEVANTAMIENTO DE PESAS

Personería Jurídica No.4266 de octubre20/72-Nit.:890.480.912-1

Carrera 39 No 9-31 Santiago de Cali. Tel (2) 5529527



**U20 JUNIOR PAN AMERICAN
CHAMPIONSHIP MANIZALES,
COLOMBIA
FROM 10 TO 15 MAY 2023**

E-mail: fedepesascolombia@gmail.com.

Santiago de Cali – Colombia.

Afiliada al Comité Olímpico Colombiano – Federación Internacional de Levantamiento de Pesas – I.W.F.
Confederación Suramericana y Confederación Panamericana



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INVITACIÓN OFICIAL

OFFICIAL INVITATION

Gentlemen Federations Affiliated to the FPLP.

After the successful SENIOR WORLD CHAMPIONSHIP, held in Colombia, the Colombian Weightlifting Federation, with the endorsement of the Pan- American Federation of this sport, has the honor to invite you to participate in the U-20 Junior Pan-American Championship, to be held in the city of MANIZALES, heart of the Colombian coffee region, from May 10 to 15, 2023.

Hosting this important event becomes a challenge for our country, for which we hope to count on the valuable participation of the athletes from their respective countries, so that they give prominence to this important continental event. Likewise, it is our desire that your stay be pleasant and unforgettable for each one of you.

Finally, attached you will find the competition regulations for participation in these sports festival

Sincerely,

WILLIAM PEÑA
Presidente

E-mail: fedepesascolombia@gmail.com.

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COMPETITION RULES

1. General conditions

The competitions will be carried out in accordance with the technical and competition rules and regulations (TCRR) of the International Weightlifting Federation (IWF), under the supervision of the Pan American Federation of this sport.

Athletes born between January 1, 2003 and December 31, 2008 (age 15 – 20 years) are eligible to participate.

2. Place and dates of competitions

The event will be held at the UNIVERSIDAD DE CALDAS COLISEUM, from May 10 to 15, 2023

3. Eligibility

In accordance with Article 5.5.16 of the IWF Anti-Doping Rules 2023, information on the whereabouts of Athletes must be provided at least three months before the event (before **February 10, 2023**).

4. Events

The categories to compete are the official ones of the IWF TCRR, for the older category.

JUNIOR CATEGORY

- i. Female: 45, 49, 55, 59, 64, 71, 76, 81, 87 and +87 Kg.
- ii. Male: 55, 61, 67, 73, 81, 89, 96, 102, 109, and +109 Kg.

5. Inscription

Preliminary Registrations will be received until March 10, 2023. In the following link:

<https://forms.gle/PvttAtF3HD92VqDe7>

NOTE: Up to 20 (twenty) athletes per gender can be submitted. After this date, athletes cannot be added/changed. At the same time, for administrative issues, National Federations must declare the number of Officials that will participate.

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Final Registrations will be received until April 10, 2023. In the following link:

<https://forms.gle/93wGHcpmsCJYbi517>

NOTE: Only those athletes and officials who had been preliminarily registered can be confirmed. The Final List must include up to 12 (twelve) athletes of each gender (10 + 2 reserve)

6. Financial Conditions

Lodging and food for the participating delegations will be at:

Hotel Pop Art Manizales Cra. 22 #20-20, Manizales, Caldas

Hotel Varuna Calle 62 #23c18, Manizales, Caldas

The accommodation has a cost of **US\$ 90.00** (ninety North American dollars) per day and per person in **double or triple rooms**.

Single rooms have a cost of **US\$ 140.00** (one hundred and forty North American dollars) per day and per person.

Minimum stay: four (4) nights.

Bank transfers must be made to the following Bank: BANCOLOMBIA

SAVINGS ACCOUNT 787-289438-14

IN THE NAME OF: Colombian Weightlifting Federation. NIT:890480912-1

SWIFT NUMBER: COLOCOB-M

LOCATION: CALI

BANK ADDRESS: Avenida Roosevelt # 25-67. FEDERATION

ADDRESS: CARRERA 39 # 9-31 of Cali.

7. Registration Fee

- a. Athletes: US\$225 (includes US\$ 100 IWF Special AD Fee)
- b. Officials: US\$125

8. Competition Team

The equipment to be used will be of the ZKC brand.

9. Final Verification Meeting

It will be held on May 09, 2023 at 6:00 p.m. at the COLISEO UNIVERSIDAD DE CALDAS, MANIZALES-CALDAS, Colombia

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10. Technical Officials Meeting

It will be held on May 09, 2023, at 8:00 p.m. in the COLISEUM OF THE UNIVERSITY OF CALDAS MANIZALES- CALDAS, Colombia

11. Doping Control

Doping Control will be carried out by the Sample Collection Authority appointed by ITA on behalf of IWF in accordance with the IWF Anti-Doping Rules.

12. Awards

- ✓ The snatch, clean and jerk and total, with gold, silver and bronze medals will be awarded to the three (3) best lifters of each bodyweight division in the male and female branches.
- ✓ Prizes will be awarded to the three (3) best teams in the male and female branches.
- ✓ Trophy for the best male and female weightlifter.

13. Technical Officials

All participating countries with a full team may accredit up to two (2) Referees with a valid international card; and the participating countries with incomplete teams may accredit one (1) referee with a valid international card, to all of them, the organizing committee offers lodging and food at no cost. From May to 15, 2023, departure date.

14. Internal Transport

The Organizing Committee will provide internal transportation throughout the event, from arrival to departure of the participating delegations.

Weather forecast for the dates of the event: historical average 15° / 20° The electrical voltage service is 110v. The legal tender is the Colombian peso.

15. Contact information

Colombian Weightlifting Federation: fedepesascolombia@gmail.com

WILLIAM PEÑA PRESIDENT FEDEPESAS COLOMBIA +57 3005261815

JOSE QUIÑONES PRESIDENT OF THE PAN AMERICAN FEDERATION +51 994516230

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16. Preliminary program

| MAY 09 | FRIDAY | FINAL VERIFICATION MEETING | | | 18:00 | |
|--------|-----------|-----------------------------------|----------|---------------|-------------|--|
| | | TECHNICAL MEETING | | | 20:00 | |
| DATE | DAY | BRANCH | CATEGORY | COLOMBIA HOUR | | |
| | | | | WEIGH-IN | COMPETITION | |
| MAY 10 | WEDNESDAY | MALE | 55KG | 12:00 | 2:00 p.m. | |
| | | FEMALE | 45KG | 2:00 p.m. | 4:00 p.m. | |
| | | MALE | 61KG | 4:00 p.m. | 18:00 | |
| | | OPENING | | | | |
| MAY 11 | THURSDAY | FEMALE | 49KG | 12:00 | 2:00 p.m. | |
| | | MALE | 67KG | 2:00 p.m. | 4:00 p.m. | |
| | | FEMALE | 55KG | 4:00 p.m. | 18:00 | |
| MAY 12 | FRIDAY | MALE | 73KG | 12:00 | 2:00 p.m. | |
| | | FEMALE | 59KG | 2:00 p.m. | 4:00 p.m. | |
| | | MALE | 81KG | 4:00 p.m. | 18:00 | |
| MAY 13 | SATURDAY | FEMALE | 64KG | 12:00 | 2:00 p.m. | |
| | | MALE | 89KG | 2:00 p.m. | 4:00 p.m. | |
| | | FEMALE | 71KG | 4:00 p.m. | 18:00 | |
| MAY 14 | SUNDAY | MALE | 96KG | 12:00 | 2:00 p.m. | |
| | | FEMALE | 76KG | 2:00 p.m. | 4:00 p.m. | |
| | | MALE | 102KG | 4:00 p.m. | 18:00 | |

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| | | | | | |
|--------|--------|--------|---------------------------|-------|-----------|
| MAY 15 | MONDAY | FEMALE | 81KG | 8:00 | 10:00 |
| | | MALE | 109 KG AND OVER 109 KG | 10:00 | 12:00 |
| | | FEMALE | 87 KG AND OVER 87 KG | 12:00 | 2:00 p.m. |

Programming subject to change.



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