

# IWF Coaching and Research Committee

Nov. 2, 2022

Online



Mr. Petr Krol, CRC Chair opened the meeting and welcomed the participants at the second CRC meeting. He announced that the Athletes' Commission appointed Forrester Osei and Keith Morgan as representatives for the Coaching and Research Committee.

Mr. Krol gave some information about the last Executive Board meeting in Rome (October 2022). The coaching licence has been presented and the content is important. The Athletes' Commission was also invited to share their thoughts. As discussed previously it has to be set in the Constitution or By-laws but unfortunately the Legal Commission is not complete yet.

It was decided that the transgender issue will be not part of the Seminar. The topic is for MC and AC. The Chair offered CRC's help and cooperation.

Mr. Krol informed the members that there is an opportunity from Olympic Solidarity to invite 5-6 countries with 1 male, 1 female athlete and 1 coach to the IWF World Championships and for a couple of days of training camp before. 50.000 USD is given to this project, CFs were asked to nominate the countries from their Continent.

The topics for the Seminar in Bogotá have been finalized:

1. Coaching Licence – Colin Buckley
2. Technical Rules for coaches – Nedim Masic
3. Recovery, nutrition – Kyle Pierce
4. Explanation on qualification system
5. Anti-Doping – by ITA

The Coaching Licence would be a minimum standard. A template for the declaration form will be prepared. ITA Education Department to be involved. It was suggested to reconsider the 100€/coach fee as in some region it is too high amount. It was clarified that 100€ or \$ would be for an Olympic Cycle, 4 years.

The French Weightlifting Federation plans an international training camp in the summer of 2023 as preparation for the 2024 Paris Olympic Games. China team will be there, and it would be a great opportunity for other teams to join. Still under discussion with 2024 Paris OC to organize a Test Event also.