## ANNEX IWF TCRR MODIFICATIONS AS OF 26 JULY 2023

**1.1.2** The IWF recognises four (4) three (3) age groups:

i) YOUTH: 13 - 17 years of age
 ii) JUNIOR: 15 - 20 years of age
 iii) SENIOR: 15+ years of age
 iv) MASTERS: 35+ years of age

**3.3.7.2** At World Senior, Junior and Youth Championships, Olympic and Youth Olympic Games, at Continental and Regional Championships and any other World Events assigned as an Olympic Qualification Event, it is obligatory to apply VPT.

- **7.3.6** b) must prove practical competence to three (3) Category 1 Technical Officials during a competition held under IWF TCRR; may be examined at any IWF Event, except World Championships, and Olympic Games and Masters Events
- The IWF recognises World Youth, Junior, and Senior and Masters Championships; Olympic and Universiade records in each of the bodyweight categories for men and women in the Snatch; Clean & Jerk and Total.
- **8.6** Masters athletes may set Senior/Masters records.
- 8.8 Masters records may only be set at Masters Events included in the IWF Calendar.

## Regulation to 3.3.1 / Competition platform and stage

- 1 The stage must:
  - measure a maximum one hundred (100) eighty (80) cm in height measured from the level where the Referees' and Jury seats are placed

## Regulation to 6.4 / Weigh-In

Athletes must be weighed in undergarments (articles of the athletes outfit: costume, unitard, shorts and T shirt are not considered as undergarments) their weightlifting costume. Athletes must not wear shoes or socks or any other footwear during the weigh-in. If an athlete is over their officially entered bodyweight category, 250 grams can be deducted from the weight shown on the scales to allow for the weight of the Costume. If the athlete is within their officially entered bodyweight category the weight on the scales will be recorded as shown.

## **Regulation to 6.9 / Victory Ceremony**

All the medal winners, the medal bearers and the officials presenting the medals march in and take place on the stage. The medal winners line up behind the podium, wearing the uniform clothing issued/approved by the Member Federations. It is forbidden for the medal winners to take on stage any flags or other items on stage during the medal ceremony.