

2022 **ELEIKO** EMAIL INTERNATIONAL CLUB WEIGHTLIFTING TOURNAMENT

ELEIKO
RAISE THE BAR

Sponsored by **ELEIKO** and organized by
the Oceania Weightlifting Federation (OWF)

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RAISE THE BAR

Date :

August 26-28, 2022

Results:

To be emailed through to owf@bigpond.com not later than **September 1st 2022**

Results published:

Results will be emailed to every Club participating by September 10th 2022
and will be published on the Oceania Weightlifting Website. www.oceaniaweighting.com

Club eligibility:

The Club must be affiliated to the National Weightlifting Federation in their own country.

Entries:

As many lifters as the club wishes to enter. (men & women)

Age:

Lifters must be 13 years of age and over.

Competition Categories:

IWF Categories for Men and Women.
Men: 55,61,67,73,81,89,96,102,109, +109 **Women:** 45,49,55,59,64,71,76,81,87,+87

Prizes: (Men)

1 set each of 190Kg **ELEIKO** training weights sponsored by ELEIKO will be awarded to the first Club, second Club and third Club which scores the most points according to IWF rules (only for the Total)
1st- 28 points, 2nd- 25points, 3rd – 23points, 4th- 22points, 5th- 21points, and so on...

The freight cost also will be covered by ELEIKO to the nearest destination port. Please note: You may have to pay import duty once the weights arrive in your country including internal transport to your clubs destination.

Prizes: (Women)

1 set each of 185Kg **ELEIKO** training weights sponsored by ELEIKO will be awarded to the first Club, second Club and third Club which scores the most points according to IWF rules (only for the Total)
1st- 28 points, 2nd- 25points, 3rd – 23points, 4th- 22points, 5th- 21points, and so on...

The freight cost also will be covered by ELEIKO to the nearest destination port. Please note: You may have to pay import duty once the weights arrive in your country including internal transport to your clubs destination.

Individual Winners:

1st, 2nd, 3rd, in each category will receive medals (*only for the total*) The medals will be posted to each club once the full results are finalized.

Results format:

Must be in the following format. **For example:**

NAME	D/B	NAT.	CLUB	B/W	SNATCH	JERK	TOTAL
Jim Strongmen	1988	Nauru	Power	76.3	100	140	240

Competition:

The competition can be adjudicated by one senior club official.

- All clubs please note, in order to participate in this tournament, it is the responsibility of participating clubs to ensure that their lifters who will be competing, are fully covered by insurance against any injury, accident, or health damage including in transit to/from the competition location and must assume financial responsibility for any hospitalization and related costs.