International Weightlifting Federation Medical Committee 2010 Annual Report Antalya - Turkey

Dear President, Dear General Secretary, Colleagues,

On behalf of the Medical Committee which membership consists of: Dr. Richard Herrick (USA), Dr. Michael Irani (GBR), Dr. Carmello Ciotta (ITA), Dr. Jaroslaw Krzywanski (POL), Dr. Dogan Atlihan (TUR), Dr. Ip Wing Yuk (HKG), Dr. Asghar Shahabi (IRI), Dr. Maria Dolores Rubio (ESP), Dr. Jose M. Cistari (ARG), Dr. Lisimoni Kami (TGA) it is my honour to present to you the working of the Committee for the year under review.

The Committee has met on two occasions during the 2009 World Championships in



Goyang, Korea and during the 2010 Junior World



Championships in Sofia, Bulgaria

Since the last report the MC has worked determinedly towards achieving the goals set out in the 4 year working plan previously presented and agreed.

The Working Plan 2009-2012 as previously stated include:

- Determination of rules and responsibilities of Doctors on Duty;
- To ensure the minimum medical care in competitions;
- TUE changes and requirements;
- Injury, illness reports to be analyzed and published;
- Anti-Doping Education;
- Research projects.

MC Members based on their expertise are assigned tasks relative to the Working Plan and reports are prepared and discussed on every MC meeting such as the transgender issue, protective measures to be taken at competitions against HIV, Hepatitis, H1N1, etc.

In the past year MC Members participated representing the IWF on an IOC Medical Meeting and at the WADA Symposium and based on their reports the IWF's medical and anti-doping measures are highly valued and its pro-activeness is appreciated.

As Chairman of the MC I highly appreciate the efforts and contribution made by the members and I have to underline that they are not only serving our sport on the Committee but what is even more valuable is that they are also serving the weightlifting family on competitions as doctors on duty.