**INVITATION**

**TO ALL WEIGHTLIFTING FEDERATION PRESIDENTS OF PAN AMERICA**

DEAR PAN AMERICAN FRIENDS:

The Puerto Rico Weightlifting Federation is pleased to invite all National Federations of the Pan Am Continent and countries affiliated to the IWF, to participate in the Junior Pan American U15 and U17 Championships. This event will be held from 4-8 of April 2022 in Nilmarie Santini Court, within the facilities of the Department of Recreation and Sports of Puerto Rico. according to the Rules and Regulations of the IWF and the Pan American Federation. The delegations will be staying at Hotel Verdanza, in the tourist zone of Isla Verde, just minutes from the beach.

We are compromised with our sport and wish to be the best hosts for our youth lifters from América, those that with in all certainty will be representing their countries in their respective National Federation Teams. We hope to see in their development the union and friendship in which we celebrate these tournaments and may this serve as motivation to continue their preparation in becoming better citizens.

We hope you enjoy your visit to our beautiful Island.

Kindly,

Dibujo de una persona

Descripción generada automáticamente con confianza baja

Andrés Vargas Castro

President, PRWF

1. **COMPETITION RULES AND REGULATIONS**

The competition of this Junior U15, U17 Pan Am Championships will proceed according to the Constitution and Rules of the IWF under the supervision of the Pan American Weightlifting Federation

Athletes born:

U15: 2007-2009

U17: 2005- 2009

Are eligible to participate.

According to Article 5.5.16 of the Anti-Doping Rules of the IWF 2021, the information of the athlete’s whereabouts must be provided with at least two months before the event is held (before 4 February 2022).

Member Federations with a financial outstanding balance with the IWF and/or the PAWF will not be allowed to compete.

Only athletes accredited by their National Federations affiliated to the Pan American Weightlifting Federation will be allowed to participate.

1. **COMPETITION VENUE AND TRAINING**

Departamento de Recreación y Deportes de PR

Cancha Nilmarie Santini, Santurce

Sector Buenos Aires II Calle Los ángeles, Santurce

San Juan, Puerto Rico 00902-3207

**Training Hall**

Same as Competition venue.

1. **DATES FOR THIS EVENT**

4 to 8 April 2022

Arrival of delegations: 2 April 2022

Departure of delegations: 9 April 2022

1. **COMPETITION CATEGORIES**

The following are the body weight categories according to the IWF:

Age class: U15 and U17

Women: 40kg, 45kg, 49kg, 55kg, 59kg, 64kg, 71kg, 76kg, 81kg, +81kg.

Men: 49kg, 55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg, +102kg.

1. **REGISTRATION**

Preliminary registrations will be accepted by 4 February 2022.

Final registrations will be accepted no later than 4 March 2022.

Athletes who do not appear in the preliminary registration forms will not be allowed to compete.

Registration forms must be sent to:

Willian Rivera: [pastorwillie4@gmail.com](mailto:pastorwillie4@gmail.com)

Nayla\_Ayala: [nayla\_ayala@yahoo.com](mailto:nayla_ayala@yahoo.com)

José Delerme: [jose\_delerme@hotmail.com](mailto:jose_delerme@hotmail.com)

Federation headquarters: [flppr.halterofilia@gmail.com](mailto:flppr.halterofilia@gmail.com)

1. **FINANCIAL CONSIDERATIONS**

Each person must stay a minimum of 4 nights that will include room, board and land transportation for:

* Double room $90.00 per person/night, all included.
* Single room $140.00 per person/night, all included.
* The Hotel Verdanza will be at the tourist Zone in Isla Verde, Carolina, just minutes from the beach.

Physical location: 8020 Calle José M. Tartak Carolina, Puerto Rico 00979.

Internal Transportation

The Organizing Committee with provide land transportation during the full extent of the competition, from the arrival of the delegations at the airport to their way back for departure.

**COMPETITION ENTRY FEE**

Athletes: USD$175.00 per athlete (includes special $50 fee for IWF Anti-doping testing.

Coaches and Support Personnel: $125.00 per person.

The Organizing Committee will accept cash payments and/or bank transfers.

**BANK ACCOUNT FOR TRANSFERS**

Banco Popular de Puerto Rico

Swift Code: BPPRPRSX

Account Number: 355223553

Routing and Control: 021502011

Any question regarding transfers should be addressed to Heriberto Ocasio

heribertotesoreroflppr@gmail.com

1. **COMPETITION EQUIPMENT**

The equipment used in this Championship is ELEIKO, approved by the IWF.

1. **ACCREDITATIONS**

Please send us a digital face photo and a copy of the passport for each delegation member, to have I.D.’s ready upon arrival.

1. **DOPING CONTROL**

Doping Control will be carried out by ITA on behalf of IWF by an appointed sample collection authority in accordance with the IWF Anti-Doping Rules.

1. **AWARD CEREMONIES**

Winners in the Snatch, C&J and Total will be awarded with golden, silver and bronze medals for first, second and third places, respectively.

1. **FLAG AND NATIONAL ANTHEM**

Please bring your National Flag and a recording of your National Anthem to be handed in at our first meeting.

1. **TECHNICAL OFFICIALS**

All participating countries with full teams may register two (2) Technical Officials with a valid international carnet. Those countries with incomplete teams may register one (1) Technical Official. The Organizing Committee will cover the cost of room and board for all technical Officials, from 2 through 9 April 2022, departure date.

1. **RELEVANT INFORMATION**

Average temperature in Puerto Rico for April: 23° to 33° C

Electrical inlets: 120 volts

Currency: US Dollar ($)

14**. INSURANCE**

All participating Federations hold themselves morally and financially responsible for the health of their delegation members. The Organizing Committee will not be held responsible for accidents or health problems herein.

1. **VISA**

We urge you to submit VISA applications in your countries Consulate or Embassy for USA territory, if needed.

1. **EXECUTIVE COMMITTEE MEETING**: 3 April 2022 at 10:00hrs. Activity Room Hotel Verdanza.
2. **FINAL VERIFICATION**: 3 April 2022 at 14:00hrs. Activity Room Hotel Verdanza.
3. **TECHNICAL OFFICIAL MEETING**: 3 April 2022 at 16:00hrs, Activity Room Hotel Verdanza
4. **ORGANIZING COMMITTEE MEMBERS**: PUERTO RICO WEIGHTLIFTING FEDERATION

**Andrés Vargas**, President…federacionlppr@gmail.com

1-787-932-5949

**Heriberto Ocasio**…heribertotesoreroflppr@gmail.com

1-787 309-2811

**José Delerme**…jose\_delerme@hotmail.com

1-787-604-7458

**This program is subject to change until the final verification meeting.**

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| --- | --- | --- | --- |
| Domingo 3 / Sunday 3  2022 | Llegada Delegaciones / Arrival Delegations | | |
| Reunion Comite Ejecutivo / Executive Board Meeting. | 10:00 | Hotel Verdanza. |
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| Domingo 3 / Sunday 3  2022 | VERIFICACION FINAL | 14:00 | Hotel Verdanza. |  |
| REUNION DE OFICIALES TECNICOS | 16:00 | Hotel Verdanza. |  |
|  |
| FECHA / DATE | CATEGORIA / CATEGORY | PESAJE / WEIGH-IN | COMPETENCIA / COMPETITION |  |
|  |
| Lunes 4 / Monday 4  2022 |  |  |  |  |
| W 40 A / W 45 A | 7:00 | 9:00 |  |
| M 49 A / M 55 A | 9:00 | 11:00 |  |
| W 49 A | 11:00 | 13:00 |  |
| M 61 A | 13:00 | 15:00 |  |
|  |  |  |  |
| Martes 5 / Tuesday 5  2022 |  |  |  |  |
| W 55 B | 7:00 | 9:00 |  |
| M 67 B / M 73 B | 9:00 | 11:00 |  |
| M 67 A | 11:00 | 13:00 |  |
| W 55 A | 13:00 | 15:00 |  |
|  |  |  |  |
| miércoles 6 / Wednesday 6  2022 |  |  |  |  |
| M 73 A | 7:00 | 9:00 |  |
| W 59 A | 9:00 | 11:00 |  |
| M 81 A | 11:00 | 13:00 |  |
| W 64 A | 13:00 | 15:00 |  |
|  |  |  |  |
| Jueves 7 / Thursday 7  2022 |  |  |  |  |
| W 71 A | 7:00 | 9:00 |  |
| M 89 A | 9:00 | 11:00 |  |
| W 76 A | 11:00 | 13:00 |  |
| M 96 A | 13:00 | 15:00 |  |
|  |  |  |  |
| Viernes 8/ Friday 8  2022 |  |  |  |  |
| M 102 A | 7:00 | 9:00 |  |
| W 81 A | 9:00 | 11:00 |  |
| M +102 A | 11:00 | 13:00 |  |
| W +81 A | 13:00 | 15:00 |  |
|  |  |  |  |
| sábado 9 / Saturday 9 | Salida Delegaciones / Delegation Departure | | |  |