

## Minutes Medical Committee Meeting – Tashkent 18/12/21

### Present:

Dr. Mike Irani

Dr. Zurab Kakhabrishvili

Dr. Fathi Masmoudi

Dr. Dogan Atlihan

### Online:

Dr. Mark Lavalley

Dr. Roxanna Vargas

Dr. Georgios Tsikouris (had to leave at around 16.45)

Dr. Maria Dolores Rubio

Invitee: Dr. Seza Tschobanian

### Not present:

Dr. Lisimoni Kami (Dr. Atlihan tried to call him)

Dr. Parameth Ladpli- no answer

Agenda points by Dr. Irani, **more fainting issues** here at the WWC, we'll have to confirm this and **identify what is the cause?**

**We could collect more data from weigh-in forms, would Dr. Tschobanian look into this?**

Anti-doping seminar (Dr. Zurab) but in person was not always a success, poor attendance, today we have webinars

Team doctors, educate athletes and coaches about diet, Covid safety and smoking.

Dr. Dogan: To explore possibilities with a significant injury, to convince the lifter and their coaches, not to continue with competition.

Dr. Zurab: if they must tape the athletes, sometimes issues with the Technical Controller

Dr. Seza: Important that the local medical team is close to the Competition Doctors, at some events it was better than others.

Dr. Dogan: issues with the bar falling on the head and neck.

Dr. Irani: Highlighted how to minimize head and neck trauma from contact with platform?

### 3. **Reviewing evidence of care of women in weightlifting** Dr. Rubio/ Dr. Tschobanian

#### **Menstrual cycle and after being pregnant or during pregnancy**

To consider the training schedule related to age and past pregnancies data.

How popular is our sport? It is said that Weightlifting is for all, this is important.

**It promotes health and is a way to give good publicity of our sport. As a Committee we shall draft a plan to work with social media on physical, social, mental aspects (Mr. Exhenry and Mr. Mark Cooper to be consulted).**

### 4. **Transgender athletes**

Dr. Irani, Dr. Lavallee, Dr. Seza

**The IOC said something and we followed**, look at the available evidence, be careful that they haven't gone through puberty before surgical gender reallocation.

Dr. Lavallee did some interesting research in the US, equality and access, things as fair as possible

Is it really fair, very few countries allow sex change after puberty. If someone born as male and becomes female soon after puberty, it is acceptable in sport? Do most transgender know they are transgender before puberty?

#### ➤ **Access and fairness**

Dr. Dogan asked the opinion of Dr. Lavallee about transgender

**Big difference if a 90kgs man or woman is lifting**, same for running or other sports

#### **Social acceptance, mental attitude of the individual**

Dr. Irani: The thing we must look at is **muscular strength**

Dr. Lavallee: not a lot of cases, 4 in 7 years

## **5. Youth and integrity approach of athlete in WL**

Dr. Irani: This is a big point for the IOC, as it was explained by Mr. Thomas Bach, the Youth generation will be the Seniors of the future.

We must improve their lives, in body and mind, but safely. The Chairman mentioned that it would be useful to have Champions who can do research to show that Weightlifting does this wonderfully. Interview our Stars!

## **6. Management of fractures/dislocation**

Logistics was discussed among the Members. How handling injured competitors via the host medical staff and the transfer of the athlete to the designated local hospital and subsequent notification to the responsible team personnel.

## **7. Effect of Covid on our sport, (Mrs. Exhenry has done a Covid report about this at WWC).**

**Good collaboration with Medical Company** here at the WWC, around 1000 Covid tests done on officials and teams, survey to be done beginning of 2022 to understand the effect of Covid on our sport but first we close the year 2021.

## **8. Any other business**

There was no other business, the Chairman thanked all those who contributed and wished them compliments of the season and a safe and enjoyable WWC.