IWF Coaching and Research Committee Online meeting 10th May 2021



Ms. Karoliina Lundahl, CRC Deputy Chair opened the meeting on behalf of CRC Chairman, Mr. Mahmoud Kamal Mahgoub who had some technical problems at the beginning of the meeting. Once the problem fixed, the Chairman welcomed everyone to the meeting.

Discussions were about Coaching Education online and in-person courses. Level 3 will wait until more Level 1 and Level 2 courses will be organized. The IWF Elearning Fairplay course is in progress, it would be prerequisite for IWF Level 1 and 2 Coach Education Courses. Since Level 2 is too long for a weekend session, it was suggested to put the youth section from Level 2 to Level 1.

After finishing the Fairplay course a certificate shall be given, including serial number, country code, IWF logo and signature.

Clarity for the challenge cards is needed, it would be good to use it not only for own athlete but for other athletes, too.

Listening to some suggestions, the CRC supports to continue trying to make weightlifting desirable for young people.

The Members agreed on having a CRC Webinar Summer Series. It would present the coaching education of the big weightlifting countries. 3 occasions are planned.