



# REGULATIONS



## CANADIAN INVITATIONAL 2022 (Qualification Event for 2022 Commonwealth Games)

### 1. Dates of Competition

26 and 27 February 2022

### 2. Competition Rules & Regulations

The Canadian Invitational 2022 will follow the Technical and Competition Rules and Regulations (TCRR) of the International Weightlifting Federation (IWF), subject to the following exception:

- Regulation to 6.4 Weigh-In states: "Athletes may be weighed in either completely undressed or in undergarments (articles of the athlete outfit: costume, unitard, shorts and T-shirt are not considered as undergarment. Athletes must not wear shoes or socks or any other footwear during weigh-in." **Athletes under the age of majority may weigh-in in their singlets if they so choose.**

### 3. Terms and Condition of Participation

Accredited participants (athletes, Team Officials, Technical Officials (TOs) etc.): Should acknowledge and fully comply with IWF Constitution and By-Laws, TCRR, Anti-Doping Policy (ADP)

- Should abide by all reasonable directions given by the Organizing Committee (OC), TOs
- Should participate in the Event at their own risk and take all reasonable measures to protect themselves from any risk
- Should undertake full moral and financial responsibility with regards to their health and wellness and in case of accidents or damages
- Are responsible for all property they bring into the Event and that the OC shall have no responsibility in any loss or damage of this property
- Acknowledge and agree that the OC shall not arrange any insurance connected with the participation in the Event
- Should irrevocably release the OC (and their respective members, officers, employees, etc.) from liability for any loss, injuries, or damage that they may suffer in relation to their participation in the Event
- Should guarantee that they participate in the Event with the permission of their parent(s) or guardian(s) if they are minors
- **Must sign the Event Participation Waiver and return it to Weightlifting Canada Haltérophilie by February 19, 2022**

### 4. COVID-19 Safety Measures

All athletes and accompanying coaches/support personnel must be fully vaccinated against COVID-19 – an individual is considered fully vaccinated 2 weeks after having received 2 doses of the Pfizer BioNTech/Comirnaty, Moderna, Bharat Biotech, or any WHO or Canadian-approved vaccines, or a single dose of the Janssen/Johnson & Johnson vaccine. Proof of vaccination must be produced for verification by the OC prior to participation. For more information, visit the Government of Canada website at: <https://travel.gc.ca/travel-covid/travel-restrictions/covid-vaccinated-travellers-entering-canada>

Please note that at the time of publication, the Canadian Government reserves the right to



request quarantine from fully vaccinated passengers entering Canada until the return of a negative test provided by Canadian Border Services.

\*Participants who are not fully vaccinated may be eligible to receive a Letter of Authorization to enter Canada from the Department of Canadian Heritage as participants in an International Single Sport Event. Participants who will not be fully vaccinated prior to their scheduled entry into Canada should notify the OC as soon as possible so that we can request a Letter of Authorization for them. Letters of Authorization are issued at the sole discretion of the Department of Canadian Heritage, and the OC cannot guarantee that any unvaccinated participant will receive one.

Please note that local COVID guidelines may require masks to be worn at all times except when actively competing or training. Based on current provincial regulations in place, you must be fully vaccinated to enter the facility where the competition is being held. Any changes in these requirements will be communicated as they are known.

The warm-up, training, and competition area will be thoroughly cleaned between each group and the competition bar will be wiped after each attempt. Hand sanitizer will be available at the competition venue. Rapid testing may be required for competitors and support personnel. Rapid tests will be provided by the OC and administered under supervision with the cost of the test charged to the athlete/coach/support personnel (\$20CAD)

## 5. Eligibility

In accordance with Article 5.5.16 of the IWF Anti-Doping Rules 2021, whereabouts information of the athletes shall be submitted at **minimum two months prior to the Event (26 December 2021)**.

## 6. Competition Categories

Men: 55Kg, 61Kg, 67Kg, 73Kg, 81Kg, 89Kg, 96Kg, 102 Kg, 109Kg, +109Kg  
Women: 45Kg, 49Kg, 55Kg, 59Kg, 64Kg, 71Kg, 76kg, 81Kg, 87Kg, +87Kg

Please note that the following weight categories are considered in the Commonwealth Games  
Men: 55Kg, 61Kg, 67Kg, 73Kg, 81Kg, 96Kg, 109Kg, +109Kg  
Women: 49Kg, 55Kg, 59Kg, 64Kg, 71Kg, 76kg, 87Kg, +87Kg

## 7. Doping Control

Doping control will be carried out by ITA on behalf of IWF by an appointed sample collection authority in accordance with the IWF Anti-Doping Rules.

## 8. Awards

Gold, Silver and Bronze medals will be awarded in each bodyweight category for both men and women in the snatch, clean and jerk and total.

## 9. Entries Deadline

\*\*All athletes who wish to qualify for the 2022 Commonwealth Games must provide their preliminary registration information to the Organizing Committee by 26 December 2021 at the latest to comply with IWF requirements.

All preliminary entry forms for other athletes participating in the Event but not seeking to qualify for the Commonwealth Games must be returned to the Organizing Committee no later than 6 January 2022.



The final entry forms must be returned to the Organizing Committee no later than 26 January 2022.

#### **10. Verification of Final Entries**

Verification of final entries will be held on 25<sup>th</sup> of February at 6pm local time.

#### **11. Competition Venue**

Variety Village, 3701 Danforth Avenue Scarborough, Ontario M1N 2G2

#### **9. Accommodation**

The Organizing Committee will provide information on accommodations as soon as that information is finalized.

#### **10. Financial Conditions**

Athlete registration will be \$200 CAD, which includes the IWF anti-doping fee of \$50 per person. Coaches and Support Personnel registration will be \$150 CAD.

Cancellations made after January 28, 2022, will not be eligible for a refund. Athletes, coaches, and support personnel will be responsible for payment of all fees including hotel, registration, and antidoping fees.

#### **11. Accreditation**

The accreditation process will take place at the competition hotel with full payment made 4 days in advance of arrival by electronic funds transfer or wire.

No access will be provided to the training/warm-up area without proper accreditation.

#### **12. Barbells/Weights Equipment**

Eleiko equipment will be used.

#### **13. Training**

A training venue will be setup for use on the 25<sup>th</sup> and 26<sup>th</sup> of February with assigned times for participants. Time will be limited and enforced accordingly. Should participants require access to a training facility prior to the 25<sup>th</sup>, the OC will make every effort to facilitate access to an appropriate venue.

#### **14. Transportation**

For those staying at the competition hotel(s), local transportation will be provided by the Organizing Committee from Toronto International airport to the hotel upon the arrival of delegations. Transportation will also be available to and from the hotel and competition venue if you are staying in the competition hotel.

#### **15. Visas**

Most Commonwealth countries do not require visa for the short period of stay. However, each delegation is responsible to check if visas are required for their country. (Please note that no visas will be issued at airport.)

#### **14. Health Insurance**

As per IWF Technical and Competition Rules, each delegation is required to have the appropriate Health Insurance in the event of an accident or unforeseen circumstance.



The Organizing Committee  
 Weightlifting CANADA Haltérophilie  
 Email: [dfriesen@cwfhc.ca](mailto:dfriesen@cwfhc.ca)  
 Tel: +15879907754

General Secretary  
 Commonwealth Weightlifting Federation  
 E-mail: [owf@bigpond.com](mailto:owf@bigpond.com)  
 Tel: +61 457778900

DRAFT Timetable

Friday February 25	Arrival of Delegates		
	18:00 Final Verification Meeting	Location TBD	
	<b>Weight Category</b>	<b>Weigh-In Time</b>	<b>Competition Category</b>
Saturday February 26	W49A, W55A	0600	0800
	M61A, M67A, M73A, M81B	0830	1030
	W59A	1100	1300
	M81A, M89B	1330	1530
	W64A, W71B	1600	1800
Sunday February 27	M89A	0600	0800
	W71A	0830	1030
	M96A	1100	1300
	W76A, 81A, 87A, 87+A	1330	1530
	M102A, 109A, 109+A	1600	1800